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› Bisnick TENS Unit Replacement Pads SM9126 - Instruction Manual

Bisnick SM9126

Bisnick TENS Unit Replacement Pads SM9126

Instruction Manual

1. INTRODUCTION

Thank you for choosing Bisnick TENS Unit Replacement Pads. These electrodes are designed for use with Transcutaneous Electrical Nerve Stimulation (TENS) machines to provide effective muscle stimulation.

This 12-pack includes assorted sizes of reusable, latex-free pads compatible with 3.5mm lead wires.

Please read this manual thoroughly before use to ensure proper and safe operation.



Image 1.1: Assorted Bisnick TENS Unit Replacement Pads.

2. SAFETY INFORMATION

Important: Consult your physician before using any TENS device or electrode pads, especially if you have pre-existing medical conditions, are pregnant, or have a pacemaker.

- Do not apply pads over open wounds, rashes, swollen, red, infected, or inflamed skin areas.
- Avoid placing pads over the carotid sinus nerves (front of the neck), directly over the heart, or on the head.
- Discontinue use immediately if you experience skin irritation, discomfort, or any adverse reactions.
- Keep out of reach of children.
- These pads are for external use only.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

3. PACKAGE CONTENTS

Your Bisnick TENS Unit Replacement Pads package includes:

- 12 x TENS Unit Replacement Pads (Assorted Sizes)

12 Pieces of Electrodes Pads



Different body parts can use different size
Suitable for 98% EMS/TENS units with snap-on connector

Image 3.1: Illustration of the assorted pad sizes included in the 12-pack.

4. SETUP AND APPLICATION

1. **Prepare the Skin:** Ensure the skin where the pads will be applied is clean, dry, and free of oils, lotions, or hair. This helps maximize adhesion and conductivity.
2. **Connect Lead Wires:** Plug the dual-channel cable from your TENS unit into the designated ports on the device. Then, connect the snap connectors of the lead wires to the metal studs on the electrode pads. Ensure all four pads are linked to the lead wires for proper operation.
3. **Apply Pads:** Carefully peel the protective film from the gel side of the electrode pads. Place the pads firmly onto the prepared skin area. Ensure good contact across the entire surface of each pad. For the TENS unit to function correctly, all four pads must be in contact with the skin.

MEDICAL SNAP BUTTON ELECTRODES



Image 4.1: Proper application of a TENS unit pad on the arm.

For a visual guide on setup and application, please refer to the video below:

Your browser does not support the video tag.

Video 4.2: This video demonstrates the step-by-step process of connecting the dual-channel cable, linking the electrode pads, and applying them to the skin for proper TENS unit operation.

5. OPERATING INSTRUCTIONS

Once the pads are securely applied and connected to your TENS unit, follow these general operating steps:

1. **Power On:** Turn on your TENS unit.
2. **Select Channel:** If your TENS unit has multiple channels (e.g., A/B), select the desired channel using the appropriate button.
3. **Choose Mode:** Select the desired massage mode (e.g., kneading, tapping, acupuncture) using the 'M' (Mode) button on your TENS unit.
4. **Set Timer:** Adjust the treatment duration using the 'T' (Timer) button.
5. **Adjust Intensity:** Gradually increase the intensity using the '+' button until you feel a comfortable, stimulating sensation. Avoid setting the intensity too high, which can cause discomfort. Decrease

intensity with the '-' button if needed.

6. **Monitor Sensation:** The sensation should be strong but comfortable, not painful. If the sensation diminishes, you may need to slightly increase the intensity or reposition the pads.
7. **Power Off:** After the session, turn off the TENS unit before removing the pads.

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Image 5.1: Example of TENS unit pads in use on an arm.

6. MAINTENANCE AND CARE

Proper care extends the life of your Bisnick TENS Unit Replacement Pads:

- **Cleaning:** If the pads lose their adhesiveness due to dirt or lint, gently rinse the gel surface with a small amount of water. Do not use soap or harsh chemicals. Allow them to air dry completely, gel side up, before re-applying the protective film.
- **Storage:** After each use, re-apply the protective film to the gel side of the pads. Store them in a cool, dry place, ideally in their original packaging or on a pad holder.
- **Reusability:** These pads are designed for multiple uses, typically up to 30-50 times, or approximately 45 times with proper care. Replace pads when they no longer adhere well to the skin or when the sensation becomes uneven.

UP TO 30-50 TIMES REUSABILITY



RINSE FOR A SECOND
REAPPLY MORE REPEATED USE



NOT EASY TO FALLOFF



Image 6.1: Visual guide on rinsing TENS pads to restore adhesiveness for repeated use.

7. TROUBLESHOOTING

Problem	Possible Cause	Solution
Pads not sticking	Dirty gel surface, oily skin, worn out pads	Clean skin thoroughly. Gently rinse pads with water and air dry. Replace pads if they are old or severely worn.
No sensation or weak sensation	Pads not making full contact, lead wires loose, TENS unit off/low intensity, pads worn out	Ensure pads are firmly applied. Check lead wire connections. Increase TENS unit intensity. Replace pads if worn.
Skin irritation	Allergic reaction, prolonged use, high intensity, dirty pads	Discontinue use. Consult a physician. Reduce session duration or intensity. Ensure pads are clean.

8. SPECIFICATIONS

- **Model Number:** SM9126
- **Manufacturer:** Bisnick
- **Pad Quantity:** 12-Pack
- **Pad Type:** Assorted Sizes, Reusable, Latex-Free
- **Compatibility:** 3.5mm Lead Wires
- **Package Dimensions:** 5.16 x 5.12 x 0.83 inches
- **Item Weight:** 3.84 ounces

MEDICAL SNAP BUTTON ELECTRODES

3.5mm Snap Connector



Image 8.1: Cross-section view illustrating the layers of a Bisnick TENS electrode pad, including super soft fabric, conductive wire end layer, high quality electrical conductivity, carbon film, and advanced gel.

9. WARRANTY AND SUPPORT

Bisnick is committed to providing quality products and customer satisfaction.

- **Lifetime Support:** We offer lifetime support and aim to provide satisfied solutions for our customers.
- **30-Day Return Policy:** Enjoy a 30-day no-reason return policy.
- **24/7 Services:** Quick service is available via phone or email.
- **3-Year Free Replacement:** Benefit from a 3-year free replacement policy.

