

RUIMEN D1

RUIMEN Smartwatch D1 User Manual

Model: D1 | Brand: RUIMEN

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1. INTRODUCTION

This manual provides detailed instructions for the safe and efficient use of your RUIMEN Smartwatch D1. Please read this manual thoroughly before using the device and retain it for future reference. The RUIMEN Smartwatch D1 is designed to enhance your daily life with features such as Bluetooth calling, comprehensive health monitoring, and various sports modes, all displayed on a vibrant 1.85-inch HD screen.

2. SAFETY INFORMATION

- **Not a Medical Device:** This product is intended for general wellness and fitness purposes only. It is not designed to diagnose, treat, cure, or prevent any disease. Consult a medical professional for any health concerns.
- **Water Resistance:** The device is IP68 waterproof, suitable for daily use like hand washing and sweating during exercise. Avoid using it in hot water, saunas, or environments with high water pressure, as this may cause damage.
- **Charging:** Use only the provided charging cable and a 5V/1A or lower charging adapter. Ensure the magnetic contacts are clean and properly aligned during charging.
- **Battery:** Do not attempt to replace the battery yourself. Contact customer support for battery-related issues.
- **Operating Temperature:** Avoid exposing the device to extreme temperatures (very hot or very cold) to prevent damage and ensure optimal performance.
- **Disassembly:** Do not attempt to disassemble or modify the device, as this will void the warranty and may cause damage or injury.

3. PACKAGE CONTENTS

Please check that all items are present in your package:

- RUIMEN Smartwatch D1 (Main Unit)
- User Manual
- Charging Cable

- Watch Band

4. PRODUCT OVERVIEW

The RUIMEN Smartwatch D1 features a rectangular design with a large display and a comfortable silicone band. It includes a physical button on the side for navigation and interaction.



着信通知

スマホの通知を見逃さない！



Image: Front view of the RUIMEN Smartwatch D1, showcasing its large display and sleek design.

4.1 Physical Components

- **Display:** 1.85-inch HD touchscreen for clear visuals and easy interaction.
- **Side Button:** Used for power on/off, returning to the home screen, and other functions depending on context.
- **Sensors:** Located on the back of the watch for heart rate, blood oxygen, and other health monitoring.
- **Charging Contacts:** Magnetic contacts on the back for connecting the charging cable.
- **Watch Band:** Adjustable silicone band designed for comfort and breathability.



Image: Diagram showing the dimensions and key components of the RUIMEN Smartwatch D1.

5. SETUP

5.1 Charging the Device

Before initial use, fully charge your smartwatch. A full charge typically takes about 1.5 hours and provides approximately 5-7 days of normal use or up to 30 days in standby mode.

1. Connect the charging cable to a 5V/1A or lower USB power adapter (not included).
2. Align the magnetic end of the charging cable with the charging contacts on the back of the smartwatch. The watch will vibrate and display a charging indicator.
3. Once fully charged, disconnect the cable.

24時間健康サポート

日々の身体状況の変化を直感的に把握
高精度センサー搭載



Image: Illustration of how to connect the magnetic charging cable to the smartwatch.

5.2 App Installation and Pairing

The RUI MEN Smartwatch D1 requires the "GloryFit" app for full functionality. The app is compatible with Android 5.0+ and iOS 9.0+ devices.

- Download the App:** Scan the QR code in the manual or search for "GloryFit" in your smartphone's app store (Google Play Store for Android, Apple App Store for iOS).
- Register/Log In:** Open the GloryFit app and follow the on-screen instructions to create an account or log in.
- Pair the Device:**
 - Ensure your smartphone's Bluetooth is enabled.
 - In the GloryFit app, navigate to the device section and tap "Add Device" or "Select Smartwatch".
 - The app will search for nearby devices. Select "D1(ID-XXXX)" from the list.
 - Confirm the pairing request on both your smartphone and the smartwatch.
 - For iPhone users, ensure Bluetooth system notifications are enabled for the app.

便利機能をこの1台に

日常生活から仕事・運動まで、便利な機能があなたをサポート



Image: Step-by-step guide for initial connection and pairing of the smartwatch with the GloryFit app.

6. OPERATING INSTRUCTIONS

6.1 Basic Navigation

- **Touchscreen:** Swipe left/right, up/down, and tap to navigate menus and select options.
- **Side Button:** Press once to return to the previous screen or the watch face. Press and hold to power on/off or access system settings.
- **Raise to Wake:** The screen automatically turns on when you raise your wrist. Ensure this feature is enabled in settings if desired.



Image: Demonstration of the raise-to-wake function and its settings.

6.2 Bluetooth Call Function

The smartwatch supports Bluetooth 5.4 for stable and power-efficient calls directly from your wrist.

1. **Enable Call Function:** After pairing, ensure the call function is enabled in the smartwatch's Bluetooth settings and your phone's Bluetooth settings (for media audio).
2. **Making Calls:** Access the dial pad or contact list on the watch to initiate a call.
3. **Receiving Calls:** When a call comes in, you can answer or reject it directly from the watch.
4. **Contact Sync:** Sync up to 100 contacts from your phone to the watch via the GloryFit app.

Bluetooth5.4 通話機能

内蔵スピーカーと高性能マイクを搭載、スマートウォッチから直接電話をかけたり、応答したり、通話履歴や連絡先を確認したりすることも可能です。また、着信音やバイブを設定可能です。



Image: Interface showing dial pad, call history, and contact list for the Bluetooth call function.

6.3 Notifications

Receive real-time notifications from various apps directly on your smartwatch. The watch supports over 21 types of app notifications, including LINE, Instagram, X, and Gmail.

1. **Enable Notifications:** In the GloryFit app, go to "Notifications" and enable the apps from which you wish to receive alerts.
2. **View Notifications:** Swipe down from the watch face to view your notification history.

スマート通知機能

LINE、X、Instagram、Facebook、SMSなどの通知をスマートウォッチの画面にリアルタイム表示。スマホがポケットやバッグに入ったままでも、振動（バイブレーション）で着信やメッセージを教えてください。会議中、運動中、あるいは日常のワンシーンでも大切な連絡を見逃しません。



Image: Example of notifications displayed on the smartwatch screen, including messages from LINE and Facebook.

6.4 Watch Face Customization

Personalize your smartwatch with over 350 watch face designs available through the GloryFit app. You can also set your own photos as watch backgrounds.

1. **Change Watch Face:** Open the GloryFit app, go to the "Dial" section, and browse available designs. Select one to apply it to your watch.
2. **Custom Photo Watch Face:** In the app, select the option to upload a custom photo and follow the instructions to set it as your watch face background.

1.85インチHD大画面

見やすさも、操作性もワンランク上へ



16bit高彩度カラー表示
鮮やかでリアルな色彩表現



60FPS高リフレッシュレート
なめらかで快適な操作感



320×386高精細解像度
細部までくっきり鮮明表示



画面明るさ調整



画面点灯時間設定



手首上げ点灯機能



おやすみモード



Image: Various watch face designs and the option to upload custom photos for personalization.

6.5 Health Monitoring

The smartwatch provides 24-hour health monitoring features to help you track your well-being.

- **Heart Rate Monitoring:** Continuously monitors your heart rate throughout the day. View detailed graphs in the GloryFit app.
- **Sleep Tracking:** Automatically analyzes your sleep quality (deep sleep, light sleep, REM sleep, awake time).
- **Blood Oxygen Monitoring:** Measures your blood oxygen levels.
- **Female Physiological Cycle Tracking:** Records and predicts menstrual cycles and ovulation periods, providing timely reminders.

100種類以上のスポーツモード

ランニングからヨガまで、多彩なスポーツに対応

屋内外のさまざまなスポーツに対応した100種類以上の運動モードを搭載。運動中の消費カロリー、移動距離などを記録し、データをリアルタイムで表示します。記録データはアプリに保存され、日々の運動管理に



Image: Interface for tracking and predicting female physiological cycles.

女性の健康管理・生理周期

生理周期を簡単に記録し、排卵予定日をスマートに予測・計算します。入力されたデータに基づき、次の生理日や妊娠しやすい期間（排卵期）を事前にバイブレーション通知でお知らせ。すべてのデータは、手首の時計画面または専用アプリから一目で確認できます。

- 生理周期の記録**
現在の状態を一目でスマートに確認
- 次の生理日の予測**
予定日が近づくタイミングにお知らせ
- 排卵日の科学的予測**
妊娠しやすい時期（排卵期）を予測
- データ自動同期**
アプリと連携し、スマホで一元管理



Image: Detailed sleep data and analysis available in the GloryFit app.

睡眠質の分析・管理

スマートウォッチが「深い睡眠」「浅い睡眠」「レム睡眠」「目覚まし状態」などの睡眠ステージを自動で記録。アプリと同期すれば、睡眠時間や詳細な睡眠質の分析レポートをいつでも確認できます。



Image: Graphs showing 24-hour heart rate and blood oxygen monitoring data.

6.6 Activity Tracking (Sports Modes)

The smartwatch supports over 100 sports modes, allowing you to track various activities from running to yoga. It records calories burned, distance, and other relevant data.

1. **Select a Sport Mode:** On the watch, navigate to the sports mode menu and select your desired activity.
2. **Start/Stop Tracking:** Tap to start and stop tracking your workout.
3. **View Data:** Sync with the GloryFit app to view detailed workout data and progress.

みんなが使えている！

- ▶ 洗練されたデザインはどんなシーンでも映える
- ▶ 通話や健康管理、通知確認など多機能性で日常をサポート
- ▶ 日々の生活に寄り添う必須アイテムとして幅広いユーザーに愛用されています



Image: Icons representing various sports modes available on the smartwatch, including running, walking, cycling, and yoga.

6.7 Convenience Tools

The smartwatch includes several practical tools for daily use:

- **Alarm:** Set alarms to manage your schedule.
- **Music Control:** Play, pause, and skip tracks on your smartphone directly from the watch.
- **Weather Forecast:** Check current weather conditions and forecasts.
- **Remote Camera:** Use the watch as a remote shutter for your smartphone camera.
- **Flashlight:** A simple flashlight function for dark environments.
- **Calculator:** Perform basic calculations on your wrist.

- **Find Phone:** Locate your misplaced smartphone by making it ring (requires call function to be active on the watch).
- **Stopwatch & Timer:** Useful for sports, cooking, and time management.
- **Mini-Games:** Built-in games for entertainment.

星空ゴールドとピンクゴールドの比較

バンドの色に顕著な違いがありますが、時計本体のフレームの色は同じです。下記の写真を見比べてください。
※星空ゴールドのベルトはベージュに近い色です。



フレームの色はお使いのモニターや光の加減によってはピンクゴールドのように見えます。恐れ入りますがご理解頂きますようお願いいたします。

Image: Icons representing various convenience tools like alarm, music control, weather, and remote camera.

大切な人への贈り物・開箱即用

組み立て不要、初心者でも迷わず簡単設定

🎁 ありがとうの気持ちを、特別なギフトに。

さまざまなシーンで喜ばれています



安心のサービス保障

図解入りの
日本語説明書付属
(後半部分)
設定から使い方で、
わかりやすく丁寧に解説。
シニアの方でも安心です。



バンド装着済みで
お届け
届いてすぐに使えるから、
贈り物にも最適です。



ギフトに最適な高級感あるパッケージ



面倒な組み立て・設定は一切不要



年齢を問わず使いやすいシンプル設計



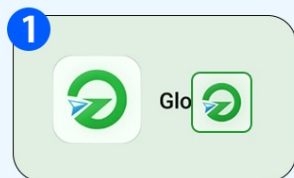
安心の日本語サポート対応



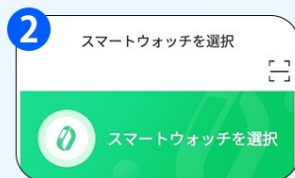
贈る人の「想い」を、確かな品質でお届けします。

Image: Display of additional functions including calculator, flashlight, find phone, mini-games, and multi-language support.

初回の接続方法



「GloryFit」アプリをダウンロードして初期設定を行ってください。



設定完了後、専用アプリのデバイス画面に入ります。



「スマートウォッチを選択」をタップして、「D1(ID-****)」を選択ください。



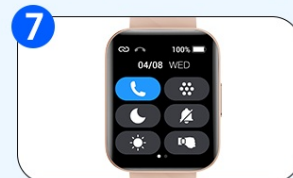
Bluetoothペアリングの要求と通知の受信を許可ください。



ペアリングが完了したら、スマホのBluetoothで接続済を表示されます。



iPhoneの場合はスマホの設定で「Bluetooth」>「D1」>「連絡先を同期を有効ください」。



スマートウォッチで通話機能を有効ください。



右ボタンを押して、機能メニューで「電話」をタップして、電話してみてください。

Image: Screen showing the "Find Phone" function in action, indicating the phone is ringing.



Image: Settings for managing sound, vibration, and do-not-disturb mode on the smartwatch.

7. MAINTENANCE

7.1 Cleaning

Regular cleaning helps maintain the device's appearance and functionality.

- Wipe the screen and watch body with a soft, lint-free cloth.
- If necessary, slightly dampen the cloth with water. Avoid using harsh chemicals or abrasive materials.
- Clean the charging contacts periodically to ensure proper connection.

7.2 Water Resistance

The smartwatch is IP68 rated for water resistance. This means it can withstand splashes, rain, and brief immersion in shallow water. However, it is not suitable for:

- Hot showers, saunas, or steam rooms.
- Diving or high-pressure water activities.
- Exposure to chemical liquids.

Damage caused by improper use in water is not covered under warranty.

多機能搭載

日常をより便利に、快適にする実用的な機能。



電卓機能

いつでもどこでも、
手首で素早く計算



懐中電灯

暗闇を明るく照らし、
夜間の安全をサポート



スマホ探し

ワンタップでスマート
フォンの場所を特定



ミニゲーム内蔵

退屈な待ち時間も、
手軽に楽しく暇つぶし



多言語対応

日本語をはじめ、グローバ
ルな複数言語に対応



Image: Visual representation of the smartwatch's IP68 water resistance, showing it can withstand hand washing and sweat.

7.3 Band Replacement

The watch band is designed for easy replacement. The compatible band width is 22mm.

- To remove the band, locate the quick-release pins on the underside of the watch where the band connects.
- Slide the pin inwards to detach the band.
- To attach a new band, align the pin with the holes on the watch and slide the pin into place.

8. TROUBLESHOOTING

Problem	Possible Solution
Watch does not turn on.	Ensure the watch is fully charged. Press and hold the side button for several seconds.
Cannot pair with smartphone.	• Ensure Bluetooth is enabled on your phone and the watch. • Make sure the watch is within range of your phone. • Restart both the watch and your phone. • Check if the GloryFit app has necessary permissions. • Forget the device in your phone's Bluetooth settings and try pairing again.
Notifications are not received.	• Ensure the watch is connected to the app. • Check notification settings in the GloryFit app for specific applications. • Verify that your phone's notification permissions are granted to the GloryFit app. • Disable "Do Not Disturb" mode on the watch.
Inaccurate health data.	• Ensure the watch is worn snugly on your wrist, not too tight or too loose. • Clean the sensor on the back of the watch. • Remember that this device is not a medical instrument; data is for reference only.

Problem	Possible Solution
Short battery life.	◦ Frequent use of Bluetooth calling, GPS (via phone), and continuous heart rate monitoring can reduce battery life. ◦ Reduce screen brightness or screen-on time. ◦ Disable unnecessary features.
"Find Phone" function not working.	◦ Ensure the watch's call function is active (not greyed out). ◦ Verify that your phone's media volume is turned up. ◦ Confirm the watch is connected to your phone via Bluetooth.

9. SPECIFICATIONS

Feature	Detail
Model Number	D1
Brand	RUIMEN
Display Size	1.85 inches
Display Type	AMOLED
Display Resolution	320x386 pixels
Max Brightness	500 nits
Connectivity	Bluetooth 5.4
Operating System	Proprietary OS (compatible with Android 5.0+ and iOS 9.0+)
Memory Storage	128 MB
Battery Capacity	300 mAh
Average Battery Life	5-7 days (normal use), up to 30 days (standby)
Charging Time	1.5 Hours
Water Resistance	IP68
Weight	40.5 grams
Band Material	Silicone
Band Width	22 mm
Compatible Devices	Android devices, iOS devices
Sensors	Heart rate, Blood oxygen, Pedometer, Distance, Weather
Supported Apps	GloryFit, Alarm, Find Phone, Fitness Tracker, Phone, Phonebook
GPS	Smartphone-based GPS (GLONASS, NavIC, QZSS)

RUIMEN



Image: Detailed product dimensions and battery life estimates for the RUIMEN Smartwatch D1.

10. WARRANTY AND SUPPORT

10.1 Warranty Information

The RUIMEN Smartwatch D1 comes with a **1-year manufacturer's warranty** from the date of purchase. This warranty covers manufacturing defects and malfunctions under normal use. It does not cover damage caused by misuse, accidents, unauthorized repairs, or failure to follow the instructions in this manual.

Please retain your proof of purchase for warranty claims.

10.2 Customer Support

For any questions, technical assistance, or warranty claims, please contact RUIMEN customer support. You can typically find contact information on the official RUIMEN website or through the retailer where you purchased the product.

When contacting support, please provide your product model (D1) and a detailed description of the issue.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question