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› Sunrise Alarm Clock Wake Up Light for Bedrooms, Sunlight Alarm Clock for Kids Heavy Sleepers, Dual Alarm, Snooze, Night Light, 7-5-2 Modes, Gift Idea for Teen Boys Girls

Te-Rich ZH139

Te-Rich Sunrise Alarm Clock Wake Up Light User Manual

Model: ZH139

INTRODUCTION

Thank you for purchasing the Te-Rich Sunrise Alarm Clock Wake Up Light. This device is designed to provide a gentle and natural wake-up experience with its sunrise simulation, dual alarm functions, and customizable night light features. Please read this manual carefully to ensure proper use and optimal performance of your alarm clock.



Image: The Te-Rich Sunrise Alarm Clock, featuring a semi-circular design with a digital display showing 10:30 AM and a warm, yellow light emanating from its top half. Control buttons are visible at the base.

PACKAGE CONTENTS

- Te-Rich Sunrise Alarm Clock
- USB Power Cable
- User Manual

Note: A power adapter (5V/1A) is not included and must be purchased separately. 2 AAA batteries (not included) are required for backup power.

SETUP

1. Power Connection

1. Connect the USB power cable to the alarm clock's power input port.
2. Plug the other end of the USB cable into a 5V/1A USB power adapter (not included) and then into a wall outlet.
3. The display will light up, indicating the clock is powered on.

2. Battery Backup Installation

1. Locate the battery compartment on the bottom of the alarm clock.
2. Open the battery compartment cover.
3. Insert 2 AAA batteries (not included), ensuring correct polarity (+/-).
4. Close the battery compartment cover.

Note: Batteries are for backup only to preserve time and alarm settings during a power outage. The clock requires external power for full functionality.

OPERATING INSTRUCTIONS

1. Setting Time and Date

- Press the **TIME** button to enter time setting mode.
- Use the + and - buttons to adjust the hour, then press **TIME** again to confirm and move to minutes.
- Repeat for minutes, then for year, month, and day.
- Press **TIME** one last time to exit setting mode.
- To switch between 12-hour and 24-hour display, press and hold the **TIME** button.

2. Setting Alarms (Dual Alarm & 7-5-2 Modes)

Dual Alarms Equipped with 7-5-2 Modes

Personalized wake-up time with Three Alarm modes.

Mon-Sun (7)

Mon-Fri (5)

Sat-Sun (2)

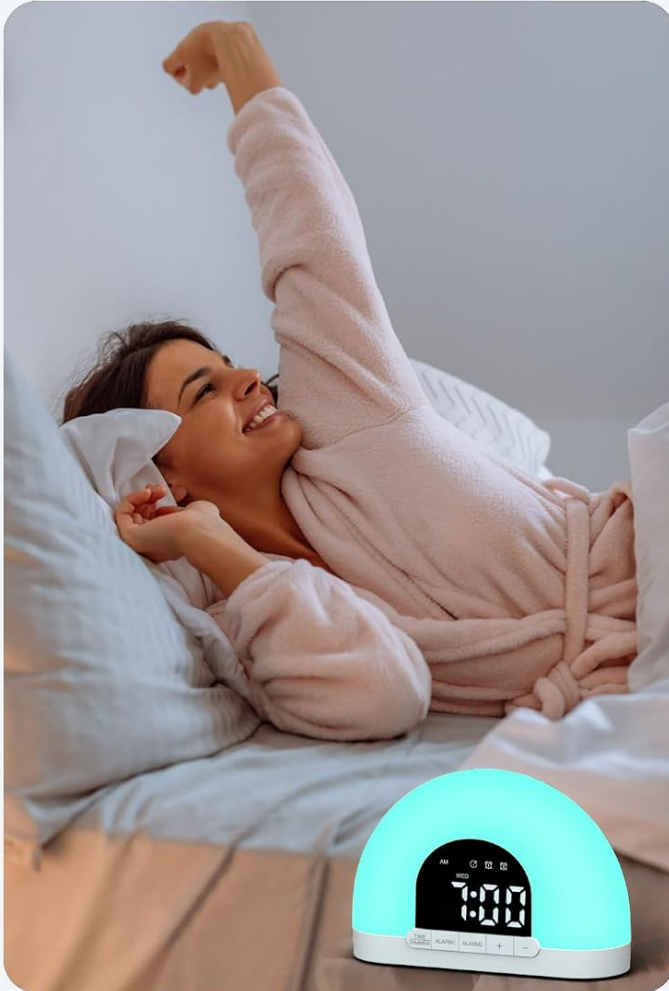


Image: Two images side-by-side. The left shows a person waking up with a light blue glow from the alarm clock, labeled "Mon-Sun (7)".

The right shows a child studying with a warm yellow glow, labeled "Mon-Fri (5)". This illustrates the dual alarm and 7-5-2 modes. The clock supports two independent alarms (Alarm 1 and Alarm 2) with flexible scheduling options.

- Press the **ALARM1** or **ALARM2** button to activate or deactivate the respective alarm. The alarm icon will appear/disappear on the display.
- To set an alarm, press and hold **ALARM1** or **ALARM2**.
- Use **+** and **-** to adjust the alarm time (hour then minute), pressing the alarm button to confirm each step.
- After setting the time, you can select the alarm mode:
 - **7 (Mon-Sun)**: Alarm rings every day.
 - **5 (Mon-Fri)**: Alarm rings on weekdays only.
 - **2 (Sat-Sun)**: Alarm rings on weekends only.
- Press the alarm button again to confirm the mode and exit.

3. Sunrise Simulation

Wake Up Gradually & Gently

Wake you up naturally with sunrise simulation over 0-60 mins

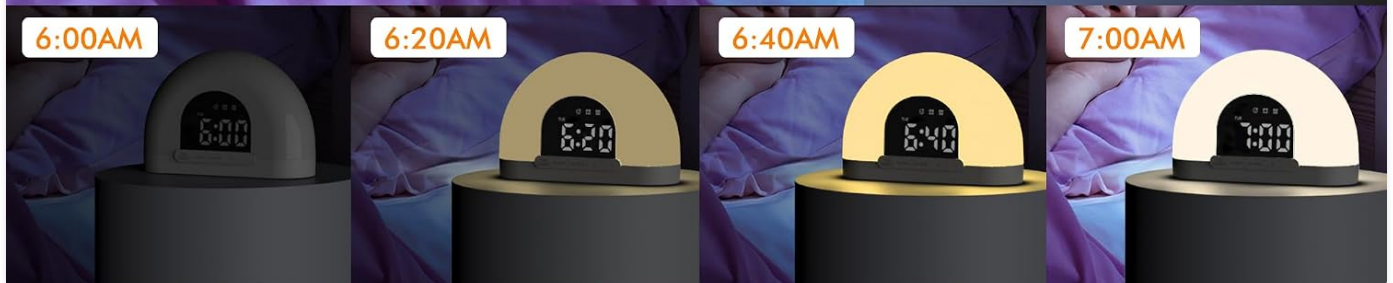


Image: A child sleeping in bed with the Te-Rich alarm clock on a nightstand. The image illustrates the gradual increase of light from 6:00 AM (dim) to 7:00 AM (bright), simulating a sunrise, with an alarm sound indicated by "Beep Beep".

The sunrise simulation feature gradually increases light brightness from 0% to 100% over a period of 0-60 minutes before your set alarm time, providing a gentle wake-up experience.

- When an alarm is set, the sunrise simulation will automatically activate.
- The duration of the sunrise simulation (0-60 minutes) can typically be adjusted in the alarm settings. Refer to the specific alarm setting steps for this option.

4. Snooze Function

Creative Sunrise Alarm Clock Suitable for All People

Press the top for an extra 9 mins snooze or turn off the alarm with any button under the display screen.



Loud alarm



9 mins snooze



12/24h display



Battery backup



Image: A hand reaching to press the top surface of the Te-Rich alarm clock, which is glowing yellow and displaying 7:30 AM. Icons for "Loud alarm", "9 mins snooze", "12/24h display", and "Battery backup" are shown next to it.

- When the alarm sounds, press the top surface of the alarm clock to activate the snooze function.
- The alarm will pause for 9 minutes and then sound again.
- This can be repeated multiple times.
- To turn off the alarm completely, press any button under the display screen (e.g., **ALARM1**, **ALARM2**, **+**, **-**).

5. Night Light & Color Changing Light

Color Changing Alarm Clock Night Light

7 solid colors + 2 dynamic colors & 10 brightness

L01

L10



Image: The Te-Rich alarm clock displaying 20:30, with a bright yellow glow. Below it, a grid of smaller images shows the clock emitting light in various colors including warm white, yellow, cold white, red, blue, cyan, purple, and green, demonstrating its 9 color options and 10 brightness levels.

The alarm clock features 9 color options and 10 adjustable brightness levels for its night light function.

- Press the **DIMMER** button (or similar light control button) to cycle through the available colors: Warm white, Yellow, Cold White, Red, RGB cycling, RGB breathing, Blue, Cyan, Purple, Green.
- Use the + and - buttons to adjust the brightness level (L1 to L10) for the selected color.
- To turn off the night light, continue pressing the light control button until the light is off, or press and hold the button.

6. Display Brightness Control

Dimmable Display for Various Needs



Image: A person sleeping peacefully in bed with the Te-Rich alarm clock on a nightstand. To the right, four digital displays show the clock's time (22:38) at different brightness levels: 100%, 60%, 20%, and OFF, illustrating the dimmable display feature.

The display brightness can be adjusted to suit your preference, especially for nighttime use.

- Press the **DIMMER** button (or a dedicated display brightness button) to cycle through the four available brightness levels: 100%, 60%, 20%, and 0% (OFF).
- Select the desired brightness level for comfortable viewing.

MAINTENANCE

- To clean the alarm clock, gently wipe the surface with a soft, dry cloth.
- Do not use abrasive cleaners, solvents, or chemical sprays, as these may damage the device.
- Keep the device away from water and high humidity.
- Ensure the ventilation openings are not blocked.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Clock display is off or flickering.	No power or loose connection.	Ensure the USB cable is securely connected to both the clock and the power adapter, and the adapter is plugged into a working outlet.
Alarm does not sound.	Alarm not activated or volume too low.	Check if the alarm icon is displayed. Ensure the alarm volume is set to an audible level. Verify alarm time and mode (7-5-2).
Sunrise simulation not working.	Alarm not set or simulation duration is 0 minutes.	Ensure an alarm is active. Check the alarm settings to confirm the sunrise simulation duration is set to a value greater than 0.
Buttons are unresponsive.	Temporary software glitch.	Unplug the power cable, remove backup batteries, wait 30 seconds, then reconnect power.
Backup batteries getting hot.	Incorrect battery type or faulty batteries.	Immediately remove batteries. Ensure only AAA alkaline batteries are used. If the issue persists, discontinue use and contact customer support.

SPECIFICATIONS

Feature	Detail
Brand	Te-Rich
Model Number	ZH139
Colour	White
Product Dimensions	15.24 x 3.81 x 6.35 cm
Material	Plastic
Item Weight	222 g
Display Type	Digital Alarm Clock
Special Features	Sunrise Simulation, Color Changing Night Light, Adjustable Brightness, Dual Alarm Clock, 7-5-2 Modes, 9 Mins Snooze, Loud Alarm, Dimmable Display, Battery Backup
Power Input	USB (5V/1A adapter recommended, not included)
Backup Battery	2 x AAA batteries (not included)

SAFETY INFORMATION

- Do not disassemble or attempt to repair the device yourself.
- Keep out of reach of children and pets.

- Avoid extreme temperatures, direct sunlight, and humid environments.
- Use only the specified power adapter (5V/1A) to prevent damage.
- If the device emits smoke, unusual odors, or makes strange noises, immediately unplug it and discontinue use.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question