RUQIJI B0CQV3ZBQP

Ruqiji Weighted Neck & Shoulder Heating Pad Instruction Manual

Model: B0CQV3ZBQP

Product Overview

The Ruqiji 19"x24" weighted neck and shoulder heating pad is designed to provide therapeutic heat and pressure for muscle pain relief. Its generous size offers extensive coverage for the back, legs, and shoulders, making it suitable for alleviating arthritic pain, muscle aches, and joint stiffness. The integrated glass beads provide 2.5 lbs of pressure, enhancing contact with the body and promoting more effective heat retention and pain relief.



Image: Ruqiji 19x24 inch weighted neck and shoulder heating pad in gray and blue, with its digital controller and packaging box.

Key Features

- **LED Large Screen Controller:** Allows for easy temperature adjustment, suitable for all users, including the elderly.
- **Weighted Pressure Design:** Contains 2.5 lbs of distributed glass beads to enhance contact, focus heat, and provide effective pain relief and anxiety reduction.
- **XXXL Size (19"x24"):** Provides extensive coverage for neck, shoulders, back, legs, arms, waist, and abdomen.
- **Fast-Heating Technology:** Warms up in seconds due to an extended heating coil (150% of ordinary heating pads).
- **12 Temperature Settings:** Offers a range from 104℉ to 144℉ (40℃ to 62℃) for personalized comfort.
- **4 Auto-Off Countdown Timers:** Selectable durations of 0.5H, 1H, 1.5H, or 2H with remaining time displayed on the LED screen.
- **Ultra Soft Microfiber Material:** Provides maximum comfort and is machine washable.

- **UL Certification:** Ensures safety with built-in overheat protection.



Image: Infographic highlighting the superior features of the Ruqiji heating pad compared to others.



Image: Detailed view of the digital controller with its functions and certifications.

Setup and Installation

1. Unpack the heating pad and controller from its packaging.
2. Ensure the heating pad and cord are free from any damage or sharp folds.
3. Plug the power cord into a standard AC 120V, 60Hz electrical outlet.

Operating Instructions

1. Once plugged in, use the LED screen controller to power on the device.
2. Select your desired temperature setting (104°F - 144°F) using the temperature adjustment buttons.
3. Choose one of the 4 auto-off countdown timers (0.5H, 1H, 1.5H, or 2H) for automatic shutdown. The LED

screen will display the remaining time.

4. Place the weighted heating pad on the desired area of your body, such as your neck, shoulders, back, or legs.
5. Use for approximately 20 minutes daily, or as recommended by your healthcare professional.

Important Usage Notes:

- Do not sit on or place the pad underneath your body.
- Avoid sharply folding the pad while it is in use.
- The heating pad is designed to increase blood flow and reduce pain/muscle spasms, differing from a traditional warming blanket.



Image: Demonstrating the heating pad's fit on the neck and shoulders.



Image: User applying the heating pad to the neck and shoulder area while seated.



Image: User applying the heating pad to the abdominal area while seated.



Image: User applying the heating pad to the lower back or abdominal area while lying down.

Maintenance

To maintain the cleanliness and softness of your Ruqiji heating pad:

- Always unplug the heating pad and allow it to cool completely before cleaning.
- The controller is removable. Detach the controller before washing.
- The microfiber cover is machine washable. Follow the care instructions on the product label for specific washing guidelines.

Troubleshooting & FAQ

Frequently Asked Questions:

- **What temperature does this product reach?**
  The maximum temperature is approximately 144°F (62°C) when set to “12”. Temperature may vary based on the heat setting and personal preference.

- **How to set the automatic shutdown?**
  All Ruqiji heating pads feature an automatic shut-off function. No manual action is required to activate it.

Specifications

Attribute	Detail
Material	Ultra Soft Microfiber Material
Size	19"x24"
Cord Length	3M Extra Long Cord
Item Weight	2.5 lb
Power Supply	AC 120V, 60Hz, 130W
Heat Settings	12 (104℉ ~ 144℉ / 40℃ ~ 62℃)
Timer Settings	4 Optional (0.5H/ 1H/ 1.5H/ 2H)
Special Feature	Automatic Shut Off
Certification	UL Certified

Safety Information

- Do not sit on or place the pad underneath your body.
- Do not sharply fold the pad while using.
- Read all instructions carefully before use.
- The product has built-in overheat protection to ensure maximum safety.

Warranty and Support

For any quality problems or support inquiries, please feel free to contact our service support team. Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

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