

## Apple Apple Watch Ultra 2 (GPS + Cellular) MREH3LW/A

# Apple Watch Ultra 2 User Manual

Model: Apple Watch Ultra 2 (GPS + Cellular) MREH3LW/A

Brand: Apple

## 1. PRODUCT OVERVIEW

The Apple Watch Ultra 2 is a robust and advanced smartwatch designed for sports and adventure. It features a rugged titanium case, a bright Always-On Retina display, and precision dual-frequency GPS. This model includes GPS and Cellular capabilities, allowing for calls, texts, and streaming without an iPhone nearby when connected to a cellular service plan. It offers extensive health, safety, and connectivity features, alongside an extra-long battery life suitable for extended use.



Image: Apple Watch Ultra 2 with orange ocean band, showcasing its display and design.

Key features include a 49mm corrosion-resistant titanium case, sapphire front crystal, a large Digital Crown, and a customizable Action button. It is tested to MIL-STD 810H standards and boasts 100m water resistance. Advanced metrics for running, cycling, hiking, and swimming are integrated, along with comprehensive health monitoring capabilities such as ECG, Blood Oxygen app, irregular heart rhythm notifications, and sleep tracking. Safety features include automatic emergency services connection for hard falls or severe car crashes, and an emergency siren.

**Rugged 49mm  
titanium case**



**Up to 36 hours  
of battery life**

**Precision dual-  
frequency GPS**



**Customizable  
Action button**

Image: Visual representation of the Apple Watch Ultra 2's rugged design, battery, GPS, and Action Button.

## **2. WHAT'S IN THE BOX**

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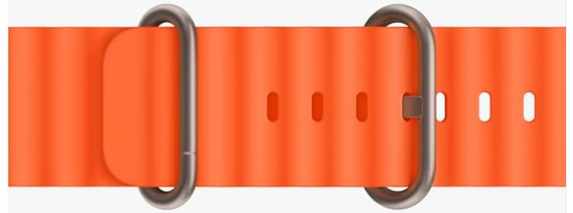
Upon opening your Apple Watch Ultra 2 packaging, you will find the following components:

- Apple Watch Ultra 2 Case (Rugged Titanium)
- Watch Band (Orange Ocean Band)
- Apple Watch Magnetic Fast Charger to USB-C Cable (1m)

# What's in the Box



## Ocean Band



## USB-C Magnetic Fast Charging Cable



Image: The Apple Watch Ultra 2, its band, and charging cable as packaged.

## 3. INITIAL SETUP

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### 3.1. Charging Your Apple Watch Ultra 2

1. Unroll the Apple Watch Magnetic Fast Charger to USB-C Cable.
2. Plug the USB-C end of the charging cable into a compatible USB-C power adapter (sold separately) or a USB-C port on a computer.
3. Place the magnetic charging puck on the back of your Apple Watch Ultra 2. It will snap into place automatically.
4. Ensure the watch display shows the charging indicator. Allow the watch to charge until it reaches at least 80% for initial setup.

### 3.2. Attaching the Watch Band

1. Hold the Apple Watch Ultra 2 with the display facing down.
2. Slide one end of the Ocean Band into a slot on the watch case until you feel and hear a click.
3. Repeat for the other end of the band. Gently tug on the band to ensure it is securely attached.

### 3.3. Pairing with Your iPhone

1. Turn on your Apple Watch Ultra 2 by pressing and holding the Side button until you see the Apple logo.
2. Bring your iPhone close to your Apple Watch. A pairing screen will appear on your iPhone. Tap 'Continue'.
3. Position your iPhone so that your Apple Watch appears in the viewfinder in the Apple Watch app.
4. Follow the on-screen instructions on both your iPhone and Apple Watch to complete the pairing process, including setting up a passcode and choosing your preferred settings.
5. If you have a cellular plan, you will be prompted to set up cellular service during this process.

## 4. OPERATING YOUR APPLE WATCH ULTRA 2

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### 4.1. Basic Navigation

- **Digital Crown:** Rotate to scroll, zoom, or adjust values. Press once to go to the watch face or app list. Double-press to switch between recently used apps. Press and hold to activate Siri.
- **Side Button:** Press once to open the Dock (recently used apps). Double-press for Apple Pay. Press and hold for Emergency SOS or to power off the watch.
- **Action Button:** The customizable orange button on the left side. By default, it can start a workout, mark a Compass Waypoint, or begin a dive. Customize its function in Settings.
- **Touch Screen:** Tap to select, swipe to navigate between screens, and press firmly (Force Touch) for additional options in some apps.





Image: The Apple Watch Ultra 2 display, illustrating the user interface.

## 4.2. Key Features

- **Fitness Tracking:** Utilize the Workout app for various activities like running, cycling, and swimming. Advanced metrics, Heart Rate Zones, and custom workouts are available.





Image: Individuals running, highlighting the watch's use in fitness activities.

- **Precision GPS:** The dual-frequency GPS provides highly accurate location data for outdoor activities, including route tracking and navigation.
- **Cellular Connectivity:** With an active cellular plan, make and receive calls, send messages, and stream music directly from your watch, even without your iPhone nearby.
- **Water Resistance & Diving:** Rated for 100m water resistance. The Oceanic+ app transforms your watch into a full-featured dive computer, sensing depth up to 40 meters and water temperature.



Image: A diver using the Apple Watch Ultra 2 underwater.

- **Health Monitoring:** Access features like ECG, Blood Oxygen measurement (for wellness purposes), irregular heart rhythm notifications, and detailed sleep tracking.

## 5. CARE AND MAINTENANCE

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### 5.1. Cleaning Your Apple Watch Ultra 2

- Always power off your Apple Watch and disconnect the charger before cleaning.
- Wipe the watch case and band with a soft, lint-free cloth. If necessary, slightly dampen the cloth with fresh water.
- Do not use harsh chemicals, abrasive materials, or compressed air.
- After swimming or diving, rinse your Apple Watch Ultra 2 with fresh water and dry it thoroughly with a soft cloth.

### 5.2. Water Resistance

- The Apple Watch Ultra 2 is water resistant to 100 meters (328 feet) under ISO standard 22810:2010. It is suitable for recreational scuba diving (with a compatible third-party app from the App Store) to 40 meters, high-speed water sports, and swimming.
- Water resistance is not a permanent condition and may diminish over time.
- Avoid exposing your Apple Watch Ultra 2 to soaps, shampoos, conditioners, lotions, perfumes, solvents, detergents,



acids, acidic foods, insect repellent, sunscreen, oil, or hair dye, as these can negatively affect water seals and acoustic membranes.

### 5.3. Battery Care

- For optimal battery longevity, avoid fully discharging the battery frequently. Charge it when the battery level is low.
- Avoid extreme temperatures, as they can degrade battery performance and lifespan.
- Use only Apple-approved charging accessories.

## 6. TROUBLESHOOTING

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### 6.1. Watch Not Turning On

- Ensure the watch is charged. Place it on the magnetic charger for at least 30 minutes.
- Try a force restart: Press and hold both the Side button and the Digital Crown for at least 10 seconds, until you see the Apple logo.

### 6.2. Pairing Issues

- Ensure your iPhone's Bluetooth and Wi-Fi are enabled.
- Make sure your iPhone is running the latest iOS version and your Apple Watch is running the latest watchOS version.
- Restart both your iPhone and Apple Watch.
- If the watch is already paired to another iPhone, you may need to unpair it first.

### 6.3. Inaccurate GPS Readings

- Ensure you have a clear view of the sky when using GPS for outdoor activities.
- Calibrate your Apple Watch for improved accuracy. Go to the Apple Watch app on your iPhone, then My Watch > Privacy > Reset Fitness Calibration Data.

### 6.4. Cellular Connectivity Problems

- Verify that your cellular plan is active and supports Apple Watch.
- Check for cellular signal strength on your watch.
- Restart your Apple Watch and iPhone.

## 7. TECHNICAL SPECIFICATIONS

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Feature	Specification
Model Name	Apple Watch Ultra 2 (GPS + Cellular)
Item Model Number	MREH3LW/A
Case Material	Rugged Titanium
Screen Size	49 Millimeters
Operating System	watchOS 10
Connectivity Technology	Wi-Fi, Cellular

GPS	Built-in GPS (Precision dual-frequency)
Battery Life (Normal Use)	Up to 36 hours
Battery Life (Low Power Mode)	Up to 72 hours
Water Resistance	100m (ISO 22810:2010), Recreational scuba diving to 40m
Special Features	Activity Tracker, Cycle Tracking, GPS, Heart Rate Monitor, Voice Control, Action Button, Blood Oxygen Sensor, ECG App, Temperature Sensing, Crash Detection, Fall Detection, Emergency SOS, Siren
Item Weight	15.2 ounces
Date First Available	February 1, 2024

## 8. WARRANTY INFORMATION

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Your Apple Watch Ultra 2 is covered by Apple's standard limited warranty, which typically covers manufacturing defects for a period of one year from the original purchase date. This warranty is in addition to rights provided by consumer law. The warranty does not cover damage caused by accidents, unauthorized modifications, or failure to follow the product's instructions. For complete details regarding warranty coverage, terms, and conditions, please refer to the official Apple warranty documentation included with your product or visit the official Apple website. Extended coverage options, such as AppleCare+, may be available for purchase separately, offering additional hardware service and technical support.

## 9. CUSTOMER SUPPORT

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For further assistance, technical support, or service inquiries regarding your Apple Watch Ultra 2, please contact Apple Support through the following channels:

- **Online Support:** Visit the official Apple Support website for comprehensive articles, troubleshooting guides, and contact options. [support.apple.com/watch](https://support.apple.com/watch)
- **Apple Store:** Visit an authorized Apple Store for in-person assistance and service.
- **Phone Support:** Contact Apple Support by phone; numbers vary by region and can be found on the Apple Support website.

Please have your product's serial number ready when contacting support, as it helps expedite the service process.