

## Enjoying ENJ01

# Enjoying ENJ01 Bluetooth 5.2 Wireless Sleep Headphones

Model: ENJ01 | Brand: Enjoying

## 1. SETUP

### 1.1 Unboxing and Initial Charge

Upon opening the product packaging, you will find the Enjoying ENJ01 Sleep Headphones, a USB-C charging cable, and this user manual. Before first use, ensure the device is fully charged.

- Locate the charging port on the headband. It is typically tucked inside a small slot in the material.
- Connect the provided USB-C cable to the charging port on the headband and the other end to a compatible USB power source (e.g., computer USB port, wall adapter).
- A red indicator light will illuminate during charging. The light will turn off or change color (if applicable) once charging is complete.
- A full charge takes approximately 2 to 2.5 hours and provides up to 10 hours of playtime.



Image: The Enjoying ENJ01 Sleep Headphones in grey, shown with its festive Christmas packaging and a user comfortably sleeping while wearing the headband.

## 1.2 Bluetooth Pairing

To connect your Enjoying ENJ01 Sleep Headphones to your device, follow these steps:

1. Ensure the headphones are charged and turned off.
2. Press and hold the Play/Pause button (center button on the control panel) for a few seconds until the indicator light flashes blue and red, indicating pairing mode.
3. On your smartphone, tablet, or other Bluetooth-enabled device, navigate to the Bluetooth settings.
4. Search for available devices. The headphones will appear as "BT-FAAH" or a similar identifier.
5. Select the headphones from the list to initiate pairing. Once connected, the indicator light will typically turn solid blue or stop flashing.

# Wireless Bluetooth Headband

Easy to use in workout and sleep with music



Image: This image displays the wireless Bluetooth pairing process, showing a user's hand holding a smartphone with its Bluetooth settings open, alongside the Enjoying ENJ01 headband, ready for connection.

## 2. OPERATING INSTRUCTIONS

### 2.1 Wearing the Headband

The Enjoying ENJ01 is designed for comfort and versatility. It can be worn as an over-bangs headband or a sports headband, effectively holding hair back and absorbing sweat. The soft, stretchable spandex material ensures a comfortable, universal fit for most head sizes.



## Super Stretchable Headband Fits Most

Soft & smooth fabric adjustable headphones

Image: A user wearing the grey sleep headband, highlighting its super stretchable fabric and comfortable fit around the head.

### 2.2 Adjusting Speakers

The ultra-thin speakers are located inside the headband's material. You can gently slide them within the fabric to align them perfectly with your ears for optimal sound quality and comfort, especially for side sleepers.



Image: A detailed view of the thin speaker module, demonstrating its placement within the headband's fabric and its adjustability.

## 2.3 Control Functions

The control panel is located at the front of the headband. It features three buttons for easy operation:

- **Play/Pause Button (Center):** Short press to play or pause music. Long press to power on/off.
- **Volume Down / Previous Song Button (-):** Short press for the previous song. Long press to decrease volume.
- **Volume Up / Next Song Button (+):** Short press for the next song. Long press to increase volume.

The built-in microphone allows for hands-free calling when connected to your phone. You can answer, hang up, or reject calls directly from the control panel.



Image: A close-up shot of the control panel embedded in the headband, clearly showing the three distinct buttons for media and call management.

## 3. MAINTENANCE

### 3.1 Cleaning Instructions

The Enjoying ENJ01 Sleep Headphones are hand washable. To clean the headband, you must first remove all electronic components:

1. Gently locate the openings within the headband fabric where the speakers and control panel are housed.
2. Carefully slide out both speakers and the central control panel, ensuring not to pull on the wires excessively. The charging port is integrated with the control panel.
3. Once all electronic components are removed, the fabric headband can be hand washed with mild soap and water.
4. Allow the headband to air dry completely before reinserting the electronic components.
5. When reinserting, note that the speakers are labeled 'L' and 'R' for correct placement.

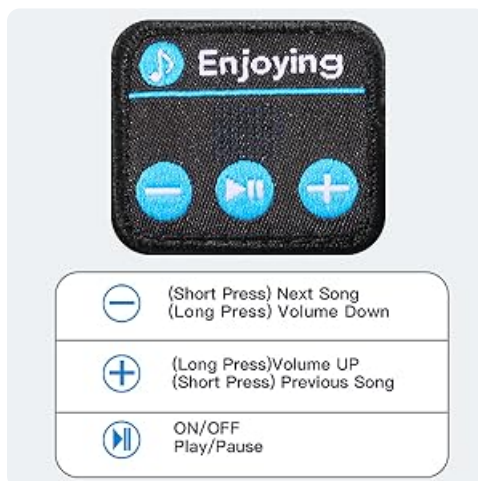


Image: A close-up view of the charging port, illustrating how it is part of the removable control module, facilitating easy disassembly for cleaning.

## 4. TROUBLESHOOTING

- **No Sound or Low Volume:** Ensure the headphones are properly paired and the volume on both the headphones and your connected device is turned up. Check that the speakers are correctly positioned over your ears within the headband.
- **Difficulty Pairing:** Turn off the headphones and your device's Bluetooth. Restart both and attempt the pairing process again. Ensure no other devices are actively connected to the headphones.
- **Short Battery Life:** Ensure the headphones are fully charged before use. If battery life significantly degrades over time, contact customer support.

## 5. SPECIFICATIONS

Feature	Detail
Model Number	ENJ01
Bluetooth Version	5.2

Battery Type	1 Lithium Ion (included)
Playtime	Up to 10 hours
Charging Time	2 - 2.5 hours
Product Dimensions	9.84 x 7.87 x 3.15 inches
Item Weight	3.84 ounces
Material	Spandex
Recommended Uses	Running, Sleep, Sports, Travel

## 6. WARRANTY AND SUPPORT

The Enjoying ENJ01 Bluetooth 5.2 Wireless Sleep Headphones come with a **2-Year Warranty**. For any questions, issues, or warranty claims, please contact our customer service team:

**Email:** [Joseche828@gmail.com](mailto:Joseche828@gmail.com)