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› TRALT Office Chair User Manual

TRALT TRALT+TRALT+YX001-2-BG-US

TRALT Office Chair User Manual

Model: TRALT+TRALT+YX001-2-BG-US

1. INTRODUCTION

Thank you for choosing the TRALT Ergonomic Office Chair. This manual provides essential information for the assembly, operation, maintenance, and troubleshooting of your new chair. Designed for comfort and support during long hours, this chair features a breathable mesh back, a comfortable seat, and adjustable components to enhance your seating experience.

Please read this manual thoroughly before assembly and use to ensure proper function and longevity of your product. Keep this manual for future reference.

2. PRODUCT OVERVIEW AND COMPONENTS

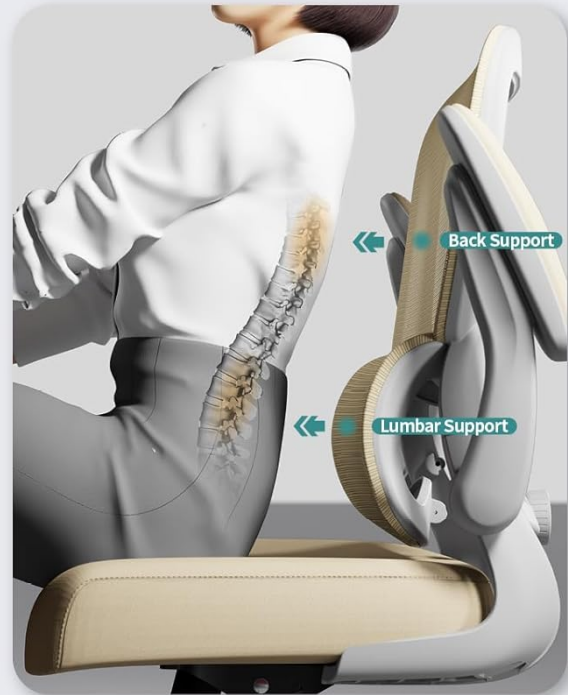
The TRALT Office Chair is engineered for ergonomic support and durability. Familiarize yourself with the main components before assembly.



Figure 2.1: TRALT Ergonomic Office Chair (Beige)

This image displays the complete TRALT ergonomic office chair in beige, showcasing its mesh back, padded seat, and wheeled base, ready for use in an office environment.

Adaptable Lumbar Support



**Protect your spine
and lower back**

Figure 2.2: Core Accessories for Safety and Comfort

This image illustrates four key components: the base knob for seat back tension adjustment, an SGS certified level 3 gas lift cylinder, the sturdy 5-point metal base for strong carrying capacity (up to 330 lbs), and silent rolling pulleys designed to protect floors.

Included Components:

- Chair Back (Mesh Back)
- Seat Cushion (Foam Fill)
- Arm Pads (Armless design, but includes arm pads as part of the chair structure)
- Gas Lift Cylinder (SGS Certified Level 3)
- Star Base (5-point metal base)
- Casters (Silent rolling wheels)
- Assembly Hardware (Screws, washers, Allen wrench - typically included)

3. ASSEMBLY INSTRUCTIONS

Assembly typically requires one person and takes approximately 20-30 minutes. Ensure all parts are present before beginning. A Phillips head screwdriver may be required in addition to the included Allen wrench.

1. **Attach Casters to Base:** Insert the silent rolling casters into the holes at the end of each leg of the 5-point star base. Push firmly until they click into place.
2. **Insert Gas Lift:** Place the gas lift cylinder into the center hole of the assembled star base.
3. **Attach Mechanism to Seat:** Secure the seat plate mechanism to the underside of the seat cushion using the provided screws. Ensure the front of the mechanism aligns with the front of the seat.
4. **Connect Backrest to Seat:** Attach the backrest to the seat assembly. Follow the specific screw points indicated in the assembly diagram (refer to included paper manual for detailed diagrams).
5. **Place Seat Assembly onto Gas Lift:** Carefully place the assembled seat and backrest onto the gas lift cylinder, ensuring the tapered end of the gas lift fits securely into the mechanism.
6. **Final Checks:** Once assembled, sit on the chair to ensure all components are securely connected and stable. Test the height adjustment and recline functions.

Note: Detailed visual assembly steps are typically provided in the physical instruction manual included with your product.

4. OPERATING INSTRUCTIONS

Your TRALT Office Chair offers several adjustable features to customize your comfort.

4.1. Height Adjustment

To adjust the chair's height, locate the lever on the right side, beneath the seat. While seated, pull the lever up to lower the chair. To raise the chair, stand up slightly and pull the lever up. Release the lever at your desired height.

4.2. Recline Function

The chair features a recline function allowing the backrest to tilt between 90° and 120°. To recline, lean back gently. The chair will follow your movement. To lock the recline position or adjust the tension, refer to the base knob.

4.3. Adaptable Lumbar Support

The TRALT chair includes an adaptable lumbar support system to protect your spine and lower back. Adjust the lumbar support by rotating the knob located on the side of the backrest. This allows you to customize the depth and position of the lumbar curve to fit your body.

Adaptable Lumbar Support

Protect your spine and lower back



Figure 4.1: Lumbar Support Adjustment Knob

This image shows the knob used to adjust the adaptable lumbar support, allowing users to customize the support for their lower back.



Figure 4.2: Detailed View of Lumbar Support

This image provides a closer look at the lumbar support mechanism, highlighting its adjustable nature to provide optimal spinal alignment.

4.4. 90° Flip-up Armrests

The armrests on your TRALT chair can be flipped up by 90 degrees. This feature allows you to push the chair closer to your desk, saving space, or to easily move in and out of the chair. Simply lift the armrests upwards until they lock into the vertical position. To lower them, gently pull them down.



Figure 4.3: Flip-up Armrests for Space Saving

This image demonstrates the 90-degree flip-up armrest feature, illustrating how it allows the chair to be tucked under a desk, saving space.

4.5. Seat Back Tension Adjustment

The tension of the seat back recline can be adjusted using the knob located underneath the seat, typically at the front of the mechanism. Turn the knob clockwise to increase tension (making it harder to recline) and counter-clockwise to decrease tension (making it easier to recline).



Figure 4.4: Base Knob for Seat Back Tension

This image highlights the base knob mechanism, which allows users to adjust the tension of the seat back's recline, providing personalized comfort.

5. MAINTENANCE AND CARE

Regular maintenance will help prolong the life and appearance of your TRALT Office Chair.

- **Cleaning:**
 - For the mesh back and fabric seat, use a soft cloth dampened with mild soap and water. Avoid abrasive cleaners or harsh chemicals.
 - Wipe down plastic and metal parts with a damp cloth.
 - Vacuum the mesh and fabric periodically to remove dust and debris.
- **Casters:** Periodically check the casters for hair or debris that may impede smooth rolling. Clean as necessary.
- **Hardware:** Every 6 months, check all screws and bolts to ensure they are tight. Retighten if necessary to maintain stability and safety.
- **Avoid Overloading:** Do not exceed the maximum weight capacity of 330 lbs.
- **Sunlight Exposure:** Avoid prolonged exposure to direct sunlight to prevent fading of fabric and degradation of materials.

6. TROUBLESHOOTING

If you encounter any issues with your TRALT Office Chair, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Chair does not adjust height	Gas lift cylinder malfunction or lever not engaged.	Ensure the height adjustment lever is fully pulled. If the issue persists, the gas lift may need replacement. Contact customer support.
Chair wobbles or feels unstable	Loose screws or improper assembly.	Check all assembly screws and tighten them securely. Ensure the gas lift is fully seated in the base and seat mechanism.
Casters do not roll smoothly	Debris (hair, lint) caught in casters or damaged casters.	Turn the chair over and remove any debris from the caster wheels. If damaged, casters may need replacement.

Problem	Possible Cause	Solution
Backrest does not recline or is too loose/tight	Tension knob adjustment or mechanism issue.	Adjust the seat back tension knob (under the seat) to your desired resistance. If the mechanism is faulty, contact customer support.

If these solutions do not resolve the issue, please contact TRALT customer support for further assistance.

7. SPECIFICATIONS

Feature	Detail
Brand	TRALT
Model Number	TRALT+TRALT+YX001-2-BG-US
Color	Beige
Back Style	Mesh Back
Special Feature	Adjustable Lumbar
Recommended Uses	Office
Maximum Weight Recommendation	330 lbs (3.5E+2 Pounds)
Fill Material	Foam
Furniture Base Movement	Swivel
Reclining Position Count	3 (90-120 degrees)
Product Dimensions (L x W x H)	10.87 x 10.87 x 19.37 inches (Package Dimensions)
Assembled Dimensions (W x H)	28.4 inches (72cm) x 38.2 inches (97cm) (approximate, based on diagram)
Seat Height Range	17.7 inches (45cm) to 21.7 inches (55cm) (approximate, based on diagram)
Item Weight	30.1 pounds

Product dimensions



Figure 7.1: Detailed Product Dimensions

This diagram provides detailed measurements of the TRALT office chair, including overall width, height, and seat height range.

8. WARRANTY AND SUPPORT

TRALT is committed to providing high-quality products. For specific warranty information regarding your TRALT Office Chair, please refer to the warranty card included with your purchase or visit the official TRALT website. In case of any issues or for technical support, please contact TRALT customer service directly. Keep your purchase receipt as proof of purchase for any warranty claims.

TRALT Customer Service: Please refer to the contact information provided on the product packaging or the official TRALT brand store on Amazon ([TRALT Store](#)) for the most current support details.