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OVUTEK VFS335 PUS

OVUTEK Smart Scale

INSTRUCTION MANUAL - MODEL VFS335 PUS

Product Overview

The OVUTEK Smart Scale is a digital bathroom scale designed to provide comprehensive insights into your body composition. It measures not only body weight but also 13 other key fitness metrics, including BMI, body fat, muscle mass, and more. The scale connects to a dedicated smartphone application, allowing you to track your progress, set goals, and manage health data for multiple users.



Figure 1: The OVUTEK Smart Scale, showcasing its sleek design and connectivity with a smartphone app and smartwatch for comprehensive health tracking.

Key Features:

- **Professional Free App:** Easy-to-use health app for tracking fitness goals, compatible with Fitbit, Apple Health, and Google Fit.
- **14 Key Fitness Metrics:** Tracks weight, BMI, body fat, muscle mass, body water, bone mass, subcutaneous fat, visceral fat, fat-free body weight, skeletal muscles, protein, BMR, metabolic age, and weight control.
- **Excellent Quality:** Features upgraded electrodes and sensors for extraordinary accuracy, tempered glass, rounded corners, and anti-slip pads for safety.
- **Long Battery Life:** Includes 2 AAA batteries, lasting up to 18 months with one-time daily use.
- **Easy & Convenient:** Features an easy-to-read LED display with automatic on/off, low battery, and overload indicators. Supports lb/kg unit selection.
- **Multiple Features:** Includes Unlimited Users Mode for family use, Zero-Current Mode for pregnant users or those with implanted medical devices, and Family Mode for tracking babies or pets.

Setup

1. Battery Installation:

Locate the battery compartment on the underside of the scale. Insert the two included AAA batteries, ensuring correct polarity (+/-). The scale display should briefly illuminate.



Looonger Battery Life

2 Upgraded AAA batteries included
Last up to 18 months of one-time daily use

18 Months

10.2in

*Battery life depends on device settings, environment, usage, and many other factors

The image features a dark background with a glowing pink and purple gradient. At the top, the word 'Looonger' is in a green rounded font, followed by 'Battery Life' in white. Below this, text states '2 Upgraded AAA batteries included' and 'Last up to 18 months of one-time daily use'. A large '18' is displayed in a glowing pink font, with a green battery icon containing a lightning bolt and the word 'Months' in green to its right. In the center, two AAA batteries are shown on a scale platform. A dashed line below the scale indicates a width of '10.2in'. At the bottom, a disclaimer reads '*Battery life depends on device settings, environment, usage, and many other factors'.

Figure 2: The OVUTEK Smart Scale is powered by 2 AAA batteries, designed for extended use up to 18 months.

2. App Download and Pairing:

1. Download the 'Ovutek Fitpal' app from your smartphone's app store (available on Apple App Store and Google Play Store).
2. Enable Bluetooth on your smartphone.
3. Open the 'Ovutek Fitpal' app and follow the on-screen instructions to create your user profile.
4. Step onto the scale to activate it. The app should automatically detect and pair with the scale via Bluetooth.

Smart Scale Works with Ovutek Fitpal App

Sync with



Google Fit



Fitbit



Apple Health

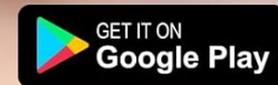


Figure 3: The OVUTEK Smart Scale seamlessly integrates with the Ovutek Fitpal app, which can sync data with popular health platforms like Google Fit, Fitbit, and Apple Health.

3. Unit Selection:

The scale supports both pounds (lb) and kilograms (kg). To switch units, locate the unit button on the underside of the scale, usually near the battery compartment. Press it to toggle between lb and kg.

Operating Instructions

1. Taking a Measurement:

1. Place the scale on a hard, flat surface (avoid carpets or uneven floors).
2. Ensure your smartphone's Bluetooth is on and the 'Ovutek Fitpal' app is open.
3. Step onto the scale barefoot, ensuring your feet are centered on the electrodes. Stand still until your weight reading stabilizes on the display.
4. Your body composition data will be automatically transmitted to the app.

Accurate & Easy Reading

Guaranteed by 16+ years experience,
20000+ times reliability test and advanced patented SaluOptim Tech

99.98%
Accuracy rate*

400lb
Max weight capacity

Brighter
Clear LED display

**The data is based on 20000+ times factory tests*

Figure 4: The scale features a bright, clear LED display for easy reading of your weight, with high accuracy guaranteed by advanced sensor technology.

2. Understanding Your Data:

The 'Ovutek Fitpal' app provides detailed analysis of your 14 body composition metrics. Navigate through the app to view historical data, trends, and insights into your health. You can set personal goals and monitor your progress daily, weekly, and monthly.

14 Body Composition Data

Accessible in the free Ovutek app

 **Weight** 116.2lb

 **Body fat** 22%

BMI **BMI** 23.1

 **Muscle mass** 29%

 Weight

BMI
BMI

 Body fat

 Protein

 Muscle mass

 BMR

 Fat-Free body weight

 Body water

 Visceral fat

 Bone mass

 Skeletal muscle

 Subcutaneous fat

 Metabolic age

 Weight control

Figure 5: The Ovutek app provides 14 comprehensive body composition data points, including weight, body fat, BMI, and muscle mass, to help you understand your health in detail.

Set Goal & Track Progress

Set goals

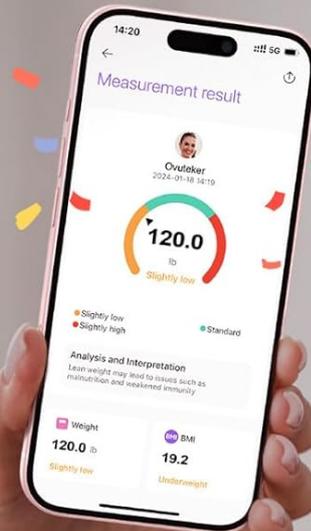
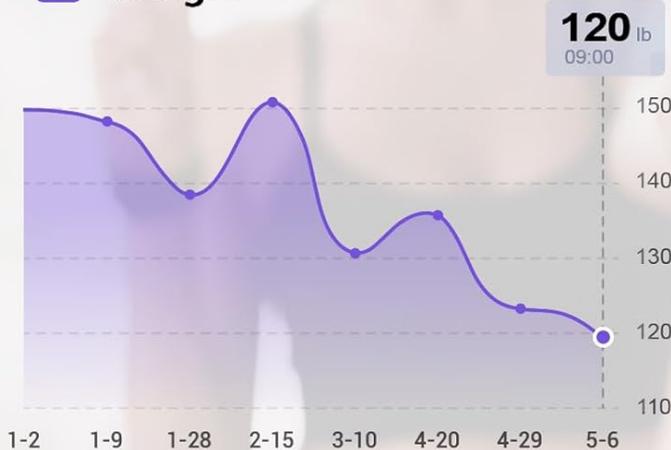
What is your body weight goal?

110	.0
120	.0
130	.0

Stay on track

All Day 7th 30 Days 90 Days

 **Weight** ▼



Get results
online or
download

Figure 6: The Ovutek Fitpal app allows users to set weight goals and track their progress over time with intuitive graphs and data visualization.

3. Special Modes:

- **Unlimited Users Mode:** The app supports an unlimited number of user profiles, making it convenient for the entire family to track their individual health data.
- **Zero-Current Mode:** For pregnant individuals or those with implanted medical devices (e.g., pacemakers), this mode measures only weight and BMI, avoiding bioelectrical impedance analysis.
- **Family Mode:** This feature allows you to track the growth of babies or pets. First, weigh yourself, then hold your baby or pet and weigh again. The app will automatically calculate the baby's or pet's weight.

Multiple Special Features

Zero-Current Mode



Family Mode



Unlimited Users

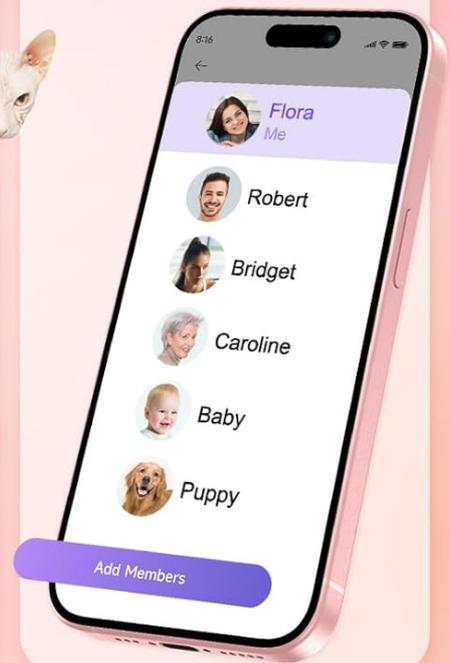


Figure 7: The OVUTEK Smart Scale offers versatile features including a Zero-Current Mode for sensitive users, a Family Mode for tracking babies or pets, and support for Unlimited Users.

Maintenance

Cleaning:

Wipe the scale surface with a soft, damp cloth. Do not use abrasive cleaners or immerse the scale in water. Ensure the scale is dry before storage or next use.

Storage:

Store the scale in a cool, dry place. Avoid extreme temperatures or direct sunlight. Do not place heavy objects on the scale when not in use.

Battery Replacement:

When the low battery indicator appears on the display, replace both AAA batteries promptly to ensure accurate readings and continuous operation.

Troubleshooting

Problem	Possible Cause	Solution
Scale not turning on	Low or dead batteries; incorrect battery installation.	Replace batteries; ensure correct polarity.
App not connecting to scale	Bluetooth is off; app not open; scale not activated; interference.	Ensure Bluetooth is on; open app; step on scale to activate; move closer to scale.
Inaccurate readings	Scale on uneven surface; not standing still; dirty electrodes; low battery.	Place on hard, flat surface; stand still; clean electrodes; replace batteries.
Body composition data not showing in app	Not standing barefoot; Zero-Current Mode active; app not fully synced.	Ensure bare feet contact electrodes; check app settings for mode; refresh app.

Specifications

- **Model Number:** VFS335 PUS
- **Weight Limit:** 400 Pounds (approx. 180 kg)
- **Display Type:** LED
- **Power Source:** 2 x AAA batteries (included)
- **Connectivity:** Bluetooth
- **Dimensions:** 11.18 x 10.98 x 1.54 inches
- **Weight:** 2.2 Pounds
- **Manufacturer:** Ovutek
- **Color:** Pink

Safety Information

Please read all instructions carefully before using the scale. Keep the scale away from water and extreme temperatures. Do not jump on the scale or drop it, as this may damage the device. For accurate body composition measurements, always stand barefoot on the electrodes.

Legal Disclaimer:

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This scale is intended for general health and wellness tracking and should not be used as a substitute for professional medical advice.

Warranty and Support

For warranty information or technical support, please refer to the contact details provided with your product packaging or visit the official OVUTEK website. If you encounter any issues not covered in this manual, please contact OVUTEK customer service for assistance.

