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## Posturite 100016307

# Posturite The Penguin 3-in-1 Ambidextrous Vertical Mouse Instruction Manual

Model: 100016307

## INTRODUCTION

The Posturite Penguin 3-in-1 Ambidextrous Vertical Mouse is designed to provide ergonomic support and versatile connectivity. This model integrates Wired, Wireless (2.4GHz), and Bluetooth technologies, offering flexibility for various computing environments. Its vertical design promotes a neutral wrist posture, aiming to reduce strain associated with repetitive strain injury (RSI) and carpal tunnel syndrome (CTS). The ambidextrous design allows for effortless switching between left and right-handed use, distributing workload and preventing static muscle strain. Additionally, the mouse is equipped with BioCote® antimicrobial technology to inhibit bacterial growth, making it suitable for shared workspaces.

## KEY FEATURES

- **3-in-1 Connectivity:** Supports Wired, 2.4GHz Wireless (USB dongle), and Bluetooth connections.
- **Ambidextrous Design:** Easily switch between right and left-handed use to distribute workload and reduce strain.
- **Ergonomic Vertical Posture:** Promotes a natural handshake position, minimizing wrist pronation and pressure on the carpal tunnel.
- **Adjustable DPI:** Optical tracking with multiple DPI settings (up to 2400 dpi) for precise cursor control.
- **BioCote® Antimicrobial Technology:** Inhibits bacterial and mold growth for enhanced hygiene.
- **Precision Scroll Wheel:** Ensures accurate document scrolling.
- **Multiple Sizes:** Available in various sizes to accommodate different hand dimensions for a personalized fit.

## PACKAGE CONTENTS

- Posturite The Penguin 3-in-1 Vertical Mouse
- USB-C to USB-A Charging Cable
- 2.4GHz USB-A Wireless Dongle (stored in mouse base)
- User Manual / Instructions

# SETUP

## 1. Sizing Guide

To ensure optimal comfort and ergonomic benefits, select the correct mouse size. Measure your hand from the first crease of your wrist to the tip of your middle finger.

- **Small:** 0-16 cm (0-6 inches)
- **Medium:** (Size not specified in input, typically for average hands)
- **Large:** (Size not specified in input, typically for larger hands)

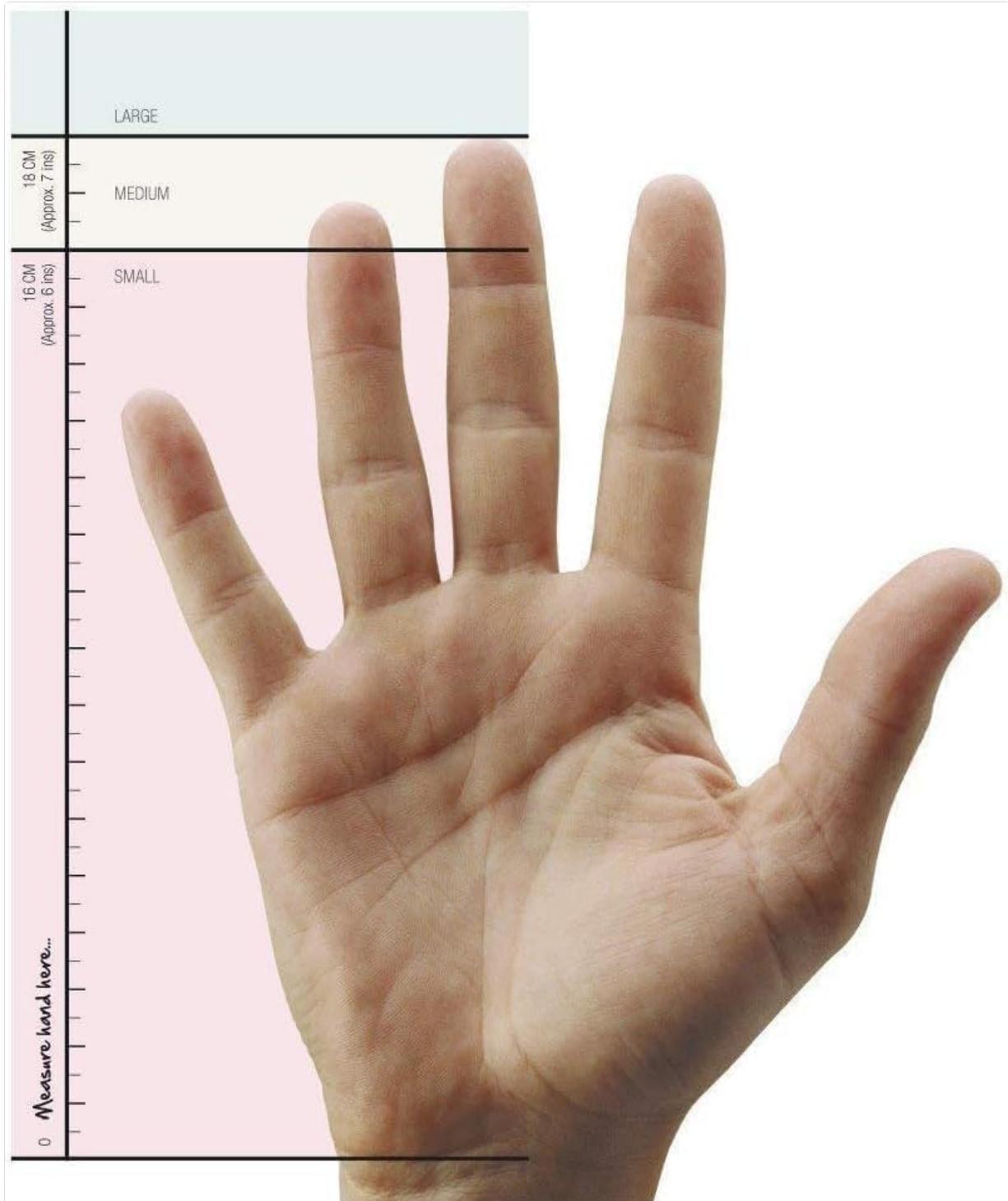


Figure 1: Hand measurement guide for selecting the appropriate Penguin Mouse size. Measure from your wrist crease to the tip of your middle finger.

## 2. Initial Charge

Before first use, it is recommended to fully charge your Penguin Mouse. Connect the provided USB-C cable to the

mouse's charging port and the USB-A end to a power source (e.g., computer USB port, USB wall adapter).

### **3. Connecting Your Mouse**

The Penguin Mouse offers three connectivity options:

#### **3.1. 2.4GHz Wireless Connection (USB Dongle)**

1. Locate the USB-A wireless dongle stored in the compartment at the bottom of the mouse.
2. Plug the USB-A dongle into an available USB-A port on your computer.
3. Turn on the mouse using the ON/OFF switch located on the bottom.
4. The mouse should automatically connect to your computer.

#### **3.2. Bluetooth Connection**

1. Turn on the mouse using the ON/OFF switch located on the bottom.
2. Press the connectivity mode button (usually a small circular button near the ON/OFF switch) to switch to Bluetooth mode. An indicator light will flash.
3. On your computer, open Bluetooth settings and search for "Penguin Mouse" or a similar device name.
4. Select the mouse to pair. The indicator light on the mouse will stop flashing once connected.

#### **3.3. Wired Connection**

1. Connect the provided USB-C cable to the mouse's charging port.
2. Connect the USB-A end of the cable to an available USB-A port on your computer.
3. The mouse will function as a wired mouse and charge simultaneously.

## **OPERATING INSTRUCTIONS**

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### **1. Ergonomic Grip**

Hold the Penguin Mouse with your hand in a natural handshake position. Your thumb should rest comfortably on the side, and your fingers should drape over the buttons and scroll wheel. This vertical orientation helps maintain a neutral wrist posture.



*Figure 2: Proper ergonomic grip of the Penguin Vertical Mouse, illustrating the natural handshake position for reduced wrist strain.*

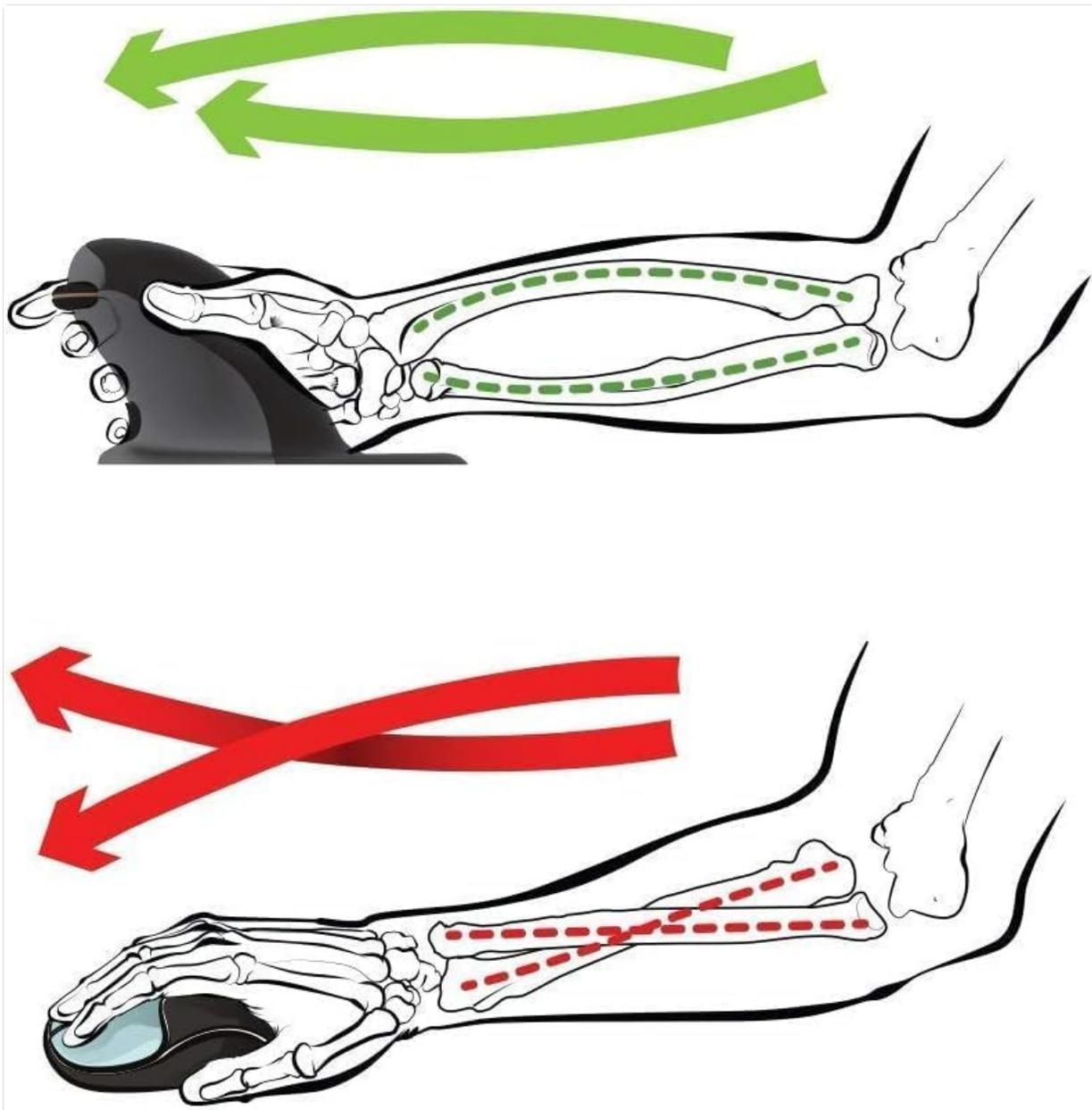


Figure 3: Comparison of wrist posture with a traditional mouse (bottom, red arrows indicating strain) versus the ergonomic vertical mouse (top, green arrows indicating neutral posture).

## 2. Ambidextrous Use

The symmetrical design allows for easy switching between left and right-handed use. Simply rotate the mouse 180 degrees to use it with your other hand. This feature is crucial for distributing mouse-related workload and preventing static muscle strain.

## 3. Button Functions

- **Left Click Button:** Standard primary click function.
- **Right Click Button:** Standard secondary click function.
- **Scroll Wheel:** Scroll up/down documents and web pages. Can also be clicked for middle-click functionality.
- **DPI Adjustment Button:** Located near the scroll wheel. Press to cycle through available DPI settings (e.g., 800, 1200, 1600, 2400 DPI). The current DPI level may be indicated by an LED or screen on some models.
- **Forward/Back Buttons:** Located on the side of the mouse (typically for thumb operation). These buttons allow for quick navigation in web browsers or file explorers.

## MAINTENANCE

- **Cleaning:** Regularly wipe the mouse surface with a soft, damp cloth. Avoid harsh chemicals. The BioCote® antimicrobial coating helps maintain hygiene.
- **Sensor Cleaning:** Occasionally clean the optical sensor at the bottom of the mouse with a soft, dry cloth to ensure accurate tracking.
- **Battery Care:** For rechargeable models, avoid fully discharging the battery frequently to prolong its lifespan.

## TROUBLESHOOTING

- **Mouse Not Responding:**
  - Check if the mouse is turned ON.
  - Ensure the battery is charged.
  - For 2.4GHz wireless, ensure the USB dongle is securely plugged in and the mouse is in 2.4GHz mode.
  - For Bluetooth, ensure the mouse is in Bluetooth mode and successfully paired in your device's Bluetooth settings. Try re-pairing if necessary.
  - For wired connection, ensure the USB cable is securely connected to both the mouse and the computer.
- **Cursor Lag/Jumping:**
  - Clean the optical sensor at the bottom of the mouse.
  - Ensure you are using the mouse on a suitable surface (non-reflective, non-glass). A mouse pad is recommended.
  - Check for interference from other wireless devices if using wireless modes.
  - Adjust DPI settings to a lower value if the cursor is too sensitive.
- **Buttons Not Working:**
  - Ensure the mouse is powered on and connected.
  - If using custom button assignments, check your mouse software settings.

## SPECIFICATIONS

<b>Model Number</b>	100016307
<b>Connectivity Technology</b>	Cable/Wireless (2.4GHz USB), Bluetooth
<b>Movement Detection</b>	Optical
<b>Movement Resolution (DPI)</b>	Up to 2400 (Adjustable)
<b>Scroller Type</b>	Scroll Wheel
<b>Special Feature</b>	Ergonomic Design, Ambidextrous, BioCote® Antimicrobial
<b>Product Dimensions</b>	1 x 7.5 x 0.1 inches

<b>Item Weight</b>	13.6 ounces
<b>Batteries</b>	Rechargeable (Note: Product specifications also list "2 AA batteries required", which may be a discrepancy or refer to an older model/variant. This manual assumes a rechargeable battery based on product description and reviews.)
<b>Manufacturer</b>	Posturite

## **WARRANTY & SUPPORT**

The Posturite Penguin 3-in-1 Vertical Mouse comes with an extended 2-year warranty. For support, troubleshooting, or warranty claims, please refer to the contact information provided in your product packaging or visit the official Posturite website.