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Motorola MOSWZ40-PB

Motorola Moto 40 Smartwatch Instruction Manual

Model: MOSWZ40-PB | Brand: Motorola

INTRODUCTION

The Motorola Moto 40 Smartwatch is designed for individuals with an active lifestyle, offering a blend of functionality and style. This manual provides essential information for setting up, operating, and maintaining your device.



Image: Motorola Moto 40 Smartwatch in Phantom Black, showcasing its rectangular display and silicone band.

WHAT'S IN THE BOX

Upon unboxing your Motorola Moto 40 Smartwatch, you should find the following items:

- Motorola Moto 40 Smartwatch
- 60 cm black USB-A charging cable with POGO Pins (with Magnets)
- Quick Start Guide

SETUP

1. Charging Your Smartwatch

Before initial use, fully charge your smartwatch. Connect the provided USB-A charging cable to a compatible USB power

adapter (not included) and attach the magnetic POGO pins to the charging contacts on the back of the watch. The watch display will indicate charging status.

2. Powering On/Off

To power on, press and hold the side button until the Motorola logo appears. To power off, press and hold the side button, then select 'Power Off' on the screen.

3. Pairing with Your Smartphone

1. Download the 'Moto Watch OS' application from the Apple App Store (for iOS devices) or Google Play Store (for Android devices).
2. Enable Bluetooth on your smartphone.
3. Open the 'Moto Watch OS' app and follow the on-screen instructions to pair your Motorola Moto 40 Smartwatch. Ensure your watch is powered on and discoverable.

KEY FEATURES

Crystal Clear Display

The Motorola Moto 40 features a 1.5-inch crystal-clear display, providing sharp and vibrant visuals for effortless navigation and clear visibility in various lighting conditions.



Image: The Motorola Moto 40 Smartwatch display showing time, date, heart rate, steps, and weather information.

Extended Battery Life

Enjoy up to 10 days of battery life on a single charge, allowing your smartwatch to keep pace with your active lifestyle without frequent recharging.

Never miss a beat.

Calls, texts, and alerts delivered straight to your wrist.



Image: Visual representation of the smartwatch battery lasting from Day 1 to Day 10 with various activities.

Comprehensive Health Tracking

Monitor your well-being with Always-On Heart Tracking, In-Depth Sleep Tracking, and SpO2 sensors. The watch also offers activity tracking for various exercises, helping you optimize your health and wellness goals.



Heart-Rate



Sleep



SpO2



Activities



Steps



Calories

Effortless Health Insights

Track progress, sync with Google
Fit, achieve goals.

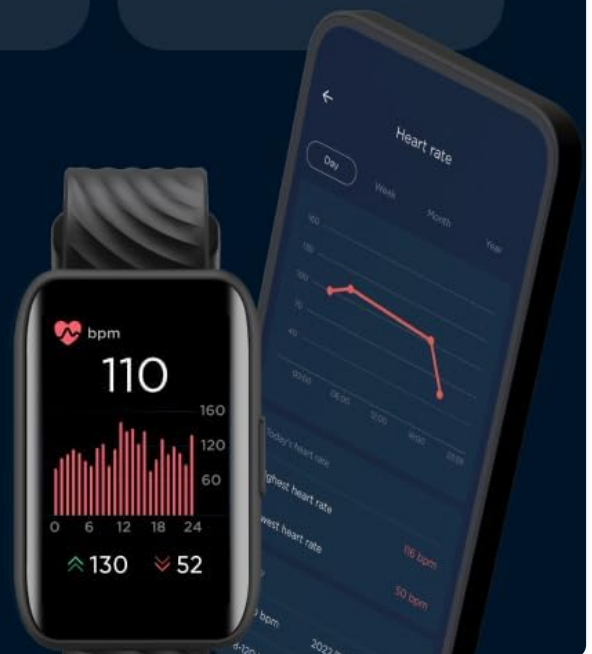


Image: Icons representing heart rate, sleep, SpO2, activities, steps, and calories, with a smartwatch displaying heart rate data.

Smart Notifications

Stay connected effortlessly with smart notifications that keep you informed of calls, messages, and app alerts directly on your wrist, ensuring you never miss an important update.



Your personal weather radar

Weather forecasts at your fingertips.

29°C
Sunny
↗ 28° ↘ 26°

Image: A person checking a text message notification on their Motorola Moto 40 Smartwatch.

Customization

Personalize your smartwatch with unique watch faces, including the option to use your own photos, to express your individual style.

Express yourself

with unique watch faces, even
your own photos.

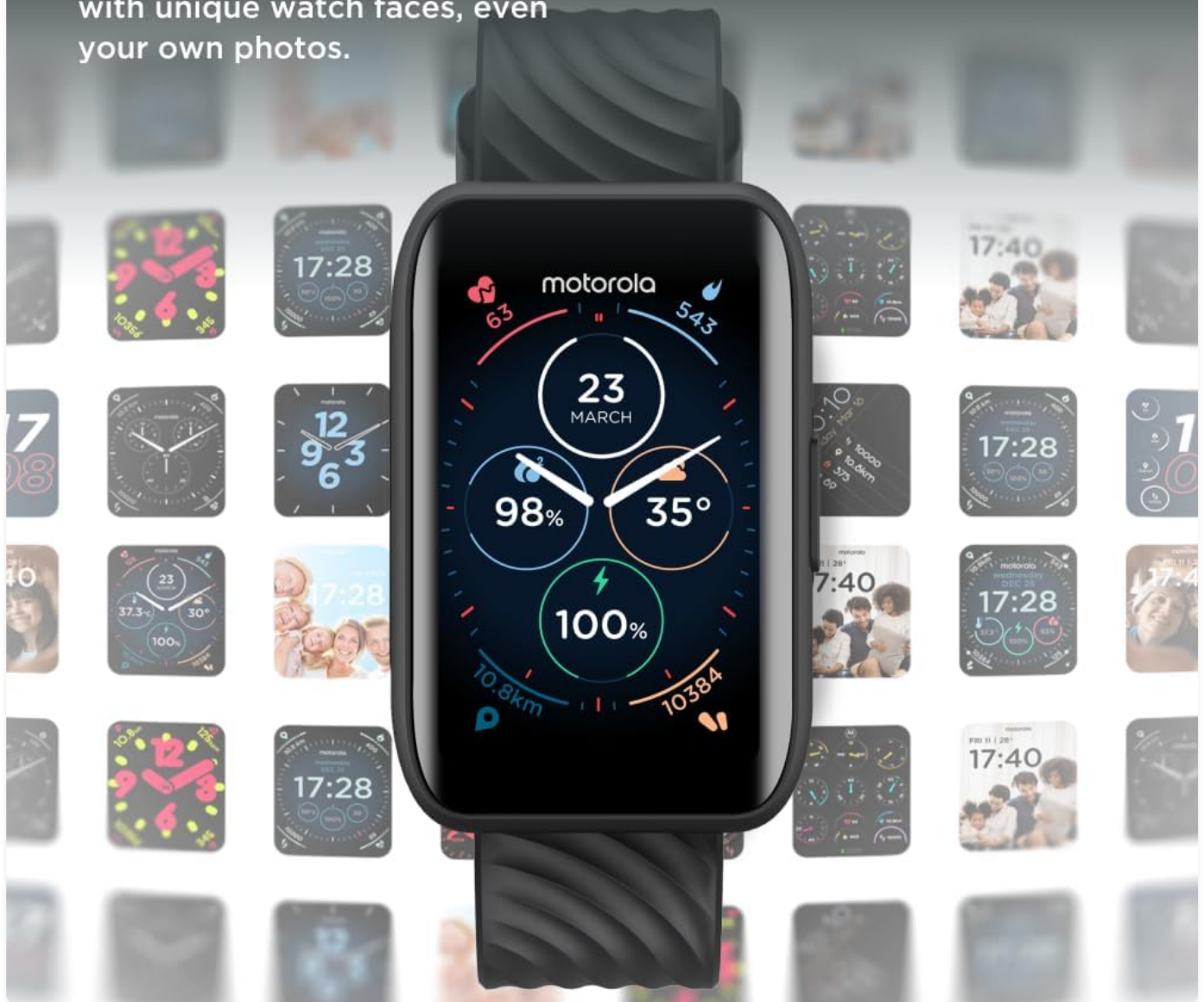


Image: The Motorola Moto 40 Smartwatch surrounded by multiple customizable watch face options.

OPERATING INSTRUCTIONS

Basic Navigation

- **Swipe Up/Down:** Scroll through notifications, quick settings, or menu options.
- **Swipe Left/Right:** Access different widgets or health data screens.
- **Tap:** Select an item or open an application.
- **Side Button:** Press to return to the watch face or access the app menu.

Using Health Tracking Features

From the main watch face, swipe to access your health metrics. Tap on specific metrics like Heart Rate, Sleep, or SpO2 to view detailed data. Ensure the watch is worn snugly on your wrist for accurate readings.

Managing Notifications

When a notification arrives, it will appear on your watch screen. Swipe up or down to read the full message. You can dismiss notifications by swiping left or right (depending on the app).

Starting a Workout

Access the 'Activities' app from the main menu. Select your desired workout type (e.g., running, walking). The watch will begin tracking your activity, including duration, heart rate, and calories burned. End the workout by following the on-screen prompts.

MAINTENANCE

Cleaning

Regularly clean your smartwatch and band to prevent skin irritation and maintain device functionality. Use a soft, damp cloth to wipe the screen and band. Avoid harsh chemicals or abrasive materials.

Water Resistance

The Motorola Moto 40 Smartwatch is rated IP67 for water resistance, meaning it is protected against dust and can withstand immersion in up to 1 meter of fresh water for up to 30 minutes. It is suitable for daily use and splashes, but it is **not recommended for water-related activities such as swimming or showering**

TROUBLESHOOTING

Watch Not Powering On

Ensure the watch is fully charged. If it still doesn't power on, try connecting it to the charger for at least 30 minutes.

Unable to Pair with Phone

Check that Bluetooth is enabled on your phone and the 'Moto Watch OS' app is open. Ensure the watch is within range and not already paired with another device. Restarting both the watch and phone can often resolve connectivity issues.

Inaccurate Health Readings

Ensure the watch is worn snugly on your wrist, not too loose or too tight. Clean the sensors on the back of the watch. Environmental factors or excessive movement during measurement can affect accuracy.

OFFICIAL PRODUCT VIDEOS

Motorola Moto 40 Smartwatch Overview

Video: An official overview of the Motorola Moto 40 Smartwatch, highlighting its design and core functionalities.

Motorola Moto 40 Smartwatch Features

Video: A detailed look at the various features of the Motorola Moto 40 Smartwatch, including health tracking and smart notifications.

SPECIFICATIONS

Feature	Detail
Model Number	MOSWZ40-PB
Product Dimensions	2.68 x 6.3 x 1.14 inches
Item Weight	4.6 ounces (0.13 Kilograms)
Standing Screen Display Size	1.57 Inches
Operating System	Moto Watch OS
Special Feature	Activity Tracker, Heart Rate Monitor, Sleep Tracker, SpO2 Sensor, Notifications
Battery Capacity	240 Milliamp Hours
Battery Life	Up to 10 days
Connectivity Technology	Bluetooth
Wireless Communication Standard	Bluetooth
Water Resistance	IP67 (not for swimming)
GPS	GPS Via Smartphone
Manufacturer	CE Brands International Inc

WARRANTY AND SUPPORT

For detailed warranty information and customer support, please refer to the documentation included with your product or visit the official Motorola support website. You can also find additional information on the product's Amazon detail page.
Manufacturer: CE Brands International Inc

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Anonymous

Email

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

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