

Manuals+

[Q & A](#) | [Deep Search](#) | [Upload](#)

manuals.plus /

› [ZINUS](#) /

› [ZINUS 8 Inch Green Tea Essential Memory Foam Mattress Instruction Manual](#)

ZINUS ZU-MFMA1RZI-08T

ZINUS 8 Inch Green Tea Essential Memory Foam Mattress

Model: ZU-MFMA1RZI-08T

Brand: ZINUS

1. INTRODUCTION

Thank you for choosing the ZINUS 8 Inch Green Tea Essential Memory Foam Mattress. This manual provides important information regarding the setup, operation, maintenance, and specifications of your new mattress. Designed for optimal comfort and support, this mattress features green tea infused memory foam for freshness and breathability, ensuring a restful night's sleep. Please read this manual thoroughly before setting up and using your mattress.



Image: The ZINUS 8 Inch Green Tea Essential Memory Foam Mattress, Twin size, displayed on a wooden bed frame in a light green room. A pillow and a green throw pillow are on the mattress, and a nightstand with a lamp is beside the bed.

2. PRODUCT FEATURES

- **Fresher Sleep and a Cleaner Planet:** Topped with breathable green tea Airflow memory foam, this mattress is designed to help you feel fresh and comfortable throughout the night. It ships in a new smaller box to support a reduced carbon footprint.
- **All Night Freshness:** The all-natural green tea infusion in every layer of this mattress keeps things fresh for many nights to come.
- **Breathable Pressure Relief:** Our extremely breathable Airflow memory foam maximizes airflow while relieving pressure and conforming to the shape of your body, enhancing circulation and decreasing stress on your joints.
- **Certified Safe Materials:** Crafted from high-quality CertiPUR-US certified foam and wrapped with an OEKO-TEX certified mattress cover, all produced without the use of harmful chemicals for safer, healthier sleep.
- **Worry-Free Warranty:** A 10-year limited warranty is included with the mattress.

Made with certified safe foam & fabric



**STANDARD
100**



Image: A close-up view of the ZINUS mattress surface, highlighting the CertiPUR-US and OEKO-TEX Standard 100 certifications, indicating safe foam and fabric materials.

The recipe for comfort

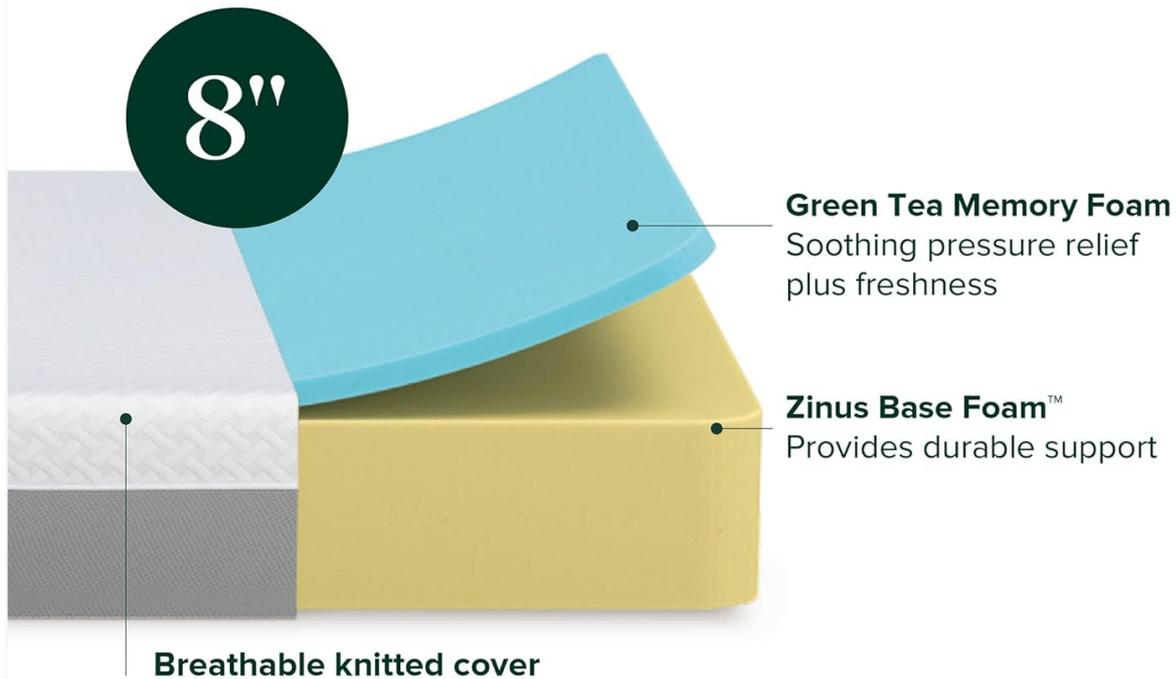


Image: An illustrative diagram detailing the internal layers of the 8-inch ZINUS mattress, showing the breathable knitted cover, Green Tea Memory Foam for pressure relief and freshness, and Zinus Base Foam for durable support. A firmness scale from Plush to Firm is also shown, with 'Medium' highlighted.

3. SETUP INSTRUCTIONS

Your ZINUS mattress is compressed and rolled for convenient shipping. Follow these steps for proper setup:

1. **Prepare the Area:** Choose a clean, flat surface in your bedroom, preferably on your bed frame or foundation. Ensure there is enough space for the mattress to expand.
2. **Unbox the Mattress:** Carefully remove the mattress from its shipping box. Do not use a sharp object to cut the plastic packaging, as this may damage the mattress.
3. **Unroll the Mattress:** Place the rolled mattress on your bed frame or foundation. Carefully cut and remove the outer plastic layer. The mattress will begin to unroll.
4. **Remove Inner Plastic:** Once unrolled, carefully cut and remove the inner plastic layer. The mattress will immediately begin to expand.
5. **Allow for Expansion:** Allow **24 to 72 hours** for your mattress to fully expand to its original shape and firmness. While it may appear fully expanded sooner, the full expansion time ensures optimal comfort and support.
6. **Ventilation:** Although ZINUS mattresses are designed to have minimal off-gassing, it is recommended to

ventilate the room during the expansion period.



Original vs. New Box

Original big box



Innovative,
smaller box

Conveniently
packed & delivered
to your doorstep



Same quick &
easy delivery with
a smaller carbon
footprint

Incredible comfort,
dependable value



Incredible comfort,
even more
dependable value

Image: A visual comparison highlighting the difference between the ZINUS 'Original big box' and the 'New smaller box' for mattress delivery, emphasizing the reduced carbon footprint of the new packaging.

4. OPERATING INSTRUCTIONS

Once fully expanded, your ZINUS mattress is ready for use. For optimal performance and longevity:

- **Proper Support:** Ensure your mattress is placed on a sturdy, flat, and supportive bed frame or foundation. This can include a slatted bed base (with slats no more than 3 inches apart), a box spring, or a platform bed. Inadequate support can affect mattress performance and void the warranty.
- **Weight Distribution:** The mattress is designed to distribute weight evenly. Avoid concentrating heavy weight on small areas or the edges for prolonged periods, as this can lead to premature wear. The weight limit for this Twin size mattress is 250 pounds.
- **Rotation:** While not strictly necessary for memory foam mattresses, rotating your mattress 180 degrees every 6-12 months can help promote even wear and extend its lifespan.

5. MAINTENANCE

Proper care will help maintain the quality and longevity of your ZINUS mattress:

- **Spot Clean Only:** The mattress cover is not removable or machine washable. For spills or stains, spot clean immediately using a mild detergent and a damp cloth. Blot the area gently; do not rub vigorously. Allow the area to air dry completely before covering with bedding.
- **Protect Your Mattress:** Consider using a mattress protector to shield against spills, stains, and allergens, which can significantly extend the life of your mattress.
- **Avoid Direct Sunlight:** Prolonged exposure to direct sunlight can degrade memory foam. Keep your mattress away from direct sunlight when possible.
- **Do Not Bend or Fold:** Do not bend, fold, or excessively crease the mattress once it has expanded, as this can damage the foam layers.

6. TROUBLESHOOTING

If you encounter any issues with your ZINUS mattress, please refer to the following common concerns:

Problem	Possible Cause	Solution
Mattress not fully expanded	Insufficient expansion time.	Allow up to 72 hours for full expansion. Ensure the room temperature is moderate (around 68-72°F or 20-22°C) as cooler temperatures can slow expansion.
Unusual odor	New product scent (harmless and temporary).	This is normal and will dissipate. Ensure good ventilation in the room during the first few days.
Mattress feels too firm/soft	Personal preference; mattress not fully adapted.	Allow a few weeks for your body to adjust to the new mattress. Memory foam softens slightly with use and body heat. Ensure the mattress has fully expanded.
Sagging or indentations	Inadequate bed frame support; normal body impressions.	Ensure your bed frame or foundation provides proper, even support. Minor body impressions (less than 1.5 inches) are normal for memory foam and not considered a defect.

7. SPECIFICATIONS

Feature	Detail
Brand	ZINUS
Model Number	ZU-MFMA1RZI-08T
Size	Twin
Product Dimensions	75"L x 39"W x 8"Th (190.5 x 99.06 x 20.32 cm)
Item Weight	28.6 pounds (12.97 kg)
Fill Material	Memory Foam, High Density Foam
Number of Layers	3

Feature	Detail
Top Style	Tight Top
Cover Material	Polyester
Color	White
Special Feature	Breathable, Pressure Relief
Weight Limit	250 Pounds (113.4 kg)
Care Instructions	Spot Clean Only
Certifications	CertiPUR-US, OEKO-TEX Standard 100



Image: An overhead view of the ZINUS 8 Inch Green Tea Essential Memory Foam Mattress, Twin size, with its dimensions clearly labeled: 39 inches wide, 75 inches long, and 8 inches thick.

The choice is yours



Image: A stack of three ZINUS mattresses, illustrating the different available heights: 8 inches, 10 inches, and 12 inches, allowing for various comfort preferences.

8. WARRANTY & SUPPORT

Your ZINUS 8 Inch Green Tea Essential Memory Foam Mattress comes with a **10-year limited warranty**. This warranty covers manufacturing defects and ensures your mattress meets the high-quality standards of ZINUS. Please refer to the warranty card included with your product for full terms and conditions, including what is covered and how to make a claim.

For customer support, warranty claims, or any questions not addressed in this manual, please visit the official ZINUS website or contact their customer service department. Keep your proof of purchase handy when contacting support.

For more information, visit the [ZINUS Store on Amazon](#).