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Flieks 408AAN

Flieks Metal Bunk Bed Instruction Manual

Model: 408AAN (Full Over Full)

1. IMPORTANT SAFETY INFORMATION

Please read and understand all instructions before assembling and using this bunk bed. Failure to follow these warnings could result in serious injury.

- **Weight Capacity:** The upper bunk is designed to support a maximum weight of **250 lbs**. The lower bunk is designed to support a maximum weight of **350 lbs**. Do not exceed these limits.
- **Guard Rails:** The upper bunk is equipped with full-length guard rails (11.2 inches high) on all four sides. These are crucial for preventing falls. Ensure they are always securely in place.
- **Ladder Safety:** Always use the integrated ladder for access to the upper bunk. Do not use chairs or other items. Ensure the ladder is securely attached before use.
- **Mattress Requirements:** Use only mattresses that are 74-75 inches long and 53-54 inches wide for both upper and lower bunks. The maximum mattress thickness for the upper bunk should not exceed 6 inches to ensure the guard rails are effective.
- **Age Restriction:** The upper bunk is not suitable for children under 6 years of age.
- **No Jumping:** Do not allow jumping on the bed.
- **Assembly:** This product requires assembly. Ensure all parts are present and all fasteners are tightened securely before use. Periodically check and re-tighten fasteners.
- **Ventilation:** Ensure adequate ventilation around the bed.

2. PRODUCT OVERVIEW

The Flieks Metal Bunk Bed is a versatile and sturdy sleeping solution designed for various living spaces. It features a full-over-full configuration, allowing two full-sized mattresses. The robust steel frame ensures durability and stability. This bunk bed can also be separated into two independent full-sized beds, offering flexibility for your needs.

Key Features:

- Full Over Full design.
- Heavy-duty steel frame construction.

- Integrated ladder for safe access to the upper bunk.
- Full-length guard rails on the upper bunk for enhanced safety.
- Can be converted into two separate full beds.
- No box spring required; mattress support slats included.



Image: The Flieks Full Over Full Metal Bunk Bed in its assembled bunk configuration, shown in a bedroom setting with mattresses and bedding.



Image: The Flieks Metal Bunk Bed disassembled into two individual full-sized beds, demonstrating its versatile configuration.

3. SETUP (ASSEMBLY INSTRUCTIONS)

Assembly of the Flieks Metal Bunk Bed requires two adults. Please ensure you have sufficient space and all components before beginning. Do not fully tighten all bolts until the entire structure is assembled.

Before You Begin:

- Unpack all components and lay them out on a clean, soft surface (e.g., a carpet or blanket) to prevent scratches.
- Verify that all parts listed in the packing list are present. If any parts are missing or damaged, do not proceed with assembly. Contact customer support immediately.
- Familiarize yourself with the hardware and components.

General Assembly Steps:

1. **Assemble the Headboards and Footboards:** Attach the horizontal support bars to the vertical posts for both the upper and lower bed frames.
2. **Connect Side Rails:** Attach the side rails to the assembled headboards and footboards for both the upper and lower bed frames. Ensure all connections are finger-tight only at this stage.
3. **Install Support Slats:** Place and secure the metal slats onto the designated support points on both the upper and lower bed frames.
4. **Assemble Bunk Bed Structure (if applicable):** Carefully stack the upper bed frame onto the lower bed frame, aligning the connection points. Secure with the provided bunk bed connectors.
5. **Attach Ladder and Guard Rails:** Securely attach the integrated ladder to the upper bunk. Ensure all guard rails are properly installed and fastened to the upper bunk frame.
6. **Final Tightening:** Once the entire structure is assembled and aligned, systematically tighten all bolts and fasteners using the provided tools. Do not overtighten.
7. **Placement:** Position the assembled bunk bed against a wall to maximize stability and safety.



Image: An empty Flieks Full Over Full Metal Bunk Bed frame, providing a clear view of its construction and components before mattress placement.

4. OPERATING INSTRUCTIONS

Using as a Bunk Bed:

- Ensure mattresses meet the specified dimensions and thickness for safe use, especially for the upper bunk.
- Always use the integrated ladder to access the upper bunk.
- Periodically check all fasteners to ensure they remain tight.

Converting to Two Separate Beds:

The Fliex Metal Bunk Bed can be separated into two individual full-sized beds. This process requires two adults.

1. **Remove Mattresses:** Carefully remove both mattresses from the bunk bed.
2. **Disassemble Ladder and Guard Rails:** Detach the ladder and guard rails from the upper bunk.
3. **Separate Bunks:** With assistance, carefully lift the upper bunk off the lower bunk. Ensure a stable grip to prevent injury or damage.
4. **Reconfigure Legs (if necessary):** Depending on the design, you may need to attach additional leg supports (if provided) to the upper bed frame to convert it into a standalone bed.
5. **Position Beds:** Place the two separate full beds in your desired locations.

5. MAINTENANCE

Proper maintenance will extend the life and ensure the safety of your Fliex Metal Bunk Bed.

- **Cleaning:** Wipe the metal frame with a soft, damp cloth. Avoid using harsh chemicals, abrasive cleaners, or polishes, as these can damage the finish.
- **Fastener Checks:** Regularly (e.g., every 3-6 months) inspect all bolts, screws, and connections. Re-tighten any loose fasteners to maintain structural integrity and prevent squeaking.
- **Structural Integrity:** Periodically check for any signs of wear, damage, or bending in the metal frame or slats. If any damage is found, discontinue use and contact customer support.
- **Moving the Bed:** When moving the bed, always lift it rather than dragging it to prevent damage to the frame or floor. If moving a significant distance, it is recommended to disassemble the bunk bed into its two separate components first.

6. TROUBLESHOOTING

Here are solutions to common issues you might encounter:

- **Squeaking Noises:** Squeaking often indicates loose fasteners. Carefully inspect all bolts and screws, especially at connection points, and re-tighten them. Ensure the bed is on a level surface.
- **Bed Feels Unstable/Wobbly:** This is usually due to loose connections. Re-check and tighten all assembly bolts. Ensure the bed is placed on a flat, even floor.
- **Missing Parts During Assembly:** If you find any parts missing or damaged upon unboxing, do not proceed with assembly. Refer to the 'Warranty & Support' section to contact customer service for replacement parts.
- **Difficulty Separating Beds:** Ensure all bunk bed connectors and the ladder are fully detached. If the frames

are stuck, gently rock them while lifting to loosen the connection.

7. SPECIFICATIONS

Detailed specifications for the Flieks Metal Bunk Bed, Model 408AAN.

Model Number	408AAN
Type	Full Over Full Bunk Bed
Material	Metal (Steel)
Color	Silver
Product Dimensions (L x W x H)	78" x 56.4" x 66.3"
Upper Bunk Weight Capacity	250 lbs
Lower Bunk Weight Capacity	350 lbs
Item Weight	94.8 pounds
Mattress Size Compatibility	Full (74-75" L x 53-54" W)
Special Feature	No Box Spring Needed, Convertible to Two Separate Beds



Image: Technical drawing illustrating the precise dimensions of the Flieks Full Over Full Metal Bunk Bed in inches.

8. WARRANTY & SUPPORT

Flieks is committed to providing quality products. For specific warranty information, please refer to the documentation included with your purchase or contact the retailer where the product was purchased.

Customer Support:

If you have any questions regarding assembly, missing parts, product defects, or general inquiries, please contact the seller or manufacturer directly. When contacting support, please have your model number (408AAN) and purchase information readily available.

Manufacturer: Flieks