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**Garmin 010-02356-00**

# Garmin Approach R10 Portable Golf Launch Monitor Instruction Manual

Model: 010-02356-00

## INTRODUCTION

The Garmin Approach R10 is a portable golf launch monitor designed to help you improve your golf game anywhere. This device provides detailed metrics for your shots, allowing you to analyze and refine your swing. It's easy to move from your home to the backyard or the driving range, offering versatility for year-round practice. The Approach R10 is compatible with the Garmin Golf app, which enhances your training experience with virtual rounds and shot analysis tools.

## WHAT'S IN THE BOX

- Garmin Approach R10 Portable Golf Launch Monitor - Black
- USB Charging Adapter
- USB Cable 2.0 Usb-a To Usb-c (USB Type C)
- P-Bank (Power Bank)
- 2-port USB Car Adapter
- Cleaning Kit

## SETUP

Proper setup is crucial for accurate readings from your Garmin Approach R10. Ensure the device is placed on a flat, level surface.

## Device Placement

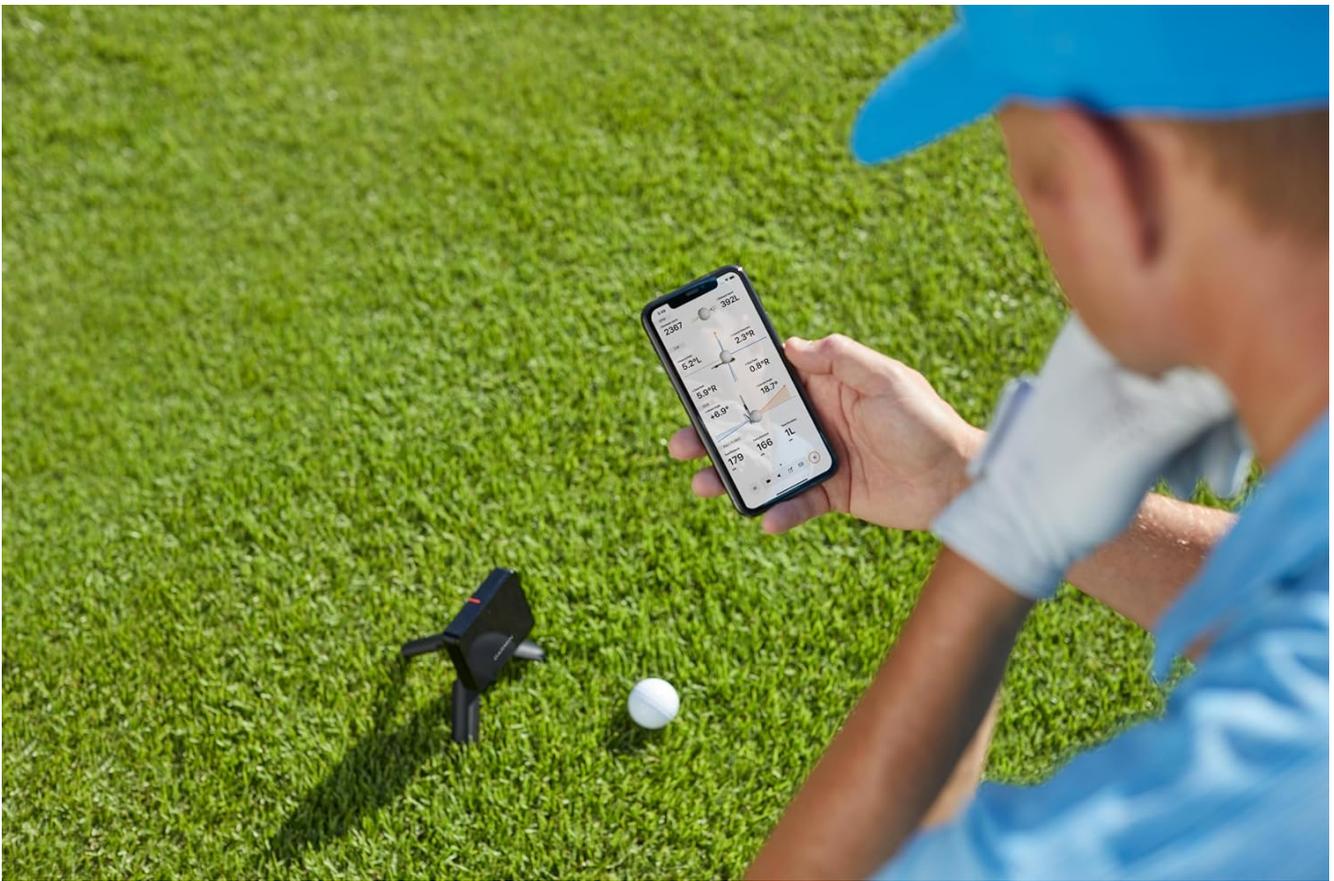
- For indoor use, place the Approach R10 approximately 8 feet behind the ball.
- For outdoor use, place the Approach R10 approximately 6-8 feet behind the ball.
- Ensure the device is aligned with your target line.



*Image: Garmin Approach R10 Portable Golf Launch Monitor on its tripod stand, viewed from the back.*

### **Connecting to the Garmin Golf App**

Download the Garmin Golf app on your compatible smartphone. Power on the Approach R10 by pressing and holding the power button. The status light will turn green, then flash blue, indicating it's ready for pairing. Follow the in-app instructions to connect your device via Bluetooth.



*Image: A golfer views shot data on a smartphone connected to the Garmin Approach R10 on a golf course.*

## Device Calibration

Regular calibration ensures the most accurate data. Within the Garmin Golf app, navigate to Device Settings > Device Calibration and follow the prompts. This process typically takes 30 seconds to a minute.

## Software Updates

Keep your Approach R10's software up to date for optimal performance. Updates can be managed through the Garmin Golf app when connected to your mobile device, or by using the Garmin Express program on your computer.

## OPERATING INSTRUCTIONS

The Garmin Approach R10 tracks over a dozen golf metrics to help you analyze and improve your swing consistency. These metrics include club head speed, ball speed, spin, launch angle, launch direction, and smash factor.

## Shot Analysis

The Garmin Golf app automatically records video clips of each shot, overlaying your real stats for detailed analysis. You can view your shots on a detailed dispersion chart to understand your shot patterns.



*Image: A golfer practices indoors, hitting a golf ball into a net with the Garmin Approach R10 positioned on the ground.*

### **Virtual Rounds and Course Play**

Engage in virtual rounds on over 42,000 worldwide courses using the Garmin Golf app. You can play and compete with up to three other golfers. The Approach R10 is also compatible with third-party software like E6 Connect, Awesome Golf, and TGC 2019 for expanded virtual golf experiences.



*Image: A golfer prepares to hit a golf ball on a green course, with the Garmin Approach R10 visible on the ground.*

## **Phone Mount**

The included phone mount clips to your golf bag, allowing you to easily view and interact with the Garmin Golf app on your compatible smartphone between swings.

## **MAINTENANCE**

### **Battery Life and Charging**

The Approach R10 offers up to 10 hours of battery life. Use the provided USB-A to USB-C cable and USB charging adapter to recharge the device. The included P-Bank and 2-port USB car adapter offer convenient charging options on the go.

### **Cleaning and Protection**

Use the included cleaning kit to keep your device free from dirt and debris. Consider using a protective silicone case and screen protector (if available) to safeguard your device from drops and scratches.

*Video: A demonstration of applying a silicone protective case and screen film to the Garmin Approach R10, highlighting easy installation and access to ports and buttons.*

## TROUBLESHOOTING

### Accuracy Issues

If you experience inaccurate readings, ensure your device is calibrated regularly through the Garmin Golf app. Verify the placement of the Approach R10 relative to the ball and the net/screen as per setup instructions. Ensure the device software is up to date.

### Connectivity Problems

If the device fails to connect to the Garmin Golf app, ensure Bluetooth is enabled on your smartphone and the Approach R10 is in pairing mode (flashing blue light). Restart both the device and the app if issues persist.

## SPECIFICATIONS

Feature	Value
Item Weight	2.55 pounds
Product Dimensions	1 x 8 x 2.8 inches
Item Model Number	010-02356-00-AG2
Battery Life	10 Hours
Voice Command	Buttons
Connectivity Technology	USB
Mounting Type	Golf Bag Mount
Operating System	Android

## WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included with your Garmin Approach R10 or visit the official Garmin website. Protection plans may also be available for purchase separately.