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› SIMUSI M2 Wireless TENS Unit Instruction Manual

SIMUSI M2

SIMUSI M2 Wireless TENS Unit Instruction Manual

Brand: SIMUSI | Model: M2

PRODUCT OVERVIEW

The SIMUSI M2 Wireless TENS Unit is a versatile muscle stimulator designed for pain relief and muscle performance improvement. It integrates TENS (Transcutaneous Electrical Nerve Stimulation) and EMS (Electrical Muscle Stimulation) technologies, offering a wire-free experience controlled via a mobile application or a dedicated remote control. Its ultra-slim, buttonless Macaron design allows for discreet use.



Image: The SIMUSI M2 Wireless TENS Unit, featuring two compact, circular blue stimulation units and a white remote control with a digital display. The units are designed for discreet placement on the body.

SAFETY INFORMATION

Before using this device, please read all instructions carefully. Consult with a healthcare professional if you have any pre-existing medical conditions, are pregnant, or have a pacemaker. Do not use on broken skin or over sensitive areas. Statements regarding this device have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

SETUP GUIDE

1. Charging the Devices

Ensure both the TENS units and the remote control are fully charged before first use. The remote control charges via a micro USB cable (included). The TENS units charge when connected to their respective pads and placed in the charging case.

Buttonless Design

Lighter, Thinner & Smarter



Magnetic adhesion

Image: A detailed view of the buttonless design of the TENS unit, highlighting its magnetic adhesion points and charging contacts.

2. **Attaching Gel Pads**

Separate the circular TENS unit from its base. Attach a fresh gel pad to each piece of the device, ensuring the protective films are removed from both sides of the gel pad. The gel pads are designed for optimal conductivity and adhesion.



Image: A visual guide demonstrating how to attach the gel pad to the TENS unit after separating it from its base.

3. **Placement on Body**

Attach the device with the gel pad to the desired area of your body where you need stimulation. Ensure good contact with the skin for effective treatment. The wireless design allows for flexible placement on various body parts such as the neck, shoulders, back, arms, and legs.

Your Relaxation Center

Deep tissue massage for you
Anytime, anywhere



Image: Illustrations depicting different body areas where the TENS unit can be applied, including the neck, shoulder, back, arm, and leg.

4. Remote Control Pairing

For first-time use, long press the power button on the remote control for 5 seconds to turn it on and initiate automatic detection of the TENS units. For subsequent uses, a 2-second press will turn it on without re-detection. Ensure the TENS units are separated from their bases for the remote to detect them.

Your browser does not support the video tag.

Video: A tutorial demonstrating how to pair and use the remote control with the SIMUSI M2 Wireless TENS Unit, including initial setup and function explanations.

5. App Connection (Optional)

Download the 'Relax Place' app from your device's app store (scan QR code in manual or search). No registration is required. The app offers additional functions and control options for the TENS unit. If using the remote control, ensure the app is closed for optimal remote functionality.

Your Personal On-The-Go Relaxation Hub



- + Compact Wireless TENS unit
- + Dual Hosts for Personalized Use
- + 18 TENS/EMS Modes
- + 15 Intensity Level
- + APP/Remote Control
- + Rechargeable Battery
- + Buttonless Marcaron Design

Image: A visual representation of the 'Relax Place' mobile application interface, showcasing various massage modes and control options for the TENS unit.

OPERATING INSTRUCTIONS

Modes and Intensities

The SIMUSI M2 offers 18 massage modes and 15 intensity levels. These are categorized into:

- **Classic Massage Modes (6 modes):** Kneading, Pressing, Squeezing, Stroking, Elbowing, Beating.
- **Traditional Physiotherapy Modes (4 modes):** Massage, Acupuncture, Cupping Jar, Scraping.
- **Scene Modes (8 modes):** Zen, Home, Office, Seaside, Valley, Vacation, Rest, Travel.

You can adjust modes and intensities using either the remote control or the mobile app. The dual hosts allow for personalized settings for different body areas simultaneously or separately.

Customize Your Relaxation Plan



Image: A graphic detailing the 3-in-1 TENS, EMS, and Massage functionalities, illustrating techniques such as Scrap, Elbow, Press, Acupuncture, and Knead.

Using the Remote Control

The remote control provides direct access to the device's functions:

- **Power On/Off:** Long press for 5 seconds for first use (auto-detection), 2 seconds for subsequent uses.
- **Start/Stop:** Use the play/pause button.
- **Intensity Adjustment:** Use the '+' and '-' buttons.
- **Mode Selection:** Use the left and right arrow buttons to cycle through the 18 modes.
- **Channel Selection (A/B):** Use the 'A' and 'B' buttons to select which TENS unit (Channel 1 or Channel 2) you want to control independently. Unit A is the one with the USB port, Unit B is without.

When no specific channel (A or B) is selected, changes to mode and intensity will apply to both connected units.

Session Duration

Each treatment session automatically defaults to 30 minutes. You can stop the session at any time by pressing the stop button on the remote or through the app.

MAINTENANCE

- **Cleaning:** After each use, gently clean the gel pads with a damp cloth. Do not use harsh chemicals.
- **Storage:** Store the TENS units and remote control in a cool, dry place. Ensure the gel pads are re-covered with their protective films to maintain stickiness and longevity.
- **Charging:** Recharge the devices as needed. Avoid overcharging.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Device not turning on.	Low battery; not properly separated from base (for initial remote pairing).	Charge the device. Ensure units are separated from their bases for first-time remote pairing.
Remote control not working.	App is open; units not detected; low battery.	Close the 'Relax Place' app. Ensure TENS units are separated from their bases and fully charged. Long press power button on remote for 5 seconds for initial pairing.
Pads not sticking.	Pads are dirty or worn out.	Clean pads gently with a damp cloth. Replace pads if they have lost their adhesive quality.
No sensation or weak sensation.	Low intensity setting; poor pad contact; low battery.	Increase intensity. Ensure pads have full contact with skin. Recharge devices.

SPECIFICATIONS

- **Product Dimensions:** 2.2 x 2.2 x 0.4 inches
- **Product Weight:** 13.44 ounces
- **Batteries:** 2 Lithium Polymer batteries (included)
- **Control:** Mobile App ('Relax Place') and Remote Control
- **Modes:** 18 Massage Modes
- **Intensity Levels:** 15 Levels
- **Technology:** TENS, EMS, Massage

WARRANTY & SUPPORT

For any product inquiries, technical support, or warranty claims, please contact the seller, SIMUSI, directly through the platform where the product was purchased.

Legal Disclaimer: Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

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Name

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Email

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After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

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