Bennett Read KAF160

Bennett Read Digital Air Fryer

6 Litre Capacity - Instruction Manual

1. Introduction

Thank you for choosing the Bennett Read Digital Air Fryer. This appliance is designed to provide a healthier way to cook your favorite meals, utilizing rapid air circulation technology to cook food with little to no oil. Please read this manual thoroughly before first use to ensure safe and optimal performance.

2. Important Safety Instructions

When using electrical appliances, basic safety precautions should always be followed, including the following:

- Do not touch hot surfaces. Use handles or knobs.
- To protect against electric shock, do not immerse cord, plugs, or the appliance in water or other liquid.
- Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
- Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions or has been damaged in any manner.
- Do not use outdoors.
- Do not let cord hang over edge of table or counter, or touch hot surfaces.
- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.
- Do not use the appliance for other than intended use.
- Ensure the drawer is properly inserted before operating.

3. Product Overview

The Bennett Read Digital Air Fryer features a sleek design with a digital touch LED display and a spacious 6-litre non-stick drawer.



Figure 3.1: Front view of the Bennett Read Digital Air Fryer, 6 Litre Capacity, showcasing its digital display and handle.



Figure 3.2: The air fryer with its drawer open, revealing a basket filled with crispy fried chicken and golden French fries, demonstrating its cooking capability.



Figure 3.3: The air fryer with its drawer open, showing a perfectly roasted chicken surrounded by potatoes and vegetables, highlighting its versatility for various meals.

Components:

- **Main Unit:** Houses the heating element and fan.
- **Digital Touch LED Display:** For setting time, temperature, and selecting presets.
- **Control Panel:** Includes power, temperature, time, and preset buttons.
- **6 Litre Non-Stick Drawer:** The main cooking compartment.
- **Removable Fry Tray:** Sits inside the drawer, allowing fat to drain.
- **Handle:** For safely pulling out the drawer.

4. Setup

1. **Unpack:** Carefully remove all packaging materials and promotional labels from the air fryer.
2. **Clean:** Wash the non-stick drawer and fry tray with hot water, dish soap, and a non-abrasive sponge. Wipe the inside and outside of the appliance with a damp cloth.
3. **Position:** Place the air fryer on a stable, heat-resistant surface, away from walls or other appliances to allow for proper air circulation. Ensure there is at least 10 cm of free space on the back, sides, and above the appliance.
4. **Power:** Plug the power cord into a grounded wall outlet.
5. **First Use (Burn-in):** For the first use, it is recommended to run the air fryer empty for about 10-15 minutes at 180°C (350°F) to burn off any manufacturing residues. A slight odor may be present, which is normal and will dissipate.

5. Operating Instructions

The Bennett Read Digital Air Fryer is equipped with a digital touch LED display and 8 one-touch preset functions for ease of use.

Basic Operation:

1. **Prepare Food:** Place the food you wish to air fry into the fry tray, which is inserted into the non-stick drawer. Do not overfill the basket.
2. **Insert Drawer:** Slide the drawer back into the main unit until it clicks securely into place.
3. **Power On:** Press the power button on the digital display.
4. **Set Temperature and Time:** Use the temperature control buttons (usually + and - icons) to adjust the cooking temperature. Use the time control buttons to set the desired cooking time.
5. **Start Cooking:** Press the start/pause button to begin the air frying process. The fan and heating indicator lights will illuminate.
6. **Shake/Flip (Optional):** For even cooking, especially with smaller items like fries, pull out the drawer halfway through the cooking time and gently shake or flip the food. The air fryer will pause automatically when the drawer is opened and resume when closed.
7. **Finish:** The air fryer will beep when the cooking time is complete. Carefully pull out the drawer and remove the food.

Using Preset Functions:

The air fryer comes with 8 one-touch preset functions that automatically set the optimal temperature and time for common dishes.

- After powering on, press the preset icon (often represented by a 'M' or menu icon) to cycle through the available presets.

- Each press will select a different preset (e.g., fries, chicken, fish, steak, cake, shrimp, bacon, roast).
- Once the desired preset is selected, press the start button. The air fryer will automatically begin cooking with the pre-programmed settings.
- You can manually adjust the time and temperature even after selecting a preset if needed.

6. Cooking Guide

The following table provides general guidelines for cooking various foods. Cooking times and temperatures may vary based on food quantity, size, and desired crispiness. Always use a food thermometer to ensure food is cooked to a safe internal temperature.

Food Item	Quantity	Temperature	Time	Notes
Frozen Fries (thin)	300-500g	200°C (390°F)	15-20 min	Shake halfway.
Chicken Drumsticks	4-6 pcs	180°C (350°F)	20-25 min	Flip halfway.
Steak (medium)	1-2 pcs	200°C (390°F)	10-15 min	Flip halfway.
Fish Fillets	2-3 pcs	170°C (340°F)	12-18 min	Check for flakiness.
Vegetables (mixed)	300-400g	180°C (350°F)	10-15 min	Shake halfway.

7. Maintenance and Cleaning

Regular cleaning will extend the life of your air fryer and ensure optimal performance.

1. **Unplug and Cool:** Always unplug the air fryer from the power outlet and allow it to cool down completely before cleaning.
2. **Clean Drawer and Fry Tray:** The non-stick drawer and fry tray are dishwasher-safe. Alternatively, wash them with hot water, dish soap, and a non-abrasive sponge. For stubborn residue, soak them in hot water for about 10 minutes.
3. **Clean Interior:** Wipe the inside of the appliance with a damp cloth and mild detergent. Do not use abrasive cleaners or metal scouring pads.
4. **Clean Exterior:** Wipe the exterior of the air fryer with a damp cloth. Do not immerse the main unit in water or any other liquid.
5. **Heating Element:** If necessary, gently clean the heating element with a soft brush to remove any food residue. Ensure the appliance is completely cool and unplugged.
6. **Storage:** Ensure all parts are clean and dry before storing the air fryer in a cool, dry place.

8. Troubleshooting

If you encounter issues with your air fryer, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Air fryer does not turn on.	Not plugged in; Drawer not fully closed.	Ensure power cord is securely plugged in; Push drawer firmly until it clicks into place.

Problem	Possible Cause	Solution
Food is not cooked evenly.	Basket overloaded; Food not shaken/flipped.	Cook in smaller batches; Shake or flip food halfway through cooking.
White smoke coming from appliance.	Grease residue from previous use; High fat content food.	Clean the drawer and fry tray thoroughly; Drain excess fat from food.
Food is not crispy.	Too much moisture; Not enough oil (if applicable); Temperature too low.	Pat food dry before cooking; Lightly brush with oil; Increase temperature or cooking time.

If the problem persists after trying these solutions, please contact customer support.

9. Specifications

- **Model Number:** KAF160
- **Brand:** Bennett Read
- **Capacity:** 6 Liters
- **Power / Wattage:** 1600W
- **Material:** Stainless Steel
- **Color:** Multicolor
- **Item Weight:** 4.6 kg
- **Product Dimensions:** 42D x 38.5W x 66.6H centimetres
- **Special Features:** Non-Stick Coating, One Touch Preset Functions

10. Warranty and Support

For warranty information and customer support, please refer to the warranty card included with your purchase or visit the official Bennett Read website. Keep your proof of purchase for any warranty claims.
Website: www.bennettread.co.za (Example link, please refer to actual product documentation)
Customer Service: Refer to contact details provided in your product packaging.

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Answered questions about this manual

Why is my Bennett Read KAF160 Air Fryer drawer stuck and won't open after cooking chicken?

If your Bennett Read KAF160 Air Fryer drawer is stuck after cooking, it is likely due to a vacuum seal created by cooling air or food residue/grease acting as an adhesive between the drawer...

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