

HealthRelife A337

HealthRelife A337 Massage Chair User Manual

Model: A337 | Brand: HealthRelife

1. INTRODUCTION

The HealthRelife A337 Massage Chair is designed to provide a comprehensive and relaxing massage experience. It features 40 airbags strategically positioned from shoulder to foot, applying rhythmic pressure to relieve muscle tension and improve blood circulation. The chair incorporates an intelligent scanning system to customize the massage to your body's specific points, utilizing a long SL guide rail for optimal spinal alignment and muscle tension relief.

Key Features:

- **Full Body Airbags Massage:** 40 airbags provide rhythmic pressure from shoulder to foot.
- **Long SL Track & Intelligent Human Scanning System:** Automatically customizes massage based on shoulder width and height, following the spine's natural curvature.
- **Multi-function Quick Control:** User-friendly control panel on the right armrest and a versatile remote control with LCD screen on the left armrest.
- **Bluetooth Connectivity:** Connect your device to enjoy music during your massage.
- **3-Year Guarantee:** HealthRelife provides a 3-year guarantee for performance and reliability.



Image 1.1: Overview of the HealthRelife A337 Massage Chair highlighting its main features.

2. SAFETY INFORMATION

Please read the assembly and use instructions carefully before using the massage chair. Do not use the chair if it is damaged or if any part is missing. Do not expose the chair to rain or excessive moisture. Keep the chair away from sources of excessive heat, such as stoves or radiators. Do not use the chair if you feel dizzy, have high blood pressure or any medical condition that may be affected by the massage. If you experience pain or discomfort during the use of the chair, stop the massage and consult a doctor if necessary.

3. SETUP

The HealthRelife A337 Massage Chair includes assembly instructions. Follow these instructions carefully for proper setup.

3.1 Unpacking

1. Carefully remove all packaging materials.
2. Inspect all components for any damage. Contact customer support immediately if any parts are damaged or missing.
3. Keep packaging materials until you are satisfied with the product.

3.2 Assembly

1. Refer to the included assembly guide for step-by-step instructions.
2. Ensure all connections are secure before use.

3.3 Placement

1. Place the massage chair on a hard, level floor.
2. Ensure adequate space around the chair for reclining and movement.
3. Avoid placing the chair near heat sources or in direct sunlight.



Image 3.1: Side view of the massage chair, illustrating its dimensions and design for placement considerations.

4. OPERATING INSTRUCTIONS

4.1 Power On/Off

- Connect the power cord to a suitable electrical outlet.
- Press the power button on the control panel or remote to turn the chair on or off.

4.2 Control Methods

The A337 massage chair offers multiple ways to control your massage experience:

- **7-Inch Touch Screen Hand Controller:** A dedicated touch screen for detailed control.
- **APP Control:** Use a smartphone application to manage settings.
- **Armrest Shortcut Keys:** Convenient buttons on the armrest for quick adjustments.

- **Intelligent Voice Control:** Use voice commands for hands-free operation.

FULL BODY AIRBAG MASSAGE

Experience the wave-like kneading sensation

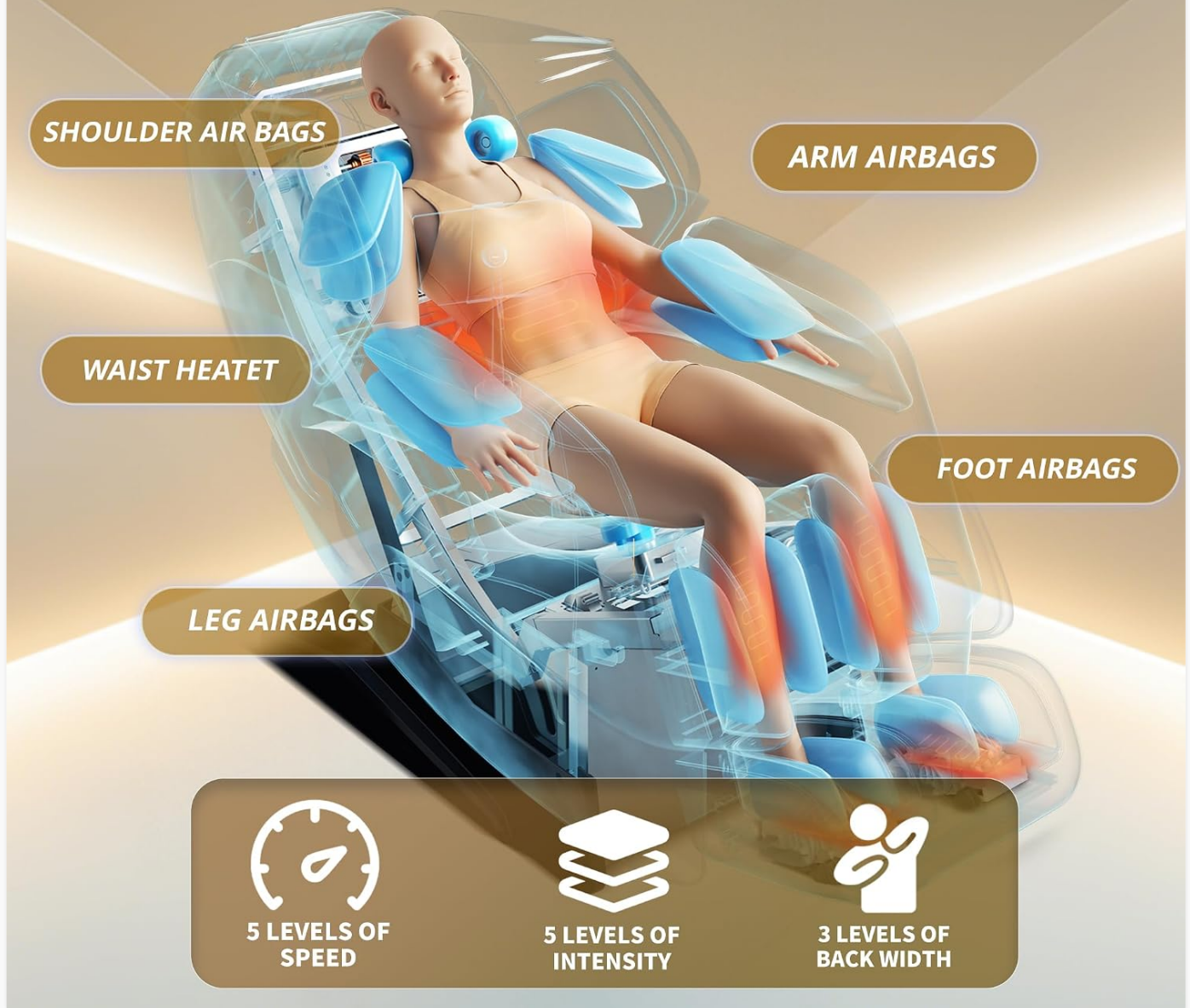


Image 4.1: Illustration of the various control methods available for the massage chair, including touch screen, app, armrest keys, and voice control.

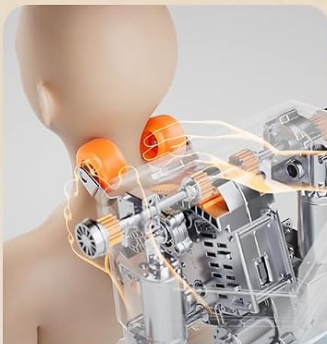
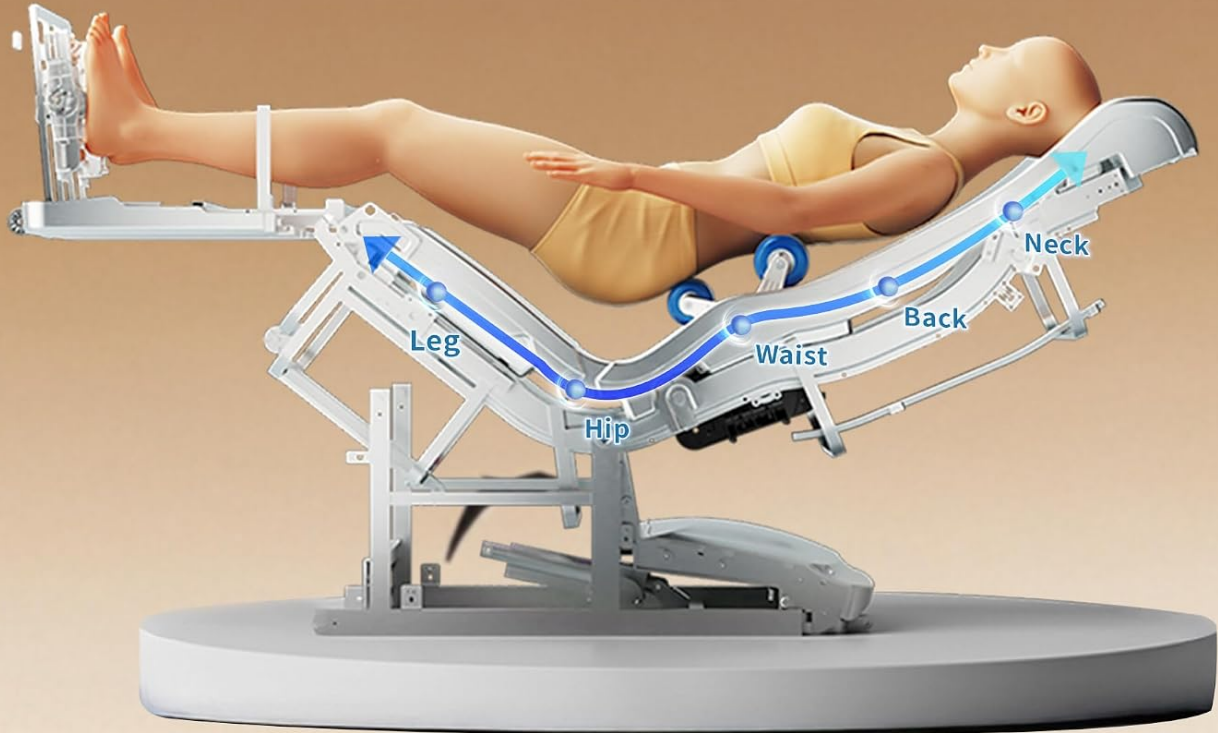
4.3 Massage Techniques

The chair offers 9 distinct massage techniques, including:

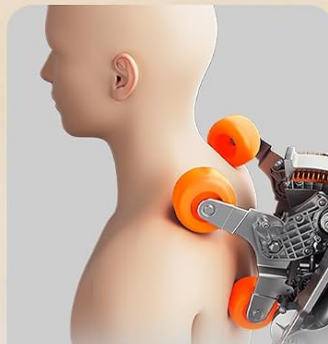
- Knead
- Tap
- Knock
- Knead Pat
- Shiatsu
- 4D Shiatsu
- 4D Knead & Tap

- 4D Tap
- 4D Knead

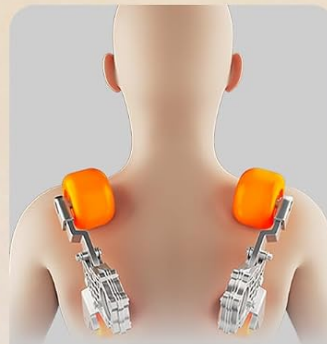
INNOVATIVE 4D MASSAGE



Massage sensation of human hands



10.5cm Forward Extension for Deep Massage



6-21cm Adjustable Width



5 Adjustable Intensity Levels

Image 4.2: Visual representation of the nine massage techniques available, including various kneading, tapping, and Shiatsu options.

4.4 Full Body Airbag Massage

Experience wave-like kneading sensations with 40 airbags located in the shoulders, arms, waist, legs, and feet. Adjust the speed, intensity, and back width to personalize your air compression massage.

4 CONTROL METHODS

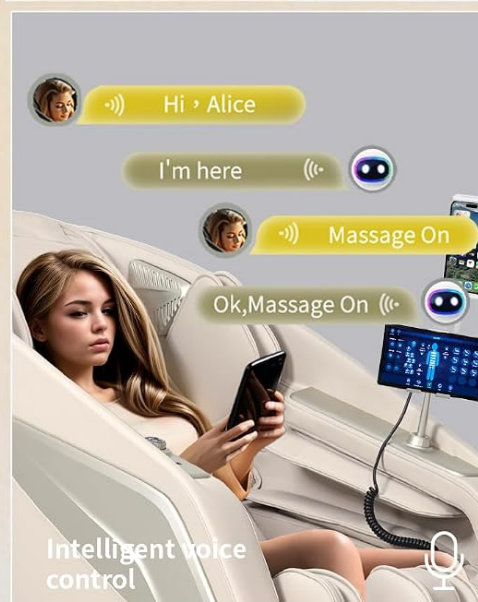


Image 4.3: Diagram showing the distribution of airbags for full body compression massage, including shoulder, arm, waist, leg, and foot areas.

4.5 SL Track & Intelligent Body Scanning

The chair features a long SL guide rail that ensures the massage rollers follow the natural curvature of your spine from neck to hip. The intelligent human scanning system automatically detects your shoulder width and height to provide a customized and precise massage.

9 MASSAGE TECHNIQUES



Image 4.4: Illustration of the innovative 4D massage mechanism, showing the SL track and adjustable massage components for neck, back, waist, hip, and leg.

4.6 Bluetooth Connectivity

To connect your device via Bluetooth:

- Ensure the massage chair is powered on.
- Enable Bluetooth on your smartphone or other device.
- Search for available devices and select "HealthRelife A337" (or similar name).
- Once connected, you can play audio through the chair's integrated speakers.

5. MAINTENANCE

5.1 Cleaning

- Always unplug the chair before cleaning.
- Wipe clean with a soft, damp cloth. Do not use abrasive cleaners or solvents.
- Ensure the chair is completely dry before plugging it back in.

5.2 Storage

- Store the chair in a cool, dry place away from direct sunlight and moisture.
- Cover the chair to protect it from dust if storing for an extended period.

6. TROUBLESHOOTING

Problem	Possible Cause	Solution
Chair does not power on.	Power cord not connected; Power outlet not working; Power switch off.	Ensure power cord is securely plugged in; Test outlet with another device; Turn power switch on.
Massage feels too weak/strong.	Intensity settings are incorrect.	Adjust massage intensity using the control panel or remote.
Bluetooth not connecting.	Bluetooth on device is off; Chair not in pairing mode; Interference.	Ensure Bluetooth is enabled on your device; Restart chair and device; Move closer to the chair.
Unusual noises during operation.	Loose components; Obstruction; Normal operating sounds.	Check for loose parts and tighten if necessary; Ensure no objects are obstructing moving parts; If noise is excessive or unusual, contact support.

7. SPECIFICATIONS

Feature	Detail
Brand	HealthRelife
Model Name	A337
Model Number	HR337-White
Color	Blue
Material	Stainless Steel, Faux Leather (Seat)
Size	Large
Item Weight	89 kg

Feature	Detail
Special Feature	Heated
Recommended Uses	Office, Relaxing, Sleeping
Assembly Required	Yes (Includes assembly instructions)
Maximum Weight Recommendation	330 pounds
Product Dimensions	144.8 x 72.4 x 114.3 cm

8. WARRANTY AND SUPPORT

HealthRelife provides a **3-year guarantee** for the A337 Massage Chair, ensuring its performance and reliability. This warranty covers manufacturing defects and malfunctions under normal use.

If you have any questions about your massage chair, require technical assistance, or need to make a warranty claim, please contact the HealthRelife customer support team. Contact information can typically be found on the product packaging or the official HealthRelife website.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question