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Nuwave 20639

Nuwave Pro Plus 2 Infra-Red Oven User Manual

Model: 20639

Brand: Nuwave

INTRODUCTION

The Nuwave Pro Plus 2 Infra-Red Oven is a versatile countertop appliance designed for efficient and healthy cooking. It utilizes advanced triple combo cooking technology, combining conduction, convection, and infrared heat to cook food from the inside and outside simultaneously. This method helps to lock in flavor and juiciness while actively rendering out unhealthy fat drippings. The transparent Power Dome allows for real-time monitoring of the cooking process without opening the oven.

This manual provides essential information for the safe and effective operation, maintenance, and troubleshooting of your Nuwave Pro Plus 2 oven.

PRODUCT COMPONENTS



This image displays the Nuwave Pro Plus 2 Infra-Red Oven in Cool Gray, showcasing its compact countertop design with the transparent Power Dome and digital control panel. A cooked turkey is visible inside, demonstrating its capacity.



What's Include

Power Head - Easy-to-use programmable digital controls

Dome - BPA-free, transparent, lightweight, and highly durable

Cooking Rack - Reversible to heights of 1 inch or 3 inch

Non-Stick Liner Pan - Easy-to-clean, eco-friendly, non-stick enamel, and no PTFE or PFOA

Base - Cool to touch, also usable as a serving tray

Dome Holder - Uniquely designed to securely hold the NuWave Pro Plus dome and power head assembly

This diagram illustrates the main components of the Nuwave Pro Plus 2 oven:

- **Power Head:** Easy-to-use programmable digital controls.
- **Dome:** BPA-free, transparent, lightweight, and highly durable.
- **Cooking Rack:** Reversible to heights of 1 inch or 3 inch.
- **Non-Stick Liner Pan:** Easy-to-clean, eco-friendly, non-stick enamel, and no PTFE or PFOA.
- **Base:** Cool to touch, also usable as a serving tray.
- **Dome Holder:** Uniquely designed to securely hold the NuWave Pro Plus dome and power head assembly.

SETUP AND ASSEMBLY

Before first use, ensure all packaging materials are removed. Place the oven base on a stable, heat-resistant surface. Insert the non-stick liner pan into the base. Position the cooking rack inside the liner pan, choosing either the 1-inch or 3-inch height depending on your cooking needs. Carefully place the transparent dome onto the base, ensuring it is seated properly. Finally, place the power head securely on top of the dome. Connect the power cord to a grounded electrical outlet.

OPERATING INSTRUCTIONS

Control Panel Overview

The Nuwave Pro Plus 2 features an intuitive digital control panel with a bright white display for easy readability. Key functions include:

- **Temperature Control:** Adjustable from 50°F to 350°F in precise 1°F increments.
- **Time Control:** Set cooking duration.
- **Menu Presets:** 100 pre-programmed settings for common dishes, including cooking from frozen.
- **Memory Slots:** 50 slots to save and recall your favorite custom recipes.
- **Delay Function:** Program cooking to start at a later time.
- **Reheat Function:** Quickly warm up leftovers.

Cooking Modes and Features

The oven supports various cooking methods:

- **Air Fry:** Achieves crispy results with minimal oil.
- **Grill:** Ideal for searing meats and vegetables.
- **Roast:** Perfect for larger cuts of meat and poultry.

- **Bake:** Suitable for pastries, cookies, and other baked goods.
- **Dehydrate:** For making dried fruits, vegetables, and jerky.
- **Steam:** Gentle cooking for delicate foods.



This image demonstrates the versatility of the Nuwave Pro Plus 2, showing it cooking various items such as hamburgers, steak, salmon, chicken breasts, shrimp, and pork tenderloin, highlighting its ability to cook from frozen in minutes.



This image illustrates the triple combo cooking technology of the Nuwave Pro Plus 2, showing how conduction, convection, and infrared heat work together for efficient and even cooking.

Healthy Cooking Benefits

The design of the Pro Plus 2, particularly the use of a rack, allows for fat drippings to be collected in the liner pan, promoting healthier meals. This method aligns with recommendations from health organizations for reducing saturated fats in meats.



This image highlights the healthy cooking aspect of the Nuwave Pro Plus 2, showing how it helps reduce fat drippings

from meats and poultry.

Official Product Video

Your browser does not support the video tag.

This video provides a visual demonstration of the Nuwave Pro Plus 2 Infra-Red Oven in action, showcasing its features such as cooking from frozen, fat reduction, and ease of use.

MAINTENANCE AND CLEANING

The Nuwave Pro Plus 2 is designed for easy cleaning. Food splatters and residues are self-contained within the unit. All parts, with the exception of the power head, are dishwasher safe for effortless cleaning. For the power head, wipe with a damp cloth. Ensure all components are completely dry before reassembly and storage.

TROUBLESHOOTING

If you encounter issues with your Nuwave Pro Plus 2, please refer to the following common troubleshooting steps:

- **Oven not turning on:** Ensure the power cord is securely plugged into a working electrical outlet. Check if the power head is correctly seated on the dome.
- **Food not cooking evenly:** Verify that the cooking rack is positioned correctly and not overloaded. Ensure the dome is properly sealed.
- **Smoke or unusual odors:** This may occur during initial use due to manufacturing residues. If it persists, ensure the unit is clean and there are no food particles burning. If the issue continues, discontinue use and contact customer support.
- **Digital display not working:** Unplug the unit, wait a few minutes, and plug it back in. If the display remains unresponsive, contact customer support.

For more detailed troubleshooting, please consult the official Nuwave support resources.

SPECIFICATIONS

Feature	Detail
Brand	Nuwave
Model Name	Pro Plus 2
Item Model Number	20639
Color	Cool Gray
Product Dimensions	14.5"D x 15.5"W x 12.88"H
Item Weight	11.43 pounds
Special Feature	360 Surround Cooking
Control Type	Button Control
Power Source	AC adapter
UPC	652185900998



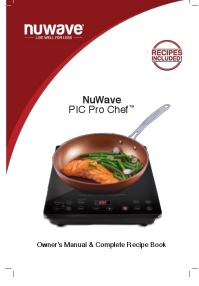

WARRANTY AND SUPPORT



Nuwave is committed to customer satisfaction. For information regarding product warranty, registration, or technical support, please visit the official Nuwave website or contact their customer service department. Nuwave offers 24-hour lifetime service support for a first-class customer experience.

Official User Manual (PDF): [Download PDF](#)

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Related Documents - 20639

	<p>NuWave Brio Healthy Digital 10Q Air Fryer Owner's Manual and Recipe Book</p> <p>Comprehensive guide for the NuWave Brio Healthy Digital 10Q Air Fryer, including operating instructions, safety precautions, maintenance, troubleshooting, and a complete recipe book. Learn how to use your air fryer for optimal results and explore various cooking options.</p>
	<p>NuWave Brio 3Q Digital Air Fryer Owner's Manual & Recipe Book</p> <p>Comprehensive guide for the NuWave Brio 3Q Digital Air Fryer, covering operation, safety, troubleshooting, and including a full recipe book for healthy cooking.</p>
	<p>NuWave PIC Pro Chef Owner's Manual and Recipe Book</p> <p>Comprehensive owner's manual and recipe book for the NuWave PIC Pro Chef induction cooktop, detailing operation, safety, maintenance, troubleshooting, and including a variety of recipes.</p>
	<p>NuWave Bravo XL Smart Oven Quick Start Guide</p> <p>A quick start guide for the NuWave Bravo XL Smart Oven, detailing its functions, presets, and troubleshooting tips. Includes information on cooking various foods, using combination functions, and understanding oven beeps.</p>

 <p>The cover of the NuWave Pro Plus Infrared Oven Owner's Manual features the NuWave logo at the top left. Below it, the text 'NuWave Pro Plus Infrared Oven' is displayed. A central image shows the infrared oven with a roasted chicken inside. At the bottom, it says 'Owner's Manual'. A red circular badge in the top right corner reads 'RECIPES INCLUDED!'.</p>	<p>NuWave Pro Plus Infrared Oven Owner's Manual</p> <p>Learn to use the NuWave Pro Plus Infrared Oven with this comprehensive owner's manual. Discover fast, healthy cooking, recipes, and tips for this versatile countertop appliance.</p>
 <p>The cover of the NuWave Bravo™ XL Smart Oven Owner's Manual & Complete Recipe Book features the NuWave logo at the top left. Below it, the text 'NuWave Bravo™ XL Smart Oven' is displayed. A central image shows the smart oven with a roasted chicken inside. At the bottom, it says 'Owner's Manual & Complete Recipe Book'. A red circular badge in the top right corner reads 'RECIPES INCLUDED!'.</p>	<p>NuWave Bravo™ XL Smart Oven: Owner's Manual & Recipe Book</p> <p>Discover the NuWave Bravo™ XL Smart Oven, a versatile kitchen appliance combining air frying, toasting, and convection oven functions. This comprehensive guide includes operating instructions, safety tips, care guidelines, troubleshooting, and a collection of recipes to maximize your cooking experience.</p>