Zinus EU-FBMMP1ZC-14G

Zinus Elias Metal Platform Bed Frame User Manual

Model: EU-FBMMP1ZC-14G

1. Product Overview

The Zinus Elias Metal Platform Bed Frame offers a modern and elegant style with unparalleled mattress support. Its minimalist and clean design can be adapted to your taste thanks to two pre-drilled holes, eliminating the need for a headboard bracket. This all-steel construction features 11 points of contact with the ground, including an additional central leg for enhanced stability. The under-bed clearance of over a foot provides valuable storage space for additional items. Crafted with exceptional workmanship, this elevated bed frame is designed to exceed your expectations.
This bed frame is intelligently designed to fit into a single box, containing all necessary tools, parts, and instructions for easy setup. Its easy-to-assemble structure features foldable slats, allowing for quick and hassle-free assembly by two people in less than an hour. The thick all-steel construction provides unbeatable support and longevity for any foam, latex, or spring mattress. The single size can support up to 160 kg, while other sizes can support up to 320 kg.



Figure 1.1: The Zinus Elias Metal Platform Bed Frame, showcasing its minimalist design and under-bed storage capability.

2. Safety Information

WARNING: Ensure all parts are correctly assembled and secured for stability. Carefully follow the assembly instructions to prevent instability or collapse. Failure to do so may result in injury or damage to the product.

- Always assemble the bed frame on a soft, clean surface to prevent scratches.
- Do not overtighten screws during assembly, as this may strip the threads.
- Regularly check all bolts and screws to ensure they remain tight. Retighten if necessary.
- Do not allow children to play on or around the bed frame during assembly.
- Distribute weight evenly across the bed frame. Do not concentrate weight in one small area.
- Keep small parts out of reach of children to prevent choking hazards.

3. Package Contents

Before beginning assembly, verify that all components listed below are present and undamaged. If any parts are missing or damaged, please contact Zinus customer support.



Figure 3.1: All bed frame components neatly packed in a single box, ready for assembly.

Included Components:

- Bed Frame Sections (various lengths and shapes)
- Support Slats
- Assembly Hardware (bolts, washers, nuts)
- Ratchet Wrench (for easy tightening)
- Instruction Manual

4. Setup and Assembly

Assembly of the Zinus Elias bed frame is designed to be straightforward and can typically be completed by two people in under an hour. Follow these steps carefully:

1. **Unpack and Identify Parts:** Lay out all components on a clean, soft surface. Refer to the included parts list to identify each piece. The parts are often numbered for easy matching.



Figure 4.1: The intuitive design allows for easy unfolding and connection of frame sections.

2. **Assemble Main Frame Sections:** Connect the main frame sections according to the numerical labels or diagrams in the separate assembly guide. Ensure all connections are secure but do not fully tighten bolts until the frame is fully assembled.



Figure 4.2: Use the provided ratchet wrench for efficient and secure tightening of bolts.

3. **Install Support Slats:** Once the main frame is assembled, unfold and place the support slats onto the designated areas. These slats are designed to provide robust support for your mattress.
4. **Final Tightening:** Once all sections and slats are in place, go back and securely tighten all bolts using the provided ratchet wrench. Ensure the frame is stable and level.
5. **Headboard Compatibility (Optional):** The bed frame features pre-drilled holes on the legs for attaching a headboard (sold separately). Refer to the headboard's instructions for attachment.



Figure 4.3: The bed frame legs feature pre-drilled holes for easy headboard attachment.

5. Usage and Operation

The Zinus Elias Metal Platform Bed Frame is designed for direct mattress placement, eliminating the need for a box spring. Simply place your mattress directly onto the assembled slats.

- **Mattress Compatibility:** This frame is compatible with foam, latex, and spring mattresses. Ensure your mattress size matches the bed frame dimensions (160 x 200 cm for this model).
- **Weight Capacity:** The 160 x 200 cm size can support up to 320 kg (including mattress and occupants).
- **Under-Bed Storage:** Utilize the generous 31 cm (approximately 12 inches) of clearance under the bed for storage. This space is ideal for storage bins, boxes, or other items.



Figure 5.1: Ample 31 cm under-bed clearance provides convenient storage solutions.

6. Maintenance

Proper maintenance will ensure the longevity and continued stability of your Zinus Elias bed frame.

- **Regular Inspection:** Periodically (e.g., every 3-6 months) inspect all bolts and connections to ensure they are tight. Loose connections can lead to squeaking or instability.
- **Cleaning:** Wipe down the metal frame with a soft, damp cloth. Avoid using harsh chemicals or abrasive cleaners, as these can damage the finish.
- **Moving the Frame:** When moving the bed frame, lift it rather than dragging it to prevent damage to the legs or floor. If disassembling for a move, follow the reverse of the assembly instructions.

7. Troubleshooting

If you encounter any issues with your Zinus Elias bed frame, refer to the common problems and solutions below:

Problem	Possible Cause	Solution

Problem	Possible Cause	Solution
Bed frame is squeaking.	Loose bolts or connections.	Tighten all bolts and screws on the frame. Ensure all connections are snug.
Bed frame feels unstable or wobbly.	Incorrect assembly; bolts not fully tightened; uneven floor.	Review assembly instructions to ensure all parts are correctly installed. Fully tighten all bolts. If the floor is uneven, consider using furniture pads or shims under the legs.
Mattress sags in the middle.	Slats not properly installed or damaged; mattress issue.	Check that all slats are correctly positioned and not damaged. Ensure your mattress is compatible with a platform bed and is not worn out.
Missing parts during unboxing.	Packaging error or transit damage.	Contact Zinus customer support immediately with your purchase details.

8. Product Specifications

Feature	Detail
Brand	Zinus
Model Number	EU-FBMMP1ZC-14G
Color	Black
Product Dimensions (L x W x H)	200 x 160 x 36 cm (78.7 x 63 x 14.2 inches)
Material	Metal
Item Weight	16 Kilograms (35.3 lbs)
Special Feature	Easy Assembly, Under-bed Storage
Compatible Mattress Size	160 x 200 cm
Under-bed Clearance	Approx. 31 cm (12.2 inches)
Weight Capacity (160x200 cm)	Up to 320 kg (705 lbs)
Country of Origin	China



Figure 8.1: Key dimensions of the Zinus Elias bed frame.

9. Warranty and Support

Zinus products are backed by a manufacturer's warranty. For specific warranty details, please refer to the warranty card included with your product or visit the official Zinus website.

Customer Support:

- For assembly assistance, missing parts, or product inquiries, please contact Zinus customer service.
- Have your model number (EU-FBMMP1ZC-14G) and purchase date ready when contacting support.
- Contact information can typically be found on the Zinus website or on the product packaging.

© 2025 Zinus. All rights reserved.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question