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› FOREVER SIVA Smartwatch User Manual

FOREVER SIVA

FOREVER SIVA Smartwatch User Manual

Model: SIVA

Brand: FOREVER

1. INTRODUCTION

Thank you for choosing the FOREVER SIVA Smartwatch. This device is specifically designed to enhance the safety and well-being of seniors, providing essential communication, health monitoring, and emergency features. Please read this manual carefully to ensure proper use and maintenance of your smartwatch.

The SIVA Smartwatch integrates a SIM card function for direct communication, GPS for location tracking, and various sensors for health data collection, all accessible through a user-friendly interface.

2. WHAT'S IN THE BOX

Please check the contents of your package:

- FOREVER SIVA Smartwatch
- Charging Cable
- User Manual (this document)
- SIM Card Functionality (requires Nano-SIM, not included)

3. DEVICE OVERVIEW

Familiarize yourself with the main components of your SIVA Smartwatch:



Figure 3.1: Smartwatch Components (Back and Front View)

Sensor: Located on the back, used for health monitoring (heart rate, blood oxygen).

SIM Card Slot: Located on the side, for inserting a Nano-SIM card.

MIC (Microphone): For voice calls and video calls.

Power & SOS Button: Used to power on/off the device and activate the SOS function.



Figure 3.2: Front View of the Smartwatch

This image shows the smartwatch from the front, highlighting its display with time and heart rate information. The 1.47-inch color touchscreen is clearly visible.

4. SETUP

4.1. Charging the Smartwatch

Before first use, fully charge the smartwatch. Connect the charging cable to the charging port on the back of the watch and plug the other end into a USB power adapter (not included).

- A full charge typically takes approximately 2-3 hours.
- The battery icon on the screen will indicate charging status.

4.2. SIM Card Installation

The SIVA Smartwatch requires a Nano-SIM card for communication features. Ensure the SIM card is active and has a data plan.

1. Locate the SIM card slot on the side of the smartwatch (refer to Figure 3.1).
2. Carefully open the SIM card slot cover.
3. Insert the Nano-SIM card into the slot with the gold contacts facing down and the notched corner aligned correctly.
4. Gently push the SIM card until it clicks into place.
5. Close the SIM card slot cover securely to ensure water resistance.

Note: Without a SIM card, many functions like calls, video calls, and real-time GPS tracking will not be available.

4.3. App Installation and Pairing

To manage the smartwatch and access advanced features, you need to install the dedicated companion app on your smartphone (Android or iOS).

1. Scan the QR code provided in the watch's packaging or search for the 'FOREVER Smart' app in your smartphone's app store.
2. Download and install the app.
3. Open the app and follow the on-screen instructions to create an account and register your smartwatch. This usually involves scanning a QR code displayed on the watch's screen or entering its unique ID.
4. Once paired, you can configure contacts, safety zones, reminders, and view health data through the app.

Note: Some users have reported initial setup complexity with the app. Ensure a stable internet connection during setup and refer to the app's specific instructions if issues arise.

5. OPERATING THE SMARTWATCH

5.1. Basic Navigation

The SIVA Smartwatch features a 1.47-inch touchscreen for easy navigation.

- **Swipe Up/Down/Left/Right:** To navigate through different menus and functions.
- **Tap:** To select an option or confirm an action.
- **Power/SOS Button:** Press and hold to power on/off. A short press usually returns to the previous screen or the main watch face.

5.2. SOS Function

The SOS function is a critical safety feature. In an emergency, press and hold the SOS button (usually the Power button) for a few seconds.

- The watch will automatically dial pre-set emergency contacts configured in the app.

- It will also send an alert message with the current GPS location to these contacts.

5.3. GPS Tracking and Safety Zones

The integrated GPS allows caregivers to track the wearer's location in real-time via the companion app.

- **Real-time Location:** View the current location on a map in the app.
- **Safety Zones (Geofencing):** Set up virtual boundaries in the app. You will receive an alert if the wearer enters or exits these designated areas.

5.4. Communication

With a Nano-SIM card installed, the smartwatch supports various communication methods:

- **Voice Calls:** Make and receive calls directly from the watch to pre-approved contacts.
- **Video Calls:** Engage in video calls with designated contacts.
- **Text Messages:** Send and receive short text messages.



Figure 5.1: Smartwatch Communication Features

This image illustrates the communication capabilities, including phone calls and interaction with family members, emphasizing the ease of staying connected.

5.5. Health Monitoring

The SIVA Smartwatch provides comprehensive health monitoring features:

- **Heart Rate Monitor:** Measures heart rate throughout the day.
- **Blood Oxygen (SpO2) Measurement:** Monitors blood oxygen levels.
- **Pedometer:** Tracks daily steps taken.
- **Sleep Monitoring:** Analyzes sleep patterns and quality.
- **Temperature Measurement:** Provides body temperature readings.

Note: Health monitoring data is for reference only and should not be used for medical diagnosis or treatment. Consult a healthcare professional for any health concerns.



Figure 5.2: Health Monitoring Features

This image emphasizes the health tracking capabilities of the smartwatch, encouraging an active and healthy lifestyle for seniors.

5.6. Alarms and Reminders

Set up various reminders through the companion app to help manage daily tasks:

- **Medication Reminders:** Schedule alerts for taking medication.
- **Activity Reminders:** Get prompts to move or stand up.
- **General Alarms:** Set alarms for appointments or other events.



Figure 5.3: Time Management and Reminders

This image highlights the smartwatch's features for managing time and setting reminders, designed for ease of use by seniors.

5.7. Fall Detection

The smartwatch is equipped with a movement and fall sensor. If a fall is detected, the watch can automatically send an alert to the pre-configured emergency contacts via the app.

Note: Fall detection is an assistive feature and may not detect all falls. It is not a substitute for direct supervision or professional medical care.

6. MAINTENANCE

6.1. Cleaning

- Wipe the watch and strap regularly with a soft, damp cloth.
- Do not use harsh chemicals or abrasive cleaners.
- Ensure the charging contacts are clean and dry before charging.

6.2. Battery Care

- Avoid extreme temperatures, which can affect battery life.
- Charge the device regularly, even if not in frequent use, to maintain battery health.
- Do not attempt to replace the battery yourself. Contact support if battery issues arise.

7. TROUBLESHOOTING

If you encounter issues with your SIVA Smartwatch, please refer to the following common problems and solutions:

Problem	Possible Cause / Solution
Watch does not power on.	Battery might be depleted. Connect to charger and allow it to charge for at least 30 minutes before attempting to power on again.
No network signal / Cannot make calls.	Ensure a Nano-SIM card is correctly inserted and activated. Check if the SIM card has an active data plan. Verify network coverage in your area. Restart the watch.
GPS location is inaccurate or not updating.	Ensure the watch has a clear view of the sky. GPS accuracy can be affected by buildings, dense foliage, or indoor environments. Check if the SIM card has an active data connection for location updates.
App shows watch offline.	Verify the watch has a stable network connection via its SIM card. Ensure the app on your smartphone is updated to the latest version. Restart both the watch and the app.
Screen is unresponsive or blank.	Try restarting the watch by pressing and holding the Power button. If the issue persists after a restart and charging, contact customer support.
Difficulty with initial app setup.	Ensure you are following the app's instructions precisely. Check for correct QR code scanning or ID entry. A strong internet connection is required during setup. Some app translations may be imperfect; try to interpret the core meaning.

8. SPECIFICATIONS

Feature	Detail
Model Name	SIVA
Brand	FOREVER
Display Size	1.47 inches (visible screen diagonal 3.8 cm)

Feature	Detail
Operating System	Wear OS
Connectivity Technology	Bluetooth
Special Features	SOS Function, GPS Tracking, Safety Zones, Fall Detection, Heart Rate Monitor, Pedometer, Sleep Monitor, Temperature Measurement, Blood Oxygen Measurement
GPS	Integrated GPS
Battery Type	1 Lithium-Ion battery (included)
Product Dimensions	2 x 6 x 15 cm; 100 Grams

9. WARRANTY AND SUPPORT

FOREVER products are designed for reliability and performance. For warranty information, please refer to the warranty card included with your purchase or visit the official FOREVER website.

If you require technical assistance or have questions not covered in this manual, please contact FOREVER customer support through their official channels. Keep your purchase receipt as proof of purchase for warranty claims.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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