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**helavo H1210**

# Helavo Carbon Ultralight Rollator Walker H1210 Instruction Manual

Model: H1210

## 1. INTRODUCTION

This manual provides essential instructions for the safe and effective use of your Helavo Carbon Ultralight Rollator Walker, Model H1210. Please read this manual thoroughly before initial use and retain it for future reference. Proper assembly, operation, and maintenance are crucial for ensuring the longevity and safety of the device.



Image 1.1: The Helavo Carbon Ultralight Rollator Walker, Model H1210. This image displays the rollator in its upright, ready-to-use configuration, highlighting its carbon fiber frame, 8-inch wheels, seat, and storage bag.

## 2. SAFETY INFORMATION

- Always ensure all locking mechanisms are engaged before using the rollator.
- Do not exceed the maximum weight capacity of 300 lbs (136 kg).
- Regularly inspect the brakes, wheels, and frame for any signs of wear or damage.
- Use caution when navigating uneven surfaces or inclines.
- Do not use the rollator as a wheelchair or for transporting individuals.
- Consult a healthcare professional to ensure this device is suitable for your specific mobility needs.

## 3. SETUP AND INITIAL ASSEMBLY

Your Helavo Carbon Ultralight Rollator Walker arrives nearly fully assembled. Follow these steps to prepare it for use:

### 1. Unfolding the Rollator:

Carefully remove the rollator from its packaging. Place it on a flat, stable surface. Gently pull the handles outwards until the frame locks into its open position. Ensure the seat is flat and secure.

### 2. Attaching the Backrest:

The premium backrest is designed for comfort and support. Attach it to the designated slots on the handle tubes. Ensure it clicks securely into place. The backrest can be adjusted for height and depth to provide customized lumbar support.



Image 3.1: A user adjusting the backrest of the Helavo rollator. The backrest provides lumbar support and can be customized for height and depth.

### 3. Adjusting Handle Height:

Press the adjustment buttons on the handle tubes and slide the handles up or down to your desired height. Release the buttons and ensure the handles lock firmly into position. The ideal handle height allows your elbows to be slightly bent when standing upright with your hands on the grips.

### 4. Attaching Accessories:

Attach the cup holder to one of the handle tubes as desired. The large transport bag can be placed under the seat or attached to the front frame, depending on the model variation.



Image 3.2: Close-up view of the cup holder being attached to the handle of the Helavo rollator. This accessory provides convenient storage for beverages.

## 4. OPERATING INSTRUCTIONS

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## 4.1 Walking with the Rollator

- Stand upright behind the rollator, holding both handles firmly.
- Push the rollator forward a short distance, then step forward with one foot, followed by the other.
- Maintain a comfortable pace and keep your body centered between the handles for stability.
- The 8-inch EVA wheels are designed for smooth movement across various surfaces, including sidewalks and grass.

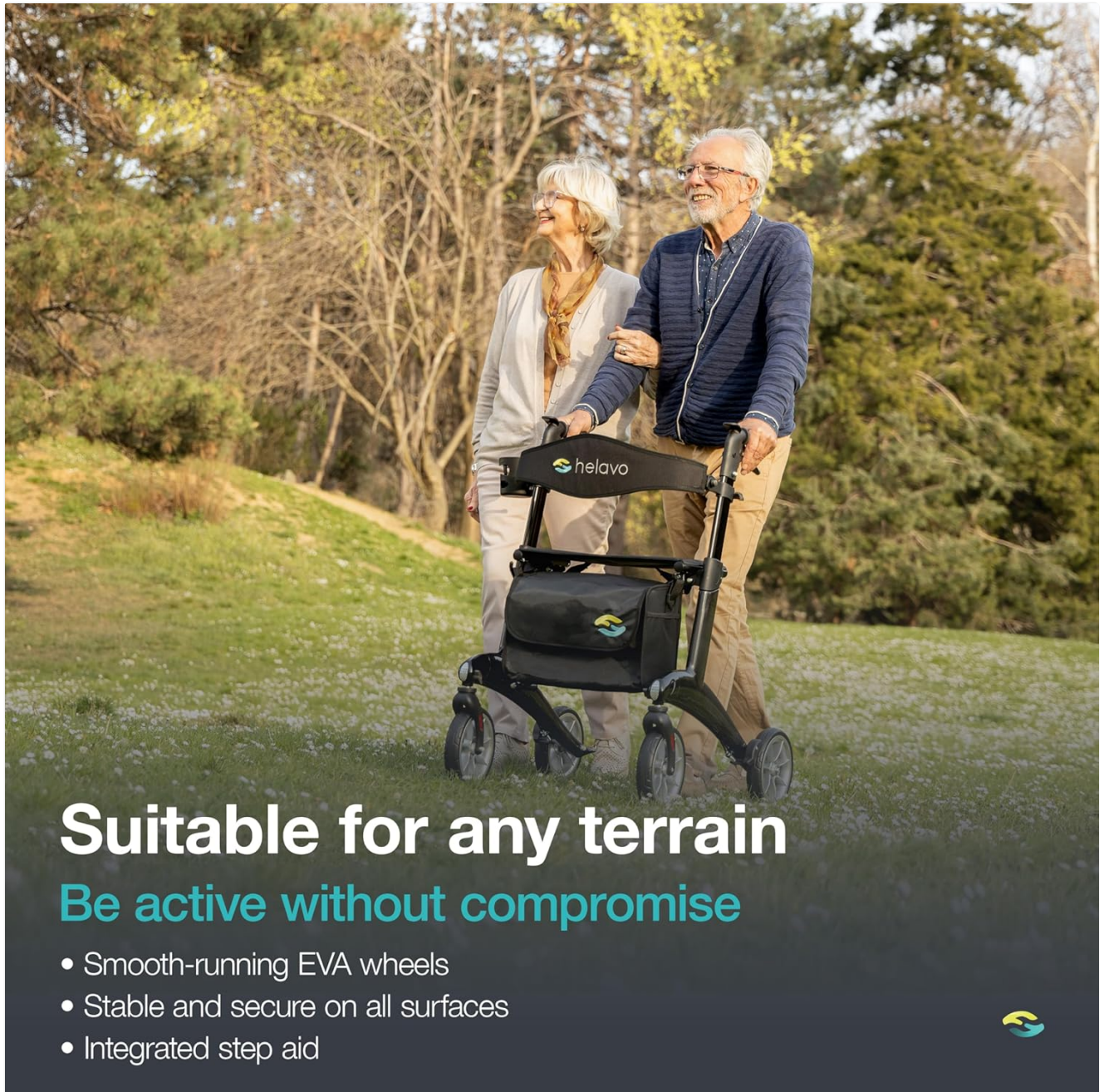


Image 4.1: A couple walking with the Helavo rollator on a grassy path, demonstrating its suitability for various terrains.

## 4.2 Using the Brakes

- **To Slow Down or Stop:** Squeeze both brake levers towards the handles. Release to disengage.
- **To Engage Parking Brakes:** Push both brake levers downwards until they lock into place. This secures the rollator for sitting or standing.
- **To Disengage Parking Brakes:** Pull both brake levers upwards until they release.
- The internal brake cables prevent snagging and ensure smooth operation.

## 4.3 Using the Seat

- Ensure the parking brakes are fully engaged before sitting.



- Turn around and slowly lower yourself onto the padded seat.
- Use the backrest for support.
- To stand up, lean forward slightly, push off the handles, and slowly rise.



## Unique comfort

### Take a break anytime

- Soft, 2D-adjustable backrest
- Comfortably padded seat
- Ergonomically shaped handles



Image 4.2: A couple resting on the integrated seat of the Helavo rollator, demonstrating its comfort and utility for breaks.

#### 4.4 Folding and Transporting

- To fold the rollator, lift the strap or handle located on the center of the seat. The rollator will fold inward.
- Once folded, it can be easily lifted and stored in a car trunk or other compact spaces.



Image 4.3: A person folding the Helavo rollator and placing it into a car trunk, illustrating its compact design for travel.

## 5. MAINTENANCE

- **Cleaning:** Wipe down the frame and seat with a damp cloth and mild detergent. Avoid abrasive cleaners.
- **Wheel Inspection:** Regularly check the 8-inch EVA wheels for debris, wear, or damage. Clean as needed.
- **Brake Adjustment:** If the brakes feel loose or do not engage properly, they may require adjustment. Consult a qualified technician or the manufacturer's support for guidance.
- **Storage:** Store the rollator in a dry, clean place away from extreme temperatures.

## 6. TROUBLESHOOTING

Problem	Possible Cause	Solution
Rollator does not roll smoothly.	Debris in wheels, loose wheel axle.	Clean wheels. Check and tighten wheel axles if necessary.
Brakes are not engaging effectively.	Brake cables need adjustment, worn brake pads.	Have brake cables adjusted by a qualified technician. Inspect brake pads for wear.
Rollator does not fold correctly.	Obstruction, seat strap not fully pulled.	Check for obstructions. Ensure the seat strap is pulled completely upwards.
Handles are loose after adjustment.	Adjustment buttons not fully engaged.	Ensure adjustment buttons click firmly into place at the desired height.

## 7. SPECIFICATIONS

**Model:** H1210

**Brand:** Helavo

**Material:** Carbon Fiber Frame

**Weight:** 12.3 lbs (5.6 kg)

**Weight Capacity:** 300 lbs (136 kg)

**Wheels:** 8-inch EVA

**Product Dimensions (Unfolded):** 27.2"D x 25.2"W x 37"H (69.1 cm D x 64 cm W x 94 cm H)

**Product Dimensions (Folded):** Approximately 27.2"D x 9.1"W x 31.5"H (69.1 cm D x 23.1 cm W x 80 cm H)

Color: Black

## 8. WARRANTY AND SUPPORT

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For warranty information, product support, or to inquire about replacement parts, please contact Helavo customer service directly. Details regarding specific warranty periods and terms of service can typically be found on the manufacturer's official website or by contacting their support team. Always refer to your purchase documentation for the most accurate warranty details.

**Manufacturer:** Helavo

**Date First Available:** May 1, 2024

