## FOXBOX FB0007A

# FOXBOX FB0007A Chronograph Watch User Manual

Model: FB0007A

## 1. OVERVIEW

Thank you for choosing the FOXBOX FB0007A Chronograph Watch. This timepiece combines classic analog display with modern digital functions, including a stopwatch, alarm, and date display. Designed for durability and style, it features a robust stainless steel case and band, and is water-resistant up to 30 meters.

Image 1.1: Front view of the FOXBOX FB0007A Chronograph Watch, showcasing its blue dial, analog hands, and digital display windows.

# 2. SETUP
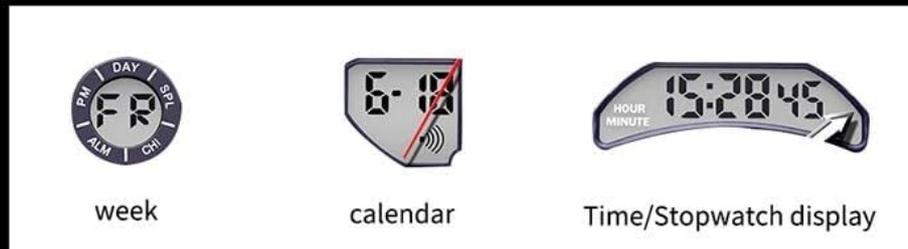
## 2.1. Identifying Watch Components

Image 2.1: Diagram illustrating the multifunctional display and button functions. Key components include the 'Light' button, 'Begin/Time Out' button, 'Adjust the time' crown, 'Reset/Restore' button, and 'Switch mode' button. Digital displays show week, calendar, and time/stopwatch.

- **Crown (A):** Used for setting analog time.
- **Button B (Light):** Activates the backlight for the digital display.
- **Button C (Mode):** Cycles through digital display modes (Time, Stopwatch, Alarm).
- **Button D (Start/Stop):** Used to start/stop stopwatch or adjust settings in setup mode.
- **Button E (Reset/Adjust):** Used to reset stopwatch or select items in setup mode.

## 2.2. Setting Analog Time

1. Pull the crown (A) out to the first position.
2. Rotate the crown to move the hour and minute hands to the desired time.
3. Push the crown back in to its original position to start the analog movement.

## 2.3. Setting Digital Time and Date

1. Press Button C (Mode) repeatedly until the digital time display starts flashing, indicating setup mode.

2. Press Button E (Reset/Adjust) to cycle through the settings (seconds, minutes, hours, 12/24-hour format, month, date, day of week).
3. Use Button D (Start/Stop) to adjust the selected value.
4. Once all settings are correct, press Button C (Mode) to exit setup mode.

## 2.4. Setting the Alarm

1. Press Button C (Mode) until the alarm time is displayed.
2. Press Button E (Reset/Adjust) to select the hour or minute setting.
3. Use Button D (Start/Stop) to adjust the alarm hour or minute.
4. Press Button C (Mode) to exit alarm setting mode.
5. To turn the alarm on/off, press Button D (Start/Stop) while in alarm display mode. An alarm icon will appear/disappear.

## 2.5. Adjusting the Bracelet

The metal bracelet can be adjusted by removing links. This procedure typically requires specialized tools and is best performed by a professional jeweler to ensure proper fit and avoid damage.

## 3. OPERATING INSTRUCTIONS

### 3.1. Using the Chronograph (Stopwatch)

1. Press Button C (Mode) until the stopwatch display (00:00:00) appears.
2. Press Button D (Start/Stop) to start the stopwatch.
3. Press Button D (Start/Stop) again to pause the stopwatch.
4. Press Button D (Start/Stop) to resume timing.
5. To reset the stopwatch to zero, press Button E (Reset/Adjust) while the stopwatch is paused.

### 3.2. Activating the Backlight

Press Button B (Light) to illuminate the digital display for a few seconds, improving visibility in low-light conditions.

### 3.3. Water Resistance (WR 30M)

Image 3.1: The FOXBOX FB0007A watch shown with water splashes, indicating its water resistance.

This watch is rated for 30 meters (3 ATM) of water resistance. This means it is suitable for daily use and can withstand splashes or brief immersion in water. It is **not** suitable for swimming, showering, diving, or any water sports where it might be submerged for extended periods or exposed to high-pressure water.

- Do not operate buttons or the crown while the watch is wet or submerged.
- Avoid exposing the watch to hot water or steam, as this can compromise the seals.

## 4. MAINTENANCE

### 4.1. Cleaning

Wipe the watch regularly with a soft, dry cloth to remove dust and dirt. For the metal band and case, a slightly damp cloth can be used, followed by immediate drying. Avoid using harsh chemicals or abrasive materials.

### 4.2. Battery Replacement

The watch is powered by a quartz battery. When the digital display fades or the analog hands stop, the battery may need replacement. It is recommended to have the battery replaced by a qualified watch technician to ensure proper

sealing and water resistance.

## 4.3. Storage

When not in use, store the watch in a cool, dry place, away from direct sunlight, extreme temperatures, and strong magnetic fields. The original watch box is ideal for storage.

## 5. TROUBLESHOOTING

- **Analog hands not moving:** Check if the crown is pushed in completely. If it is, the battery may need replacement.

- **Digital display blank or dim:** The battery may be low or depleted. Replace the battery.

- **Buttons not responding:** Ensure the watch is not in a locked mode (if applicable, though this model does not feature one). If the issue persists, a battery replacement or professional inspection may be required.

- **Water inside the watch:** Immediately take the watch to a professional for inspection and repair to prevent further damage.

## 6. SPECIFICATIONS

| Feature | Detail |
| --- | --- |
| Brand | FOXBOX |
| Model Number | FB0007A |
| Movement | Quartz |
| Display Type | Analog-Digital |
| Case Material | Stainless Steel |
| Band Material | Metal |
| Dial Material | Mineral Glass |
| Water Resistance | 30 Meters (3 ATM) |
| Band Length | 22 Centimeters |
| Dial Color | Blue |
| Band Color | Silver-tone |

## 7. WARRANTY AND SUPPORT

Your FOXBOX FB0007A Chronograph Watch is covered by a manufacturer's warranty against defects in materials and workmanship. Please refer to the warranty card included with your purchase for specific terms and conditions, including the warranty period and how to make a claim.
For technical support or service inquiries, please contact your retailer or the official FOXBOX customer service channels. Keep your purchase receipt as proof of purchase for warranty purposes.