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› [SHA CERLIN](#) /

› [SHA CERLIN 14-Inch Twin Size Metal Platform Bed Frame Instruction Manual](#)

## SHA CERLIN AK-LFHHH004

# SHA CERLIN 14-Inch Twin Size Metal Platform Bed Frame Instruction Manual

Model: AK-LFHHH004

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<a href="#">Introduction</a>	<a href="#">Safety Information</a>	<a href="#">Specifications</a>	<a href="#">Parts List</a>	<a href="#">Assembly</a>
<a href="#">Instructions</a>	<a href="#">Usage</a>	<a href="#">Maintenance</a>	<a href="#">Troubleshooting</a>	<a href="#">Warranty &amp; Support</a>

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## 1. INTRODUCTION

Thank you for choosing the SHA CERLIN 14-Inch Twin Size Metal Platform Bed Frame. This manual provides essential information for the safe assembly, operation, and maintenance of your new bed frame. Please read all instructions carefully before beginning assembly and retain this manual for future reference.



Figure 1: Fully assembled SHA CERLIN Twin Size Metal Platform Bed Frame in black, showcasing its vintage iron-art headboard and footboard design.

## 2. IMPORTANT SAFETY INFORMATION

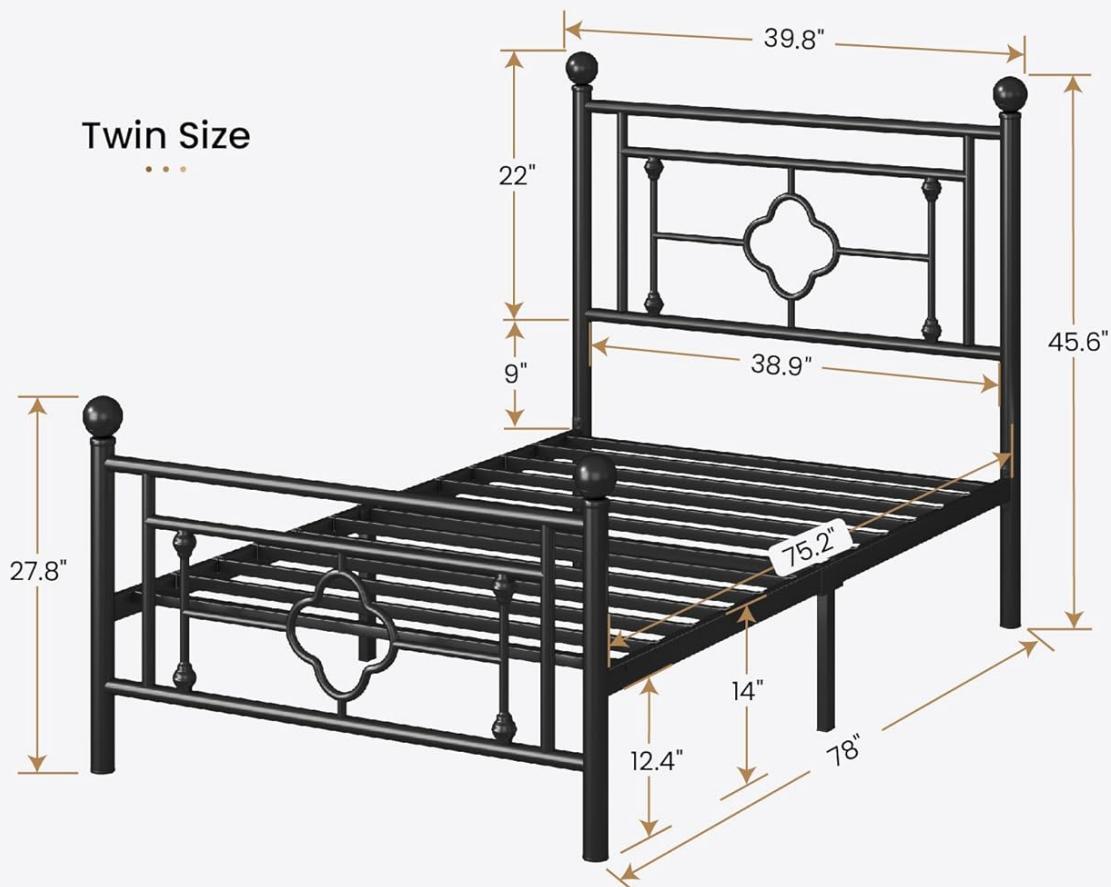
- **Weight Limit:** Do not exceed a total weight of 600 pounds on the bed frame.
- **Assembly Caution:** Be cautious of sharp edges during assembly and use.
- **Proper Assembly:** Always follow the provided assembly instructions to ensure stability and prevent collapse.
- **Adult Assembly:** Assembly should be performed by adults. Keep children away from small parts during assembly.
- **Regular Checks:** Periodically check all connections and tighten as necessary to maintain stability.

## 3. PRODUCT SPECIFICATIONS

Brand:	SHA CERLIN
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<b>Model Number:</b>	AK-LFHHH004
<b>Size:</b>	Twin
<b>Product Dimensions:</b>	78"L x 39.8"W x 45.6"H
<b>Material:</b>	Metal (Iron headboard material)
<b>Color:</b>	Black
<b>Weight Capacity:</b>	600 lbs.
<b>Under Bed Clearance:</b>	12.4 inches
<b>Box Spring Needed:</b>	No
<b>Special Features:</b>	Fade Resistant, Heavy Duty Metal Slat Support, Spacious Underbed Storage, Squeak Resistant

## PRODUCT INFORMATION



### Material

Metal Frame

### Dimensions

L x W x H  
78" x 39.8" x 45.6"

### Weight Capacity

600 lbs.

Figure 2: Detailed product information including dimensions (78" L x 39.8" W x 45.6" H), material (metal frame), and weight capacity (600 lbs).

## 4. PARTS LIST

Before assembly, ensure all parts are present and undamaged. Refer to the included hardware pack and assembly instructions for specific part identification.

- Headboard components
- Footboard components
- Side rails
- Metal slats
- Center support bar(s) and legs
- Hardware pack (screws, washers, Allen wrench, etc.)
- EVA sponge (for noise reduction)



Figure 3: Close-up view of the headboard, highlighting the vintage iron-art design and ball finials.

## 5. ASSEMBLY INSTRUCTIONS

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The SHA CERLIN bed frame is designed for quick and hassle-free assembly. All necessary hardware and step-by-step instructions are included. It is recommended to assemble with two people for ease.

1. **Unpack Components:** Carefully unpack all parts and lay them out on a clean, soft surface (like a carpet) to prevent scratches. Verify all parts against the parts list in your manual.
2. **Assemble Headboard and Footboard:** Attach the decorative elements and vertical bars to the main headboard and footboard frames using the provided screws and tools. Ensure all connections are secure.
3. **Attach Side Rails:** Connect the side rails to the assembled headboard and footboard. Make sure the U-shaped groove design on the side rails aligns correctly for stable support.
4. **Install Center Support:** Place the center support bar(s) and attach the support legs. These are crucial for the bed's stability and weight capacity.
5. **Place Metal Slats:** Lay the metal slats across the frame. The slats are designed to pop into place and may include sticky tape or EVA sponge to prevent mattress sliding and reduce noise.
6. **Final Tightening:** Once all components are in place, double-check and tighten all screws and bolts to ensure the frame is completely stable and secure.

# ..... PROPER GROUND CLEARANCE .....

Maximize the available space for storing items



Figure 4: Key features for easy assembly and stability: sticky tape to prevent mattress sliding, U-shaped groove for stable support, and protective foot pads to prevent floor scratches.

Video 1: A seller-provided video demonstrating the assembly process and highlighting the sturdy construction of a SHA CERLIN bed frame. This video shows the ease of putting the frame together and its robust design.

Video 2: A seller-provided video showcasing the easy assembly and sturdy nature of the bed frame. It illustrates how components fit together, emphasizing the simplicity of the setup process.

## 6. USAGE INSTRUCTIONS

- **Mattress Placement:** This platform bed frame does not require a box spring. Place your twin-size mattress (recommended 8"-12" height) directly onto the metal slats.
- **Under-Bed Storage:** Utilize the 12.4 inches of clearance under the bed for convenient storage of items such as

clothing, shoes, or storage bins.

- **Noise-Free Design:** The integrated EVA sponge helps cushion the contact between slats, minimizing noise from friction and ensuring a quiet sleep environment.

## STICKY TAPE

...  
Prevent the mattress  
from sliding



## U-SHAPED GROOVE

...  
Easy assembly and  
a stable support

## PROTECTIVE FOOT PAD

...  
Prevent scratches  
on the floor



Figure 5: Illustration showing recommended mattress height (8"-12") for use with the bed frame, indicating that a box spring is optional.



Figure 6: A visual representation of the 12.4-inch under-bed clearance, ideal for storing various items.

## 7. MAINTENANCE

- **Cleaning:** Wipe the metal frame with a dry cloth to remove dust and maintain its finish. Avoid using harsh chemicals or abrasive cleaners.
- **Regular Inspection:** Periodically inspect all bolts and screws to ensure they remain tight. Re-tighten if any looseness is detected to maintain the bed frame's stability and noise-free operation.
- **Avoid Excessive Force:** Do not jump on the bed or apply excessive force, as this may compromise the structural integrity of the frame.

## 8. TROUBLESHOOTING

**Issue:** Bed frame is squeaking or rattling.

**Solution:** Check all bolts and screws and tighten them securely. Ensure the EVA sponge strips are properly placed

between the slats and the frame to reduce friction. Verify that all slats are fully seated in their designated positions.

**Issue: Mattress is sliding on the frame.**

**Solution:** Ensure the sticky tape (if included) on the slats is clean and making good contact with the mattress. If the tape has lost its adhesion, consider adding non-slip mattress pads or additional non-slip strips to the slats.

**Issue: Bed frame feels unstable.**

**Solution:** Re-check all connections, especially where the side rails meet the headboard and footboard, and the center support legs. Ensure all parts are correctly aligned and fully tightened according to the assembly instructions. Confirm the bed is on a level surface.

## **9. WARRANTY AND SUPPORT**

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For specific warranty information or customer support, please refer to the documentation included with your purchase or contact SHA CERLIN customer service directly. Keep your proof of purchase for any warranty claims.

For additional product information or to explore other SHA CERLIN products, visit the official [SHA CERLIN Store](#).