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LIVIVOX Wood

LIVIVOX Wood Under Desk Treadmill User Manual

Model: Wood

Introduction Safety Information Package Contents Setup Operation Maintenance Troubleshooting Specifications Support

1. Introduction

This manual provides essential information for the safe and effective use of your LIVIVOX Wood Under Desk Treadmill. Please read this manual thoroughly before operating the device and retain it for future reference.
The LIVIVOX Slimline Under Desk Treadmill is designed for both walking and light running, offering a versatile fitness solution for home or office environments. Its compact, installation-free design allows for easy integration into various spaces.



Image 1.1: The LIVIVOX Wood Under Desk Treadmill, showcasing its sleek design and wooden accents.

2. Important Safety Information

To reduce the risk of serious injury, read all important precautions and instructions in this manual before using the treadmill. LIVIVOX assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

General Precautions

- Always place the treadmill on a level surface.
- Keep children and pets away from the treadmill during operation.
- Wear appropriate exercise clothing and athletic shoes.
- Do not operate the treadmill if it has a damaged power cord or plug, or if it is not working properly.
- Ensure adequate clearance around the treadmill (at least 2 meters behind and 0.6 meters on each side).
- Do not use the treadmill in damp or wet locations.
- The maximum user weight capacity is 300 lbs (136 kg). Do not exceed this limit.

Electrical Safety

- Plug the power cord into a properly grounded outlet.
- Do not use an extension cord unless absolutely necessary; if one is used, ensure it is properly rated.
- Unplug the treadmill from the power outlet before cleaning, performing maintenance, or moving it.

3. Package Contents

Carefully unpack your LIVIVOX Wood Under Desk Treadmill and verify that all items listed below are present and undamaged. If any items are missing or damaged, please contact customer support.

- LIVIVOX Wood Under Desk Treadmill Unit
- Power Cord (6.56 Ft Length)
- Remote Control
- Coin Battery (CR2032) for Remote Control
- Hex Tool
- Lubricant (x2)
- Safety Key
- User Manual (this document)



Image 3.1: Illustration of the included components: power cord, remote control, coin battery, hex tool, lubricants, and safety key.

4. Setup and Placement

The LIVIVOX Wood Under Desk Treadmill is designed for installation-free setup, meaning it comes pre-assembled and ready for use. Follow these steps for initial placement:

1. **Unpack:** Remove the treadmill from its packaging.
2. **Position:** Place the treadmill on a firm, level surface. Ensure there is sufficient space around the unit for safe operation.
3. **Move with Wheels:** The treadmill is equipped with transportation wheels for easy movement. Tilt the unit slightly and roll it to your desired location.
4. **Connect Power:** Plug the power cord into the treadmill and then into a grounded electrical outlet.
5. **Insert Safety Key:** Attach the safety key to the designated slot on the treadmill's console. The treadmill will not operate without the safety key in place.



Image 4.1: Close-up view of the treadmill's underside, highlighting the transportation wheels for easy relocation.

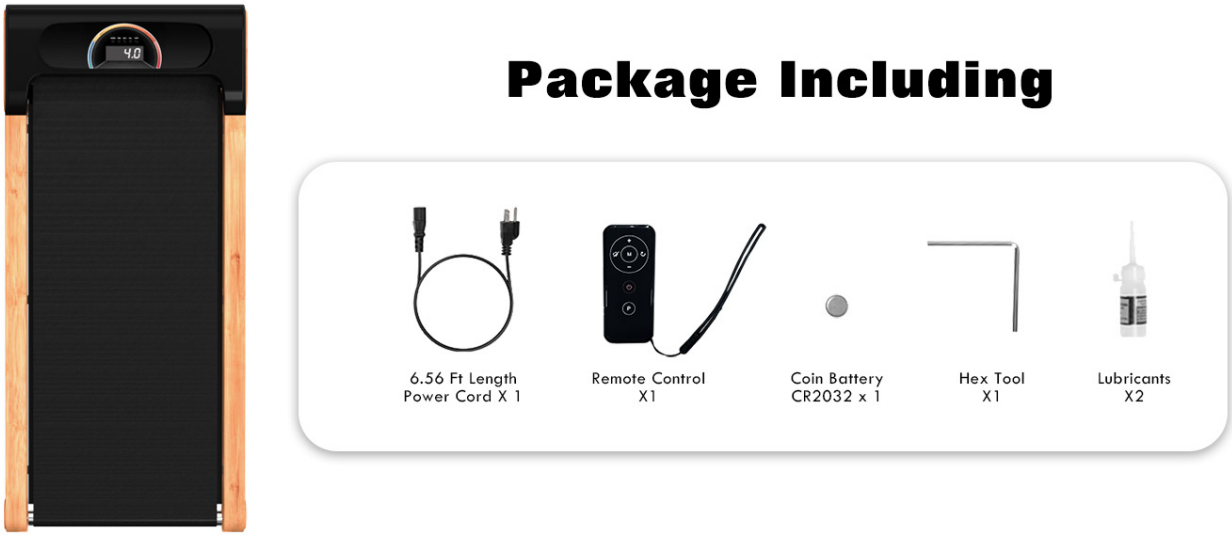


Image 4.2: The treadmill in use, demonstrating its suitability for both working at a standing desk and casual walking while reading.

5. Operating Instructions

Your LIVIVOX treadmill offers intuitive controls via the remote control and an integrated LED display.

5.1 Remote Control Functions

The remote control allows you to start, stop, and adjust the speed of the treadmill. Ensure the CR2032 coin battery is correctly installed.

- **Start/Stop Button:** Press to begin or end your workout.
- **Speed Adjustment:** Use the '+' and '-' buttons to increase or decrease the walking speed. The speed range is 0.5 to 4 mph (0.8 to 6 KMH).
- **Mode Selection:** Cycle through different exercise modes (P1-P12) if available.

5.2 LED Display

The integrated LED display provides real-time feedback on your workout metrics.

- **Speed:** Current walking/running speed.
- **Distance:** Total distance covered during the current session.
- **Time:** Duration of your workout.
- **Calories:** Estimated calories burned.
- **Steps:** Number of steps taken.

The display also features a cool light strip effect, where different speeds are indicated by different light colors.



Image 5.1: The treadmill's LED display showing speed and other metrics, alongside the remote control.



Image 5.2: Detailed view of the LED display, highlighting the dynamic light strip that changes color with speed.

5.3 Exercise Modes

The treadmill includes 12 pre-programmed exercise modes (P1-P12) designed to help improve cardiovascular fitness and burn fat. Refer to the remote control section for how to select these modes.

5.4 Running Belt and Shock Absorption

The treadmill features a wide running deck area of 16.5" x 42.5" with a non-slip design and 8 shock-absorbing pads. This system is designed to protect your knees and provide a comfortable walking or running experience.

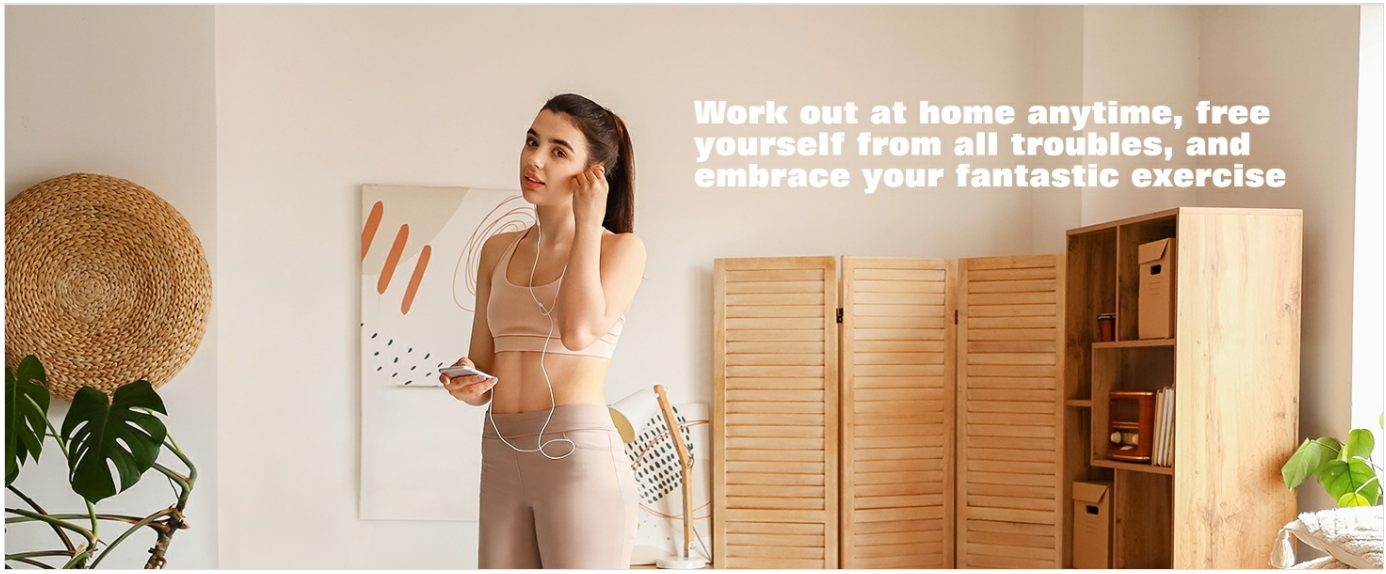


Image 5.3: Visual representation of the treadmill's wider running belt dimensions, indicating a width of 17 inches and a length of 41.3 inches.

6. Maintenance

Regular maintenance ensures the longevity and optimal performance of your treadmill.

6.1 Cleaning

- Always unplug the treadmill before cleaning.
- Wipe down the console and exterior surfaces with a soft, damp cloth. Avoid abrasive cleaners or solvents.
- Periodically vacuum under the treadmill to prevent dust buildup.

6.2 Lubrication

The running belt requires periodic lubrication to maintain smooth operation and prevent wear. Use the provided lubricant.

1. Unplug the treadmill.
2. Loosen the running belt tension bolts (if applicable, refer to specific instructions for your model).
3. Lift the edge of the running belt and apply a small amount of lubricant to the center of the deck, underneath the belt.
4. Tighten the belt tension bolts (if loosened).
5. Plug in the treadmill and run it at a low speed for a few minutes to distribute the lubricant.

Frequency of lubrication depends on usage. For moderate use (3-5 hours/week), lubricate every 3 months.

7. Troubleshooting

If you encounter issues with your treadmill, refer to the table below for common problems and solutions. If the problem persists, contact customer support.

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not plugged in; Safety key not inserted; Power switch off.	Ensure power cord is securely plugged in. Insert safety key. Turn on the power switch.
Running belt slips or hesitates.	Belt tension too loose; Belt needs lubrication.	Adjust belt tension (refer to maintenance section). Lubricate the running belt.
Remote control not responding.	Battery low or incorrectly installed.	Replace or correctly install the CR2032 coin battery.
Unusual noise during operation.	Loose components; Belt misalignment; Motor issue.	Check for and tighten any loose screws. Adjust belt alignment. If noise persists, contact support.

8. Product Specifications

Feature	Specification
Model Number	Wood
Product Dimensions	165.1 x 17.78 x 114.3 cm (65 x 7 x 45 inches)
Item Weight	25.4 kg (56 lbs)
Maximum Weight Capacity	300 lbs
Motor Power	3.0 HP (Peak 3.5 HP)
Speed Range	0.5 - 4 mph (0.8 - 6 KMH)
Running Belt Dimensions	16.5" x 42.5"
Display Type	LED
Number of Programs	12 (P1-P12)
Power Source	Corded Electric
Frame Material	Alloy Steel
Special Features	Bluetooth, Installation-Free, Remote Control



Image 8.1: Visual confirmation of the treadmill's 300 lbs maximum user weight capacity.

9. Warranty and Customer Support

LIVIVOX is committed to providing high-quality products and customer satisfaction. For any questions, concerns, or technical assistance, please contact our customer support team.
We offer 24-hour online service to address your inquiries promptly. Please refer to your purchase documentation or the LIVIVOX official website for specific warranty details and contact information.
Manufacturer: LIVIVOX Treadmill-04
Place of Business: Room 915, Block A, Dongxuan Mansion, Yinzhou District, Ningbo, China

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