

vidaXL 355412

vidaXL Metal Bed Frame with Headboard - Instruction Manual

Model: 355412 | Size: 120x200 cm | Color: White

[Introduction](#) [Safety Information](#) [Package](#)

[Contents](#) [Assembly](#) [Operation](#) [Maintenance](#) [Troubleshooting](#) [Specifications](#) [Warranty & Support](#)

1. INTRODUCTION

This manual provides comprehensive instructions for the assembly, safe use, and maintenance of your vidaXL Metal Bed Frame with Headboard. This bed frame, designed for durability and stability, features a powder-coated steel construction and metal slats for optimal mattress support and ventilation. It also offers additional storage space underneath. The integrated headboard provides comfortable back support. Please read these instructions carefully before beginning assembly and retain them for future reference.

2. SAFETY INFORMATION

- **Adult Assembly Required:** This product requires adult assembly. Do not allow children to assemble the bed frame.
- **Keep Children Away:** Keep children and pets away from the assembly area. Small parts can be a choking hazard.
- **Use Correct Tools:** Use only the tools specified in the assembly instructions.
- **Assemble on a Soft Surface:** Assemble the bed frame on a soft, clean surface (e.g., carpet or cardboard) to prevent scratching.
- **Check All Connections:** Ensure all bolts, screws, and connections are securely tightened before using the bed. Periodically check and re-tighten as needed.
- **Weight Limit:** Do not exceed the recommended weight limit for the bed frame (consult product specifications if available, otherwise assume standard bed frame limits).
- **Proper Mattress Fit:** Use a mattress that fits the bed frame dimensions (120 x 200 cm) to ensure stability and safety.

- **Avoid Standing on Frame:** Do not stand or jump on the bed frame.

3. PACKAGE CONTENTS

Before assembly, verify that all components and hardware are present and undamaged. If any parts are missing or damaged, do not proceed with assembly. Contact vidaXL customer support for assistance.

The package typically includes:

- Headboard components
- Side rails
- Footboard components
- Metal slats
- Support legs (including middle legs)
- Assembly hardware (screws, bolts, washers, Allen key)

4. ASSEMBLY INSTRUCTIONS

Follow these steps carefully for proper assembly. It is recommended to have two adults for assembly.

Step 1: Assemble the Headboard and Footboard

Attach the horizontal bars to the vertical posts of the headboard and footboard using the provided screws and an Allen key. Ensure all connections are finger-tightened initially.



Image: Detail of a connection point showing screws and washers for secure assembly.

Step 2: Connect Side Rails

Attach the side rails to the assembled headboard and footboard. Align the holes and insert the bolts, securing them with washers and nuts. Do not fully tighten yet.

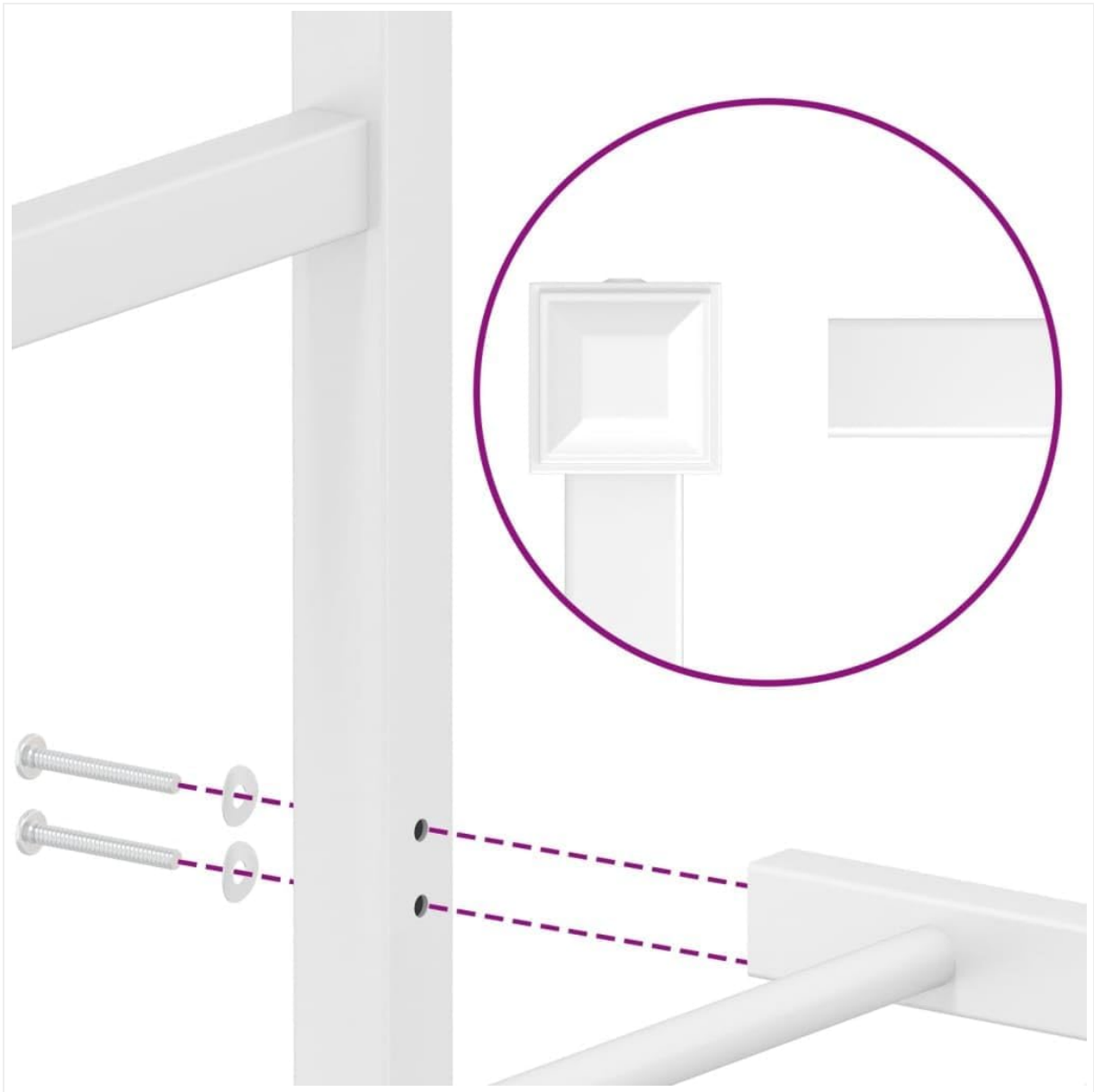


Image: Illustration demonstrating the connection method for bed frame components using bolts.

Step 3: Install Support Legs and Slats

Attach the central support legs to the middle beam of the bed frame. Then, place the metal slats across the side rails, ensuring they are evenly spaced and securely seated in their designated positions. Some slats may require screwing into place.

Step 4: Final Tightening

Once all components are in place and aligned, systematically tighten all screws and bolts using the Allen key. Ensure all connections are firm and secure, but do not overtighten to avoid stripping threads.



Image: The fully assembled vidaXL Metal Bed Frame, ready for use.

5. OPERATION (USAGE)

This bed frame is designed to support a mattress of 120 x 200 cm. A mattress is not included with the bed frame and must be purchased separately. Place the mattress directly onto the metal slats. The headboard provides comfortable support for sitting up in bed.

The space underneath the bed, approximately 26 cm (10.2 inches) high, can be utilized for storage, such as storing boxes or containers.

6. MAINTENANCE

- **Cleaning:** Wipe the metal frame with a soft, damp cloth. Avoid using abrasive cleaners or harsh chemicals, as these can damage the powder-coated finish.
- **Regular Inspection:** Periodically (e.g., every 3-6 months) inspect all bolts, screws, and connections to ensure they remain tight. Re-tighten any loose fasteners to maintain stability and safety.
- **Avoid Moisture:** Keep the bed frame in a dry environment to prevent rust or damage to the metal.
- **Moving the Bed:** When moving the bed frame, lift it rather than dragging it to prevent damage to the frame or your flooring.

7. TROUBLESHOOTING

Problem	Possible Cause	Solution
Bed frame is wobbly or unstable.	Loose connections or uneven assembly.	Ensure all bolts and screws are fully tightened. Check that the bed frame is on a level surface.
Missing parts or damaged components.	Packaging error or shipping damage.	Do not proceed with assembly. Contact vidaXL customer support immediately for replacement parts.

Problem	Possible Cause	Solution
Difficulty aligning holes during assembly.	Components are not correctly oriented or partially tightened screws are preventing alignment.	Loosen any previously tightened screws. Ensure components are oriented as shown in the diagrams. Try assembling with a second person.
Squeaking noises.	Loose connections or friction between metal parts.	Re-tighten all bolts and screws. Apply a small amount of silicone lubricant to connection points if squeaking persists.

8. SPECIFICATIONS

Brand: vidaXL

Model: 355412

Color: White

Material: Powder-coated Steel

Overall Dimensions (L x W x H): 207 x 125 x 90 cm (approx. 81.5 x 49.2 x 35.4 inches)

Under-bed Clearance: 26 cm (approx. 10.2 inches)

Suitable Mattress Dimensions (W x L): 120 x 200 cm (approx. 47.2 x 78.7 inches)

Product Weight: Approximately 19.05 kg (approx. 42 lbs)

Assembly Required: Yes

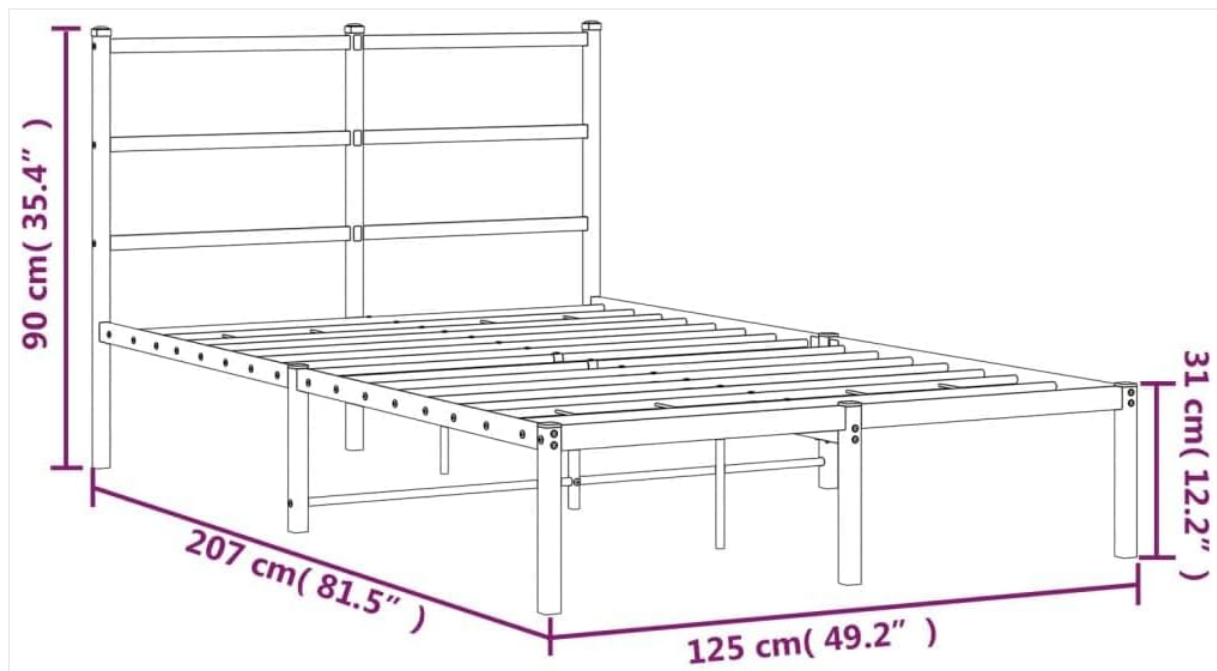


Image: Dimensional diagram of the bed frame, illustrating length, width, and height measurements.

9. WARRANTY AND SUPPORT

For warranty information, replacement parts, or technical support, please contact vidaXL customer service. Refer to your purchase documentation for specific contact details or visit the official vidaXL website.

Website: www.vidaxl.com

