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Kieslect Ks Pro

Kieslect Ks Pro Smartwatch User Manual

Model: Ks Pro

INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your Kieslect Ks Pro Smartwatch. Please read this manual thoroughly before using the device to ensure proper function and to maximize your user experience.

The Kieslect Ks Pro Smartwatch features a 2.01-inch AMOLED display with a resolution of 410x520 pixels. Powered by KIES OS 2.0, it offers smooth performance. The watch tracks vital health metrics including heart rate, respiration, stress levels, and sleep patterns. It supports over 100 sports modes, such as running, swimming, and cycling, and is IP68 water-resistant. Connectivity is provided via Bluetooth 5.2, enabling reliable wireless communication and direct Bluetooth calls from the wrist. It includes an abnormal heart rate alert feature for real-time health monitoring. Additional features include an AI voice assistant, built-in games, a convenient split screen, efficient message reply, and a 'Find My Phone/Watch' function. Health monitoring includes heart rate, blood oxygen, sleep, and stress. It has a 300mAh battery, with a typical usage battery life of 3.5-6.5 days. The strap material is silicone gel. The watch supports 14 languages.

PRODUCT OVERVIEW

Package Contents

- Kieslect Ks Pro Smartwatch
- Charging Cable (USB)
- User Manual
- Additional Strap (if included in specific package)

KIESLECT



Image: Contents of the Kieslect Ks Pro Smartwatch package, including the watch, charging cable, and an additional black strap.

Device Components

Refer to the images below for a visual representation of the smartwatch components and features.



Image: Front view of the Kieslect Ks Pro Smartwatch with a blue and yellow strap, displaying various health metrics and time.

KIESLECT



Image: Side view of the Kieslect Ks Pro Smartwatch, highlighting the rotating crown and side button.



Image: Collage illustrating various features of the Kieslect Ks Pro Smartwatch, including AI voice assistant, built-in games, split screen functionality, message reply, 'Find My Phone/Watch' feature, and smart notifications.

SETUP

1. Charging the Smartwatch

1. Connect the USB charging cable to a power adapter (5V/1A recommended) or a computer's USB port.
2. Attach the magnetic end of the charging cable to the charging contacts on the back of the smartwatch. Ensure it snaps into place securely.
3. The watch display will show a charging indicator. Allow the watch to charge fully before first use. A full charge typically takes approximately 2 hours.

2. App Installation and Pairing

1. **Download the App:** Scan the QR code provided in the manual or on the watch screen, or search for the official Kieslect app in your smartphone's app store (App Store for iOS, Google Play Store for Android).
2. **Create Account:** Open the app and follow the on-screen instructions to create an account or log in.
3. **Pairing:**
 - Ensure Bluetooth is enabled on your smartphone.
 - Open the Kieslect app and navigate to the device pairing section.

- Select "Add Device" or a similar option. The app will search for available devices.
 - Select "Kieslect Ks Pro" from the list of found devices.
 - Confirm the pairing request on both your smartphone and the smartwatch if prompted.
4. **Initial Setup:** Follow the app's instructions to complete the initial setup, including personal information, notification preferences, and watch face customization.

OPERATING INSTRUCTIONS

Basic Navigation

- **Touch Screen:** Swipe left/right, up/down to navigate through menus and features. Tap to select.
- **Side Button:** Press to return to the home screen or wake the device. Long press for power options.
- **Rotating Crown:** Rotate to scroll through lists or adjust settings. Press to confirm selection or return to the previous screen.

Bluetooth Calling

The Kieslect Ks Pro supports Bluetooth calls directly from your wrist.

1. Ensure the watch is connected to your smartphone via Bluetooth.
2. Access the "Phone" or "Dialer" function on your watch.
3. You can dial a number directly or select a contact from your synced phonebook.
4. To answer an incoming call, tap the green answer icon on the watch screen. To reject, tap the red icon.

Health Monitoring

The watch provides comprehensive health tracking features:

- **Heart Rate Monitoring:** Access the heart rate app on the watch to measure your current heart rate. The watch also provides continuous monitoring and abnormal heart rate alerts.
- **Blood Oxygen (SpO2) Monitoring:** Use the SpO2 app to measure your blood oxygen levels.
- **Sleep Tracking:** Wear the watch to bed for automatic sleep analysis, including sleep stages and duration.
- **Stress Monitoring:** The watch can estimate your stress levels throughout the day.
- **Respiration Rate:** Monitors your breathing rate.

Note: This device is not a medical device. Health data is for reference only and should not be used for medical diagnosis or treatment.

Sports Modes

The Kieslect Ks Pro supports over 100 sports modes. To start a workout:

1. Navigate to the "Workout" or "Sports" app on your watch.
2. Select your desired activity (e.g., Running, Cycling, Swimming).
3. Tap "Start" to begin tracking. The watch will record duration, calories burned, heart rate, and other relevant metrics.
4. Swipe right or press the side button to pause or end the workout.

Notifications and Messaging

Receive notifications from your smartphone directly on your watch.

- **View Notifications:** Swipe down from the home screen to view recent notifications.
- **Message Reply:** The watch supports efficient message replies for certain apps.

AI Voice Assistant

Activate the AI voice assistant on your watch to perform tasks using voice commands. Refer to the app for supported commands and setup.

Built-in Games

Access and play built-in games directly on your smartwatch for entertainment.

Find My Phone/Watch

If your paired phone or watch is misplaced, use the "Find My Phone" feature on the watch to make your phone ring, or use the app to locate your watch.

MAINTENANCE

Cleaning

- Regularly clean your watch and strap with a soft, damp cloth.
- Avoid using harsh chemicals or abrasive materials.
- Ensure the charging contacts are clean and dry before charging.

Water Resistance (IP68)

The Kieslect Ks Pro is IP68 water-resistant, meaning it can withstand immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for daily use, hand washing, and swimming in shallow water. However, it is not recommended for diving, hot showers, or exposure to high-pressure water jets.

Note: Water resistance is not a permanent condition and may decrease over time with normal wear. Damage caused by liquid immersion is not covered under warranty if used beyond specified conditions.

Battery Care

- Avoid fully discharging the battery frequently.
- Store the watch in a cool, dry place when not in use for extended periods.
- Do not expose the watch to extreme temperatures.

TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Cannot pair with smartphone:**
 - Ensure Bluetooth is enabled on your phone and the watch.
 - Make sure the watch is within the Bluetooth range of your phone.
 - Restart both your phone and the watch.
 - Try unpairing and re-pairing the device through the app.
- **Inaccurate health data:**
 - Ensure the watch is worn snugly on your wrist, not too tight or too loose.
 - Clean the sensor on the back of the watch.

- Avoid excessive movement during measurements.
- **Notifications not received:**
 - Check app notification settings on your phone and within the Kieslect app.
 - Ensure the watch is connected to your phone.
 - Verify that the Kieslect app has necessary permissions on your phone.
- **Short battery life:**
 - Reduce screen brightness.
 - Disable unnecessary features like continuous heart rate monitoring if not needed.
 - Limit the number of notifications.
 - Ensure the watch is not constantly searching for a Bluetooth connection.

SPECIFICATIONS

Feature	Detail
Brand	Kieslect
Model Number	Kieslect Ks Pro
Display Size	2.01 inches
Display Type	AMOLED
Display Resolution	410 x 520 pixels
Operating System	KIES OS 2.0 (Smartwatch OS)
Connectivity Technology	Bluetooth 5.2
Battery Capacity	300 mAh
Typical Battery Life	3.5 - 6.5 days
Water Resistance Rating	IP68
Special Features	Heart Rate Monitor, Blood Oxygen Monitor, Sleep Monitor, Stress Monitor, Bluetooth Calling, AI Voice Assistant, Built-in Games, Find My Phone/Watch
Strap Material	Silicone Gel
Product Dimensions	10 x 10 x 5 cm
Item Weight	230 grams
GPS	No
SIM Card Support	No
Supported Languages	14 languages

WARRANTY AND SUPPORT

Warranty Information

The Kieslect Ks Pro Smartwatch typically comes with a standard manufacturer's warranty. Please refer to the warranty card included in your product packaging or contact your retailer for specific warranty terms and conditions. Keep your purchase receipt as proof of purchase for warranty claims.

Customer Support

For technical assistance, troubleshooting not covered in this manual, or other inquiries, please contact Kieslect customer support through their official website or the contact information provided in your product documentation.

You can visit the official Kieslect store for more information: [Kieslect Official Store](#)