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› anyloop Fitness Tracker Watch User Manual

anyloop ALB1

anyloop Fitness Tracker Watch User Manual

MODEL: ALB1

1. INTRODUCTION

This manual provides detailed instructions for setting up, operating, and maintaining your anyloop Fitness Tracker Watch. This device is designed to help you monitor your health and fitness activities with ease and precision.

What's in the Box

- 1 x Smartwatch



Image: The anyloop Fitness Tracker Watch in purple, showcasing its sleek design and display.

2. SETUP GUIDE

Initial Power-On and Connection Pairing

1. Long press the button for about 5 seconds to turn on the device.
2. Choose the language you want in the language interface.
3. Scan the QR code to download the anyloop APP and register to log in.
4. Open the APP to scan and recognize the QR code of the watch for binding.
5. Receive notifications as needed and confirm that the binding is complete.

Video: Demonstrates the initial power-on and pairing process of the anyloop fitness tracker with a smartphone.

How to Turn On Message Notification

1. After binding the watch, please authorize to open the notification permission pop-up window evoked by the app.
2. Open Anyloop APP, [Device]--->[Message Notification]--->Find the notification you need to open, and turn it on.
3. Turn on notification authorization:
iOS: Settings go to the Bluetooth interface, find the name of the paired watch and tap in to turn on shared system notifications.
Android: Find the notification permission in the app settings interface and turn it on.

Video: Illustrates the steps to enable message notifications on the fitness tracker via the companion app.

How to Link Again After Disconnection

1. Make sure Bluetooth is on.
2. Restart the app to turn on Bluetooth again.
3. Find the appropriate watch model inside the app.

Video: Shows how to re-establish connection with the fitness tracker after a disconnection.

Switch Language

1. Slide down the notification bar and find the Settings button.
2. Go to the Settings screen and find the language settings.

Video: Demonstrates how to change the language settings on the fitness tracker.

How to Change the Data Unit (Length and Temperature)

1. The watch is bound to anyloopAPP in the transitive state.
2. Go to my interface, find the upper right corner of the settings, click on it and then find the unit settings.

Video: Explains how to adjust the data units (e.g., metric/imperial, Celsius/Fahrenheit) on the fitness tracker.

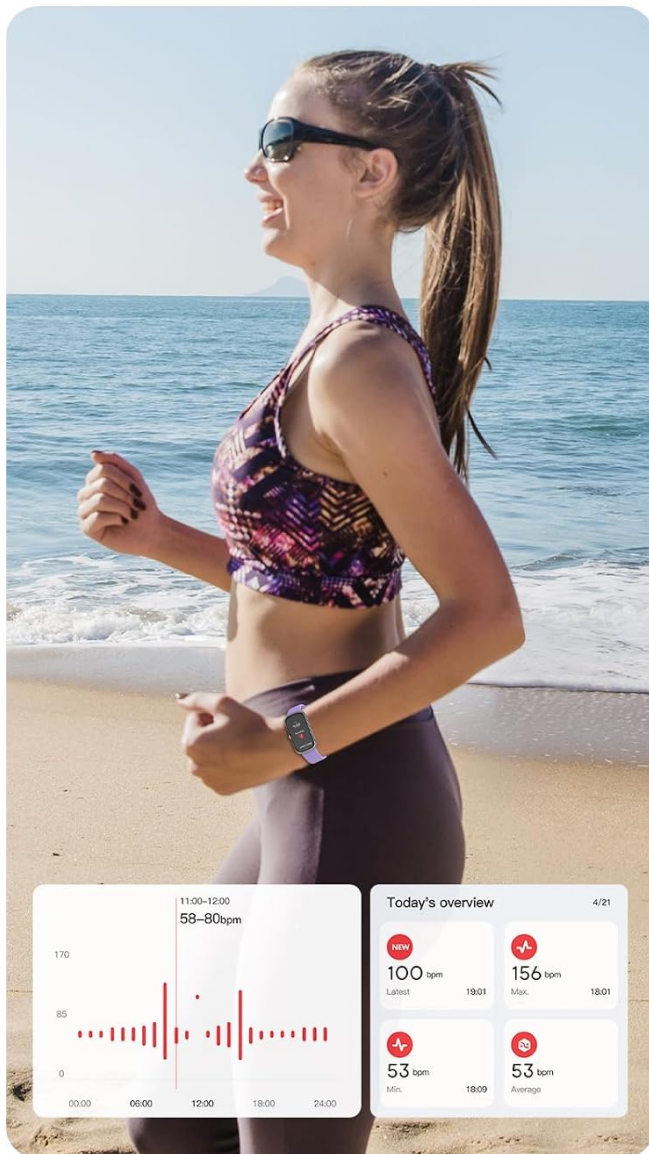
3. OPERATING INSTRUCTIONS

Health Tracking Features

- **Heart Rate Tracking:** Equipped with a high-precision heart rate sensor for real-time monitoring.
- **Blood Oxygen Saturation Detection:** Measure your blood oxygen levels to help adjust your overall state.

- **Sleep Monitoring:** Analyzes your sleep quality, tracking deep sleep, light sleep, and awake periods.
- **Activity Tracking:** Accurately monitors steps, distance, and calorie consumption.

All Day Health Monitoring



Heart Rate



Blood oxygen



Blood Oxygen

Sleep Monitor



Image: The watch display showing heart rate, blood oxygen, and sleep monitoring data.

Smart Reminders and Notifications

- Connects to your smartphone for reminders of calls, messages, emails, and social media notifications via vibrations and screen displays.
- Check real-time weather and change music directly on the smartwatch.
- Includes features like menstrual cycle reminders for women, camera control, and sedentary reminders.

Reminders & Message Notification



Image: The watch displaying incoming message notifications from a connected smartphone.

Sports Modes

- Offers over 20 sports modes covering almost all daily physical activities.
- Provides corresponding sports data and suggestions for effective exercise.

All Around Fitness Tracker



Image: The watch display showing a selection of available sport modes like running, mountain climbing, cycling, and basketball.

Display and Customization

- Features a curved design with a 1.47" HD color touchscreen for a better visual and operational experience.
- Offers 100+ cloud-based watch faces and allows customization with your own photos.

1.47" HD Full Touch Screen



100+ Exquisite dials, also supports album customization



Multi-function

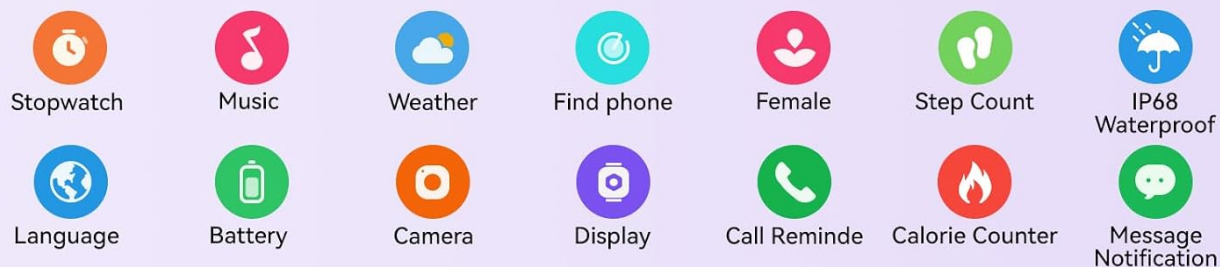


Image: The watch display showcasing different watch face options and multi-function icons.

4. CARE AND MAINTENANCE

Waterproofing

- Designed with IP68 waterproofing, allowing use in various daily life environments, including handwashing, showers, and rainy days.

100+ Cloud Watch Face



Image: The watch being used in water, highlighting its IP68 waterproof rating.

Battery and Charging

- Takes only 1.5-2 hours to fully charge.
- Provides 5-7 days of daily usage and 20 days of standby time.

Fast Charging & Long Battery Life



1.5
Hrs Charging

5-7
Days Use

20
Days Standby

Image: The watch connected to its magnetic charger, indicating fast charging and long battery life.

5. TROUBLESHOOTING

For common issues such as connectivity problems, inaccurate readings, or charging difficulties, please refer to the official Troubleshooting Guide PDF for detailed solutions.

Troubleshooting Guide (PDF): [Download Here](#)

If issues persist, ensure your device and app are updated to the latest versions. Try restarting both the watch and your smartphone.

6. PRODUCT SPECIFICATIONS

Feature	Detail
Package Dimensions	3.82 x 3.74 x 1.34 inches
Item Weight	0.88 ounces (24.95 g)
ASIN	B0CQ73ZWSB
Item model number	ALB1
Batteries	1 Lithium Polymer batteries required (included)
Standing screen display size	1.47 Inches
Memory Storage Capacity	64 MB
Operating System	Touch
Special Feature	Sleep Monitor, Oxymeter (SpO2), Heart Rate Monitor
Battery Capacity	160 Milliamp Hours
Connectivity Technology	Bluetooth
Wireless Communication Standard	Bluetooth
Battery Cell Composition	Lithium Polymer
GPS	No GPS
Shape	Rectangular
Manufacturer	anyloop
Country of Origin	China

7. WARRANTY AND SUPPORT

For further assistance, detailed user guides, or warranty information, please refer to the official User Manual PDF or contact anyloop customer support.

User Manual (PDF): [Download Here](#)

For direct support, visit the anyloop store on Amazon or their official website for contact information.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Open the live page

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