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KMINA Arthritis Rollator

KMINA Arthritis Rollator with Forearm Supports and Seat - User Manual

Model: Arthritis Rollator

1. Introduction

Thank you for choosing the KMINA Arthritis Rollator. This device is designed to provide mobility assistance, offering stability and support for individuals with balance issues or leg weakness, particularly those with arthritis. It features forearm supports, a comfortable seat, and a foldable design for convenience. Please read this manual thoroughly before assembly and use to ensure safe and proper operation.



Image 1.1: The KMINA Arthritis Rollator, a mobility aid with forearm supports and a seat.

2. Important Safety Information

Always prioritize your safety and the safety of others when using the rollator. Failure to follow these instructions may result in injury.

- **Maximum User Weight:** Do not exceed the maximum user weight of 136 kg (300 lbs).
- **Brakes:** Always engage the parking brakes before sitting on the seat or when the rollator is stationary.
- **Stability:** Ensure all four wheels are on a stable, level surface before use. Avoid uneven terrain, loose gravel, or steep inclines.
- **Adjustments:** Ensure all adjustment mechanisms (height, brakes) are securely locked before use.
- **Forearm Support:** The forearm supports are designed to distribute weight evenly and reduce pressure on hands and wrists. Use them as intended for optimal support.
- **Folding:** Exercise caution when folding or unfolding the rollator to prevent pinching.
- **Maintenance:** Regularly inspect the rollator for wear and tear, especially the brakes, wheels, and frame. Do not use if any part is damaged.

- **Children:** This rollator is not a toy. Keep children away from the device, especially during assembly and folding.

3. Components Overview

Familiarize yourself with the main parts of your KMINA Arthritis Rollator:

1. **Forearm Supports:** Padded supports for comfortable and stable weight distribution.
2. **Adjustable Handles:** Ergonomic handles with brake levers.
3. **Brake Levers:** Control the speed and engage parking brakes.
4. **Height Adjustment Pins:** For adjusting the height of the forearm supports.
5. **Seat with Backrest:** Provides a resting spot.
6. **Storage Bag:** Detachable fabric bag for personal items (5 kg capacity).
7. **Wheels:** Four sturdy wheels for indoor and outdoor use.
8. **Folding Mechanism:** Allows for compact storage and transport.
9. **Cane Holder:** Removable holder for a walking stick.
10. **Lifting Lever:** Located near the rear wheels to assist in overcoming small obstacles.



Image 3.1: Close-up view of the ergonomic handles and padded forearm supports, highlighting the brake levers.



Image 3.2: The detachable fabric storage bag, designed to hold personal items.

4. Setup and Assembly

The KMINA Arthritis Rollator typically comes partially assembled. Follow these steps to prepare it for use:

1. **Unfolding the Rollator:** Carefully pull the sides of the rollator apart until it fully opens and locks into place. Ensure the seat is flat and secure.
2. **Attaching the Storage Bag:** If not already attached, secure the fabric storage bag under the seat using the provided fasteners.
3. **Adjusting Handle Height:**
    - Stand upright behind the rollator with your arms relaxed at your sides.
    - The top of the forearm supports should align with your forearms when your elbows are bent at a 90-degree angle.
    - Loosen the adjustment pins on the upright tubes.
    - Raise or lower the forearm supports to the desired height.
    - Ensure both sides are adjusted to the same height and securely tighten the adjustment pins.
4. **Brake Adjustment:** Test the brakes. If they feel too loose or too tight, consult the troubleshooting section or a qualified technician.
5. **Cane Holder:** Attach the removable cane holder to the frame if desired.

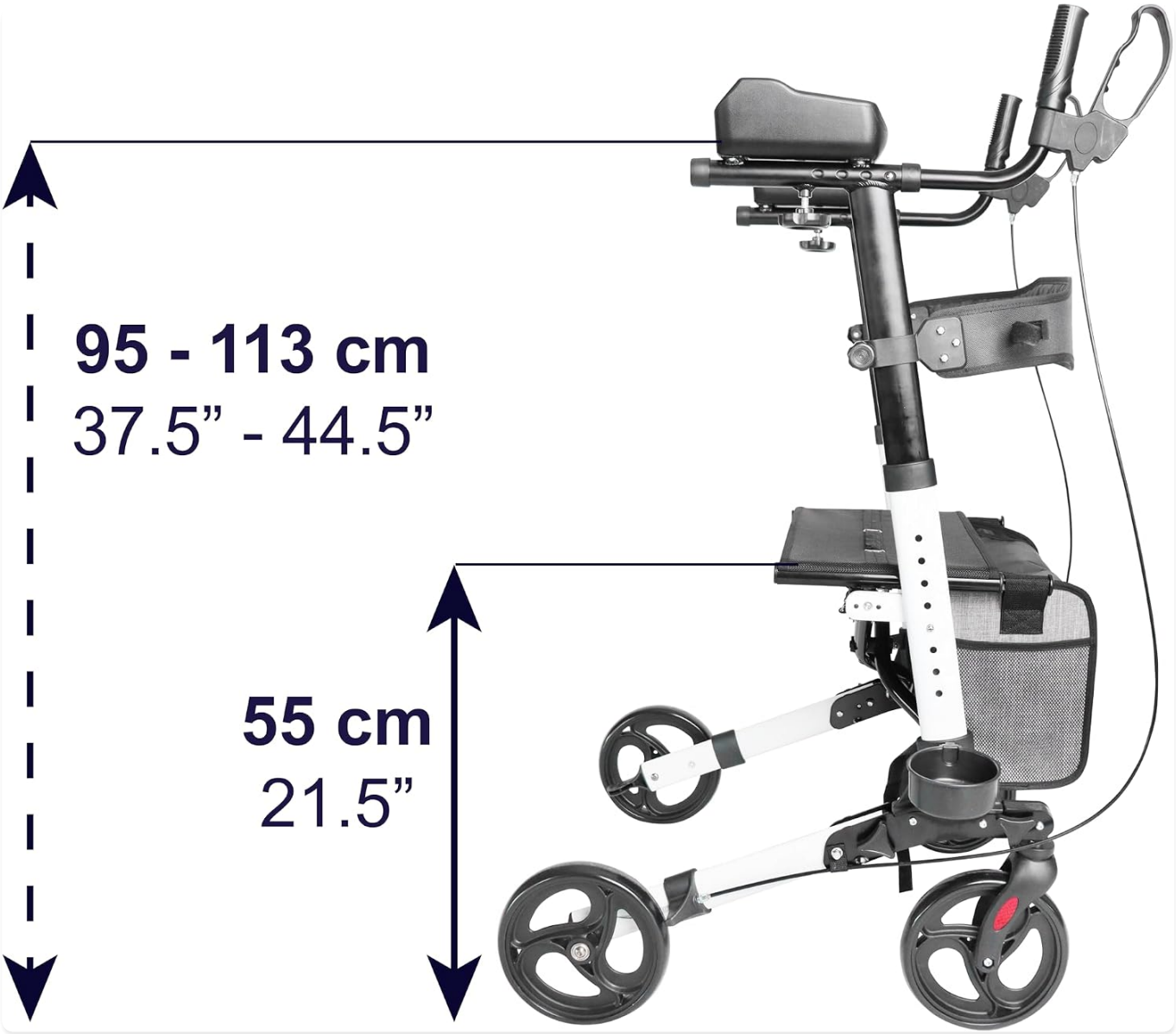


Image 4.1: Side view illustrating the adjustable height range of the forearm supports (95-113 cm / 37.5-44.5 inches) and seat height (55 cm / 21.5 inches).



Image 4.2: A user demonstrating the correct posture for adjusting the rollator's height, ensuring proper forearm alignment.

5. Operating Instructions

5.1 Walking with the Rollator

- Stand between the forearm supports, maintaining an upright posture.
- Push the rollator forward a short distance.
- Step forward with one foot, then bring the other foot to meet it.
- Maintain a steady pace and keep your weight centered over the rollator for stability.



Image 5.1: A senior woman confidently walking outdoors with the KMINA Arthritis Rollator, demonstrating proper usage.

5.2 Using the Brakes

- **To Slow Down or Stop:** Squeeze the brake levers gently towards the handles. Release to resume movement.
- **To Engage Parking Brakes:** Push the brake levers down until they lock into place. This will prevent the rollator from moving. Pull the levers up to release the parking brakes.

5.3 Sitting on the Seat

- Ensure the rollator is on a level surface.
- **Engage the parking brakes** by pushing the brake levers down.
- Turn around and slowly lower yourself onto the seat. Use the handles for support if needed.
- Do not attempt to move the rollator while seated.



Image 5.2: The rollator's seat with dimensions (47.5 cm / 18.5 inches width) and a user comfortably seated, demonstrating its use as a resting spot.

5.4 Folding the Rollator

For storage or transport, the rollator can be easily folded:

- Ensure the storage bag is empty and any accessories (like the cane holder) are removed or secured.
- Locate the folding mechanism, usually a strap or handle on the seat.
- Pull the mechanism upwards to release the lock and allow the rollator to fold inward.
- Secure the rollator in its folded position if a locking mechanism is present.



Image 5.3: The KMINA Rollator in its folded configuration, showing its compact size (25 cm / 10 inches width) for easy storage and transport.

6. Maintenance

Regular maintenance ensures the longevity and safe operation of your rollator.

- **Cleaning:** Wipe the frame with a damp cloth and mild detergent. Do not use abrasive cleaners. The fabric seat and bag can be spot cleaned or removed for gentle washing if necessary.
- **Wheel Inspection:** Check wheels regularly for wear, damage, or debris. Remove any hair or dirt that may impede wheel rotation.
- **Brake Check:** Test the brakes weekly. Ensure they engage smoothly and hold the rollator securely when locked.

Adjust if necessary (refer to troubleshooting or seek professional assistance).

- **Fasteners:** Periodically check all screws, bolts, and pins to ensure they are tight and secure.
- **Storage:** Store the rollator in a dry place, away from extreme temperatures and direct sunlight.

7. Troubleshooting

Problem	Possible Cause	Solution
Rollator unstable or wobbly	Uneven height adjustment; loose fasteners; damaged frame.	Ensure both sides are adjusted to the same height. Tighten all visible fasteners. Inspect frame for damage; discontinue use if damaged.
Brakes not engaging or too loose	Brake cable stretched or misaligned; worn brake pads.	Adjust brake cable tension (usually a small screw near the brake lever or wheel). If pads are worn, contact customer support for replacements.
Brakes too tight or wheels not rolling freely	Brake cable too tight; debris in wheels.	Loosen brake cable tension. Remove any debris from wheels.
Rollator difficult to fold/unfold	Mechanism obstructed or stiff.	Check for obstructions. Apply a small amount of silicone lubricant to moving parts if stiff.

If you encounter issues not listed here or require further assistance, please contact KMINA customer support.

8. Product Specifications

- **Brand:** KMINA
- **Model Name:** Arthritis Rollator Outdoor Faltbar
- **Material:** Aluminum
- **Color:** Grey
- **Product Weight:** Approximately 10 kg (22 lbs)
- **Maximum User Weight:** 136 kg (300 lbs)
- **Overall Dimensions (Unfolded):** 25.4 cm (Depth) x 67.3 cm (Width) x 54.9 cm (Height)
- **Adjustable Forearm Support Height:** 95 cm - 113 cm (37.5 inches - 44.5 inches)
- **Seat Height:** 55 cm (21.5 inches)
- **Folded Dimensions:** Approximately 67 cm (Width) x 109.5 cm (Height) x 25 cm (Depth)
- **Storage Bag Capacity:** 5 kg
- **Wheels:** Four sturdy wheels, suitable for various terrains.




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Image 8.1: Front view of the rollator, indicating its overall width of 75 cm (29.5 inches).

9. Warranty and Support

For warranty information, product registration, or technical support, please refer to the documentation included with your purchase or visit the official KMINA website. Keep your purchase receipt as proof of purchase for any warranty claims.

Manufacturer: IMD SL

For direct assistance, please contact KMINA customer service through their official channels.

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