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LifePro LP-FLWRPS-10

LifePro Sauna Wrap Foil Blanket LP-FLWRPS-10 Instruction Manual

Model: LP-FLWRPS-10 | Brand: LifePro

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1. PRODUCT OVERVIEW

The LifePro Sauna Wrap Foil Blanket (Model LP-FLWRPS-10) is a disposable, non-toxic thermal wrap designed to enhance your far infrared sauna blanket therapy. Measuring 63" x 82.5", these foil blankets are engineered to maximize body heat retention, leading to a more effective and comfortable sauna experience. They are intended for single use to maintain hygiene and optimize performance.

Key Benefits:

- **Enhanced Heat Retention:** Designed to reflect heat internally, preventing escape and allowing for higher, more consistent temperatures within your sauna blanket.
- **Accelerated Detoxification:** By promoting increased perspiration, the thermal wrap aids in the release of toxins during each session.
- **Even Heat Distribution:** Helps to distribute heat uniformly throughout the sauna blanket, improving the overall full-body experience.
- **Faster Warm-Up Time:** Contributes to quicker attainment of optimal temperatures, allowing you to begin your wellness session sooner.
- **Improved Circulation & Skin Cleansing:** Increased sweating opens pores, facilitating thorough skin cleansing and promoting better blood flow.

TURN UP THE INTENSITY FOR A SWEATIER, MORE EFFECTIVE SESSION

Designed to retain more heat for a deeper, more relaxing sauna experience.



Image 1.1: A user demonstrating the LifePro Sauna Wrap Foil Blanket inside a sauna blanket. The wrap helps to intensify the heat for a more effective session.

2. SETUP INSTRUCTIONS

The LifePro Sauna Wrap Foil Blanket is designed for simple integration with your existing far infrared sauna blanket. Follow these steps for proper setup:

1. **Prepare Your Sauna Blanket:** Lay your far infrared sauna blanket flat on a heat-resistant surface, such as a bed or floor, ensuring it is fully unzipped and open.
2. **Unfold the Foil Wrap:** Carefully unfold one LifePro Sauna Wrap Foil Blanket. The dimensions are 63" x 82.5", designed to fit most standard sauna blankets.
3. **Position the Wrap:** Place the unfolded foil wrap inside your sauna blanket, ensuring it covers the entire interior surface where your body will rest. Smooth out any major wrinkles.
4. **Optional: Wear Protective Clothing:** For optimal hygiene and comfort, it is recommended to wear light, breathable clothing (e.g., sweatpants, long-sleeved shirt, socks) inside the foil wrap. This helps absorb perspiration and protects the sauna blanket.
5. **Enter the Sauna Blanket:** Carefully lie down inside the foil wrap, which is now positioned within your sauna blanket. Adjust your position for comfort.

6. **Close the Sauna Blanket:** Zip up your far infrared sauna blanket, leaving your head exposed.



EASY CLEANUP FOR A SEAMLESS SAUNA EXPERIENCE

Perfect 63" x 82.5" size.

Image 2.1: The disposable nature of the foil wrap simplifies cleanup after use.

Your browser does not support the video tag.

Video 2.1: Official LifePro video demonstrating the setup and use of Thermal Foil Wraps with a sauna blanket.

3. OPERATING INSTRUCTIONS

Once the LifePro Sauna Wrap Foil Blanket is correctly positioned within your far infrared sauna blanket, you can begin your session. The foil wrap works by reflecting your body's heat back inwards, intensifying the sauna experience.

1. **Power On Sauna Blanket:** Turn on your far infrared sauna blanket and set it to your desired temperature and duration according to its specific instructions.
2. **Monitor Comfort:** Pay attention to your body's signals. The thermal wrap will increase the intensity of the heat. If you feel overheated or uncomfortable, reduce the temperature or shorten your session.
3. **Hydration:** Ensure you are well-hydrated before, during, and after your sauna session, especially when using the thermal wrap, as it promotes increased perspiration.
4. **Session Duration:** Typical sessions range from 30 to 60 minutes, but adjust based on your comfort

level and the recommendations for your specific sauna blanket.

5. **Exiting the Blanket:** Once your session is complete, carefully unzip the sauna blanket and exit the foil wrap.



Image 3.1: The thermal wrap enhances the detoxification process by promoting increased sweating.

FASTER WARM-UP TIME

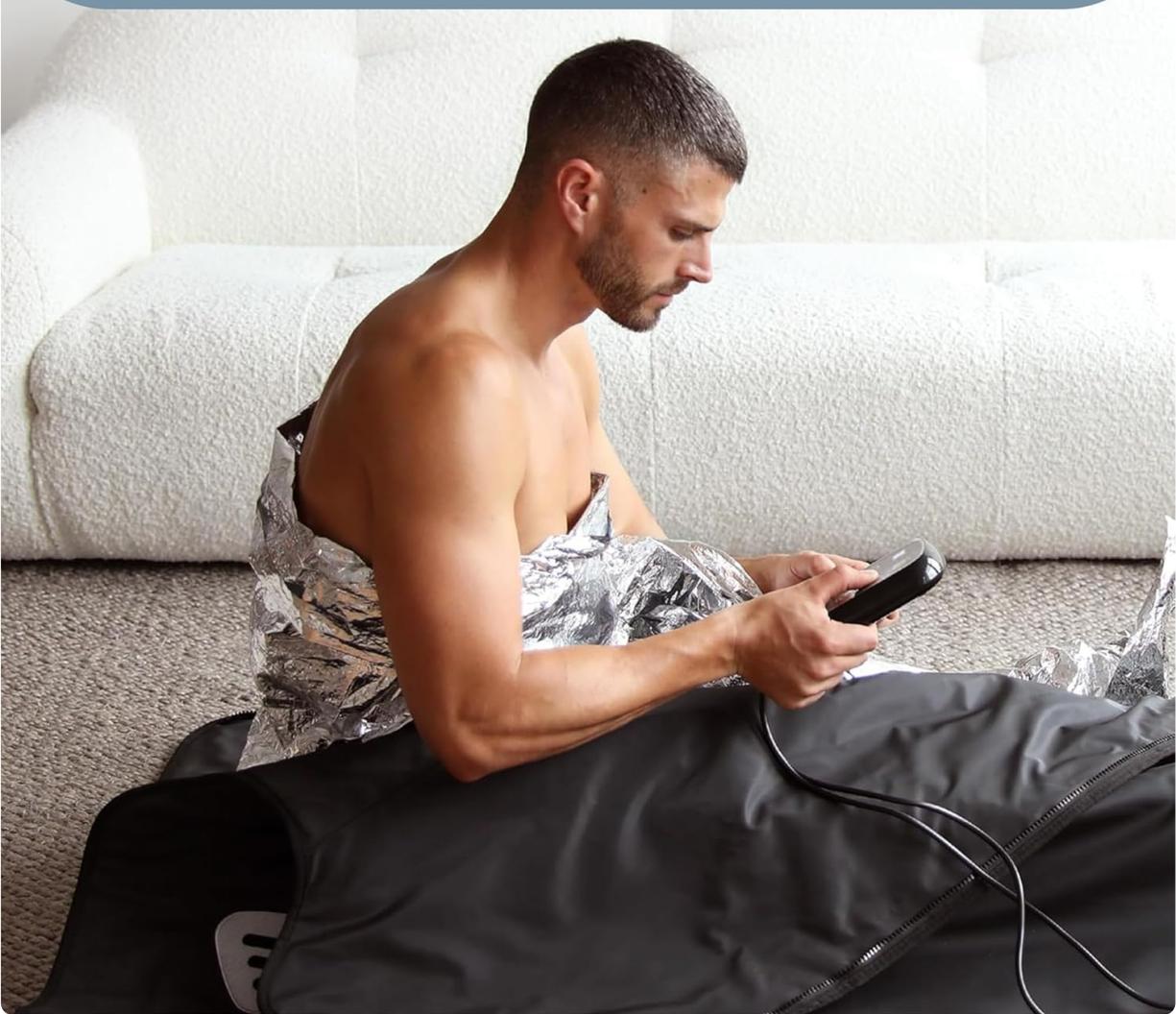


Image 3.2: The foil wrap helps the sauna blanket reach optimal temperatures more quickly.

4. CARE AND MAINTENANCE

The LifePro Sauna Wrap Foil Blanket is designed for single use to ensure maximum hygiene and performance. No cleaning or long-term maintenance is required for the foil wraps themselves.

- **Disposal:** After each session, carefully remove the used foil wrap from your sauna blanket. Dispose of it responsibly according to local waste disposal guidelines.
- **Sauna Blanket Cleaning:** Regularly clean the interior of your far infrared sauna blanket as per the manufacturer's instructions. The use of the foil wrap helps to protect the sauna blanket from direct contact with perspiration, simplifying its cleaning process.
- **Storage:** Store unused foil wraps in a cool, dry place, away from direct sunlight and sharp objects, to prevent damage.



SAUNA WRAP FOIL BLANKET



- ✓ Breathable
- ✓ Reflects & Intensifies Heat
- ✓ Comfortable, Even Heat
- ✓ Usable as Liner / On its Own
- ✓ No Phthalates

OTHERS



- ✗ Limited Breathability
- ✗ May Absorb Heat
- ✗ Sticks, Less Breathable
- ✗ Primarily for Wrapping
- ✗ May Contain Toxic Phthalates

Image 4.1: The LifePro Sauna Wrap is designed for ease of use and disposal, offering a hygienic solution.

5. TROUBLESHOOTING

While the LifePro Sauna Wrap Foil Blanket is straightforward to use, here are some common considerations and solutions:

Issue	Possible Cause	Solution
Not sweating enough:	Sauna blanket temperature too low, insufficient session duration, or inadequate hydration.	Increase sauna blanket temperature (within safe limits), extend session duration, and ensure proper hydration before and during use.
Feeling too hot/uncomfortable:	Sauna blanket temperature too high, or sensitivity to heat.	Reduce sauna blanket temperature, shorten session duration, or consider wearing lighter clothing inside the wrap.

Issue	Possible Cause	Solution
Foil wrap tearing easily:	Rough handling, sharp objects, or excessive movement.	Handle the wrap gently. Ensure there are no sharp objects in the sauna blanket or on your clothing. Minimize excessive movement during the session.

6. PRODUCT SPECIFICATIONS

Feature	Detail
Model Name:	LP-FLWRPS-10
Brand Name:	LifePro
Item Dimensions (LxWxH):	63 x 82.5 x 1 inches
Color:	Black (referring to the packaging/overall product line, actual wrap is silver foil)
Number of Items:	10 Count
Material:	Foil (Disposable, Non-Toxic)
Manufacturer:	LifePro
Package Weight:	0.58 Kilograms

7. WARRANTY AND SUPPORT

For specific warranty information regarding your LifePro Sauna Wrap Foil Blanket, please refer to the packaging or visit the official LifePro website. As a disposable product, the foil wraps typically do not carry an extended warranty. However, LifePro is committed to customer satisfaction.

If you encounter any issues or have questions about your product, please contact LifePro customer support through their official channels. They can provide assistance with product usage, troubleshooting, and any concerns you may have.

Contact Information: Please visit the [LifePro Store on Amazon](#) or their official website for the most up-to-date support details.