

Apple MRF43LW/A

Apple Watch Ultra 2 User Manual

MODEL: MRF43LW/A

Brand: Apple

Introduction

The Apple Watch Ultra 2 is a robust and advanced smartwatch designed for sports, adventure, and everyday use. Featuring a rugged titanium case, a super-bright Always-On Retina display, and precision dual-frequency GPS, it offers comprehensive health, safety, and connectivity features. This manual provides essential information to help you set up, operate, maintain, and troubleshoot your Apple Watch Ultra 2.



Image: The Apple Watch Ultra 2, featuring a rugged titanium case and a green/grey trail loop band, displayed from an angled perspective showing the watch face and side buttons.

**Rugged 49mm
titanium case**



**Up to 36 hours
of battery life**

**Precision dual-
frequency GPS**



**Customizable
Action button**

Image: A graphic highlighting key features of the Apple Watch Ultra 2, including its rugged 49mm titanium case, up to 36 hours of battery life, precision dual-frequency GPS, and the customizable Action button.

What's in the Box

Your Apple Watch Ultra 2 package includes the following items:

- Apple Watch Ultra 2 Case
- Watch Band (Green/Grey Trail Loop)
- Apple Watch Magnetic Fast Charger to USB-C Cable (1m)

What's in the Box



Trail Loop



USB-C Magnetic Fast Charging Cable

Image: A visual representation of the items included in the Apple Watch Ultra 2 packaging: the watch case, the Trail Loop band, and the USB-C Magnetic Fast Charging Cable.

Setup

1. Charging Your Apple Watch Ultra 2

Before initial use, fully charge your Apple Watch Ultra 2. Connect the Magnetic Fast Charger to USB-C Cable to a USB-C power adapter (sold separately) and plug it into a power outlet. Place the back of your Apple Watch on the magnetic charger. The watch will display a charging indicator.

2. Attaching the Band

Slide the watch band into the slots on either side of the Apple Watch case until you hear a click. Ensure both ends of the band are securely fastened.

3. Pairing with iPhone

1. Turn on your Apple Watch by pressing and holding the Side Button until you see the Apple logo.

2. Bring your iPhone close to your Apple Watch. A pairing screen will appear on your iPhone. Tap 'Continue'.
3. Position your iPhone so that your Apple Watch appears in the viewfinder on your iPhone.
4. Follow the on-screen instructions on both devices to complete the pairing process, including setting up cellular service if desired.

Operating Instructions

Navigation and Controls

- **Digital Crown:** Rotate to scroll, zoom, or adjust values. Press once to go to the watch face or app list. Double-press to switch between last used apps. Press and hold for Siri.
- **Side Button:** Press once to open the Dock (recent apps). Double-press for Apple Pay. Press and hold for Emergency SOS or to power off.
- **Action Button:** Customizable for quick access to various functions like starting a workout, marking a Compass Waypoint, or activating the flashlight.





Image: A close-up view of the Apple Watch Ultra 2's Always-On Retina display, showing the current time, activity rings, UV index, and various app icons for fitness, cycling, and music.

Key Features and Apps

- **Workout App:** Access advanced metrics like Heart Rate Zones, custom workouts, and training load. Supports automatic track detection for runners and provides detailed cycling metrics.
- **Compass App:** Essential navigation tools including current heading, elevation, longitude, and latitude. Use Compass Waypoints to mark locations and Backtrack to retrace your steps.
- **Maps App:** Navigate with offline maps directly from your watch.
- **Oceanic+ App:** Provides full dive computer capabilities, sensing depth up to 40 meters and water temperature. Certified EN13319.
- **Health Features:** Take an ECG, receive notifications for irregular heart rhythm, track sleep, and get alerts for signs of sleep apnea.
- **Safety Features:** Automatic connection to emergency services in case of a hard fall or severe car crash. Activate an emergency siren with the Action Button.



Image: Two individuals are shown running outdoors in an urban environment, illustrating the Apple Watch Ultra 2's use for tracking running and fitness activities.



Image: An underwater shot of a diver wearing an Apple Watch Ultra 2 on their wrist, demonstrating the watch's capabilities for swimming and diving activities.

Maintenance

Cleaning Your Apple Watch Ultra 2

To clean your Apple Watch Ultra 2, wipe it with a soft, lint-free cloth. If necessary, lightly dampen the cloth with fresh water. Do not use soaps, cleaning products, abrasive materials, or compressed air. Avoid getting moisture in openings.

Water Resistance

The Apple Watch Ultra 2 is water resistant to 100 meters (ISO standard 22810:2010). It is suitable for high-speed water sports and recreational diving to 40 meters. However, water resistance is not a permanent condition and may diminish over time. Avoid exposing the watch to soap or highly acidic liquids, and do not use it in a sauna or steam room.

Battery Care

To maximize battery life, keep your Apple Watch Ultra 2 updated with the latest watchOS. Avoid extreme ambient

temperatures. For long-term storage, charge the watch to about 50% and store it in a cool, moisture-free environment.

Troubleshooting

Watch Not Turning On

Ensure the watch is charged. Place it on the magnetic charger for at least 30 minutes. If it still doesn't turn on, try a force restart by holding both the Side Button and the Digital Crown for at least 10 seconds until you see the Apple logo.

Pairing Issues

If your watch won't pair with your iPhone, ensure Bluetooth is enabled on your iPhone and both devices are close to each other. Try restarting both your iPhone and Apple Watch. If the issue persists, unpair the watch from your iPhone (if previously paired) and attempt to pair again.

App Not Responding

If an app is unresponsive, press the Side Button to open the Dock, then swipe left on the app and tap the 'X' to close it. Reopen the app. If the issue continues, restart your Apple Watch.

Specifications

Model Name	Apple Watch Ultra 2 (GPS + Cellular)
Case Material	Rugged Titanium
Screen Size	49 Millimeters
Operating System	watchOS 10
GPS	Built-in Dual-Frequency GPS
Water Resistance	100m (EN13319 certified for diving to 40m)
Battery Life (Normal Use)	Up to 36 hours
Battery Life (Low Power Mode)	Up to 72 hours
Connectivity	Wi-Fi, Cellular
Special Features	Activity Tracker, Cycle Tracking, Heart Rate Monitor, Voice Control, Action Button
Product Dimensions	8.43 x 4.65 x 1.5 inches
Item Weight	14.7 ounces

Warranty and Support

Your Apple Watch Ultra 2 is covered by Apple's standard limited warranty. For detailed warranty information, please refer to the documentation included with your product or visit the official Apple support website. Apple also provides extensive online resources, including user guides, troubleshooting tips, and community forums. For technical support or service, please visit the official Apple Support website:support.apple.com

