

## DOVIICO ZL54C

# DOVIICO ZL54C Smart Watch User Manual

Model: ZL54C

## 1. INTRODUCTION

Welcome to your DOVIICO ZL54C Smart Watch. This manual provides detailed instructions for setting up, operating, and maintaining your device to ensure optimal performance and a seamless user experience.

## 2. DEVICE OVERVIEW

The DOVIICO ZL54C Smart Watch features a sleek design with a 1.83-inch touch screen and a multi-functional side button for navigation and control.

# REAL TIME NEWS PUSH

Mobile phone messages are displayed instantly and pushed simultaneously in real time. SMS/WeChat/QQ/Twitter/Facebook and other APP message push. Don't miss any important news.



Image: Front and side view of the DOVIICO ZL54C Smart Watch, showcasing its display and physical button.

## 3. SETUP

### 3.1 App Download

To begin, download and install the official companion application, "DaFit," on your smartphone. You can find the app on the App Store for iOS devices or the Google Play Store for Android devices. Alternatively, scan the QR code provided in your product packaging to directly access the download link.

### 3.2 Pairing Your Smart Watch

Follow these steps to pair your DOVIICO ZL54C Smart Watch with your smartphone:

1. Ensure Bluetooth is activated on your smartphone.
2. Open the "DaFit" app on your phone.
3. Within the app, navigate to the device pairing section and search for your smart watch. You may also use

the app to scan a QR code displayed on the watch itself for quicker pairing.

4. Complete the binding process as prompted by the app or the watch.

**Important: Upon logging into the "DaFit" app, a pop-up window will request various permissions. Please grant all necessary access for the app to function correctly, including access to mobile phone information, device location, address book, call management, call records, and other relevant permissions. During the Bluetooth connection process, your mobile phone may display a Bluetooth pairing request; please accept it to establish the connection.**

### 3.3 Bluetooth Phone Call Setup

To enable the call function on your smart watch, allowing you to make and receive calls directly from your wrist, ensure that the device is successfully bound to the Bluetooth connection named "ZL54C" in your phone's Bluetooth settings, in addition to the app connection.

## 4. BASIC OPERATION

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### 4.1 1.83" Touch Screen

The DOVIICO ZL54C Smart Watch features a responsive 1.83-inch full-touch color screen with a resolution of 240x284 pixels. Navigate through menus and functions by swiping across the screen and tapping on icons.

# 1.83" Touch Screen & Super Long Battery

## Battery life and performance

Dual-core architecture, high-performance chip with strong performance, two modes to meet your different needs.

Typical pattern

**10** day

Smart mode

**5** day



1.83" Full Touch Screen



240x284ppi



1.83" inches



Customized Watch Dial  
Change Anytime to Fit What You Like



Image: The watch display showing battery life, screen dimensions, and examples of customizable watch faces.

## 4.2 Watch Faces

Personalize your smart watch experience with a variety of watch faces. The "DaFit" app offers over 100 customizable watch faces for download. You can also quickly switch between different watch interfaces by long-pressing on the watch dial or by selecting options within the app.

## 4.3 Power On/Off and Charging

To power on your watch, press and hold the side button until the screen illuminates. To power off, navigate to the power off option in the watch settings or press and hold the side button and select power off.

Connect the magnetic charging cable to the charging contacts on the back of the watch. Ensure the pins align correctly. Plug the USB end of the cable into a standard USB power adapter (not included) or a computer USB port. The watch typically takes approximately 2 hours to achieve a full charge.

A fully charged battery provides 5-10 days of usage, with normal use lasting around 7 days and standby time extending up to 30 days.

## 5. HEALTH MONITORING

The DOVICO ZL54C Smart Watch is equipped with advanced sensors to help you monitor various aspects of your health throughout the day.

- **Heart Rate Monitoring:** Continuously tracks your heart rate, providing insights into your cardiovascular health.
- **Blood Oxygen (SpO2) Monitoring:** Measures your blood oxygen saturation levels, an important indicator of respiratory function.
- **Sleep Monitoring:** Accurately records your sleep patterns, distinguishing between deep sleep, light sleep, and wake-up times to help you understand and improve your sleep quality.
- **Stress Level Monitoring:** Provides data on your stress levels, assisting you in managing daily pressures.
- **Reminders:** Includes helpful reminders for water intake, sedentary alerts to encourage movement, and a female physiological cycle reminder for tracking and prediction.
- **Breathing Exercises:** Offers guided breathing exercises to promote relaxation and reduce stress.



Image: A user wearing the smart watch, with the display showing graphs for Heart Rate and SpO2 monitoring.





Image: The watch screen showing sleep duration and quality, alongside female physiological cycle tracking information.

## 6. SPORTS MODES AND ACTIVITY TRACKING

The DOVIICO ZL54C Smart Watch supports over 123 distinct sports modes, allowing you to accurately track a wide range of physical activities. For each exercise, the watch records essential data such as steps taken, exercise duration, GPS exercise track (viewable in the "DaFit" app), calories burned, exercise heart rate, and distance covered. This data helps you optimize your workouts and monitor your fitness progress.



Image: The watch showing "All-Day Activity Tracking" with steps, heart rate, calories, and distance, surrounded by icons representing over 123 sports modes.

## 7. NOTIFICATIONS AND COMMUNICATION

Stay connected and informed with your DOVIICO ZL54C Smart Watch:

- **Bluetooth Calls:** With the Bluetooth call function enabled, you can make and answer phone calls directly from your wrist. Access your recent call history, dial pad, and contacts list on the watch.
- **Message Notifications:** Receive real-time notifications for SMS, text messages, and alerts from various social media and communication applications such as Facebook, WhatsApp, Twitter, Instagram, Gmail, Viber, and Telegram.

**Note:** After successfully connecting your watch via Bluetooth, ensure that message and call notifications are enabled within the settings of the "DaFit" app to receive alerts on your watch.





Image: Two smart watches displaying incoming messages from Twitter and Facebook, illustrating the real-time notification feature.

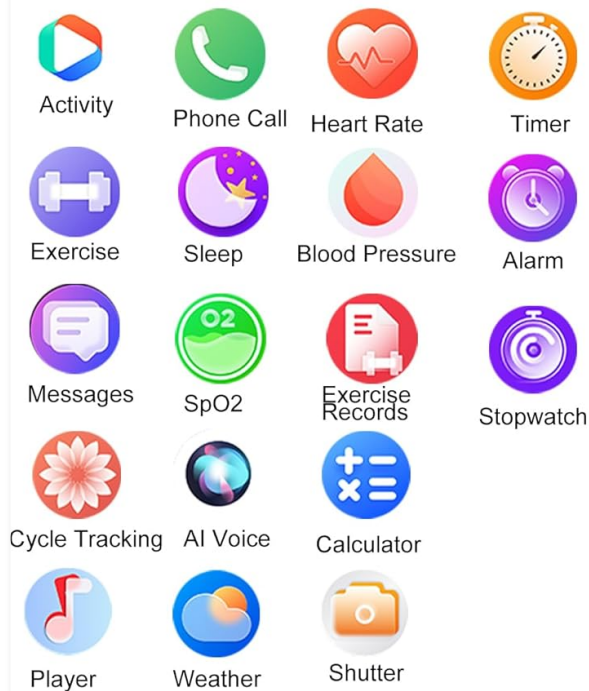
## 8. ADDITIONAL FEATURES

The DOVIICO ZL54C Smart Watch offers a comprehensive suite of additional functionalities to enhance your daily life:

- **Weather Forecasts:** Get real-time weather updates directly on your wrist.
- **Stopwatch & Timer:** Utilize built-in tools for timing activities and setting countdowns.
- **Music Control/Playback:** Control music playback on your smartphone directly from your watch.
- **Adjustable Brightness:** Customize screen brightness for optimal visibility in various lighting conditions.
- **Find Phone/Watch:** Locate your paired smartphone or watch if misplaced.
- **Smart Alarm Clock:** Set alarms to wake you up or remind you of important events.
- **Camera Control:** Use your watch as a remote shutter for your smartphone camera.
- **AI Voice Assistant:** Access your phone's voice assistant for hands-free commands.
- **Calculator:** Perform basic calculations directly on your watch.



# SMART WATCHES OF FEATURE



## Your Smart Life Assistant



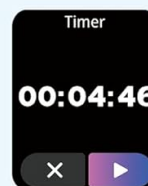
Stand up



Drink Water



Alarm



Timer



Stopwatch

Image: A visual representation of the watch's various features, including activity tracking, phone calls, heart rate, timer, sleep, blood pressure, alarm, messages, SpO2, exercise records, stopwatch, cycle tracking, AI voice, calculator, player, weather, and shutter. Also shown are smart assistant functions like "Stand up," "Time to Drink Water," "Alarm," "Timer," and "Stopwatch."

## 9. WATERPROOF INFORMATION

The DOVIICO ZL54C Smart Watch boasts an IP68 waterproof rating. This means it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily activities such as washing hands, swimming in shallow water, and exercising in the rain. The watch is also resistant to sweat and splashes.

**Caution: To maintain the waterproof integrity of your device, avoid using the watch in hot water, saunas, steam rooms, or during high-pressure water activities. Exposure to hot water or steam may compromise the waterproof seals.**

**IP68 Waterproof**

Has a good waterproof effect for daily life, such as washing hands, anti-sweat /rain.

Image: A person in a swimming pool wearing the smart watch, with icons indicating its suitability for swimming, rinsing, bathing, sweat, and rain, highlighting its IP68 waterproof capability.

10. SPECIFICATIONS

Feature	Specification
Model Name	Smart Watch
Brand	DOVIICO
Item Model Number	ZL54C
Screen Size	1.83 Inches
Resolution	240*284 pixels

Feature	Specification
Battery Capacity	280mAh
Charging Time	Approx. 2 hours
Battery Life (Normal Use)	7 days
Battery Life (Standby)	30 days
Waterproof Rating	IP68
Connectivity Technology	Bluetooth
Wireless Communication Standard	Bluetooth
Compatibility	Android 6.0 and above, iOS 9.0 and above
Operating System (Phone Compatibility)	Android
GPS	Via Smartphone
Special Features	Voice Call, Calendaring, Alarm Clock, Breath Monitor, Cycle Tracking, Daily Workout Memory, Distance Tracker, Elevation Tracker, Email, GPS (via Smartphone), Heart Rate Monitor, Multisport Tracker, Notifications, Music Control, Oxymeter (SpO2), Pedometer, Sedentary Reminder, Sleep Monitor, Time Display, Activity Tracker, Quick Text Reply, Calorie Tracker, Phone Call, Music Player
Package Dimensions	14.81 x 7.49 x 3.2 cm
Item Weight	100 g

## 11. MAINTENANCE

### 11.1 Cleaning

Regularly clean your smart watch and strap with a soft, dry, lint-free cloth. Avoid using harsh chemicals, abrasive materials, or strong detergents, as these can damage the device's finish and functionality. Ensure the charging contacts and sensors on the back of the watch are kept clean for accurate readings and efficient charging.



## 11.2 Storage

When not in use for extended periods, store your DOVICO ZL54C Smart Watch in a cool, dry place away from direct sunlight, extreme temperatures, and high humidity. Ensure the battery is partially charged (around 50%) before long-term storage to preserve battery health.

## 11.3 Charging Precautions

Always use the provided magnetic charging cable. Do not use damaged cables or chargers. Ensure the charging contacts on the watch and cable are clean and dry before charging to prevent corrosion or short circuits.

# 12. TROUBLESHOOTING

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## 12.1 Watch Not Turning On

- Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- Press and hold the side button for several seconds to attempt a power-on.

## 12.2 Connectivity Issues (Bluetooth)

- Verify that Bluetooth is enabled on both your smartphone and the smart watch.
- Ensure the "DaFit" app is running in the background and the watch is correctly paired within the app.
- Try restarting both your smartphone and the smart watch, then attempt to reconnect.
- If issues persist, unpair the watch from your phone's Bluetooth settings and the "DaFit" app, then re-pair it following the instructions in Section 3.2.

## 12.3 Inaccurate Health Data

- Ensure the watch is worn snugly on your wrist, positioned about one finger's width from your wrist bone.
- Keep the optical sensors on the back of the watch clean and free from dirt or debris.
- Avoid excessive movement during measurements for more accurate readings.

## 12.4 Notifications Not Appearing

- Verify that notifications are enabled in both your smartphone's system settings and within the "DaFit" app for the specific applications you wish to receive alerts from.
- Ensure the watch is actively connected to your smartphone via Bluetooth.
- Check if the watch is in "Do Not Disturb" mode, which may suppress notifications.

# 13. WARRANTY AND SUPPORT

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The DOVICO ZL54C Smart Watch is covered by a 12-month warranty from the date of purchase. This warranty covers manufacturing defects and ensures your product is free from material and workmanship flaws under normal use.

For any technical assistance, warranty claims, or support inquiries, please contact DOVICO customer service. Refer to your purchase documentation or the official DOVICO website for specific contact details and support channels.

