

## Zinus EU-FBMMP1ZC-14E

# Zinus Elias Metal Platform Bed Frame 90x190 cm Instruction Manual

Model: EU-FBMMP1ZC-14E

## INTRODUCTION

This manual provides detailed instructions for the assembly, use, and maintenance of your Zinus Elias Metal Platform Bed Frame. Please read all instructions carefully before beginning assembly and retain this manual for future reference.



Image: The Zinus Elias Metal Platform Bed Frame, fully assembled with a mattress and light green bedding, showcasing its minimalist design and under-bed storage capability with a storage box visible.

## SAFETY WARNINGS

- **Weight Capacity:** Do not load more than 160 kg (350 lbs) on the 90x190 cm single size bed frame. Exceeding this limit may cause damage to the frame and potential injury.
- Ensure all bolts and screws are securely tightened before use. Periodically check and re-tighten as necessary.
- Keep small parts away from children during assembly to prevent choking hazards.
- Do not stand or jump on the bed frame.

## SETUP AND ASSEMBLY

The Zinus Elias Metal Platform Bed Frame is designed for quick and easy assembly. It is recommended that two people assemble the frame in less than an hour.

## What's Included

All necessary tools, parts, and instructions are conveniently packed in one box.

# Une petite boîte, tout ce dont vous avez besoin



Image: All components of the Zinus Elias bed frame, including frame sections, slats, and hardware, neatly arranged on a floor, demonstrating how they are compactly packaged in one box.

## Assembly Steps

1. **Unpack and Identify Parts:** Carefully unpack all components from the box. Refer to the included instruction sheet to identify each part, which may be numbered for easy matching.

# Simple comme 1, 2, 3



S'assemble en quelques minutes



Clé à cliquet incluse



Correspondance d'assemblage par numéro



Image: A close-up view of the Zinus Elias bed frame during assembly, highlighting the numbered parts for easy identification and the included ratchet tool for tightening bolts.

2. **Assemble Frame Sections:** The frame features an intuitive design with foldable slats. Connect the main frame sections as per the detailed instructions provided in the box.

# Conception intuitive



Image: A visual representation of the Zinus Elias bed frame's intuitive design, showing how the frame sections connect and highlighting the pre-drilled holes for headboard attachment.

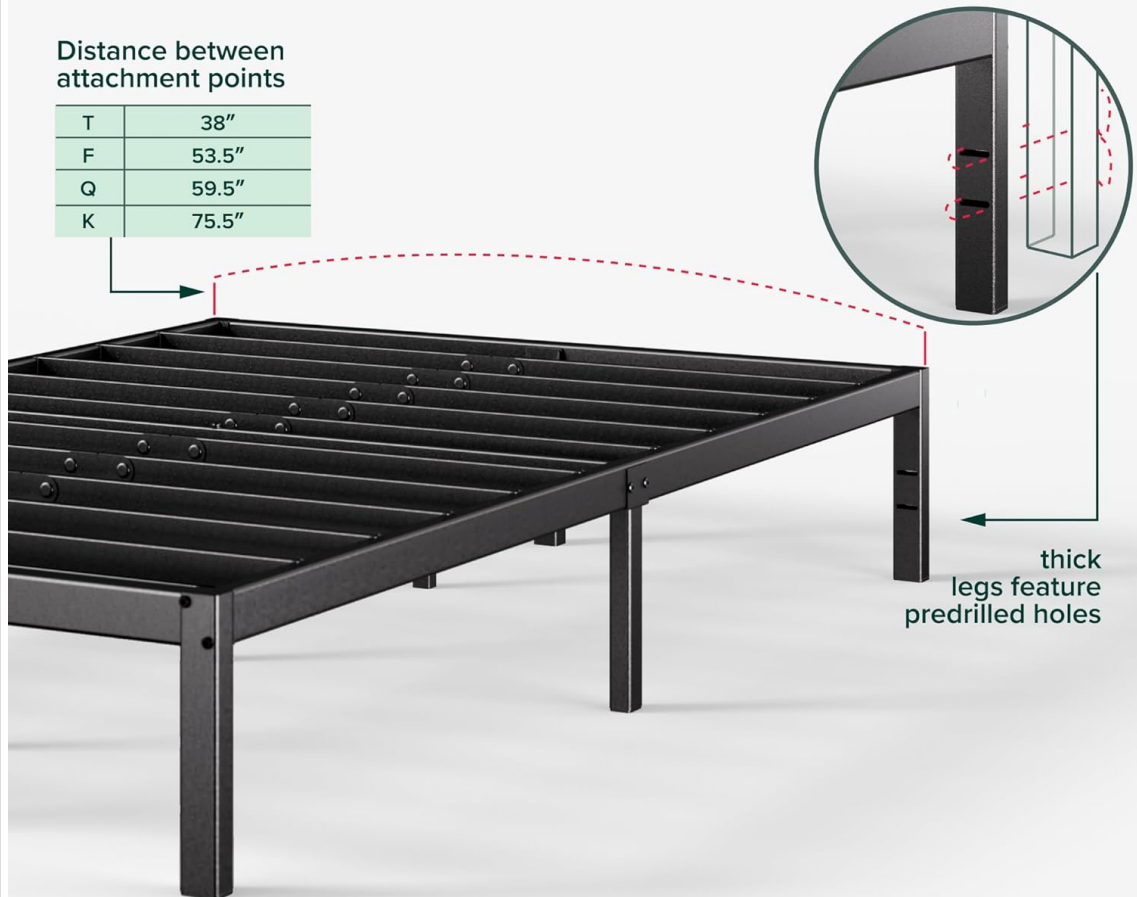
3. **Secure Connections:** Use the provided ratchet tool to securely tighten all bolts and connections. Ensure all six points of contact with the floor are stable.
4. **Headboard Compatibility:** The frame includes pre-drilled holes for attaching most standard-sized headboards. Headboard and attachment hardware are sold separately.



# Headboard compatible

Distance between attachment points

T	38"
F	53.5"
Q	59.5"
K	75.5"



⚠ Headboard and attachment hardware sold separately

Image: A detailed view of the Zinus Elias bed frame's leg, illustrating the pre-drilled holes designed for easy attachment of a headboard. A table of attachment point distances is also shown.

## OPERATING AND USAGE

The Zinus Elias Metal Platform Bed Frame is designed to provide robust support for various mattress types, including foam, latex, and spring mattresses. No box spring is required.

- **Mattress Placement:** Place your mattress directly onto the assembled bed frame. The sturdy steel slats provide ample support.
- **Under-bed Storage:** The frame offers over 31 cm (12 inches) of clearance beneath the bed, providing valuable space for storage.



Image: A view under the Zinus Elias bed frame, illustrating the 31 cm (approximately 12 inches) of clearance available for under-bed storage, with storage boxes placed underneath.

## MAINTENANCE

- **Cleaning:** Wipe the metal frame with a damp cloth and mild detergent if necessary. Avoid abrasive cleaners.
- **Inspection:** Periodically inspect all bolts and connections to ensure they remain tight. Re-tighten as needed to maintain stability and safety.
- **Movement:** When moving the bed frame, lift it rather than dragging it to prevent damage to the frame or your flooring.

## TROUBLESHOOTING

- **Squeaking Noises:** If the bed frame makes squeaking noises, check all bolts and connections. Tighten any loose fasteners. Ensure the mattress is properly seated on the slats.
- **Instability:** If the frame feels unstable, verify that all legs are making firm contact with the floor and that all assembly steps have been followed correctly. Re-check all connections for tightness.
- **Missing Parts:** If any parts are missing or damaged upon arrival, contact Zinus customer support

immediately for assistance.

## SPECIFICATIONS

Feature	Detail
Brand	Zinus
Model Number	EU-FBMMP1ZC-14E
Color	Black
Product Dimensions (L x W x H)	190 x 90 x 36 cm
Material	Alloy Steel
Item Weight	9.65 Kilograms
Origin	China
Mattress Size Compatibility	90 x 190 cm (French double)
Under-bed Clearance	Approximately 31 cm
Included Components	Installation Manual, Slats, Assembly Tools



Image: A technical drawing of the Zinus Elias bed frame, illustrating its key dimensions: 190 cm length, 90 cm width, and 35.6 cm height.

## WARRANTY AND SUPPORT

The Zinus Elias Metal Platform Bed Frame comes with a**5-year warranty** covering manufacturing defects

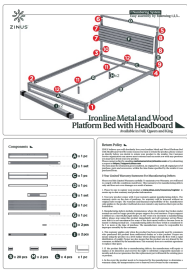
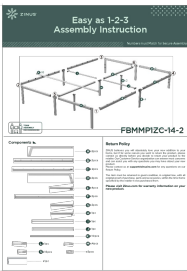
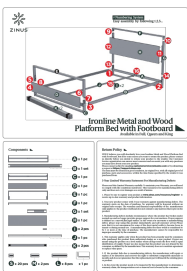
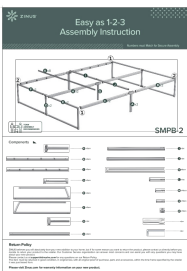


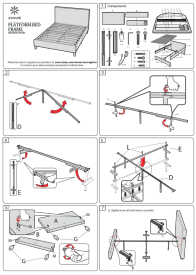
and material flaws. This warranty provides peace of mind regarding the quality and durability of your product.

For warranty claims, missing parts, or any other support inquiries, please contact Zinus customer service through their official website or the retailer where the product was purchased.

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## Related Documents - EU-FBMMP1ZC-14E

	<p><a href="#">ZINUS Heavy Duty Platform Bed Frame with Headboard Assembly and Warranty Guide</a></p> <p>Comprehensive guide for assembling the ZINUS Heavy Duty Platform Bed Frame with Headboard, including parts list, step-by-step instructions, and 5-year limited warranty information. Available for Full, Queen, and King sizes.</p>
	<p><a href="#">ZINUS Ironline Metal and Wood Platform Bed with Headboard Assembly Guide</a></p> <p>Step-by-step assembly instructions and warranty details for the ZINUS Ironline Metal and Wood Platform Bed with Headboard. Includes component list and product information for Full, Queen, and King sizes.</p>
	<p><a href="#">Zinus FBMMP1ZC-14-2 Bed Frame Assembly Instructions</a></p> <p>Step-by-step assembly guide for the Zinus FBMMP1ZC-14-2 Metal Platform Bed Frame, including components and return policy.</p>
	<p><a href="#">Zinus Ironline Metal and Wood Platform Bed Frame with Footboard Assembly and Warranty Guide</a></p> <p>Comprehensive assembly instructions, parts list, return policy, and 5-year limited warranty for the Zinus Ironline Metal and Wood Platform Bed Frame with Footboard. Available in Full, Queen, and King sizes.</p>
	<p><a href="#">ZINUS SMPB-2 Lorelei Metal Platform Bed Frame Assembly Instructions</a></p> <p>Easy-to-follow assembly guide for the ZINUS SMPB-2 Lorelei 14-inch metal platform bed frame. Includes detailed steps, component list, and return policy for a smooth setup.</p>



### [ZINUS Platform Bed Frame Assembly Instructions - Step-by-Step Guide](#)

Comprehensive assembly guide for the ZINUS Platform Bed Frame. Features detailed steps, component lists, and visual descriptions for easy setup. Includes information on Zinus products and registration.