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INTRODUCTION

This manual provides essential information for the safe and effective use of your ACTWIND Electric Folding Treadmill. Please read all instructions carefully before assembly and operation. Retain this manual for future reference.



Image: The ACTWIND Electric Folding Treadmill shown in both its operational and folded states, demonstrating its compact design.

SETUP INSTRUCTIONS

1. Unpacking

Carefully remove all components from the packaging. Verify that all parts listed in the packing list are present. Keep packaging materials until assembly is complete.

2. Assembly

Assembly is required for this treadmill. Follow the detailed instructions provided in the separate assembly guide. Ensure all bolts and nuts are securely tightened before use.

3. Placement

Place the treadmill on a flat, stable surface. Ensure there is adequate clear space around the treadmill for safe operation and emergency dismount. Avoid placing it near water or in excessively humid environments.

4. Unfolding the Treadmill

To unfold the treadmill from its storage position, locate the rotary knob or locking mechanism. Gently lower the running deck until it clicks into place. Ensure the deck is fully locked before stepping onto the belt.

Easy Folding Design Simple storage and space saving

Rotary knob helps easy folding

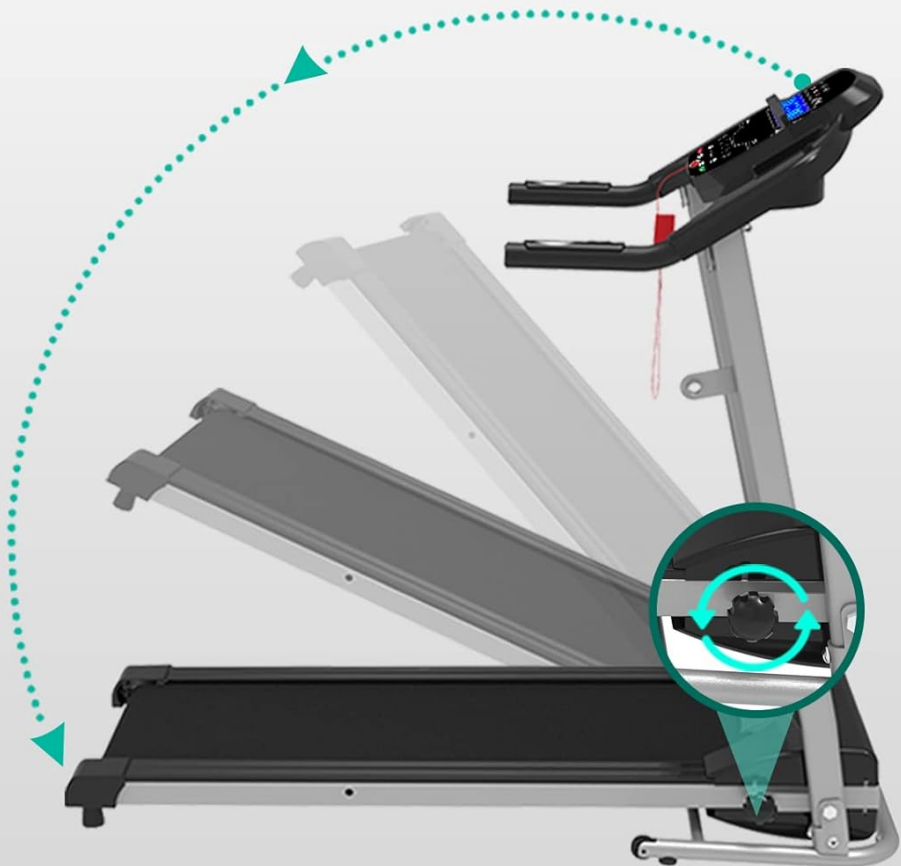


Image: A diagram illustrating the simple folding mechanism of the treadmill, highlighting the rotary knob for easy storage.

OPERATING INSTRUCTIONS

1. Power On/Off

Connect the power cord to a grounded electrical outlet. Locate the main power switch, usually at the front base of the treadmill, and switch it to the 'ON' position. The LCD display will illuminate.

2. Safety Key

Always attach the safety key clip to your clothing before starting the treadmill. If the safety key is removed, the treadmill will immediately stop, providing an emergency stop function.

3. Using the LCD Display and Control Panel

The control panel features an LCD display that shows important workout data. Use the buttons and knobs on the

armrest to control your workout.

2.25HP QUIET & POWERFUL MOTOR



2.25HP Motor



Energy Saving



Low Noise

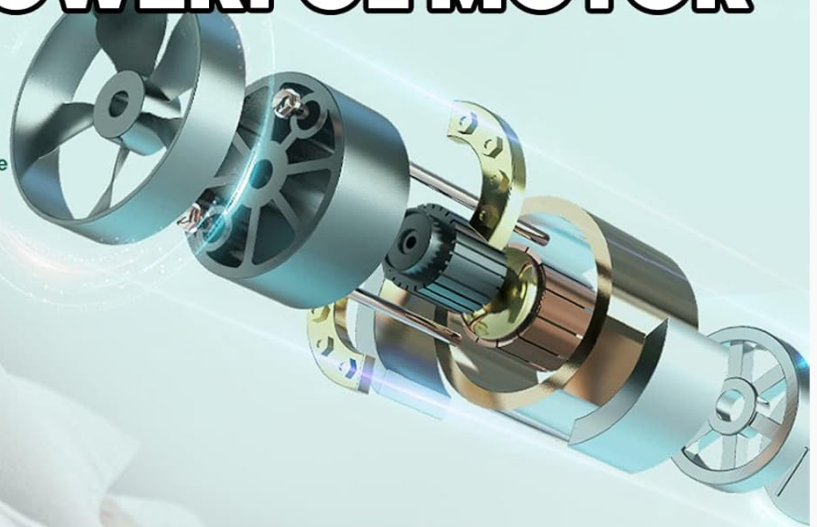


Image: A detailed view of the treadmill's control panel, showing the LCD screen displaying time, speed, calories, and heart rate, along with control buttons and a safety key attachment point.

- **Start/Stop:** Press the 'START' button to begin your workout. Press 'STOP' to end it.
- **Speed Adjustment:** Use the '+' and '-' buttons on the control panel or armrest to adjust the speed from 0.5 MPH to 7.5 MPH.
- **Display Metrics:** The LCD screen displays Time, Speed, Distance, Calories burned, and Heart Rate (via built-in sensors).
- **Preset Training Modes:** Select from 3 optional preset training modes by pressing the 'MODE' or 'PROG' button to vary your workout intensity.

4. Bluetooth Speaker

This treadmill includes a built-in Bluetooth speaker. To connect, enable Bluetooth on your device and pair with 'ACTWIND Treadmill'. You can then play audio through the treadmill's speakers.

MAINTENANCE

1. Cleaning

Regularly wipe down the treadmill with a damp cloth to remove dust and sweat. Avoid using abrasive cleaners or solvents that could damage the finish or electronic components.

2. Running Belt Lubrication

The running belt requires periodic lubrication to ensure smooth operation and prolong its lifespan. Refer to the separate lubrication instructions for your specific model. Typically, this involves applying silicone lubricant under the belt every few months, depending on usage.

3. Running Belt Adjustment

If the running belt becomes off-center or slips, it may need adjustment. Use the provided Allen wrench to turn the rear roller bolts in small increments until the belt is centered and properly tensioned. Consult the assembly guide for detailed instructions.

4. Storage

When not in use, the treadmill can be folded to save space. Ensure the treadmill is powered off and unplugged before folding. Use the integrated rollers for easy movement and storage.



Image: A visual representation of the treadmill being easily folded and stored upright, demonstrating its space-saving design.

TROUBLESHOOTING

If you encounter issues with your treadmill, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Treadmill does not power on	Power cord unplugged, main switch off, circuit breaker tripped	Check power connection, ensure main switch is ON, reset circuit breaker if necessary.
Running belt slips or stops	Belt too loose, insufficient lubrication	Adjust belt tension (refer to maintenance), lubricate belt.
Unusual noise during operation	Loose parts, belt friction, motor issue	Inspect for loose bolts, lubricate belt, contact support if noise persists.
Display not working correctly	Loose cable connection, electronic malfunction	Check cable connections to the console, power cycle the treadmill.

If these solutions do not resolve the issue, please contact customer support.

PRODUCT SPECIFICATIONS

The ACTWIND Electric Folding Treadmill is designed for home and office use, offering a compact and efficient workout solution.



Image: Detailed measurements of the treadmill, illustrating its dimensions when fully assembled and when folded for storage.

- **Brand:** ACTWIND

- **Model:** Electric Folding Treadmill
- **Motor:** 2.25 Horsepower (HP)
- **Speed Range:** 0.5 - 7.5 Miles per Hour (MPH)
- **Running Belt Dimensions:** 39.4 inches (Length) x 14 inches (Width)
- **Maximum Weight Recommendation:** 250 Pounds
- **Product Dimensions (Unfolded):** 53.54"D x 27.55"W x 9.4"H
- **Folded Size:** 12"D x 27.55"W x 47.5"H (approximate, based on images)
- **Item Weight:** 61.73 Pounds
- **Material:** Alloy Steel Frame
- **Display Type:** LCD (Time, Speed, Distance, Calories, Heart Rate)
- **Special Features:** Foldable, Lightweight, Bluetooth Speaker, 3 Preset Training Modes
- **Power Source:** Corded Electric (100 Watts Input Power)



Five-layer Running Belt

Multi-level design, shock absorption, mute, more wear-resistant

Image: An exploded view illustrating the five-layer construction of the running belt, designed for shock absorption and durability.

WARRANTY AND SUPPORT

ACTWIND provides a **12-month warranty** for this product, covering manufacturing defects and malfunctions under normal use. For any questions or support needs, please contact our customer service team. We aim to respond to all inquiries within 24 hours.

Please refer to your purchase documentation for specific warranty terms and contact information.