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feangli YD056

feangli Red Light Therapy Mat Full Body (Model YD056)

Instruction Manual

1. Introduction

The feangli Red Light Therapy Mat (Model YD056) is designed for full-body application, utilizing both 660nm red light and 850nm near-infrared light to support tissue repair, circulation, and pain relief. This manual provides essential information for the safe and effective use of your device.

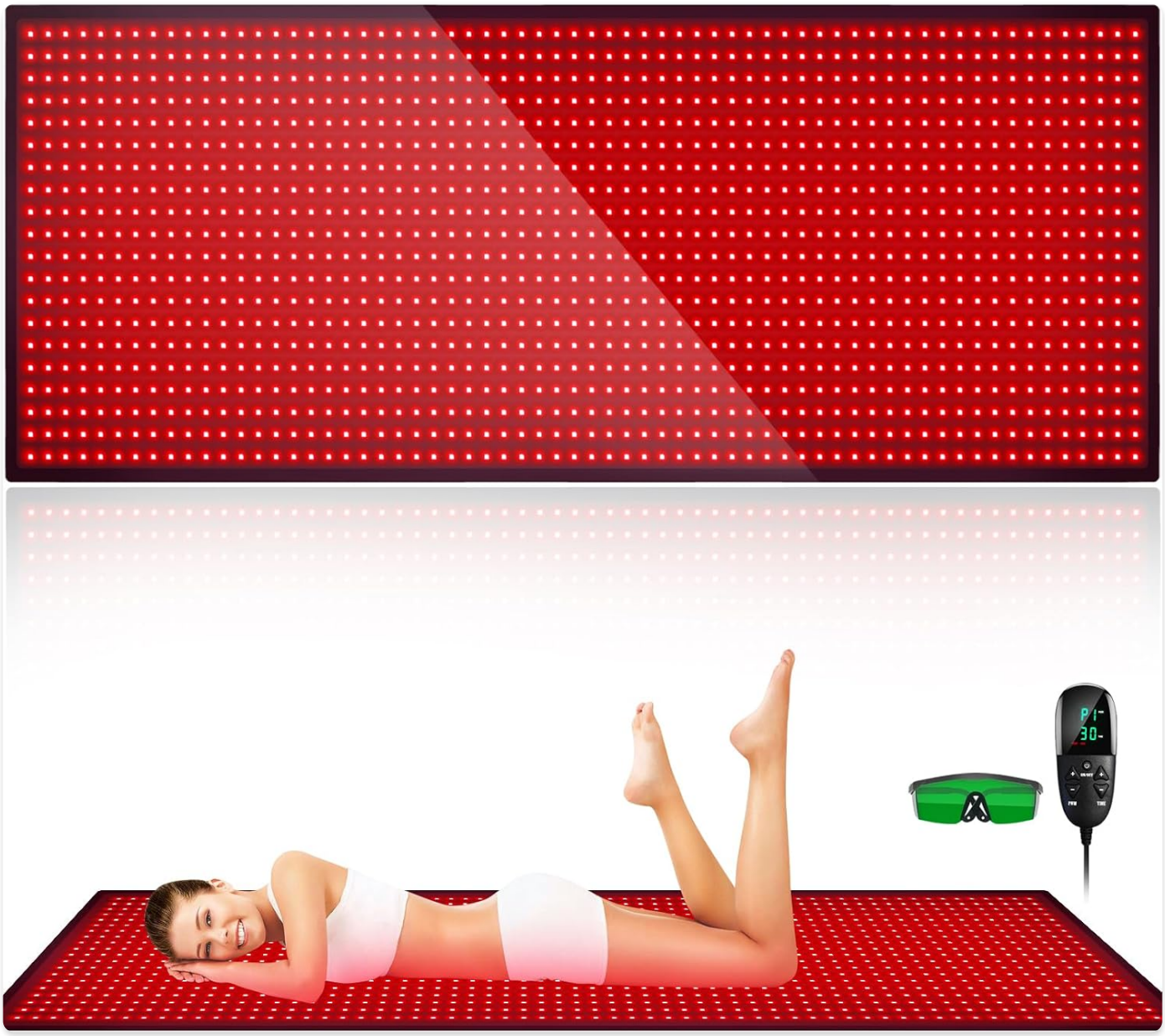


Image 1.1: The feangli Red Light Therapy Mat in use, demonstrating its full-body coverage.

2. Safety Information

Please read all safety instructions before using the feangli Red Light Therapy Mat.

- Electric heating pad use may cause burns.
- Do not use near water or with wet skin.
- Avoid falling asleep while using the product.
- Always follow manufacturer instructions for safe use.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

3. Product Features and Benefits

The feangli Red Light Therapy Mat incorporates advanced technology to provide various therapeutic benefits:

- **Professional Red & Infrared Light Therapy:** Features 1280 LEDs with 660nm red light and 850nm near-infrared light.
- **660nm Red Light:** Works on skin tissues to enhance blood circulation, promote muscle relaxation, and improve skin appearance.
- **850nm Infrared Light:** Penetrates deeper into bones, organs, and joints to relieve pain, accelerate wound healing, and decrease inflammation.
- **Full Body Coverage:** Large 71"x31" size for comprehensive treatment.
- **Skin-Friendly Design:** Covered with a transparent TPU film to isolate sweat and oil, making it easy to clean.
- **Indications:** Pain relief, wound healing, inflammation reduction, muscle relaxation, arthritis recovery, cell activation, blood circulation, slowing cellular aging, wrinkle reduction, metabolizing melanin deposits, and accelerating fat cell metabolism.

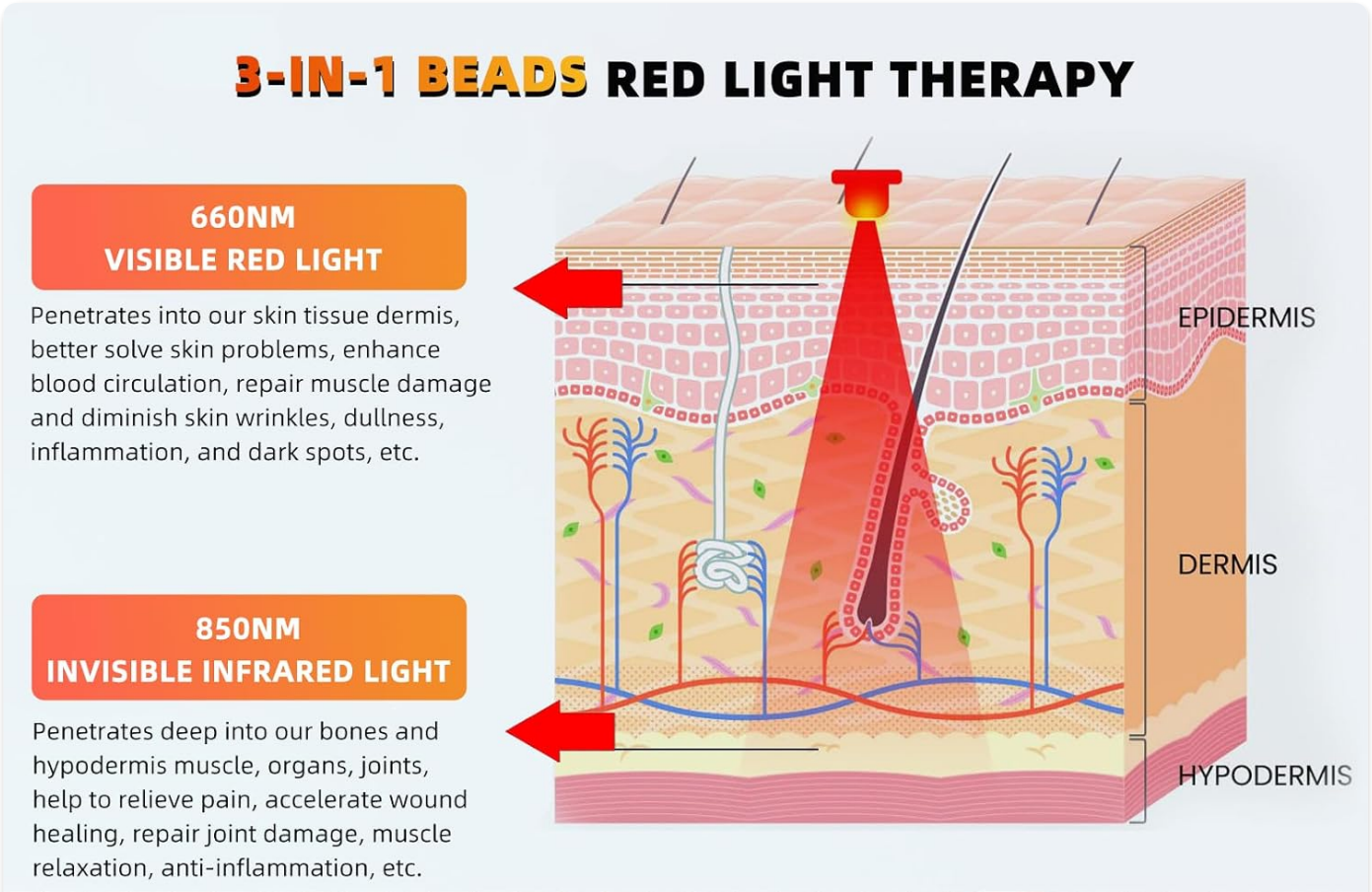




Image 3.1: Illustration of 660nm and 850nm light penetration into skin layers.



Image 3.2: Benefits of red and infrared light therapy.

4. Setup

Follow these steps to set up your feangli Red Light Therapy Mat:

1. Unpack the mat and controller from its packaging.
2. Lay the mat flat on a comfortable surface, such as a bed, sofa, or floor. Ensure there is enough space for full body coverage (71 inches by 31 inches).
3. Connect the controller cable to the mat's power input.
4. Plug the power adapter into a standard electrical outlet.



Image 4.1: Dimensions of the feangli Red Light Therapy Mat.

5. Operating Instructions

The feangli Red Light Therapy Mat features a multifunction controller for easy operation.

1. **Power On/Off:** Press the 'ON/OFF' button on the controller to turn the device on or off.
2. **Brightness Adjustment:** Use the '+' and '-' buttons next to 'PWM' to adjust the brightness sensitivity (P1-P5). It is recommended to start with lower intensity and gradually increase.
3. **Lighting Modes:** The controller offers three lighting modes: constant light, 10Hz pulse mode, and 40Hz pulse mode. Cycle through these modes using the 'PWM' button. The pulse modes are suitable for users sensitive to heat.
4. **Timer Setting:** Use the '+' and '-' buttons next to 'TIME' to set the treatment duration from 10 to 90 minutes in 10-

minute increments. The device will automatically shut off after the set time.

5. **Usage:** Position the mat on the desired area of the body. Avoid prolonged use or falling asleep with the mat on.

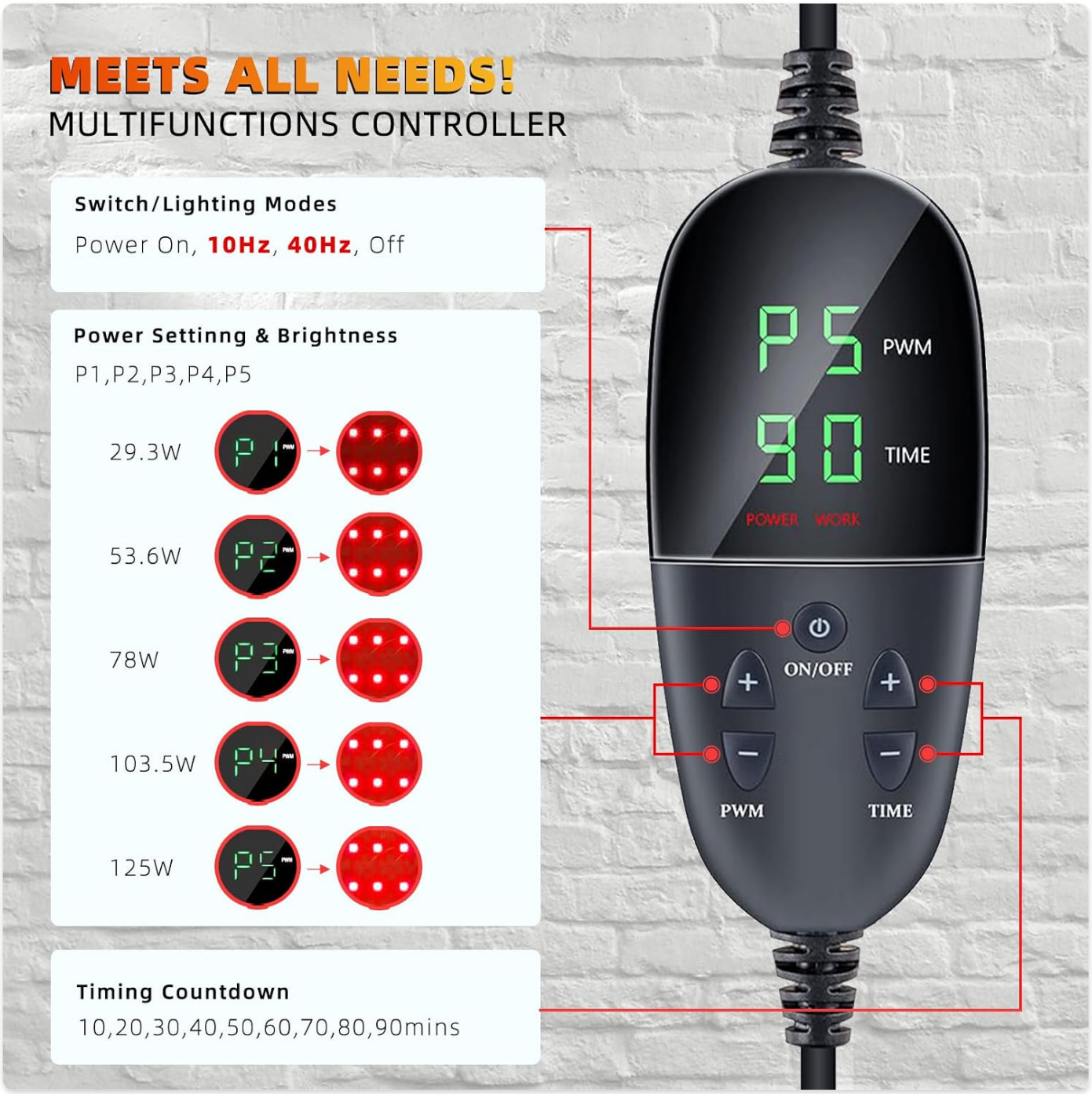


Image 5.1: Multifunction Controller Overview.

6. Maintenance and Care

Proper maintenance ensures the longevity and hygiene of your feangli Red Light Therapy Mat.

- **Cleaning:** The transparent TPU film covering the red lights is designed to be skin-friendly and easy to clean. Wipe the surface with a soft, damp cloth after each use to remove sweat and oil. Do not use harsh chemicals or abrasive cleaners.
- **Storage:** When not in use, store the mat in a clean, dry place away from direct sunlight and extreme temperatures.

Roll or fold it gently to avoid damaging the LEDs or internal components.

- **Inspection:** Periodically inspect the mat and controller for any signs of damage, such as frayed wires or cracks. Discontinue use if any damage is found and contact customer support.

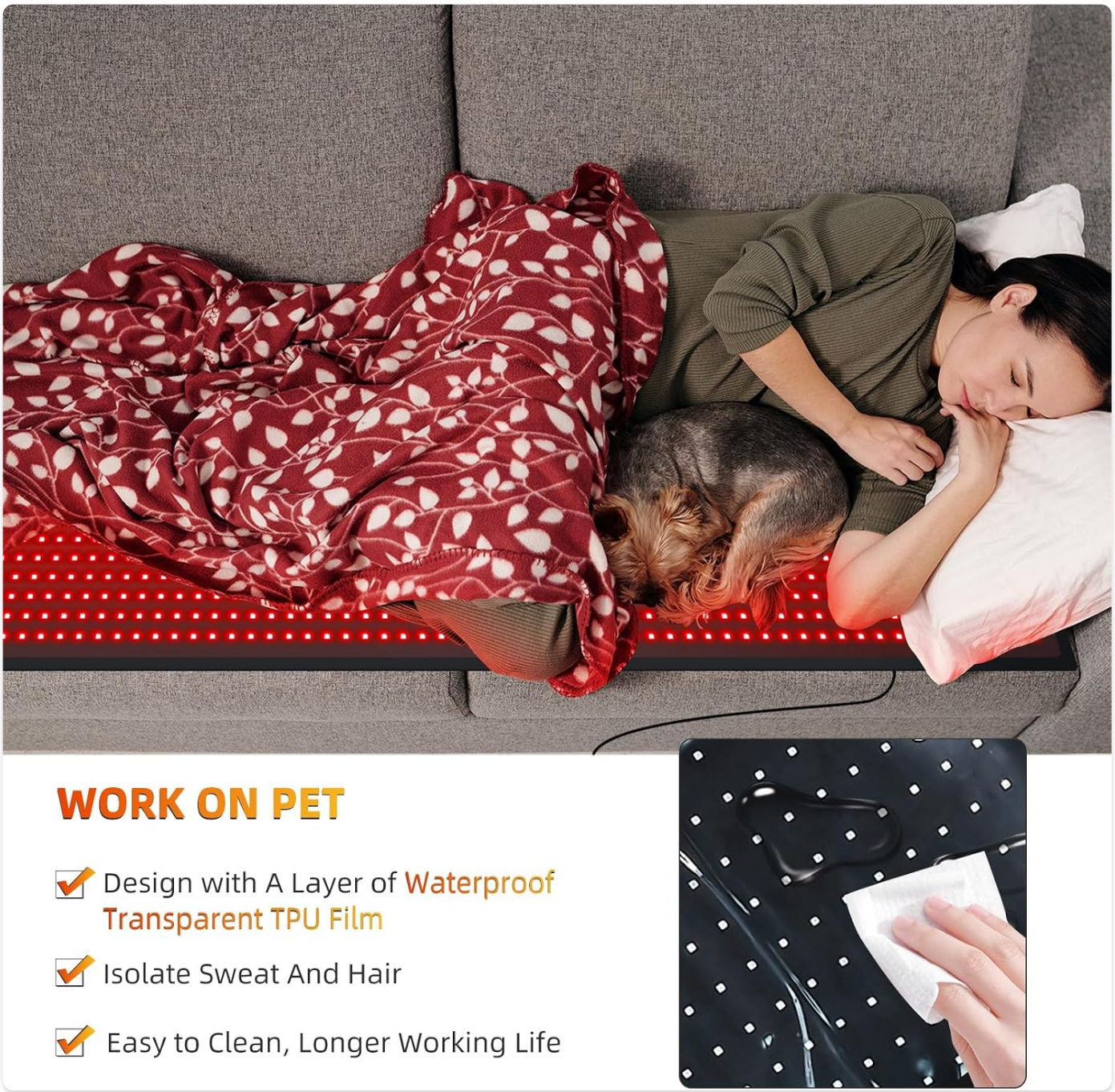


Image 6.1: Cleaning the waterproof transparent TPU film.

7. Troubleshooting

If you encounter any issues with your feangli Red Light Therapy Mat, please refer to the following common troubleshooting tips:

- **Device not turning on:** Ensure the power adapter is securely plugged into both the mat and a working electrical outlet. Check if the power button on the controller has been pressed.
- **Lights not illuminating:** Verify that the device is powered on and the brightness level is not set to the lowest

intensity (P1).

- **Uneven heat or light:** This is generally not expected. If you notice significant inconsistencies, discontinue use and contact customer support.
- **Controller issues:** Familiarize yourself with the controller's buttons and display. If the controller seems unresponsive, try unplugging and re-plugging the power.

For persistent issues not resolved by these steps, please contact feangli customer support.

8. Specifications

Feature	Detail
Product Dimensions	71 x 31 x 0.5 inches
Item Weight	10.2 Pounds
Model Number	YD056
Manufacturer	feangli
Light Wavelengths	660nm (Red Light) & 850nm (Near-Infrared Light)
LED Count	1280 LEDs
Brightness Levels	5 (P1-P5)
Lighting Modes	Constant, 10Hz Pulse, 40Hz Pulse
Timer Function	10-90 minutes (auto-off)

9. Warranty and Support

feangli products are manufactured to high-quality standards. For specific warranty details, please refer to the product packaging or contact feangli customer service.

For further assistance, technical support, or to inquire about your product, please visit the official feangli store or contact their customer support channels.

Visit the feangli Store

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