

## IDAHO JONES Pump-A-Collect Collection Cups 24mm, Flange Inserts 15mm

# Idaho Jones Pump-A-Collect Collection Cups and Flange Inserts User Manual

Comprehensive guide for the safe and effective use of your Idaho Jones breast milk collection system.

## INTRODUCTION

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Thank you for choosing the Idaho Jones Pump-A-Collect Collection Cups and Flange Inserts. This bundle is designed to provide a hands-free and discreet breast milk collection experience. This manual provides essential information for the proper setup, operation, maintenance, and troubleshooting of your product. Please read it thoroughly before first use and retain it for future reference.

The bundle includes two 24mm Pump-A-Collect Collection Cups and two sets of 15mm Flange Inserts, allowing for a customized and comfortable fit.

## SAFETY INFORMATION

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- Always wash and sterilize all components that come into contact with breast milk before first use and after each subsequent use.
- Inspect all parts before each use for signs of damage or wear. Discard and replace any damaged parts immediately.
- This product is intended for personal use by a single user. Sharing may pose health risks.
- Keep all components out of reach of children when not in use.
- Do not use abrasive cleaners or scouring pads, as these can damage the product.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

## PACKAGE CONTENTS

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Your Idaho Jones Pump-A-Collect bundle includes the following components:

- 2 x 6oz Collection Cups (24mm)
- 2 x 24mm Silicone Breast Shields/Flanges (integrated into cups)

- 2 x Duckbill Valves
- 2 x Valve Bases
- 2 x Alternative Valves
- 2 x Membrane Caps
- 2 x Membranes
- 4 x Tubing Adapter A
- 4 x Tubing Adapter B
- 2 sets of 15mm Flange Inserts

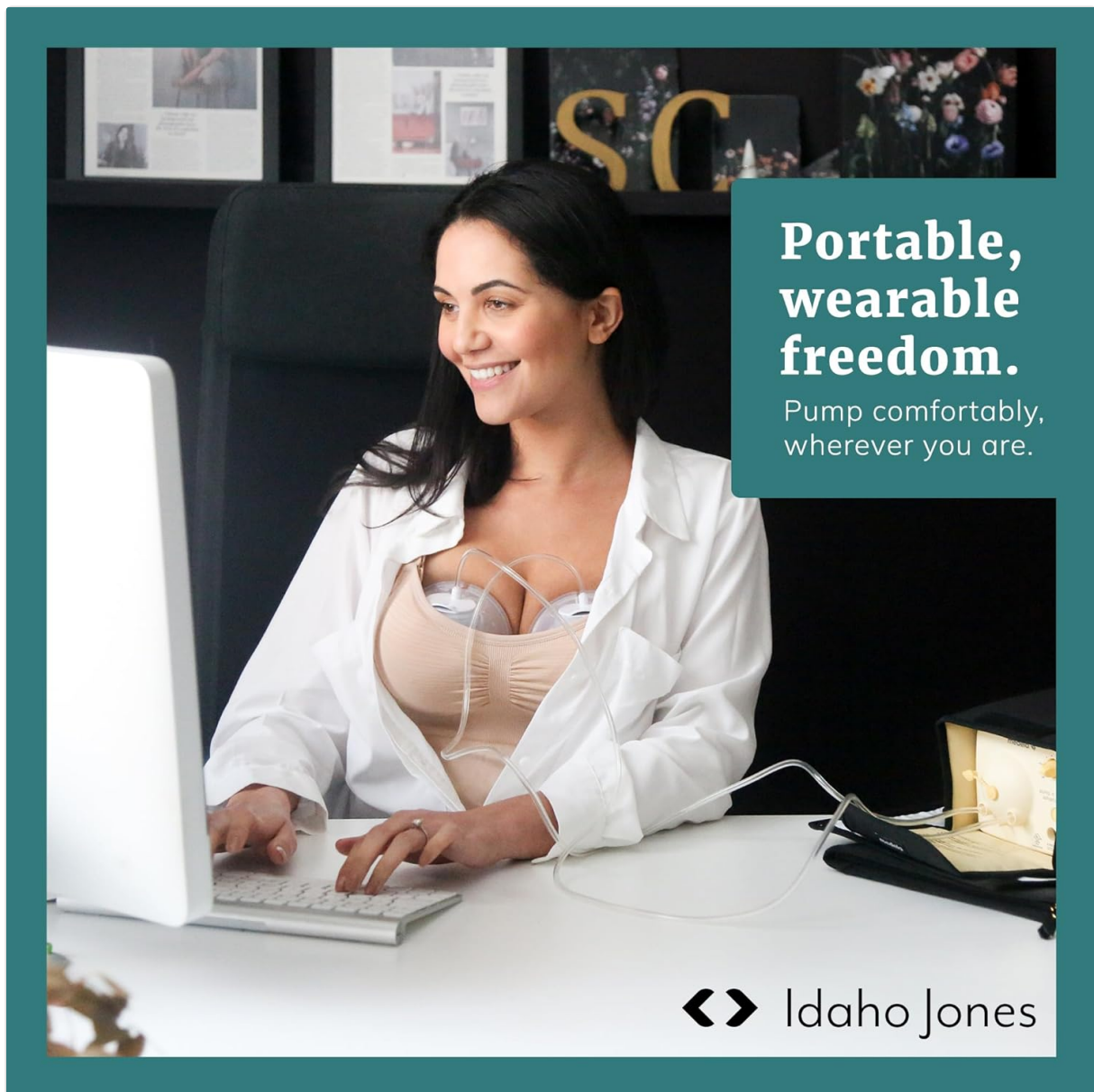


Image: All components of the Idaho Jones Pump-A-Collect system, including various valves, membranes, and tubing adapters.

## SETUP

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Follow these steps to assemble your Pump-A-Collect cups and prepare them for use:

1. **Clean and Sterilize:** Before first use, disassemble all components and wash them thoroughly with warm soapy water. Rinse well and sterilize according to your preferred method (e.g., boiling, steam sterilizer). Allow to air dry completely.
2. **Assemble the Valve System:** Insert the duckbill valve into the valve base. Ensure it is securely seated.

Alternatively, if using the round valves, place the membrane onto the valve base, then secure it with the membrane cap.

3. **Attach Valve System to Cup:** Firmly press the assembled valve system onto the bottom opening of the 24mm collection cup.
4. **Insert Flange Inserts (if needed):** If your nipple size requires a 15mm flange, gently push the 15mm silicone flange insert into the 24mm silicone breast shield of the collection cup until it sits snugly. Ensure it is flush and creates a smooth surface.
5. **Connect Tubing:** Attach the appropriate tubing adapter (A or B) to the top port of the collection cup. Connect your breast pump tubing to this adapter.



Image: The 24mm collection cup with a 15mm flange insert, showing how the insert reduces the flange size for a better fit.

## OPERATING INSTRUCTIONS

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Using your Idaho Jones Pump-A-Collect system for hands-free pumping:

1. **Positioning:** Place the assembled collection cups over your breasts, ensuring your nipple is centered within the flange opening (or insert opening). The cups are designed to fit discreetly inside most nursing bras.
2. **Secure in Bra:** Adjust your bra to hold the collection cups firmly against your breasts. A well-fitting bra is crucial for maintaining suction and comfort.
3. **Connect to Pump:** Connect the tubing from the collection cups to your electric breast pump.

4. **Start Pumping:** Turn on your breast pump and adjust the suction and cycle settings to your comfort level. Begin with a gentle suction and gradually increase as tolerated.
5. **Monitor Milk Flow:** The transparent design allows you to monitor milk flow. Pump until your breasts feel empty or milk flow significantly slows.
6. **Discontinue Pumping:** Turn off your breast pump. Gently break the suction before removing the cups from your bra.
7. **Transfer Milk:** Carefully remove the collection cups. Pour the collected breast milk into a storage bottle or bag.

**Convenient  
and discreet.**

Fits in any bra!



Image: A user demonstrating hands-free pumping while working, with the collection cups discreetly worn.

# Idaho Jones



6oz Collection Cups



24mm Silicone Breast Shields/ Flanges



Duckbill Valves



Valve Bases



Valves (Alternative to Duckbill Valves)



Membrane Caps



Membranes



Tubing Adapter A (x4)



Tubing Adapter B (x4)

Image: The collection cups fitted inside a bra, illustrating their discreet design.

# Hands-free & discreet pumping



Image: A user demonstrating comfortable, hands-free pumping in a relaxed setting.

## MAINTENANCE AND CLEANING

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Proper cleaning and maintenance are essential for hygiene and product longevity.

1. **Disassembly:** After each use, carefully disassemble all parts of the collection cups, including the flange inserts, valves, membranes, and caps.
2. **Washing:** Wash all disassembled parts in warm, soapy water. Use a soft brush to clean hard-to-reach areas. Rinse thoroughly under running water.
3. **Sterilization:** Sterilize all parts that come into contact with breast milk at least once a day. Methods include boiling for 5 minutes, using a steam sterilizer, or a dishwasher (top rack only, if dishwasher safe).
4. **Drying:** Allow all parts to air dry completely on a clean paper towel or drying rack. Do not use cloth towels, as they may leave lint.
5. **Storage:** Store clean, dry components in a clean, covered container or bag until the next use.



## Pump-A-Collect

A hands-free and convenient solution to pumping breast milk.



Image: Transferring collected breast milk from the cup to a storage container.

## TROUBLESHOOTING

If you encounter issues, refer to the following common problems and solutions:

- **Low Suction:**
  - Ensure all parts are correctly assembled and securely fitted.
  - Check for cracks or tears in the silicone parts (flange, duckbill valve, membrane). Replace if damaged.
  - Verify that the tubing is securely connected to both the cup adapter and the breast pump, with no kinks or blockages.
  - Ensure your bra is holding the cups firmly against your breast to create a good seal.
- **Discomfort or Pain During Pumping:**
  - Check your flange size. If your nipple rubs against the sides of the tunnel, you may need a smaller size (use the 15mm inserts if your original flange is too large).
  - Ensure your nipple is centered in the flange tunnel.
  - Reduce the suction level on your breast pump. Pumping should not be painful.
- **Milk Leakage:**

- Ensure the collection cup is not overfilled. The maximum capacity is 6oz.
  - Check that all components are securely assembled and that the valve system is properly sealed.
  - Verify that the cups are positioned correctly and held firmly by your bra.
- **Difficulty Transferring Milk:**
    - Ensure the pouring spout is fully open and not obstructed.
    - Hold the cup level and pour slowly to prevent spills.

## SPECIFICATIONS

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- **Collection Cup Size:** 24mm (silicone breast shield)
- **Flange Insert Size:** 15mm
- **Collection Capacity:** 6oz per cup
- **System Type:** Closed System
- **Usage:** Hands-Free, Wearable
- **Included Components:** Collection Cups, Flange Inserts, Valves, Valve Bases, Membranes, Membrane Caps, Tubing Adapters.

## WARRANTY AND SUPPORT

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Idaho Jones is committed to providing high-quality products. If you experience any issues with your Pump-A-Collect Collection Cups and Flange Inserts, or have questions not covered in this manual, please contact Idaho Jones customer support. Refer to the product packaging or the official Idaho Jones website for contact information.

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