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HanaWood HW-W15

HanaWood 15-Piece Wood Therapy Massage Tools Set (Model HW-W15) Instruction Manual

Brand: HanaWood | Model: HW-W15

Introduction

This manual provides instructions for the HanaWood 15-Piece Wood Therapy Massage Tools Set, designed for body and face sculpting, muscle pain relief, and lymphatic drainage. Crafted from natural wood, these tools offer an ergonomic design for targeting various body parts.

Product Contents

Your HanaWood 15-Piece Wood Therapy Massage Tools Set includes the following items:

- 8 facial massage tools
- 1 wooden scraping board
- 1 square five-bead roller massager
- 1 nine-wheel curved roller massager
- 1 nine-wheel vertical roller massager
- 1 wooden back massage roller rope tool
- 1 moon-shaped gua sha board
- 1 wooden mushroom massager
- Instruction Manual
- Velvet Storage Bag



Image: All 15 wooden massage tools, the instruction manual, and the velvet storage bag included in the set.

Setup

The HanaWood Wood Therapy Massage Tools require no assembly. Upon receiving your set, remove all items from the packaging. Familiarize yourself with each tool by referring to the 'Product Contents' section and the included instruction manual.



Image: An overview of the 15 distinct wooden massage tools, showcasing their individual designs and dimensions.

Operating Instructions

Each tool in this set is designed with an ergonomic shape to effectively target specific areas of the body. For optimal results, it is recommended to use the tools for at least 10 minutes daily.

General Usage Guidelines

- Identify the specific body part you wish to massage (e.g., arms, neck, back, waist, legs, feet).
- Select the appropriate tool based on its design and the area to be treated. The included instruction manual provides guidance on tool-specific applications.
- Apply gentle to moderate pressure, moving the tool in consistent strokes. Adjust pressure according to your comfort level.
- For lymphatic drainage, stroke towards the nearest lymph nodes.
- For muscle relief, focus on areas of tension or soreness.
- For body sculpting, use consistent, firm strokes in desired areas.

Specific Tool Applications

Refer to the detailed instruction manual provided with your set for specific techniques and target areas for each of the 15 tools.



Image: A user demonstrating the application of a wooden roller massager on the leg, illustrating a common use case.



Image: Detailed views of wooden facial massagers in use, highlighting their application for facial sculpting and relaxation.



Image: A composite image illustrating the versatility of the wooden massage tools across different body areas for targeted relief.

Your browser does not support the video tag.

Video: A demonstration of the HanaWood 15-piece wood massage tool set, showcasing various tools in use for different body parts and explaining their benefits.

Maintenance

To ensure the longevity and hygiene of your wooden massage tools, follow these maintenance guidelines:

- **Cleaning**: After each use, wipe the tools with a clean, damp cloth. For deeper cleaning, use a mild soap solution, then wipe thoroughly with a clean, dry cloth.
- **Drying**: Ensure tools are completely dry before storing. Do not soak in water.
- **Storage**: Store the tools in the provided velvet bag in a cool, dry place.
- **Avoid Extreme Conditions**: Do not place the wooden massagers in cold, humid places to prevent mold. Avoid prolonged exposure to direct sunlight to prevent deformation and cracking.

Safety Information

- **Caution**: Keep away from eyes.
- **Children**: Not suitable for children.
- **Handling**: Handle with care to avoid splinters.
- **Medical Disclaimer**: Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. Consult a healthcare professional before using these tools if you have any underlying health conditions or concerns.

Specifications

Feature	Detail
Product Dimensions	15 x 4.72 x 4.72 inches (3.44 Pounds)
Item Model Number	HW-W15
Manufacturer	HanaWood
Material Type	Wood
Power Source	Manual
Target Use Body Part	Whole Body
Product Benefits	Cellulite Reduction, Pain Relief, Stress Relief
UPC	720047520520

Troubleshooting

As these are manual massage tools, most issues relate to usage technique or discomfort.

- **Discomfort during use**: Reduce pressure. If discomfort persists, discontinue use and consult a healthcare professional.
- **Tools not gliding smoothly**: Ensure skin is clean and dry. A small amount of massage oil or lotion can be applied to the skin (not the tools) to improve glide, if desired.
- **Splinters or rough edges**: While tools are crafted for smoothness, inspect them periodically. If any rough spots develop, discontinue use to prevent skin irritation.

Warranty and Support

Warranty and specific support details for the HanaWood 15-Piece Wood Therapy Massage Tools Set are not explicitly provided in the product information. For any inquiries or support needs, please contact the retailer or manufacturer directly.

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