

HYAKO F1

HYAKO F1 4-Heads Handheld Electric Deep Tissue Body Massager Instruction Manual

Model: F1

INTRODUCTION

The HYAKO F1 4-Heads Handheld Electric Deep Tissue Body Massager is a portable orbital professional muscle massager designed to relieve muscle stiffness and pain, promote blood circulation, alleviate lactic acid, and enhance cellular recovery. Featuring a brushless motor, 6mm deep tissue massage, 5 adjustable speed levels, and Type-C quick charging, this device offers a quiet and effective massage experience.

SAFETY INFORMATION

- Always read and follow these instructions before use.
- Do not use on injured or inflamed areas.
- Avoid using near water or other liquids.
- Keep the device clean and dry.
- Do not use if the cord or plug is damaged.
- Consult a healthcare professional before use if you have any medical conditions.
- Do not use while sleeping or unconscious.
- Keep out of reach of children.
- Use only as directed.

PACKAGE CONTENTS

- HYAKO F1 4-Heads Massage Gun
- 4 Massage Heads (pre-installed)
- Type-C Charging Cable
- User Manual
- Carrying Case

Recommended By

Great 4 head massager. Perfect gift for sports enthusiasts to massage sore muscles.



Marc Persad

It's Like 4 Massage Guns All at Once This is a gently vibrating, calming, relaxing back and neck soother.



Amy Shine

Fun, relaxing, strong Really well packaged- Easy to use- Works great- Quiet



Fatty

Works great! This HYAKO massager is easy to use! I felt like the first level was plenty strong!



Elena

It's more of a quiet hum or a soft rattle. This has four little round feet that will run around all over your body, and it feels wonderful.



Steven Chain

Image: HYAKO F1 massager and its accessories including charging cable, extra massage heads, and carrying case.

SETUP

Charging the Device

The HYAKO F1 massager is equipped with a Type-C charging port. Use the provided USB A to USB C charging cable with a standard phone adapter or a 5V/2A adapter (not included) to charge the device. Ensure the charging indicator light shows a steady or pulsing green/blue light to confirm proper charging. A rapidly flashing or flickering light may indicate an improper connection or adapter.

2900mah High Capacity
3-6 Hours Use Time



Image: Close-up of the HYAKO F1 massager's control panel showing the Type-C charging interface and power indicator.

Attaching Massage Heads

The device comes with four massage heads. Select the appropriate massage head for your target muscle group and ensure it is securely attached before use.

OPERATING INSTRUCTIONS

Power On/Off

Press the power button located on the top of the device to turn it on. Press and hold the power button to turn it off.

Adjusting Speed Levels

The HYAKO F1 offers 5 adjustable speed levels, ranging from 1200 to 2500 RPM. Each press of the power button cycles through the speed levels, allowing you to select your desired intensity. The indicator lights on the control panel will show the current speed setting.



Image: Diagram illustrating the 5 speed levels of the HYAKO F1 massager, from relaxing muscles to professional mode.

Application

Apply the massager to the desired muscle area. Gently increase pressure as needed. Glide the device across the muscle for 15-30 seconds. Take a brief pause, then reassess your comfort and the pressure. Repeat the process if necessary, focusing on areas that are sore or tense. The device is designed for deep tissue massage with a 6mm amplitude.



Image: HYAKO F1 massager being used on a person's back, highlighting its deep tissue massage capability.

USAGE AREAS

The HYAKO F1 massager is suitable for use on various body parts, including the arms, back, legs, neck, and other areas requiring deep tissue muscle relief. Its four-head design allows for broader coverage compared to single-head massagers.



Image: Collage of individuals using the HYAKO F1 massager on different muscle groups, including shoulders, arms, and legs.

Your browser does not support the video tag.

Video: Demonstrates the HYAKO F1 massager in use on various body parts, showcasing its deep tissue power and performance.

MAINTENANCE AND CARE

- After each use, clean the massage heads to prevent buildup.
- Store the device in its carrying case to protect it from dust and damage.
- Avoid applying lotions or oils directly before or during use, as this may affect the material of the massage heads.

TROUBLESHOOTING

Device Not Turning On

- Ensure the device is fully charged. Connect it to the charger and check the indicator lights.
- Verify that the power button is pressed firmly.

Unusual Noise During Operation

- The massager is designed for quiet operation (35-45 dB). If you experience excessive noise, discontinue use and contact customer support.

Charging Issues

- Ensure the Type-C cable is securely connected to both the device and the power adapter.
- Use a compatible 5V/2A power adapter.

SPECIFICATIONS

Product Dimensions	6 x 6 x 6.2 inches
Item Model Number	768523087310
Item Weight	1.67 Pounds
Batteries	2 Lithium Ion batteries (included)

Power Source	Battery Powered
Material	Acrylonitrile Butadiene Styrene, Aluminum
Manufacturer	Lingding Technology Co.

WARRANTY AND SUPPORT

HYAKO is committed to providing quality products and customer satisfaction. Your HYAKO F1 massager comes with:

- **365 Days Unconditional Replacement:** For any product issues.
- **30 Days Product Trial:** To ensure your satisfaction.
- **24-Hour Online Customer Service:** Available all year round for assistance.

For support, please contact us at: hyako168@gmail.com

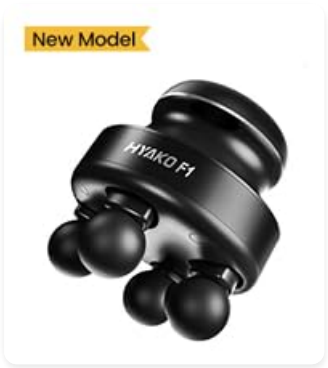


Image: Customer support details for HYAKO, including 365-day replacement and 24-hour online service.