

Nikken 169.98

Nikken KenkoGround Grounding Mat Instruction Manual

Model: 169.98 | Brand: Nikken

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1. PRODUCT OVERVIEW

The Nikken KenkoGround Grounding Mat (Model 169.98) is designed to provide grounding benefits by connecting you to the Earth's energy. This mat is suitable for use in various settings, including home and office environments, to support overall wellness.

The KenkoGround mat features a soft, durable, and skin-friendly material. It is designed for daily use and offers properties such as EMF shielding, microbicidal action, and deodorizing capabilities. The mat is also water-repellent, making it easy to maintain.

Kenko Ground[®]

**SIX MONTHS
COVERAGE**



Image: The Nikken KenkoGround Mat, showing its design and the included connection cable.

2. SETUP INSTRUCTIONS

To set up your KenkoGround mat, follow these steps:

1. **Verify Grounded Outlet:** Use the provided grounding tester to ensure your electrical outlet is properly grounded. Plug the tester into the wall outlet. If two orange lights illuminate, the outlet is correctly grounded. If only one light or no lights appear, the outlet is not grounded, and you should use a different outlet or consult an electrician.
2. **Connect the Cable:** Attach one end of the provided connection cable to the snap connector on the KenkoGround mat.
3. **Plug into Outlet:** Insert the other end of the connection cable into the grounding hole of a properly grounded wall outlet.
4. **Position the Mat:** Place the mat in your desired location, such as under your feet while working at a desk, on a chair, or on your bed. Ensure direct skin contact with the mat for optimal grounding benefits.

Your browser does not support the video tag.

Video: Demonstration of how to test an electrical outlet for proper grounding using a tester, and how to connect the mat's cable.

Your browser does not support the video tag.

Video: Visual demonstration of how a grounding mat reduces electrical charge when a person makes contact with it.

Easy to Use, No Hassle

Just plug it into a grounded outlet and place it where needed. Whether underfoot, on a chair, or on your bed, it's a simple way to enjoy continuous grounding benefits daily.

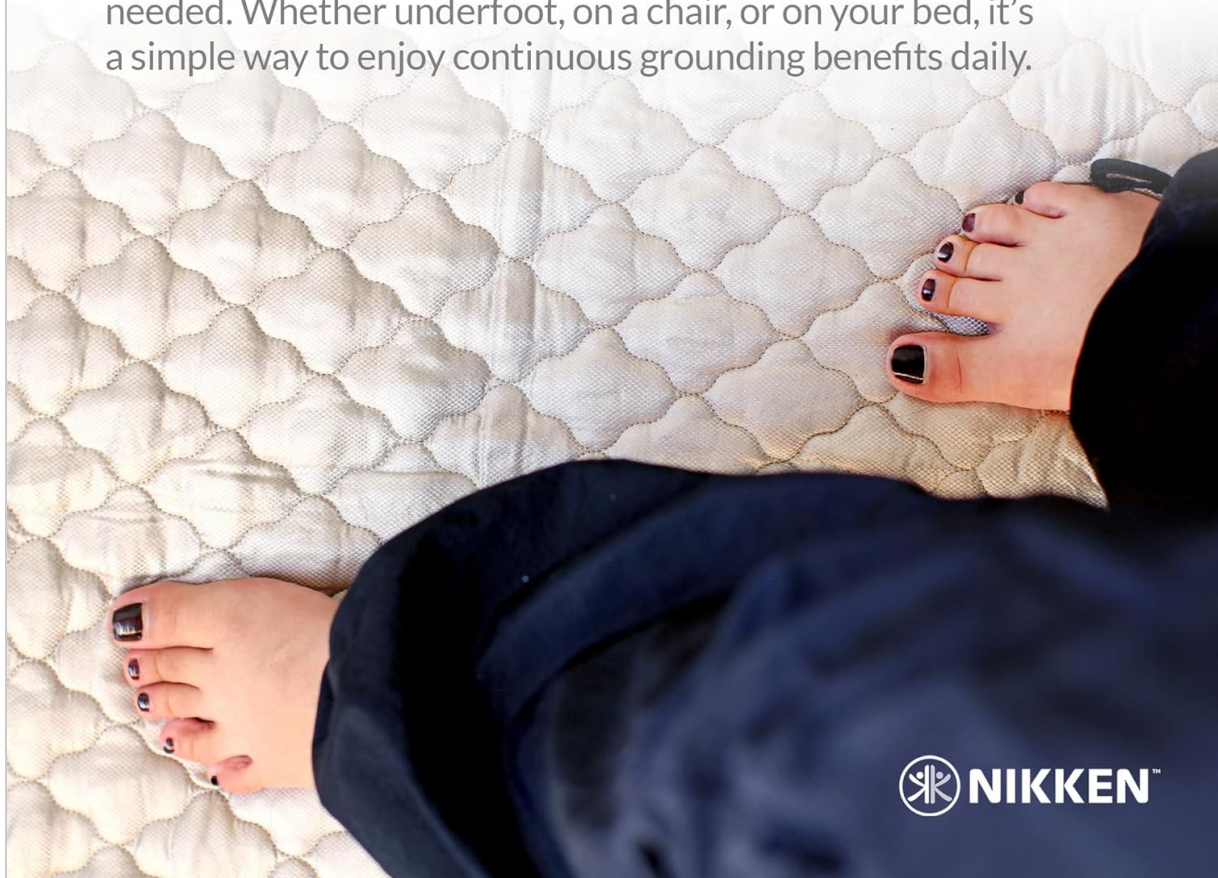


Image: A person using the KenkoGround mat under their feet while seated at a desk, illustrating typical usage.

3. OPERATING INSTRUCTIONS

The KenkoGround mat is designed for continuous grounding benefits. Once properly set up, simply ensure direct skin contact with the mat. This can be achieved by placing your bare feet, hands, or any other part of your body directly on the mat's surface.

- **Daily Use:** Integrate the mat into your daily routine. Use it while working, relaxing, or sleeping.
- **Skin Contact:** Direct skin contact is crucial for the mat to effectively transfer Earth's energy to your body.
- **Placement:** The mat can be placed on the floor, on a chair, or at the foot of your bed.

STAY GROUNDED & BALANCED

The contemporary lifestyle often causes fatigue, and a general feeling of being out of balance.



Water-Repellent



Image: Bare feet making direct contact with the KenkoGround mat, emphasizing proper usage for grounding.

4. CARE INSTRUCTIONS

Proper care ensures the longevity and effectiveness of your KenkoGround mat:

- **Cleaning:** The conductive material is largely water-repellent. Hand washing with warm water and a mild soap or detergent is recommended. Alternatively, you may wipe the mat with a damp cloth.
- **Do Not Machine Wash or Dry Clean:** Avoid machine washing or dry cleaning to prevent damage to the mat.
- **Avoid Bleach:** Do not use bleach, as it may tarnish the silver components.
- **Avoid Certain Detergents:** Do not use fabric softeners, whitening detergents, oxi-detergents, or detergents containing oils (e.g., lavender or coconut oil).
- **Drying:** Air dry the mat outdoors, but not under direct sunlight.



Care Instructions

The conductive material is largely water-repellent, so we recommend hand washing with warm water and a mild soap or detergent. You may also choose to wipe with a damp cloth.

Do not machine wash or dry clean. Do not twist. Do not wash with bleach, as it may tarnish the silver. Do not use fabric softeners, whitening detergents, oxi-detergents or detergents with oils, e.g. lavender or coconut oil.

Air dry outside, but not under direct sunlight.



Image: Visual representation of care instructions for the KenkoGround mat.

5. SPECIFICATIONS

Feature	Detail
Model Number	169.98
Dimensions (L x W)	18" x 36" inches
Material	Rubber
Color	Black
Weight	0.43 Kilograms (8.95 ounces)
Water Resistance Level	Water Repellent

KENKO GROUND

Size

18" X 36" INCHES

Weight:

254g or 8.95 ounces



Image: The KenkoGround Mat with its size and weight specifications highlighted.

6. TROUBLESHOOTING

- **No Grounding Sensation:** Ensure the mat is properly connected to a grounded outlet. Verify the outlet is grounded using the provided tester. Confirm direct skin contact with the mat.
- **Mat Not Lying Flat:** The mat may have creases from packaging. Over time, with use, it should flatten out. Gentle rolling in the opposite direction can also help.
- **Cleaning Issues:** Refer to the care instructions for proper cleaning methods. Avoid harsh chemicals or machine washing.

7. WARRANTY AND SUPPORT

For warranty information, product support, or any inquiries not covered in this manual, please contact Nikken Inc. directly through their official website or customer service channels. Each item is verified by Transparency before shipping.

