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Garmin Enduro 2

Garmin Enduro™ 2 Ultraperformance Watch User Manual

Model: Enduro 2

Introduction

The Garmin Enduro™ 2 is an ultraperformance GPS watch designed for endurance athletes, offering exceptional battery life, solar charging capabilities, and advanced navigation and performance metrics. This manual provides essential information for setting up, operating, and maintaining your device to ensure optimal performance.
Key features include a 1.4” Power Sapphire lens for solar charging, SatIQ technology for dynamic GPS mode selection, a rugged yet lightweight design with an UltraFit nylon band, preloaded TopoActive and ski maps, and a superbright LED flashlight. It also offers a variety of built-in sports apps and advanced performance metrics to enhance your training.

What's in the Box

Upon unboxing your Garmin Enduro™ 2, verify that all components are present:

- Enduro 2 Carbon gray DLC titanium with black UltraFit nylon strap
- Black silicone watch band
- Charging/data cable
- Documentation (this user manual and other guides)

Setup

1. Initial Charging

Before first use, fully charge your Enduro™ 2 watch. Connect the charging/data cable to the charging port on the back of the watch and to a USB power source. A full charge can take several hours. The watch display will indicate charging status.

2. Powering On and Initial Setup

Press and hold the **LIGHT** button (top left) to power on the watch. Follow the on-screen prompts to select your language, set time and date, and configure basic user profile information (e.g., age, weight, height) for accurate activity tracking.

3. Pairing with Garmin Connect App

For full functionality, pair your watch with the Garmin Connect app on your smartphone. Download the app from your device's app store. Open the app, create an account (if you don't have one), and follow the instructions to add your Enduro™ 2. This enables data synchronization, smart notifications, and access to additional features.



Figure 1: Garmin Enduro 2 watch face showing various metrics including VO2 Max, current temperature, and time. This is the primary display for daily use and activity tracking.

Operating the Garmin Enduro™ 2

The Enduro™ 2 features both traditional button controls and a responsive touchscreen interface for navigation and function access.

Button Functions

- **LIGHT:** Press to turn on/off backlight. Hold to access controls menu (e.g., power off, flashlight, Garmin Pay).
- **UP-MENU:** Press to scroll through widgets and data screens. Hold to access the main menu.
- **DOWN:** Press to scroll through widgets and data screens.
- **START-STOP:** Press to start/stop an activity or select an option.
- **BACK-LAP:** Press to return to the previous screen or record a lap during an activity.

Touchscreen Interface

Tap the screen to select options, swipe up/down to scroll, and swipe left/right to navigate between certain screens. The touchscreen can be enabled or disabled via the controls menu.

Activity Tracking and Sports Apps

The Enduro™ 2 comes with a variety of preloaded sports apps for activities like running, cycling, swimming, hiking, and more. To start an activity:

1. From the watch face, press the **START-STOP** button.
2. Scroll through the list of activities and select your desired activity (e.g., Trail Run, Ultra Run).
3. Wait for GPS signal acquisition (if applicable), then press **START-STOP** again to begin.



Figure 2: The activity selection screen on the Garmin Enduro 2, showing various running modes. Users can choose the appropriate activity

to track their performance.

GPS and Navigation

The watch features advanced GPS capabilities with SatIQ technology, dynamically determining the necessary GPS mode for optimal battery life and positional accuracy. Preloaded TopoActive and ski maps assist with navigation.

- **NextFork Map Guide:** Shows the distance to the next trail intersection and the name of the upcoming trail.
- **Grade-Adjusted Pace:** Helps you understand how to adjust your pace over varying terrain.

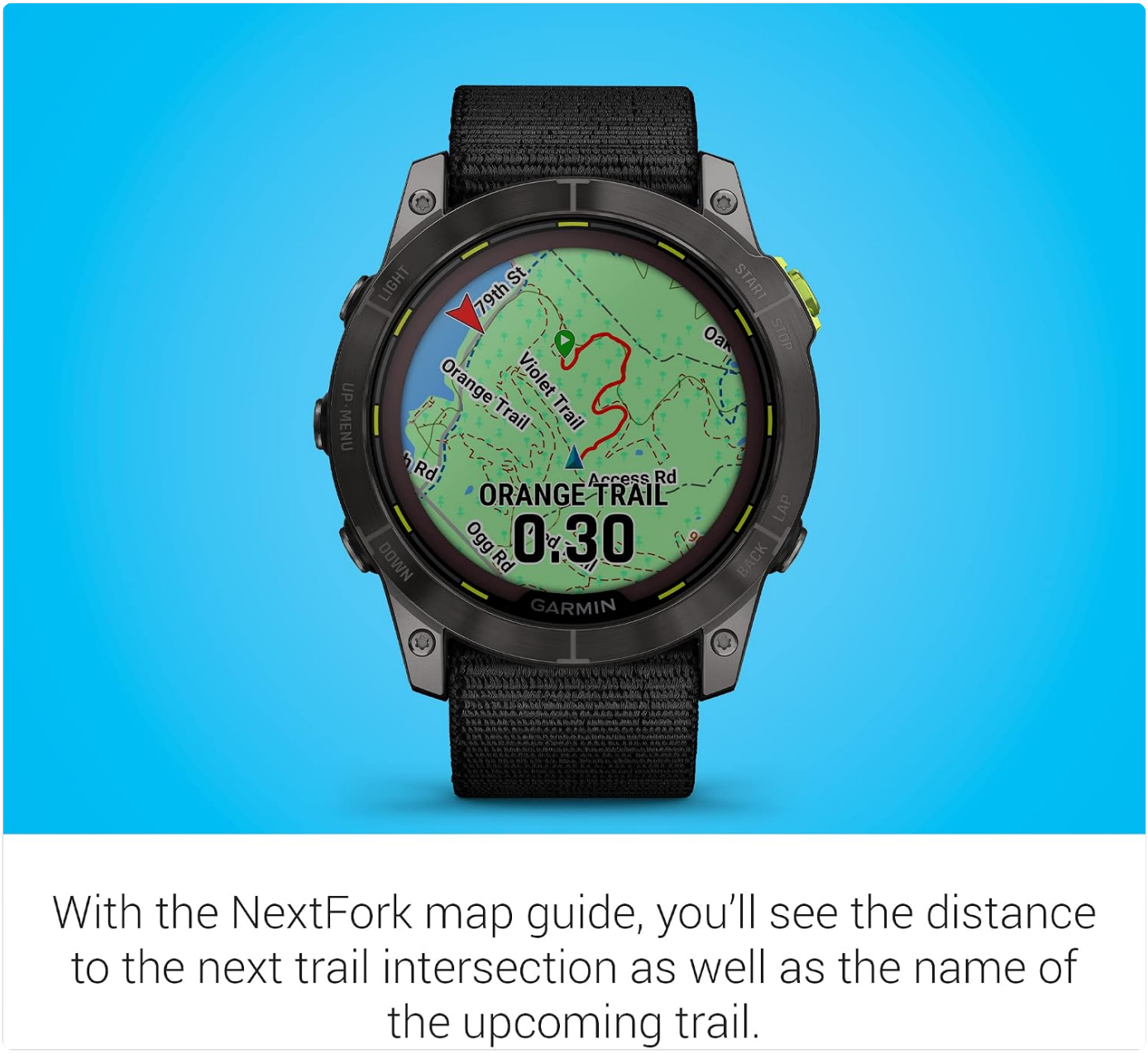


Figure 3: The NextFork map guide feature on the Enduro 2, showing a trail map with the distance to the next intersection. This aids in navigating complex trail systems.



Figure 4: The grade-adjusted pace screen on the Garmin Enduro 2, showing current pace adjusted for terrain elevation, along with total ascent and vertical speed. This helps athletes manage effort on varied topography.

Solar Charging

The 1.4” Power Sapphire lens harvests solar energy, extending battery life. Exposure to direct sunlight for several hours daily can significantly prolong the time between charges, especially in smartwatch mode and GPS mode.

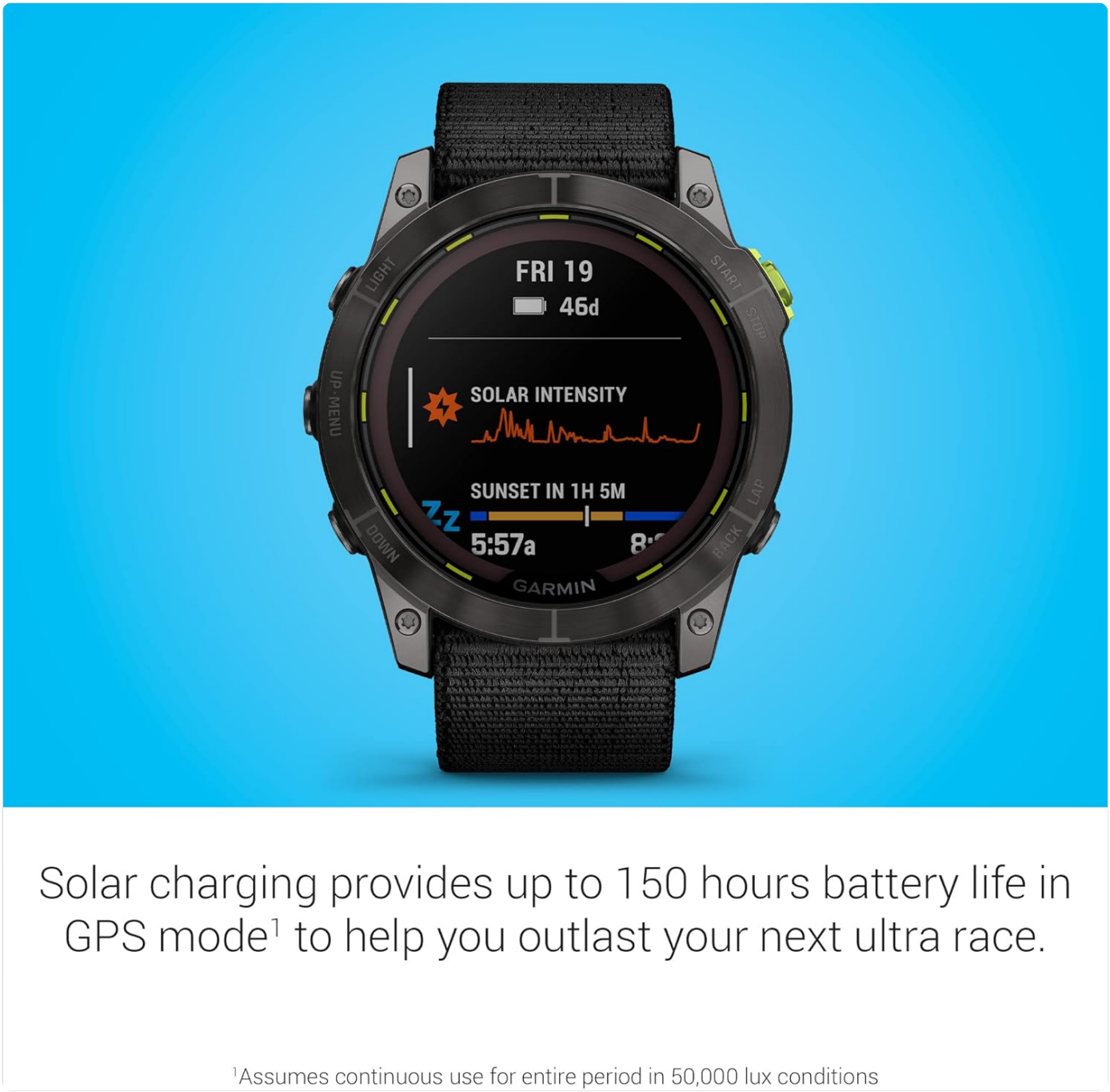


Figure 5: The solar intensity display on the Garmin Enduro 2, showing a graph of recent solar exposure and the estimated remaining battery life. This feature helps users optimize solar charging.

LED Flashlight

The watch includes a superbright LED flashlight with variable intensities and a strobe mode that matches your running cadence. A red safety light mode is also available for night running.



A superbright LED flashlight offers variable intensities, a strobe that matches your running cadence and red safety light mode for running at night.

Figure 6: The LED flashlight feature activated on the Garmin Enduro 2, showing the flashlight icon and battery status. This provides convenient illumination in low-light conditions.

Maintenance

Cleaning the Device

Regularly clean your watch to maintain its appearance and functionality. Rinse the watch with fresh water after exposure to sweat, dirt, or chemicals. Use a soft, lint-free cloth to wipe the device dry. For the watch bands, follow Garmin's specific cleaning instructions, usually involving rinsing with water and mild soap if necessary.

Battery Care

To maximize battery lifespan, avoid exposing the watch to extreme temperatures. While solar charging extends battery life, occasional full charges via the charging cable are recommended. Store the device in a cool, dry place when not in use for extended periods.

Troubleshooting

Common Issues and Solutions

- **Watch not turning on:** Ensure the device is fully charged. Connect it to the charging cable and a power source for at least 30 minutes.
- **GPS not acquiring signal:** Ensure you are in an open area with a clear view of the sky. Allow several minutes for the watch to acquire satellites. Syncing with the Garmin Connect app can update satellite data, speeding up acquisition.
- **Inaccurate heart rate data:** Ensure the watch is worn snugly on your wrist, above the wrist bone. Clean the optical sensor on the back of the watch.
- **Battery draining quickly:** Reduce backlight brightness, disable unnecessary features (e.g., Wi-Fi, continuous pulse oximetry), and ensure the watch software is up to date. Maximize solar exposure.
- **Watch not syncing with phone:** Ensure Bluetooth is enabled on both the watch and your phone. Restart both devices. Re-pair the watch through the Garmin Connect app if necessary.

For more detailed troubleshooting or issues not listed here, please refer to the official Garmin support website or contact Garmin customer service.

Specifications

Feature	Detail
Brand	Garmin
Model Number	Enduro 2
Screen Size	1.4 Inches (35.56 mm diameter)
Display Type	Sunlight-visible, transflective memory-in-pixel (MIP)
Lens Material	Power Sapphire™
Case Material	Titanium
Weight	70 Grams (2.47 ounces)
Memory Storage Capacity	32 GB
Connectivity Technology	Bluetooth, USB
GPS	GPS Enabled (Multi-band GNSS with SatIQ™ technology)
Battery Type	Rechargeable internal lithium-ion
Battery Life (Smartwatch Mode)	Up to 34 days / 46 days with solar*

Feature	Detail
Battery Life (GPS Mode)	Up to 110 hours / 150 hours with solar**

*Assumes all-day wear with 3 hours per day outside in 50,000 lux conditions.

**Assumes continuous use for entire period in 50,000 lux conditions.

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For specific warranty details beyond the Amazon Renewed Guarantee, or for technical support, software updates, and additional resources, please visit the official Garmin support website. You can typically find FAQs, troubleshooting guides, and contact information for customer service there.
For the most up-to-date information, please refer toGarmin's Official Support Page.

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