

## Medline MDS3001PLUS

# Medline Elite Automatic Digital Blood Pressure Monitor User Manual

Model: MDS3001PLUS | Brand: Medline

## 1. INTRODUCTION

This user manual provides essential information for the safe and effective operation of your Medline Elite Automatic Digital Blood Pressure Monitor. Please read this manual thoroughly before using the device and retain it for future reference.

The Medline Elite Automatic Digital Blood Pressure Monitor is designed for accurate and convenient measurement of systolic and diastolic blood pressure, as well as pulse rate, in adults. Its automatic inflation and error detection features ensure ease of use and reliable readings.

## 2. IMPORTANT SAFETY INFORMATION

Always consult your physician to interpret blood pressure readings. Self-diagnosis and treatment based on measurement results can be dangerous.

- Do not use this device on infants, children, or individuals who cannot express their consent.
- Do not use this device for any purpose other than measuring blood pressure.
- Keep the device and its components out of reach of small children.
- Avoid strong electromagnetic fields (e.g., mobile phones) near the device during use.
- Do not disassemble or attempt to repair the device. Contact qualified service personnel for repairs.
- If the cuff causes discomfort or abnormal readings, discontinue use and consult a healthcare professional.

## 3. PACKAGE CONTENTS

Verify that all items are present in the package:

- Medline Elite Automatic Digital Blood Pressure Monitor Unit
- Standard Adult Cuff (22-32 cm)
- Large Adult Cuff (30-42 cm)

- Storage Bag
- User Manual (this document)
- Batteries (if included, check packaging)



Image: The Medline Elite Automatic Digital Blood Pressure Monitor, showing the main unit, a standard adult cuff, a large adult cuff, and a grey storage bag.

## 4. SETUP

### 4.1. Battery Installation

1. Open the battery compartment cover on the back of the monitor.
2. Insert four (4) AA alkaline batteries, ensuring correct polarity (+/-) as indicated inside the compartment.
3. Close the battery compartment cover securely.

### 4.2. Cuff Connection

1. Select the appropriate cuff size (Standard Adult or Large Adult) based on your arm circumference. The cuff should fit snugly but not too tightly.
2. Insert the air plug of the cuff firmly into the air jack located on the side of the monitor unit.
3. Ensure the connection is secure to prevent air leakage during measurement.

## 5. OPERATING INSTRUCTIONS

### 5.1. Before Measurement

- Avoid eating, drinking alcohol, smoking, and exercising for at least 30 minutes before measurement.

- Rest for 5-10 minutes before taking a reading.
- Sit in a comfortable position with your back supported and feet flat on the floor.
- Place your arm on a table so the cuff is at heart level.

## 5.2. Applying the Arm Cuff

1. Slide your arm through the cuff loop. The air tube should run down the inside of your arm.
2. Position the cuff so the bottom edge is approximately 1-2 cm (0.5 inch) above your elbow joint.
3. Wrap the cuff snugly around your bare upper arm, ensuring the artery mark on the cuff aligns with your brachial artery (inner side of the arm).
4. Secure the cuff with the hook-and-loop fastener.

## 5.3. Taking a Measurement

1. Press the **START/STOP** button. The cuff will automatically inflate.
2. Remain still and silent during the measurement.
3. Once the measurement is complete, the systolic pressure, diastolic pressure, and pulse rate will be displayed on the screen.
4. Press the **START/STOP** button again to turn off the monitor. It will automatically shut off after 1 minute of inactivity.

## 5.4. Memory Function

The monitor stores previous readings. To view past measurements:

- With the monitor off, press the **MEM** button.
- Each press of the **MEM** button will cycle through stored readings, displaying the most recent first.

# 6. MAINTENANCE

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## 6.1. Cleaning

- Wipe the monitor unit and cuff with a soft, dry cloth.
- If necessary, use a cloth lightly dampened with water or a mild detergent, then wipe dry.
- Do not use abrasive cleaners, solvents, or immerse the device in water.

## 6.2. Storage

- Store the device in the provided storage bag when not in use.
- Keep the monitor in a cool, dry place, away from direct sunlight, extreme temperatures, and humidity.
- Remove batteries if the device will not be used for an extended period to prevent leakage.

# 7. TROUBLESHOOTING

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| Problem | Possible Cause | Solution |
|---------|----------------|----------|
|---------|----------------|----------|

| Problem                                       | Possible Cause   | Solution  |
|---|--|---|
| Monitor does not turn on.                     | Batteries are dead or incorrectly inserted.                                | Replace batteries with new ones, ensuring correct polarity.                               |
| Cuff does not inflate or inflates too little. | Cuff not connected securely; air leakage; cuff damaged.                    | Check cuff connection. Ensure cuff is not damaged.  |
| Error message displayed.                      | Movement during measurement; improper cuff placement; irregular heartbeat. | Remain still. Re-apply cuff correctly. Consult physician if irregular heartbeat persists. |
| Inaccurate readings.                          | Improper cuff size; incorrect measurement posture; recent activity.        | Ensure correct cuff size and proper application. Follow "Before Measurement" guidelines.  |

## 8. SPECIFICATIONS

- **Model:** MDS3001PLUS
- **Measurement Method:** Oscillometric
- **Measurement Range:** Pressure: 0-300 mmHg; Pulse: 40-199 beats/minute
- **Accuracy:** Pressure:  $\pm 3$  mmHg; Pulse:  $\pm 5\%$  of reading
- **Power Source:** 4 x AA Batteries (DC 6V)
- **Cuff Size:** Standard Adult (22-32 cm), Large Adult (30-42 cm)
- **Display Type:** Digital
- **Memory:** Stores multiple readings (specific number not provided, but implied by "MEM" button)
- **Operating Conditions:** Temperature: 10°C to 40°C (50°F to 104°F); Humidity: 15% to 90% RH (non-condensing)
- **Storage Conditions:** Temperature: -20°C to 60°C (-4°F to 140°F); Humidity: 10% to 95% RH (non-condensing)
- **Dimensions:** Approximately 12.24 x 9.8 x 4.8 inches (Package Dimensions)
- **Weight:** Approximately 1.83 Pounds (Package Weight)


## 9. WARRANTY AND SUPPORT

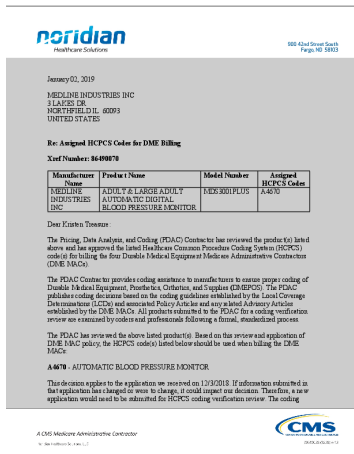
For warranty information or technical support, please contact Medline customer service:

- **Manufacturer Contact:** 1-800-633-5463
- **Brand Store:** [Medline Official Store on Amazon](#)

*Legal Disclaimer: Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This device is intended for general health and wellness purposes and should not replace professional medical advice.*

## Related Documents - MDS3001PLUS

|   |  |
|---|--|
|    | <p><a href="#">Medline MDS5001 Automatic Digital Blood Pressure Monitor Quick Start Guide</a></p> <p>This guide provides essential instructions for setting up and using the Medline MDS5001 Automatic Digital Blood Pressure Monitor. Learn how to install batteries, set the date and time, correctly place the cuff, position your body, and begin a measurement. Includes a troubleshooting section for common issues.</p> |
|    | <p><a href="#">Medline MDS4001 Series Blood Pressure Monitor User's Manual</a></p> <p>User's manual for Medline MDS4001 series digital blood pressure monitors, covering setup, operation, safety, accuracy, and troubleshooting for home health monitoring.</p>   |
|    | <p><a href="#">Medline MDS3001 Automatic Digital Blood Pressure Monitor Quick Start Guide</a></p> <p>A concise guide to setting up and operating the Medline MDS3001 Automatic Digital Blood Pressure Monitor, including battery installation, date/time setting, cuff and body placement, measurement initiation, and troubleshooting tips.</p>   |
|   | <p><a href="#">Medline MDS4001 Automatic Digital Blood Pressure Monitor Quick Start Guide</a></p> <p>Quick start guide for the Medline MDS4001 Automatic Digital Blood Pressure Monitor. Learn how to set up, place the cuff, and take accurate blood pressure readings.</p>   |
|  | <p><a href="#">Medline Automatic Digital Blood Pressure Monitor Quick Start Guide</a></p> <p>A quick start guide for the Medline Automatic Digital Blood Pressure Monitor, covering setup, cuff placement, body position, and tips for accurate readings.</p>  |
|  | <p><a href="#">Medline Blood Pressure Monitor with Bluetooth® User Manual</a></p> <p>User's manual for the Medline Blood Pressure Monitor with Bluetooth®, detailing its features, setup, usage, and safety information. Learn how to measure blood pressure, sync data with the Medline Health App, and understand blood pressure readings.</p>   |



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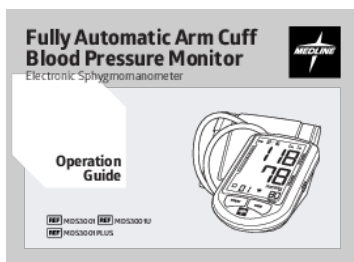


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LAB DIAGNOSTIC PRODUCTS » Manual SphygMode with auto deflate provides consistent patient BP measurement and allows clinicians to verify automated readings without removing the cuff Fast typically in 30 40 seconds Item No Description Pkg MDS1780 Monitor Digital Tabletop no basket 1 ea LIT007A BRO Diagnostic Products 1782 medline media catalog Docs MKT LAB DIAGNOSTIC PRODUCTS Equipment and Testing Supplies for Enhanced Detection of Disease SIMPLE ... s the automatic blood pressure unit, cuff and four AA batteries Item No. MDS1001 MDS3001 MDS3001LA **MDS3001PLUS** MDS4001 MDS4001LAT MDS9970 MDS9971 MDS9972 MDS9973 Description Pkg. Monitor with Adult...

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