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› BooaBei T19P Smart Watch User Manual

BooaBei T19P

BooaBei T19P Smart Watch User Manual

Model: T19P

INTRODUCTION

This manual provides detailed instructions for setting up, operating, and maintaining your BooaBei T19P Smart Watch. Please read this guide thoroughly to ensure proper use and to fully utilize all features of your device. The T19P Smart Watch is designed to be a comprehensive health and fitness companion, offering advanced connectivity and a wide range of functions for both Android and iOS users.

WHAT'S IN THE BOX

Upon opening the package, verify that all the following items are included:

- BooaBei T19P Smart Watch
- Charging Cable
- Instruction Manual (this document)
- Packing Box

SETUP GUIDE

1. Charging the Smart Watch

Before first use, fully charge your smart watch. Connect the provided charging cable to the charging port on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. A full charge typically takes approximately 2 hours.

1.96in HD Full Color Touch Screen

It gives you a larger and clearer visual experience, with colorful, fashionable and cool colors, quick operation, and more convenient data viewing.



Image: The BooaBei T19P Smart Watch connected to its magnetic charging cable, displaying "Charging..." on its screen. The image also indicates a 280mAh battery, 5 days of use, 2 hours charging time, and 30 days standby.

2. Downloading the Companion App

To unlock the full functionality of your smart watch, download the "Da Fit" app from your smartphone's app store (App Store for iOS, Google Play Store for Android). The watch requires Android 4.4 and above or iOS 9.0 and above.

3. Pairing the Smart Watch with Your Phone

Ensure Bluetooth is enabled on your smartphone. Open the "Da Fit" app, create your profile, and follow the on-screen instructions to add your device. Select "T19Pro" from the list of available devices to establish the connection. Grant necessary permissions for Bluetooth and notifications when prompted.

Your browser does not support the video tag.

Video: This video demonstrates the step-by-step process of connecting the T19P Smartwatch to a smartphone via Bluetooth using the companion app. It shows enabling Bluetooth, opening the app, adding the device, and confirming the connection.

OPERATING THE SMART WATCH

Basic Navigation

- **Swipe Down:** Access quick settings (brightness, DND, settings, etc.).
- **Swipe Up:** View notifications/messages.
- **Swipe Left/Right:** Navigate through main functions (activity, heart rate, sleep, etc.).
- **Side Button:** Press to return to the watch face or access the app menu.

Your browser does not support the video tag.

Video: This video provides a comprehensive showcase of the T19P Smartwatch's functions, demonstrating various menu views, settings adjustments, and feature navigation through touch and button interactions.

Customizing Watch Faces

Personalize your watch by changing the watch face. You can select from pre-installed faces or download more through the "Da Fit"

app. On the watch, long-press the screen or navigate to 'Settings > Display > Watch Face' to browse and select options. The flexible encoder (side button) can also be used to switch watch faces.



Image: The 1.96-inch HD screen of the BooaBei T19P Smart Watch displaying various watch face customization options. It highlights the ability to DIY watch faces and use the encoder to switch between them.

Health Monitoring

The T19P Smart Watch offers comprehensive health tracking features:

- **Heart Rate Monitoring:** Continuously tracks your heart rate throughout the day.
- **Blood Oxygen (SpO2) Monitoring:** Measures your blood oxygen saturation levels.
- **Sleep Monitoring:** Analyzes your sleep patterns, including awake, REM, light, and restful sleep stages.
- **Stress Monitoring:** Provides insights into your stress levels.
- **Temperature Monitoring:** Tracks your body temperature.
- **Women's Health Monitoring:** Predicts menstrual cycles and provides related tracking.

BooaBei Sports Health Smart Watch

Your Personal Health Assistant



Upgraded version of Bluetooth one-click connection makes your operation simpler and smoother



Health monitoring, exercise tracking, various life assistants



iOS 9.0+



Android 5.0+

Image: The BooaBei T19P Smart Watch screen showing health data for heart rate, blood oxygen, and sleep patterns. It illustrates the watch's capability as a health guardian.



Image: The BooaBei T19P Smart Watch displaying women's health tracking features, including cycle tracking and prediction, shown alongside a smartphone app interface.

Communication Features

With Bluetooth 5.2 connectivity, your T19P Smart Watch allows for seamless communication:

- **Answer/Make Calls:** Directly answer or make calls from your wrist.
- **Call Records:** Access your call history.
- **Message Reminders:** Receive notifications from various social platforms and text messages.

Enjoy Over 120+ Sport Modes Record Your Movement Trajectory

A variety of professional sports modes, whether indoors or outdoors, combined with multiple professional sensors to comprehensively record body data.

-  Walking
-  Running
-  Cycling
-  Skipping
-  Badminton
-  Basketball
-  Football
-  Swimming

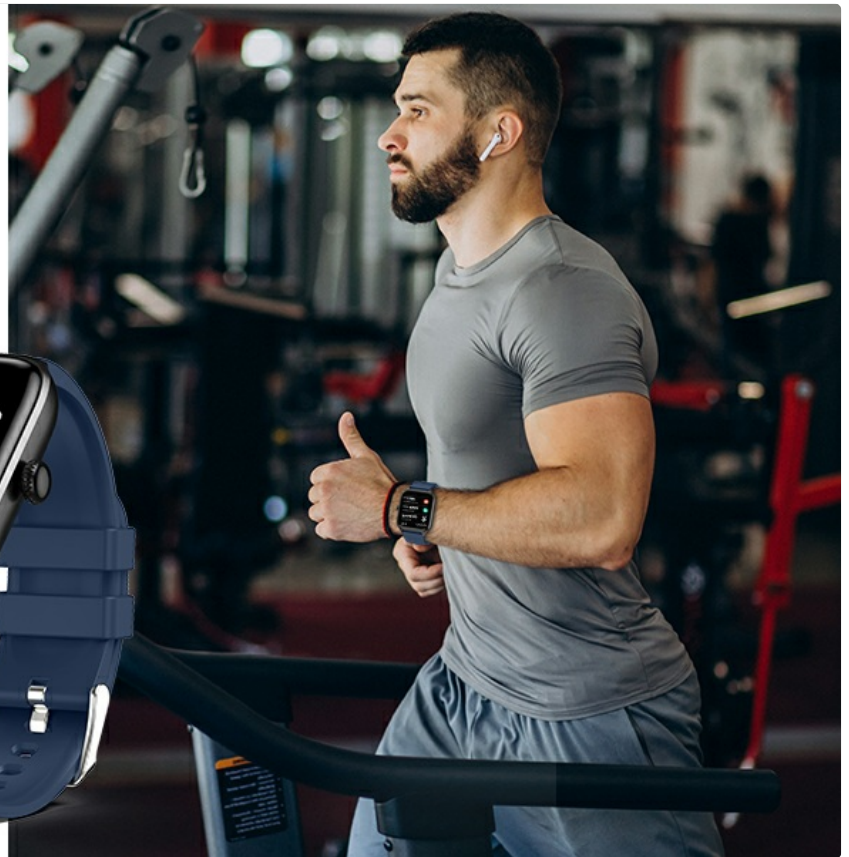


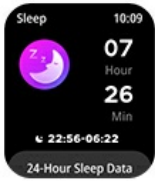
Image: The BooaBei T19P Smart Watch displaying its Bluetooth call and message features, including a dial pad and message icons from various social media apps.

Fitness Tracking and Sports Modes

The watch supports 123 professional sports modes and tracks various exercise data:

- **Activity Tracking:** Records steps, calories burned, and exercise duration.
- **Sports Modes:** Includes walking, running, cycling, skipping, badminton, basketball, football, swimming, and many more.
- **GPS via Smartphone:** Connects to your phone's GPS for accurate route tracking during outdoor activities.

All Day Health Activity Tracking



Sleep



Heart Rate



Stress



Blood Oxygen



Image: The BooaBei T19P Smart Watch showing a list of 123 sports modes and detailed activity data, including steps, calories, and exercise duration, with a person exercising in the background.

Other Features

- **Voice Assistant:** Control your watch and phone functions using voice commands.
- **Music Player Control:** Control music playback on your connected smartphone.
- **Remote Photography (Shutter):** Use your watch as a remote shutter for your phone's camera.
- **Calculator:** Perform basic calculations directly on your watch.
- **Games:** Enjoy four built-in stand-alone games.
- **Flashlight:** Turn the watch screen into a flashlight.
- **Find Phone:** Locate your misplaced smartphone by making it ring.
- **Alarms & Timer:** Set alarms and use the timer function.
- **Weather:** Get real-time weather updates.



IP67 Waterproof

The sports watch can be used for daily life waterproof (such as cold shower, washing hands, in the rain), let you spend every day easily

Image: The BooaBei T19P Smart Watch screen showing various utility features such as alarm clock, calculator, music player control, timer, and flashlight, emphasizing hands-free communication and convenience.

MAINTENANCE

Water Resistance (IP67)

The T19P Smart Watch is IP67 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1 meter for 30 minutes. It is suitable for daily life water exposure such as cold showers, washing hands, and use in the rain. However, it is not recommended for hot water, saunas, or deep diving.



Image: The BooaBei T19P Smart Watch being worn by a person swimming, illustrating its IP67 waterproof capability for daily use.

Cleaning and Care

Regularly clean your watch and strap with a soft, dry cloth. Avoid using harsh chemicals or abrasive materials. If the watch gets wet, dry it thoroughly before charging or prolonged use.

Battery Care

To prolong battery life, avoid exposing the watch to extreme temperatures. Charge the watch fully when the battery is low, but avoid leaving it fully charged or completely drained for extended periods.

TROUBLESHOOTING

Issue	Possible Solution
Watch not turning on	Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
Unable to pair with phone	1. Ensure Bluetooth is enabled on your phone. 2. Make sure the watch is within range of your phone. 3. Restart both the watch and your phone. 4. Check if the "Da Fit" app has necessary permissions.
Notifications not received	1. Verify notification permissions are granted in the "Da Fit" app and phone settings. 2. Ensure the watch is connected via Bluetooth. 3. Check if "Do Not Disturb" (DND) mode is active on the watch.
Inaccurate health data	Ensure the watch is worn snugly on your wrist, not too tight or too loose. Avoid excessive movement during measurements. Note that this device is not a medical device.
Short battery life	Reduce screen brightness, disable continuous heart rate monitoring if not needed, and limit frequent use of power-intensive features. Check if "Low Power Mode" is enabled.

SPECIFICATIONS

Feature	Detail
Model Number	T19P
Screen Size	1.96 Inches
Battery Capacity	280 mAh Lithium Ion
Connectivity	Bluetooth 5.2
Water Resistance	IP67
Operating System Compatibility	Android 4.4 and above, iOS 9.0 and above
Health Monitoring	Heart Rate, Blood Oxygen, Sleep, Stress, Temperature, Women's Health
Sports Modes	123+ modes
Item Weight	53 Grams (1.87 ounces)

WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the contact details provided with your purchase or visit the official BooaBei website. Keep your proof of purchase for any warranty claims.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question