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Dr. Scholl's Heavy Duty Support Insoles, Extra Support Insoles

Dr. Scholl's Heavy Duty & Extra Support Insoles Instruction Manual

Model: Heavy Duty Support Insoles, Extra Support Insoles

PRODUCT OVERVIEW

Dr. Scholl's Heavy Duty Support Insoles and Extra Support Insoles are engineered to provide superior comfort and support for individuals requiring enhanced foot care. These insoles are designed to reduce lower back pain, leg fatigue, and absorb shock, distributing pressure evenly across the foot. They are particularly beneficial for men over 200 lbs, tall individuals, or those with wide feet, offering all-day relief and support.



Image: Dr. Scholl's Heavy Duty Support Insoles and Extra Comfort All-Day Insoles shown in their respective packaging.

KEY FEATURES AND BENEFITS

- **Targeted Support:** Specially designed for men over 200 lbs, tall, and/or those with wide width feet.

- **All-Day Relief:** Provides continuous support and comfort throughout the day.
- **Enhanced Cushioning:** Features extra supportive heel cushioning to alleviate lower back pain and leg fatigue.
- **Shock Absorption:** Gel waves and reinforced arch support ensure superior shock absorption and even weight distribution.
- **Durable Construction:** Built to last, offering long-term performance.
- **Trim-to-Fit Design:** Can be trimmed to fit various shoe sizes (Men's 8-14).



Image: A diagram showing how Dr. Scholl's insoles provide arch support and distribute pressure across the foot.

SETUP AND INSTALLATION

1. **Remove Original Insoles:** Take out the existing insoles from your shoes.
2. **Trim to Fit (if necessary):** Place your original insole on top of the Dr. Scholl's insole, aligning the heel. Use a marker to trace the outline of your original insole, then carefully cut along the traced line with sharp scissors. The insoles are designed for men's shoe sizes 8-14 and can be trimmed for a custom fit.
3. **Insert Insoles:** Place the trimmed Dr. Scholl's insoles into your shoes with the fabric side up. Ensure they lie flat and do not bunch up.
4. **Adjust for Comfort:** Wear your shoes and walk around to ensure a comfortable fit. If needed, make

minor adjustments to the trimming.

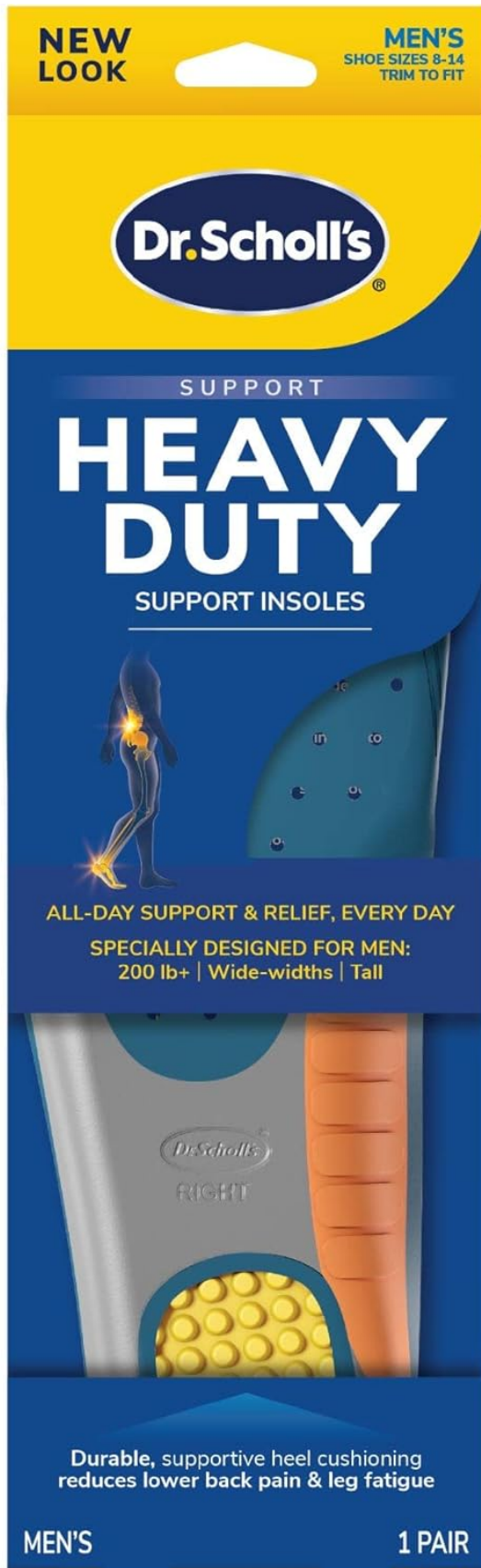


Image: Dr. Scholl's Heavy Duty Support Insole showing the size markings for precise trimming to fit various shoe sizes.

USAGE AND OPERATING INSTRUCTIONS

These insoles are designed for daily use in work boots, casual shoes, and sneakers. They provide continuous support and cushioning to help alleviate discomfort associated with prolonged standing or walking. The Massaging Gel technology in the Extra Support Insoles and the robust design of the Heavy

Duty Insoles work to absorb impact and distribute pressure, reducing strain on your feet and lower body. For optimal performance, ensure the insoles are correctly placed in your footwear. If you experience any discomfort, re-adjust their position or re-trim if necessary. It may take a few days for your feet to fully adapt to the new support.



Image: A detailed view of the Dr. Scholl's Heavy Duty Support Insole, displaying its top, bottom, and side profiles to highlight its ergonomic design and cushioning layers.

CARE AND MAINTENANCE

To maintain the effectiveness and hygiene of your Dr. Scholl's insoles, it is recommended to clean them regularly. Wipe the insoles with a damp cloth and mild soap. Allow them to air dry completely before reinserting them into your shoes. Do not machine wash or tumble dry, as this may damage the materials and compromise their supportive properties.

SAFETY INFORMATION

Always follow the provided directions for use to ensure proper fit and comfort. If you experience discomfort or irritation, discontinue use. Consult a healthcare professional if pain persists or worsens. These insoles are not intended to diagnose, treat, cure, or prevent any disease or health condition.

SPECIFICATIONS

Brand	Dr. Scholl's
Product Benefits	Arch Support, Shock Absorption, Pain Relief
Use for	Foot
Material	Gel
Color	Blue
Men's Shoe Sizes	8-14 (Trim to Fit)

LEGAL DISCLAIMER

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This product is intended for general foot comfort and support.

WARRANTY AND SUPPORT

Dr. Scholl's products are designed with quality and customer satisfaction in mind. For any questions regarding your insoles or for support, please refer to the contact information provided on the product packaging or visit the official Dr. Scholl's website. While specific warranty details are not provided here, many Dr. Scholl's products come with a satisfaction guarantee. Please retain your proof of purchase for any claims.