

[Manuals.plus](#) /

› [Anyork](#) /

› Anyork Red Light Therapy Device User Manual (Model: 3x808nm + 14x650nm)

Anyork 3x808nm + 14x650nm

Anyork Red Light Therapy Device User Manual

Model: 3x808nm + 14x650nm

Brand: Anyork

1. INTRODUCTION

The Anyork Red Light Therapy Device is designed to provide near-infrared and red light therapy for temporary relief of minor muscle and joint aches, pain, and stiffness. It features a combination of 808nm infrared and 650nm red light LEDs. This manual provides essential information for safe and effective use of your device.

2. PRODUCT OVERVIEW

Key Features:

- **Dual Wavelengths:** 14pcs x 650nm red light and 3pcs x 808nm infrared light.
- **Adjustable Timer:** 5, 10, 15, or 20-minute treatment sessions.
- **Multiple Power Levels:** L1, L2, L3, L4 for customized intensity.
- **Ergonomic Design:** Lightweight (0.48 lbs) and portable for home or travel use.
- **LED Display:** Shows countdown timer and power level.

Components:

The package includes the Red Light Therapy Device host, protective eyewear, a USB cord, a power adapter plug, and this user manual.

HANDHELD TREATMENT DEVICE



Figure 2.1: Anyork Red Light Therapy Device with labeled display and buttons.

This image displays the handheld device, highlighting its countdown display, battery display, power display, power button, timer button, and on/off button. It also shows the 808nm and 650nm LED lights and the 2600mAh battery capacity.



Figure 2.2: What is inside the box.

This image illustrates the complete contents of the product box, including the red light device, protective eyewear, USB charging cable, power adapter, and the user manual.

3. SETUP

Charging the Device:

1. Connect the USB cord to the device and the power adapter.
2. Plug the power adapter into a suitable electrical outlet.
3. The battery indicator on the LED display will show charging status.
4. **Important:** Do not turn on or use the device while it is charging.

Initial Power On:

1. Ensure the device is fully charged and disconnected from the charger.
2. Press and hold the On/Off button (power symbol) to turn on the device.
3. The LED display will illuminate, showing the default timer and power settings.

4. OPERATING INSTRUCTIONS

Understanding the Light Wavelengths:



Figure 4.1: Device displaying 650nm red light and 808nm infrared light.

This image illustrates the two types of light emitted by the device: 14 LEDs for 650nm red light and 3 LEDs for 808nm infrared light. Note that the 808nm infrared light is invisible to the human eye.

Setting the Timer and Power Level:

1. After powering on, press the 'Timer' button to cycle through the available treatment durations: 5, 10, 15, or 20 minutes.
2. Press the 'Power' button to adjust the intensity level: L1 (lowest) to L4 (highest).
3. The selected time and power level will be shown on the LED display.

Intelligent timing &Power Setting

4 Power levels



5-20 Mins adjustable



Figure 4.2: Device controls for timing and power settings.

This image demonstrates how to adjust the 4 power levels and the 5-20 minute adjustable timer using the device's buttons and the corresponding display.

Application Guidelines:

- Wear the provided protective eyewear before starting a session.
- Hold the device 0.5-1.2 inches (approximately 1.25-3 cm) away from your skin.
- Slowly move the device over the desired treatment area.
- Do not use over clothing, creams, ointments, or dressings, as this may reduce effectiveness.
- Recommended usage: 20 minutes per session, 2-3 times a day. For best results, use consistently.

RED LIGHT THERAPY DEVICE

Portable and Easy to Operate.



Figure 4.3: Proper application of the device on the body.

This image shows an individual comfortably using the red light therapy device on their leg, demonstrating a typical application scenario.



Figure 4.4: Application on neck and shoulder area.

This image depicts an individual applying the red light therapy device to their neck and shoulder area, targeting common points of discomfort.



Figure 4.5: Application on knee area.

This image shows an individual using the red light therapy device on their knee, illustrating its use for joint pain relief.



Figure 4.6: Application on wrist area.

This image displays the red light therapy device being used on a person's wrist, demonstrating its versatility for various body parts.

Official Product Video: How to Operate

Your browser does not support the video tag.

Video 4.1: This video demonstrates the basic operation of the Anyork Red Light Therapy Device, including how to power it on, adjust settings, and apply it to different body areas.

5. MAINTENANCE

Cleaning:

- Ensure the device is turned off and unplugged before cleaning.
- Wipe the device surface with a soft, dry cloth.
- Do not use abrasive cleaners, solvents, or immerse the device in water.

Storage:

- Store the device in a cool, dry place away from direct sunlight.
- Keep out of reach of children and pets.

6. TROUBLESHOOTING

Common Issues and Solutions:

- **Device will not turn on:** Ensure the device is fully charged. The device cannot be turned on while it is charging. Disconnect from the charger before attempting to power on.
- **No noticeable effect:** Red light therapy requires consistent use to achieve noticeable results. These effects are often long-lasting rather than immediate. We recommend using the device four times per week for 10-15 minutes per session. Significant improvement is typically observed after at least four weeks of consistent use.

Official Product Video: Troubleshooting

Your browser does not support the video tag.

Video 6.1: This video provides solutions and tips for common issues encountered with the Anyork Red Light Therapy Device.

7. SPECIFICATIONS

Feature	Detail
Package Dimensions	10.63 x 6.18 x 2.64 inches
Weight	1.21 Pounds
Batteries	1 Lithium Ion battery required (included)
Date First Available	November 7, 2023
Manufacturer	Anyork
ASIN	B0CMTRN4G9

8. SAFETY INFORMATION

- Always wear the provided protective eyewear during use to protect your eyes from the intense light.
- The 808nm infrared light is invisible to the human eye; do not assume the device is off if you do not see red light.
- This device is intended for personal use. Consult a healthcare professional if you have any underlying medical conditions or concerns.
- Statements regarding this device have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

9. WARRANTY AND SUPPORT

Return Policy:

The product comes with a 30-day return policy for refund or replacement.

Customer Support:

Our customer service team is available 24 hours a day to provide solutions, ensuring you have uninterrupted access and a seamless experience. For support, please refer to the contact information provided with your purchase or visit the official Anyork website.