KOSPET Tank M3

KOSPET Tank M3 Smart Watch User Manual

Model: Tank M3

Introduction

Thank you for choosing the KOSPET Tank M3 Smart Watch. This rugged smartwatch is designed for durability and performance, featuring military-grade toughness, extended battery life, and comprehensive health and fitness tracking. This manual provides essential information to help you set up, operate, and maintain your device.
The KOSPET Tank M3 is equipped with a 1.96-inch AMOLED display, Bluetooth calling capabilities, and an AI voice assistant, making it a versatile companion for both daily life and outdoor adventures. It is compatible with both Android and iOS smartphones.

Setup

1. Charging the Device

Before first use, fully charge your KOSPET Tank M3. Connect the included charging station to a USB power source and place your watch on the magnetic charging pins. A full charge typically takes about one hour. The watch features a 480mAh pure cobalt battery, providing extended usage times.



Image: The KOSPET Tank M3 Smart Watch connected to its charging station, illustrating its long battery life capabilities.

2. Downloading the KOSPET FIT App

To unlock the full potential of your smartwatch, download the 'KOSPET FIT' app from your smartphone's app store. It is available on both the Google Play Store (for Android) and the Apple App Store (for iOS).



Image: Instructions for downloading the KOSPET FIT app from app stores.

3. Pairing with Your Smartphone

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the 'KOSPET FIT' app and navigate to the 'Device' section.
3. Tap 'Add a new device' and select your KOSPET Tank M3 from the list of available devices.
4. Confirm the pairing request on both your watch and smartphone.



Image: Visual guide for connecting the smartwatch to your phone.

4. Enabling Notifications

To receive messages and app notifications on your watch, you must grant the necessary permissions within the KOSPET FIT app and your phone's settings.

For iOS Devices:

1. Connect watch & phone via Bluetooth.
2. Go to 'Device' and click to open 'SMS'.
3. Go to 'Device' and click 'App', then enable for desired apps.
4. Go to your phone's 'Settings' to allow 'KOSPET FIT' to access 'Notifications'.



Image: Steps to enable notifications for iOS users.

For Android Devices:

1. Connect watch & phone via Bluetooth.
2. Go to 'Device' and click to open 'SMS Reminder'.
3. Go to 'Device' and click the NOTE to allow 'KOSPET FIT' to access 'Notifications'.
4. Go to 'Device' and click 'App Reminder', then enable for desired apps.



Image: Steps to enable notifications for Android users.

Operating Your Smart Watch

Bluetooth Calling & AI Voice Assistant

The KOSPET Tank M3 allows you to make and answer calls directly from your wrist when connected to your smartphone. Utilize the AI Voice Assistant for convenient hands-free control, such as playing music, checking weather, setting alarms, and timers.



Image: The KOSPET Tank M3 showing its call function and main display.

Health Monitoring

The smartwatch collects health data with its advanced real-time monitoring function. It helps you monitor all-day sleep, 24-hour heart rate, and real-time blood oxygen levels. It also provides sedentary reminders to encourage activity.

- **Heart Rate Monitor:** Tracks your heart rate throughout the day.
- **Blood Oxygen Monitor:** Measures your blood oxygen saturation.
- **Sleep Tracking:** Monitors sleep stages, daytime naps, and provides in-depth sleep analysis.



Image: The KOSPET Tank M3 showcasing its multiple health monitoring capabilities.



Image: The KOSPET Tank M3 providing detailed sleep analysis.

Sports Modes

The KOSPET Tank M3 offers over 170 sports modes with intelligent recognition for 6 common sports. It tracks distance, steps, and calories burned in real-time, assisting you in both indoor and outdoor activities.

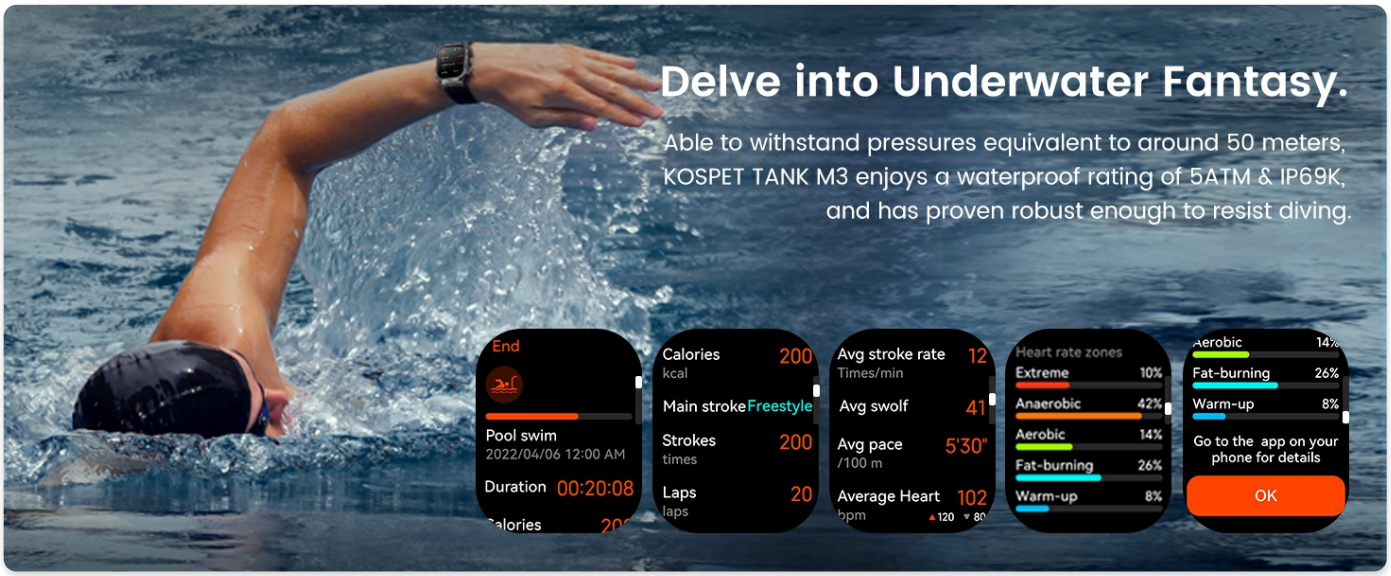


Image: The KOSPET Tank M3 highlighting its extensive sports modes and intelligent recognition.

Display and Watch Faces

The 1.96-inch AMOLED display features 410x502 pixel resolution and up to 1000nit peak brightness, protected by 3rd generation Corning Gorilla Glass. It supports an always-on display feature. Customize your watch with over 500 exquisite watch faces available through the KOSPET FIT app.



Image: Details of the KOSPET Tank M3's advanced AMOLED display.

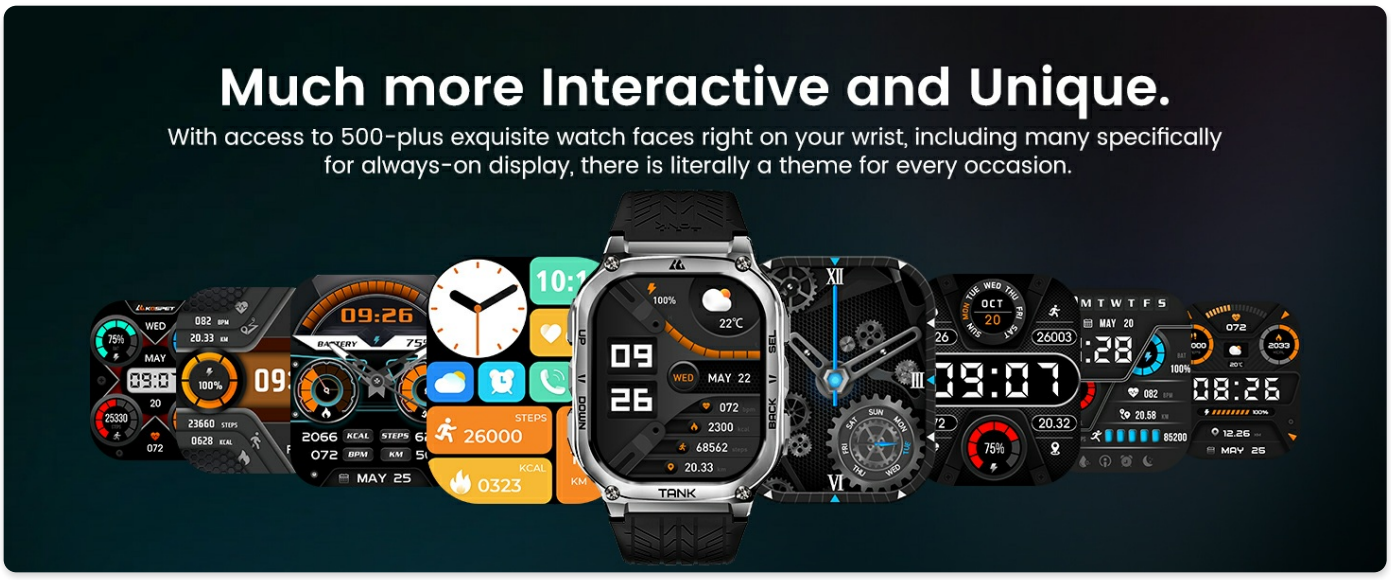


Image: A selection of interactive and unique watch faces available for the KOSPET Tank M3.

Maintenance

Durability and Waterproofing

The KOSPET Tank M3 is built with a full metal body and has passed 15 Military Tests (MIL-STD-810H), including salt spray, rain, and impact. It boasts a 5ATM & IP69K waterproof rating, allowing it to be immersed in water up to 50 meters, making it suitable for swimming and surfing.

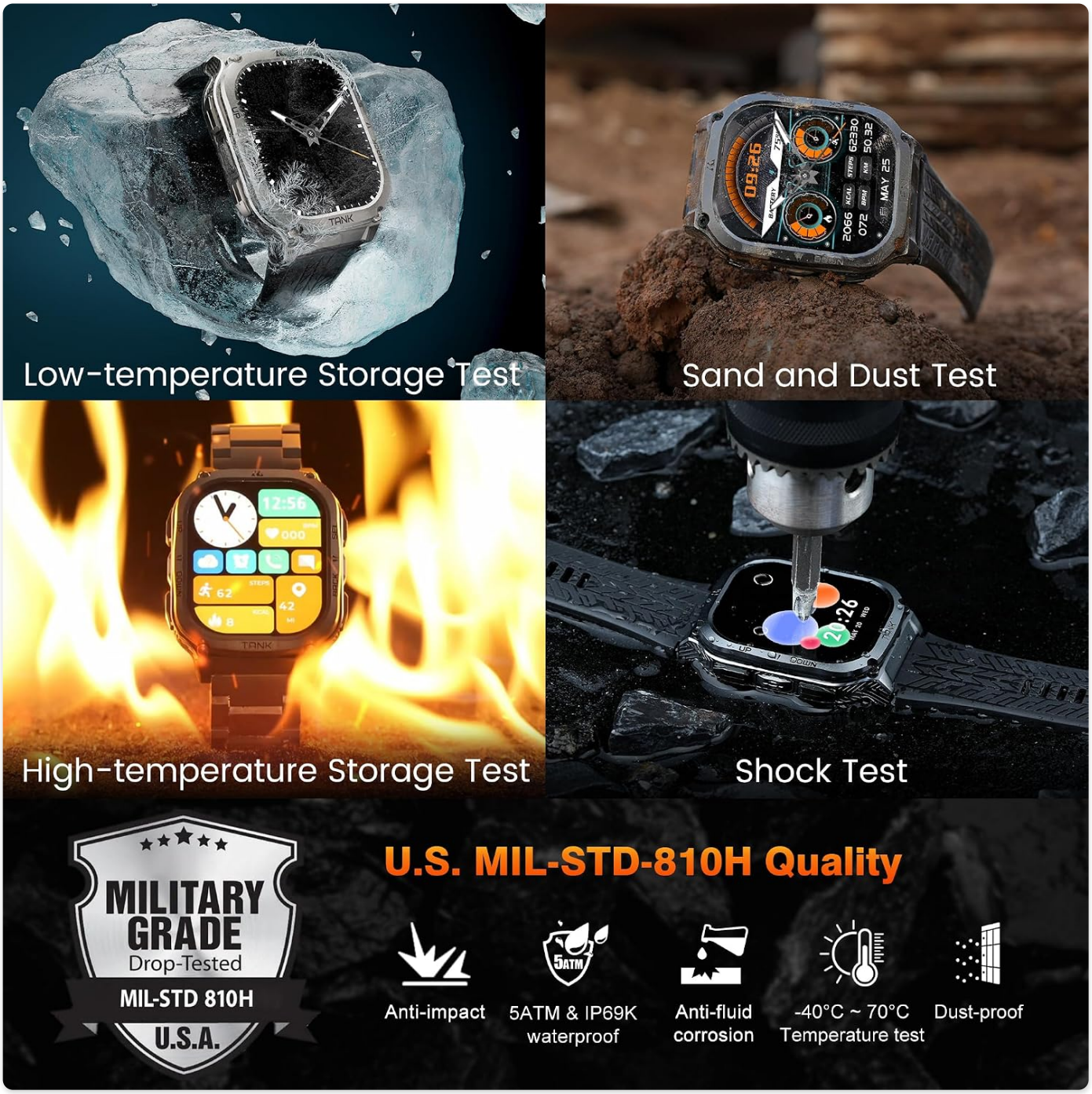


Image: The KOSPET Tank M3 undergoing various military-grade tests for extreme resistance.



Image: The KOSPET Tank M3's 5ATM and IP69K dive-proof waterproof capabilities.

Cleaning and Care

To ensure the longevity of your KOSPET Tank M3, regularly clean the watch body and strap with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials. Ensure the charging contacts are clean and dry before charging.

Troubleshooting

Issue	Possible Solution

Issue	Possible Solution
Watch not turning on or screen is black.	Ensure the watch is fully charged. Try pressing and holding the 'BACK' and 'SEL' buttons simultaneously for about 10-15 seconds to force a reboot.
Cannot pair with smartphone.	Ensure Bluetooth is enabled on your phone and the watch. Make sure the KOSPET FIT app is updated. Try restarting both the watch and the phone. Forget the device in your phone's Bluetooth settings and try pairing again.
Notifications not appearing.	Check notification permissions in the KOSPET FIT app and your phone's system settings. Ensure 'Do Not Disturb' or 'Low Power Mode' are not active on your phone. Verify the app is running in the background.
Inaccurate health data.	Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch. Ensure your personal information (height, weight, age) is accurate in the KOSPET FIT app.
Battery drains quickly.	Reduce screen brightness, disable always-on display if not needed, limit background app refresh, and turn off unnecessary notifications. Frequent use of Bluetooth calling or GPS (if applicable) can also consume more power.

Specifications

Feature	Detail
Model Number	Tank M3
Display	1.96-inch AMOLED, 410x502 pixels, 1000nit Peak Brightness
Screen Material	3rd Gen Corning Gorilla Glass
Battery Capacity	480 Milliamp Hours (Lithium Polymer)
Battery Life	Up to 60 days standby, 15 days typical usage, 8 days heavy usage, 3 days AOD mode
Waterproof Rating	5ATM & IP69K (50 meters)
Durability	MIL-STD-810H Military Grade Certified
Connectivity	Bluetooth
Operating System Compatibility	Android 5.1+ and iOS 10.0+
Memory Storage Capacity	256 MB

Feature	Detail
Item Weight	7.1 ounces (approx. 201 grams)
Package Dimensions	7.09 x 3.82 x 0.94 inches
Manufacturer	KOSPET



Image: Detailed dimensions of the KOSPET Tank M3 Smart Watch.

What's in the Box

- 1 x KOSPET Tank M3 Smart Watch

- 1 x Charging Station
- 1 x User Manual
- 1 x Warranty Card



Image: Visual representation of the KOSPET Tank M3 package contents.

Warranty and Support

Your KOSPET Tank M3 Smart Watch comes with a warranty. Please refer to the included Warranty Card for specific terms and conditions. For technical support, troubleshooting assistance, or warranty claims, please contact KOSPET customer service through their official website or the contact information provided on the Warranty Card.
For additional resources and frequently asked questions, visit the official KOSPET brand store:KOSPET Brand Store

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Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

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After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question