

## Manuals+

[Q & A](#) | [Deep Search](#) | [Upload](#)

manuals.plus /

> [MABIS](#) /

> [MABIS Steam Inhaler with Facial and Nasal Mask \(Model 40-742-000\) Instruction Manual](#)

## MABIS 40-742-000

# MABIS Steam Inhaler with Facial and Nasal Mask

Model: 40-742-000

## 1. IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before using the MABIS Steam Inhaler. Failure to follow these instructions may result in injury or damage to the product.

- **General Safety Warning:** Always follow included directions carefully before each use.
- **Cleaning:** Properly clean and dry all attachments before using again to prevent mold growth and ensure hygiene.
- **Water Level:** Do not fill the water reservoir past the indicated red line. Overfilling can lead to spills or improper operation.
- **Hot Steam:** The unit produces hot steam. Exercise caution to avoid burns. Do not move the product while in use.
- **Usage Duration:** Do not use the product for more than 15 minutes per session. Prolonged use may cause skin irritation or overheating of the device.
- **Essential Oils:** Do not add essential oils or other additives directly into the water reservoir. This can damage the unit and may be unsafe for inhalation.
- **Electrical Safety:** Ensure the unit is unplugged when not in use and before cleaning. Do not operate with a damaged cord or plug.
- **Children:** Keep out of reach of children. Adult supervision is required if used by or near children.

## 2. PACKAGE CONTENTS

Verify that all items are present in the package:

- MABIS Steam Inhaler Base Unit
- Facial Attachment
- Nasal Attachment
- Measuring Cup



Image: MABIS Steam Inhaler components, showing the main unit, facial mask, nasal mask, and measuring cup.

### 3. SETUP INSTRUCTIONS

1. **Place the Base Unit:** Position the steam inhaler base on a firm, level surface within easy reach of an electrical outlet.
2. **Fill the Water Reservoir:** Use the provided measuring cup to pour 60ml of clean water into the reservoir of the base unit. Ensure the water level does not exceed the red fill line.

# ADJUSTABLE NASAL ATTACHMENT

Warm soothing relief for sinuses and congestion.



Image: A hand pouring water into the steam inhaler's reservoir, demonstrating the correct water filling procedure.

3. **Attach the Desired Mask:** Select either the facial attachment or the nasal attachment. Place it onto the base unit and turn clockwise to lock it securely in place.



Image: The MABIS Steam Inhaler base with both the facial attachment and the nasal attachment displayed.

4. **Connect to Power:** Plug the power cord into a standard electrical outlet.

## 4. OPERATING INSTRUCTIONS

### 4.1 Using the Facial Steamer

1. Ensure the facial attachment is securely locked onto the base unit.
2. Press the power switch to turn on the unit. The switch will illuminate when active.
3. Allow approximately 5-10 minutes for the water to heat and steam to begin producing.
4. Slowly bring your face towards the facial attachment. Adjust your distance to achieve a comfortable and desired level of steam.

# Safe and Natural Steam Vapor

No Filters Required



Image: A user demonstrating the use of the facial mask attachment for steam therapy.

5. Do not use for more than 15 minutes per session.
6. After use, press the power switch to turn off the unit and unplug it from the outlet.

## 4.2 Using the Nasal Steamer

1. Ensure the nasal attachment is securely locked onto the base unit.
2. To extend the nasal attachment for a better fit, gently pull the top sides upwards and outwards.

# FACIAL ATTACHMENT

## Great for Skincare & Facial Cleansing



Image: The nasal attachment shown in both its compact and extended positions, illustrating how to adjust it.

3. Press the power switch to turn on the unit. The switch will illuminate when active.
4. Allow approximately 5-10 minutes for the water to heat and steam to begin producing.
5. Start with the steam control lever at the LOW setting. Increase the steam flow as needed for comfort.
6. Slowly bring your nose and mouth towards the nasal attachment. **Do not place your face fully onto the attachment.** Adjust your distance to achieve a comfortable and desired level of steam for sinus relief.
7. Do not use for more than 15 minutes per session.
8. After use, press the power switch to turn off the unit and unplug it from the outlet.

### Official Product Video: How to Use the MABIS Steam Inhaler

Your browser does not support the video tag.

Video: This official MABIS Healthcare Inc. video demonstrates the proper setup and usage of the MABIS Steam Inhaler with both facial and nasal masks. It covers filling the water, attaching the masks, powering on, and adjusting steam for effective therapy.

## 5. MAINTENANCE AND CLEANING

Regular cleaning ensures optimal performance and hygiene of your MABIS Steam Inhaler.

- **Unplug Before Cleaning:** Always ensure the unit is unplugged from the power outlet and has cooled down completely before attempting any cleaning.
- **Empty Water:** Carefully empty any remaining water from the reservoir after each use.
- **Clean Attachments:** Wash the facial and nasal attachments with warm, soapy water. Rinse thoroughly and allow them to air dry completely before storing or re-using. Pay special attention to the nasal attachment, as it has multiple layers where condensation can accumulate. Ensuring it is fully dry helps prevent mold growth.
- **Clean Base Unit:** Wipe the exterior of the base unit with a damp cloth. Do not immerse the base unit in water.
- **Descaling:** If mineral deposits build up in the water reservoir, use a descaling solution suitable for small appliances or a mixture of white vinegar and water. Follow the product instructions for descaling and rinse thoroughly.

## 6. TROUBLESHOOTING

If you encounter issues with your MABIS Steam Inhaler, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
No steam produced	Unit not plugged in or turned on; Insufficient water in reservoir; Unit is faulty.	Ensure the power cord is securely plugged in and the power switch is in the 'ON' position (illuminated). Check that the water reservoir is filled to the correct level. If the issue persists, contact customer support.
Steam is weak or inconsistent	Low water level; Mineral buildup in heating element; Steam control lever set too low (for nasal mask).	Verify water level. Perform descaling if mineral buildup is suspected. Adjust the steam control lever to a higher setting if using the nasal mask.
Unit leaks water	Water reservoir overfilled; Attachment not securely locked.	Ensure water is filled only up to the red line. Re-attach the mask, turning clockwise until it is firmly locked.
Power switch does not light up	Unit not receiving power; Faulty switch.	Check power outlet and cord connection. If power is confirmed and the switch still doesn't light, the unit may be faulty.

## 7. PRODUCT SPECIFICATIONS

Specification	Detail
Model Name	Mabis Steam Inhaler with Facial Mask
Item Model Number	40-742-000
Brand	MABIS
Product Dimensions	6.5 x 6.25 x 10.5 inches

Specification	Detail
Item Weight	1.38 Pounds
Power Source	Corded Electric
Wattage	60 watts
Voltage	120 Volts
Capacity	60 Milliliters
Runtime	20 minutes (recommended max 15 minutes per session)
Material Type	Acrylonitrile Butadiene Styrene (ABS)
UPC	767056181212
Manufacturer	HealthSmart International



Image: A diagram illustrating the physical dimensions of the MABIS Steam Inhaler with both attachments.

## 8. WARRANTY AND SUPPORT

For warranty information or technical support, please contact HealthSmart International, the manufacturer of the MABIS Steam Inhaler. Refer to the product packaging or their official website for current contact details and warranty terms.