



[Manuals.plus](#) /

> [HH HILAND](#) /

> HILAND 20 Inch Kids' Bicycle User Manual

HH HILAND 20 Inch Kids' Bicycle (B0CQSW252Y)

HILAND 20 Inch Kids' Bicycle User Manual

Brand: HH HILAND

Model: 20 Inch Kids' Bicycle (B0CQSW252Y)

INTRODUCTION

This user manual provides comprehensive instructions for the assembly, operation, maintenance, and troubleshooting of your HILAND 20-inch Kids' Bicycle. Designed for children aged 6-10 years, this bicycle features a durable steel frame, hand brake, coaster brake, and training wheels for enhanced safety and learning. Please read this manual thoroughly before assembly and use to ensure safe and optimal performance.



Figure 1: Overview of the HILAND 20 Inch Kids' Bicycle. This model comes equipped with training wheels, a hand brake, and a coaster brake, making it suitable for young riders.

SETUP AND ASSEMBLY

Your HILAND bicycle arrives 90% pre-assembled, significantly reducing the setup time. The necessary tools for the remaining assembly steps are included in the box. Please follow these instructions carefully.

1. **Unpacking:** Carefully remove all components from the packaging. Check for any damage during transit and ensure all parts are present according to the packing list.
2. **Handlebar Installation:** Insert the handlebar stem into the fork tube. Ensure the handlebar is straight and aligned with the front wheel. Tighten the stem bolt securely.
3. **Pedal Attachment:** Identify the left (L) and right (R) pedals. The left pedal tightens counter-clockwise, and the right pedal tightens clockwise. Screw them firmly into the crank arms.
4. **Training Wheels (if applicable):** Attach the training wheels to the rear axle using the provided bolts and washers. Ensure they are securely fastened and provide stable support.
5. **Seat Post Adjustment:** Insert the seat post into the frame. Adjust the seat height to an appropriate level for the rider, ensuring their feet can touch the ground. Secure the quick-release lever or bolt.

- 6. **Brake Check:** Verify that both the hand brake and coaster brake (pedaling backward) are functioning correctly and provide adequate stopping power. Adjust cable tension if necessary.
- 7. **Tire Inflation:** Inflate tires to the recommended pressure indicated on the tire sidewall.



Figure 2: The bicycle as it appears with training wheels installed. The 90% pre-assembly means only a few steps are needed to get it ready for riding.



Figure 3: Indication of the bicycle's pre-assembled state, highlighting ease of setup.

OPERATING INSTRUCTIONS

Understanding how to properly operate your HILAND bicycle ensures a safe and enjoyable riding experience.

Braking System

- **Hand Brake:** The front wheel is equipped with a hand brake, operated by a lever on the handlebar. Squeeze the lever gently and progressively to slow down or stop.
- **Coaster Brake:** The rear wheel features a coaster brake. To engage, pedal backward firmly. This provides an additional, intuitive braking method for young riders.
- Always use both brakes simultaneously for optimal stopping power and control, especially in emergency situations.

GEPOLSTERTER BREITER SITZ

Hochdichter Stützschaum



Figure 4: Detailed view of the dual braking system, including the hand brake lever and the coaster brake mechanism on the rear wheel.

Adjustable Components

- **Seat Height:** The saddle height can be easily adjusted to accommodate your child's growth. Ensure the child can comfortably touch the ground with their toes when seated.

- **Handlebar Height:** The handlebar can also be adjusted to ensure a comfortable and ergonomic riding posture.

GRÖSSENTABELLE

Radgröße	12 Zoll	14 Zoll	16 Zoll	20 Zoll
Stehhöhe der Kinder	14"-17" (35-42cm)	16"-20" (40-50cm)	18"-22" (45-55cm)	22"-26" (55-65cm)
Alter der Kinder	3 - 5 Jahre	3 - 5 Jahre	4 - 7 Jahre	6 -10 Jahre
Größe der Kinder	32"-41" (82-105cm)	36"-47" (92-120cm)	41"-53" (105-135cm)	48"-61" (125-155cm)
Gewicht des Fahrrad	18.5lbs	19.2lbs	21.5lbs	26.5lbs
Fahrradklingel	✓	✓	✓	✓
Stützräder	✓	✓	✓	✓
Handbremse	✓	✓	✓	✓
Rücktrittbremse	✓	✓	✓	✓
Ständer	✗	✗	✗	✓

Figure 5: This illustration demonstrates the adjustability of both the seat and handlebar, allowing the bicycle to grow with your child.

HÖHENVERSTELLBAR FÜR SITZ und LENKER

GEEIGNET SEIN FÜR KINDER
IM WACHSTUM



Figure 6: A close-up of the comfortable, padded seat designed for extended riding comfort.

MAINTENANCE

Regular maintenance is crucial for the longevity and safe operation of your HILAND bicycle.

- **Cleaning:** Clean the bicycle regularly with a damp cloth and mild soap. Avoid high-pressure washing, which can damage bearings and seals.
- **Lubrication:** Lubricate the chain periodically with bicycle-specific chain lubricant. Apply sparingly and wipe off excess.
- **Brake Inspection:** Regularly check brake pads for wear and brake cables for fraying. Ensure brakes engage smoothly and effectively.
- **Tire Pressure:** Check tire pressure before each ride. Maintain the recommended PSI (pounds per square inch) found on the tire sidewall.
- **Bolt Tightness:** Periodically check all bolts and fasteners, especially on the handlebars, seat post, and wheels, to ensure they are securely tightened.

ABSCHLEPPBREMSEN FÜR EIN EINFACHES ANHALTEN

Handbremse

Rücktrittbremse

Pedalieren rückwärts
stoppen



Figure 7: The bicycle features a full chain guard and front/rear mudguards, which help protect components from dirt and debris, simplifying maintenance.

TROUBLESHOOTING

This section addresses common issues you might encounter with your bicycle.

Problem	Possible Cause	Solution
Brakes feel weak or spongy.	Loose brake cable, worn brake pads, or misaligned pads.	Tighten brake cable, replace worn pads, or adjust pad alignment.
Tires lose air quickly.	Puncture in inner tube, loose valve stem, or improper valve cap.	Inspect for punctures and repair/replace inner tube. Ensure valve stem is tight and cap is secure.
Chain makes noise or slips.	Lack of lubrication, stretched chain, or bent chain links.	Lubricate chain. If noise persists, inspect chain for damage and consider replacement.






Problem	Possible Cause	Solution
Pedals are stiff or noisy.	Lack of lubrication in pedal bearings or loose pedal attachment.	Apply grease to pedal threads before reattaching. If bearings are sealed, consider professional service.

SPECIFICATIONS

Detailed specifications for the HILAND 20 Inch Kids' Bicycle.

Feature	Detail
Wheel Size	20 Inches (50.8 cm)
Frame Material	Hard Steel
Brake Type	Rim Brake (Hand Brake), Coaster Brake
Color	Black-Green
Recommended Age Range	6-10 Years (approx. 120-150 cm height)
Product Dimensions	108 x 19 x 55 cm
Item Weight	16.35 Kilograms
Suspension Type	Fork Suspension
Included Components	Training Wheels

Größentabelle

 Radgröße	 Altersbereich	 Kindergröße	 Sattelhöhe	 Nettogewicht
12 ZOLL	2-4 Jahre alt	80-105 cm	46-60 cm	10 kg
14 ZOLL	3-6 Jahre alt	90-125 cm	50-64 cm	11,7 kg
16 ZOLL	4-7 Jahre alt	105-135 cm	52-66 cm	12,64 kg
18 ZOLL	5-9 Jahre alt	115-145 cm	56-68 cm	14,16 kg

*Bitte beachten Sie die Größe

Figure 8: Comprehensive size chart to help determine the appropriate bicycle size based on wheel size, age, and child's height.

WARRANTY AND SUPPORT

HILAND is committed to providing high-quality products. For any questions, concerns, or issues regarding your bicycle, please do not hesitate to contact our customer support team. We aim to respond within 24 hours.

While specific warranty details are not provided in this manual, please retain your proof of purchase for any warranty claims. For assistance, please refer to the contact information provided with your purchase or visit the official HH HILAND store on Amazon.

Official HH HILAND Store: [HH HILAND Amazon Store](#)