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Zeblaze Crystal 3

Zeblaze Crystal 3 Smartwatch User Manual

Model: Crystal 3

1. INTRODUCTION

Thank you for choosing the Zeblaze Crystal 3 Smartwatch. This manual provides essential information for setting up, operating, maintaining, and troubleshooting your device. Please read it carefully to ensure proper use and optimal performance.

2. PRODUCT OVERVIEW

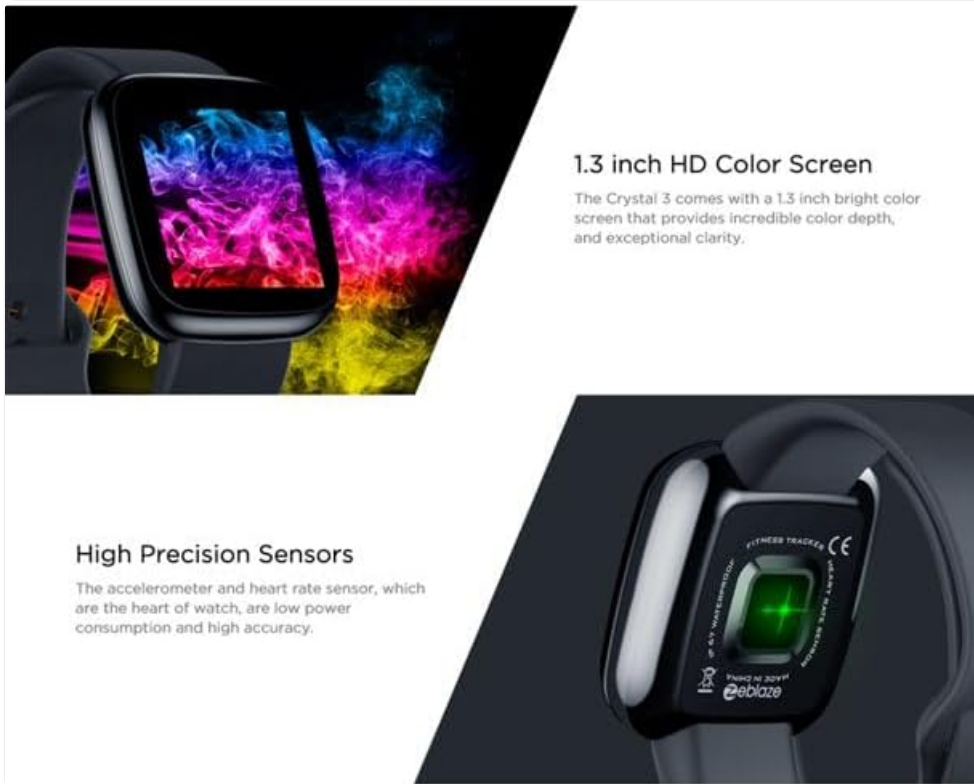
The Zeblaze Crystal 3 is a versatile smartwatch designed for fitness tracking and daily use. It features a vibrant HD color display and high-precision sensors to monitor various health metrics.



Image: Zeblaze Crystal 3 Smartwatch, showing the main display and green strap.

Key Features:

- **1.3-inch HD Color Screen:** A vibrant IPS display with 240x240 pixel resolution for clear visuals.
- **High Precision Sensors:** Equipped with a heart rate sensor, proximity sensor, and accelerometer for accurate data collection.
- **IP67 Water Resistance:** Designed to withstand daily water exposure, such as splashes and rain.
- **Long Battery Life:** Up to 7 days of use on a single 2-hour charge, thanks to its 200 mAh battery.
- **Activity Tracking:** Monitors steps, distance, calories burned, and supports various sports modes.
- **Health Monitoring:** Includes heart rate and sleep tracking.
- **Smartphone Compatibility:** Works with Android 4.4 or newer and iOS 8.0 or newer devices.



1.3 inch HD Color Screen

The Crystal 3 comes with a 1.3 inch bright color screen that provides incredible color depth, and exceptional clarity.

High Precision Sensors

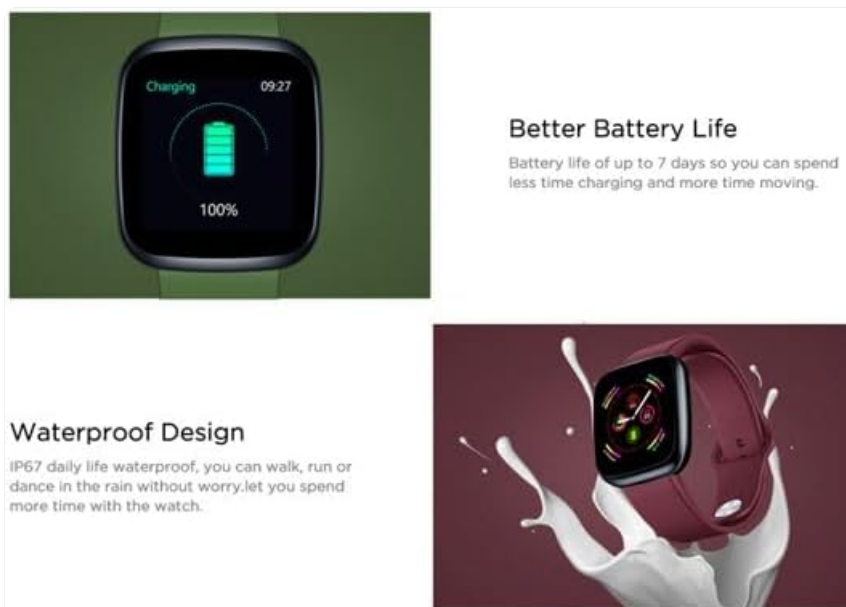
The accelerometer and heart rate sensor, which are the heart of watch, are low power consumption and high accuracy.

Image: Close-up of the 1.3-inch HD color screen and the high-precision heart rate sensor on the back of the watch.

3. SETUP

3.1 Charging the Smartwatch

Before first use, fully charge your Zeblaze Crystal 3. Connect the charging cable to the watch's charging port and a USB power source (e.g., computer USB port or a 5V/1A USB adapter). A full charge typically takes about 2 hours.



Better Battery Life

Battery life of up to 7 days so you can spend less time charging and more time moving.

Waterproof Design

IP67 daily life waterproof, you can walk, run or dance in the rain without worry.let you spend more time with the watch.

Image: Illustration showing how to connect the smartwatch to a USB port for charging.

3.2 App Installation and Pairing

1. **Download the App:** Search for the official Zeblaze companion app on your smartphone's app store (Google Play Store for Android or Apple App Store for iOS).

2. **Create Account:** Open the app and follow the on-screen instructions to create an account or log in.
3. **Pair Device:** Ensure Bluetooth is enabled on your smartphone. In the app, navigate to the device pairing section and select "Zeblaze Crystal 3" from the list of available devices. Confirm the pairing request on both your phone and the smartwatch.
4. **Profile Setup:** Complete your personal profile within the app to ensure accurate tracking of health and fitness data.

4. OPERATING INSTRUCTIONS

4.1 Basic Navigation

- **Wake Screen:** Raise your wrist or press the side button to wake the screen.
- **Swipe Up/Down:** Access notifications or quick settings.
- **Swipe Left/Right:** Navigate through different functions and widgets (e.g., heart rate, activity data, weather).
- **Tap:** Select an item or confirm an action.
- **Long Press:** On the main watch face, long press to change watch faces.



Image: The Zeblaze Crystal 3 displaying different customizable watch faces and data screens.

4.2 Activity Tracking

The smartwatch automatically tracks your daily steps, distance, and calories burned. You can view this data directly on the watch or in more detail within the companion app.

4.3 Heart Rate Monitoring

The built-in heart rate sensor continuously monitors your heart rate. Ensure the watch is worn snugly on your wrist for accurate readings. View your current and historical heart rate data in the app.

4.4 Sleep Monitoring

Wear the smartwatch to bed to track your sleep patterns. The device records sleep duration and quality, which can be reviewed in the app to help you understand and improve your sleep habits.

5. MAINTENANCE

5.1 Cleaning the Device

Regularly clean your smartwatch and strap to prevent skin irritation and maintain functionality. Use a soft, damp cloth to wipe the screen and strap. Avoid using harsh chemicals or abrasive materials.

5.2 Water Resistance (IP67)

The Zeblaze Crystal 3 is IP67 water-resistant, meaning it is protected against dust and can withstand immersion in water up to 1 meter for up to 30 minutes. It is suitable for daily use, such as washing hands, rain, or light splashes.

It is not recommended for swimming, showering with hot water, or diving.



Image: Illustration highlighting the waterproof design of the Zeblaze Crystal 3 Smartwatch.

5.3 Battery Care

- Avoid extreme temperatures, which can degrade battery life.
- Do not leave the device fully discharged for extended periods.
- Use only the provided charging cable or a certified equivalent.

6. TROUBLESHOOTING

6.1 Device Not Turning On

- Ensure the device is fully charged. Connect it to the charger for at least 30 minutes.
- Try pressing and holding the side button for 10-15 seconds to force a restart.

6.2 Unable to Pair with Smartphone

- Make sure Bluetooth is enabled on your phone and the smartwatch is within range.
- Restart both your smartphone and the smartwatch.
- Check if the app is updated to the latest version.
- Forget the device from your phone's Bluetooth settings and try pairing again through the app.

6.3 Inaccurate Heart Rate/Activity Data

- Ensure the watch is worn snugly on your wrist, not too tight or too loose.
- Clean the sensor on the back of the watch.
- Update the smartwatch firmware via the companion app if an update is available.

7. SPECIFICATIONS

Feature	Detail
Brand	Zeblaze
Model Name	Crystal 3
Display	1.3-inch IPS Color Screen
Resolution	240*240 pixels
Sensors	Heart Rate Sensor, Proximity Sensor, Accelerometer
Water Resistance	IP67
Battery Capacity	200 mAh
Charging Time	Approx. 2 hours
Battery Life	Up to 7 days
Compatibility	Android 4.4+ / iOS 8.0+
Dimensions	4.05 x 3.55 x 1.2 cm (1.59 x 1.39 x 0.47 inches)
Weight	27 grams (0.95 ounces)
Connectivity	Bluetooth (for app pairing), USB (for charging)
Special Features	Activity Tracker, Heart Rate Monitor, Sleep Monitor

8. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included with your purchase or visit the official Zeblaze website. If you encounter any issues not covered in this manual, please contact Zeblaze customer service for assistance.