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› URAQT Nasal Washer Kit (240ml) User Manual

URAQT C-QX-240ML231211-FBA

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Model: C-QX-240ML231211-FBA

INTRODUCTION

The URAQT Nasal Washer Kit is designed for effective nasal irrigation, helping to relieve nasal congestion, allergies, and clean nasal passages. It is suitable for both adults and children (from 4 years old) and made from high-quality, BPA-free ABS material. This manual provides essential information for safe and proper use of your nasal washer kit.

PACKAGE CONTENTS

- 1 x URAQT Nasal Washer Bottle (240ml capacity)
- 1 x Adult Nozzle
- 1 x Child Nozzle
- 40 x Neti Salt Packets (2.7g each)



Image: Overview of the URAQT Nasal Washer Kit components.

SAFETY INFORMATION

- **Consult a healthcare professional** before use if you have ear infections, recent ear surgery, or any other medical conditions.
- **Use only distilled, sterile, or previously boiled and cooled water.** Do not use tap water directly for nasal irrigation.
- Do not use if nasal passages are completely blocked or if you have an acute ear infection.
- Keep out of reach of children.
- Ensure the water temperature is close to body temperature (approximately 37°C / 98.6°F) to avoid discomfort.

SETUP

1. **Wash Your Hands:** Thoroughly wash your hands with soap and water before handling the kit.
2. **Clean Components:** Ensure the nasal washer bottle and nozzles are clean and dry before first use and after each subsequent use.
3. **Prepare Water:** Use 300ml of distilled, sterile, or previously boiled and cooled water. The ideal

temperature is around 37°C (98.6°F).

Double Nozzle

Wide caliber is suitable for adult, four-hole nozzle is suitable for child

360° Angle Design

which make the flow sent to the nasal cavity comfortably and prevent the backflow

Clear Tick Mark 240 ML

Easy to fill water



PP Material

Good quality material is more secure

Valve Button

which can easily control the water flow Please make sure the water temperature is around 37°C



Image: Bottle features including clear volume marks and valve button.

OPERATING INSTRUCTIONS

Follow these steps for effective nasal irrigation:

1. **Add Saline:** Pour one packet of URAQT Neti Salt into the 240ml nasal washer bottle.
2. **Add Water:** Fill the bottle with 300ml of warm water (approx. 37°C / 98.6°F).
3. **Dissolve Salt:** Securely close the bottle with the cap and shake gently until the salt is completely dissolved.
4. **Attach Nozzle:** Select the appropriate nozzle (adult or child) and firmly attach it to the bottle. The wide caliber, four-hole nozzle is for adults, and the softer flow nozzle is for children.
5. **Positioning:** Lean over a sink, tilt your head slightly to one side (e.g., left side for right nostril irrigation). Breathe through your mouth.
6. **Begin Irrigation:** Gently insert the nozzle into the upper nostril. Press the valve button at the bottom

of the bottle to start the flow of the solution. The solution will flow through the nasal passage and drain out of the lower nostril.

7. **Stop Flow:** Release the button to stop the flow.
8. **Repeat:** Remove the nozzle, stand upright, and gently blow your nose to clear any remaining solution. Repeat the process for the other nostril.



1. Pour a pack of neti salt



2. Put warm water (37.°C) into 300ml



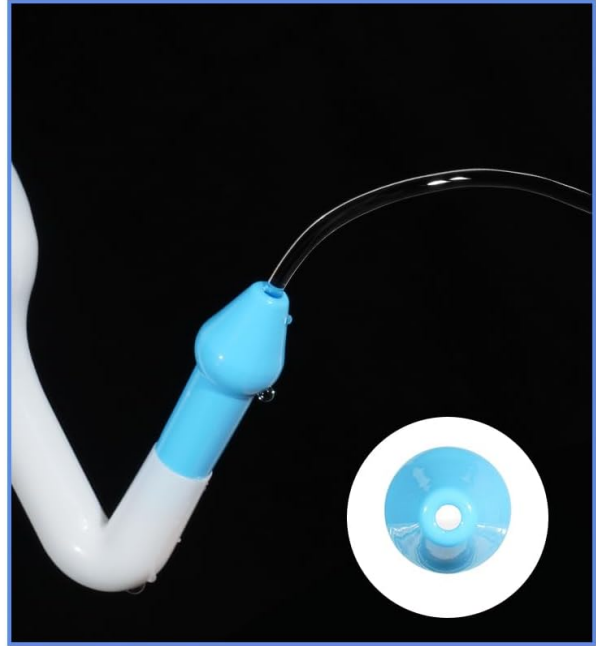
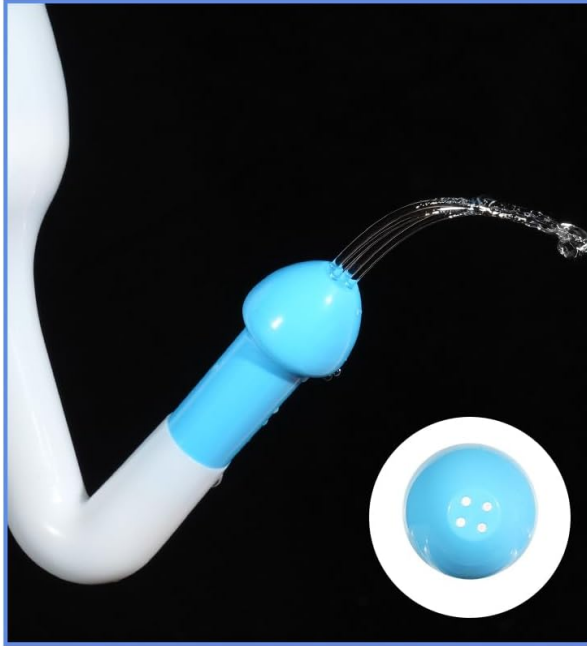
3. Shake it to dissolve the salt mixture



4. Wash your nose moderately and safely

Image: Step-by-step guide for preparing and using the nasal washer.

Two Different Nozzles



For children

light flow makes it softer and more comfortable

For adults

wash the dust in the nostrils fast with large flow

Image: Different nozzles for children and adults, showing flow patterns.

MAINTENANCE AND CLEANING

Proper cleaning ensures hygiene and extends the life of your nasal washer kit.

- **After Each Use:** Disassemble the bottle and nozzles. Rinse all components thoroughly with clean, warm water.
- **Drying:** Allow all parts to air dry completely before reassembling or storing. Place them on a clean towel or drying rack.
- **Storage:** Store the clean and dry kit in a cool, dry place away from direct sunlight.
- **Cleaning Method:** Hand wash only. Do not use a dishwasher or harsh chemical cleaners.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Water not flowing	Valve button not fully pressed; Nozzle blocked.	Ensure the valve button is fully depressed. Check nozzle for any blockages and clean if necessary.
Discomfort during use	Water temperature too hot or cold; Salt not fully dissolved; Incorrect head tilt.	Adjust water temperature to body temperature (approx. 37°C). Ensure salt is completely dissolved. Adjust head tilt for proper flow.
Solution leaking from mouth	Breathing through nose; Incorrect head position.	Breathe only through your mouth during irrigation. Adjust head tilt to allow solution to flow out the other nostril.

SPECIFICATIONS

- **Model Number:** C-QX-240ML231211-FBA
- **Brand:** URAQT
- **Material:** Acrylonitrile Butadiene Styrene (ABS)
- **Capacity:** 240ml
- **Dimensions:** 19.7 x 8.9 x 5.9 cm
- **Weight:** 180 grams
- **BPA-Free:** Yes
- **Power Source:** Manually powered
- **Water Resistance Level:** Waterproof
- **Care Instructions:** Hand wash with water

WARRANTY AND SUPPORT

URAQT is committed to providing reliable products and excellent after-sales service. For any questions, concerns, or support regarding your Nasal Washer Kit, please contact URAQT customer service through your purchase platform or the official URAQT website.