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## French Connection FCSW07-D

# French Connection Elite Premium Smart Watch FCSW07-D User Manual

Model: FCSW07-D

## INTRODUCTION

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This manual provides essential instructions for the setup, operation, and maintenance of your French Connection Elite Premium Smart Watch FCSW07-D. This device features Bluetooth calling, a 1.8-inch large display, built-in AI voice assistant, SpO2 and heart rate monitoring, and over 120 sports modes. Please read this manual thoroughly to ensure proper use and to maximize your experience with the product.



Image: Front view of the French Connection Elite Smart Watch, displaying various app icons on its screen.

## WHAT'S IN THE BOX

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Upon unboxing your French Connection Elite Smart Watch, verify that all components are present:

- French Connection Elite Smart Watch (with Band)
- Charging Cable
- User Manual (this document)

## SETUP

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### 1. Initial Charging

Before first use, fully charge your smartwatch. Connect the charging cable to the watch's charging port and a compatible USB power source. A full charge takes approximately 2.5 hours. The watch will operate for 2-3 days with active usage and up to 7 days on standby, depending on usage patterns.

## 2. App Installation

To unlock the full functionality of your smartwatch, download and install the 'Da Fit' application on your smartphone. The app is available on both Android (version 4.4 and above) and iOS (version 8.0 and above) platforms.

1. Scan the QR code provided in the watch packaging or search for 'Da Fit' in your smartphone's app store.
2. Download and install the application.
3. Follow the on-screen instructions to create an account or log in.

## 3. Device Pairing

Pair your smartwatch with your smartphone via Bluetooth 5.1 or above:

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the 'Da Fit' app and navigate to the 'Device' section.
3. Tap 'Add Device' and select 'FCSW07-D' from the list of available devices.
4. Confirm the pairing request on both your smartphone and smartwatch.

## OPERATING INSTRUCTIONS

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### 1. Display and Navigation

The smartwatch features a 1.8-inch TFT display with 240x286 pixels. Navigate through menus by swiping across the screen and tapping icons. The side button (rotate button) can be used for navigation and selection.



## IP67 WATER RESISTANT

Free worry about water with IP67 Water Resistant level

Note: Do not wear watch while you're taking shower, sauna





Image: Close-up of the French Connection Elite Smart Watch highlighting its design and the functional rotate button on the side.

## 2. Smart Notifications

Once paired, your smartwatch will display notifications from various social media platforms, text messages, and call alerts. You can manage which notifications appear through the 'Da Fit' app.

- **Incoming Calls:** View caller ID and choose to accept or reject calls directly from the watch.
- **Messages:** Read incoming text messages and app notifications.



## HR & SPO2 MONITOR

Thanks for the advanced intelligent algorithm combined with true optical heart rate sensor, it concerns your heart rate all day, it monitors your heart no matter RHR or exercise heart rate accurately.



## FRENCH CONNECTION

Image: The smartwatch screen showing a real-time notification, demonstrating its ability to display messages and alerts.

### 3. Bluetooth Calling

The SingleSync Bluetooth Calling feature allows you to make and receive calls directly from your wrist. Ensure your watch is connected to your phone via Bluetooth.

### 4. AI Voice Assistant

Activate the built-in AI voice assistant with a single tap to perform various commands, such as checking the weather, making calls, or playing music.

# 120+ SPORT MODES

## INDOOR & OUTDOOR

Built in over 120 kinds sport modes, records your sport data and analyzing professional, let you be your own coach





Image: The smartwatch displaying the AI voice assistant interface, showing example commands like 'Call Juliana' or 'How's weather today?'.

## 5. Sports Modes

The watch supports over 120 sports modes to track your physical activities. Select your desired sport from the watch menu to record data such as steps, distance, calories burned, and heart rate during exercise.



Image: A visual representation of the smartwatch's extensive list of over 120 indoor and outdoor sports modes, including walking, running, cycling, and swimming.

## HEALTH MONITORING

The French Connection Elite Smart Watch is equipped with advanced sensors for comprehensive health monitoring.

- **Heart Rate Monitoring:** Continuously monitors your heart rate throughout the day, providing real-time data and historical trends in the app.
- **SpO2 Monitoring:** Measures your blood oxygen saturation levels.
- **Sleep Monitoring:** Tracks your sleep patterns, including deep sleep, light sleep, and awake times, to help you understand and improve your sleep quality.
- **Blood Pressure Monitoring:** Provides estimates of your blood pressure. Consult a medical professional for accurate medical diagnoses.
- **Pedometer:** Counts your daily steps and estimates distance covered and calories burned.

## AI VOICE ASSISTANT

One-tap active AI voice assistant,  
send commend easily





Image: The smartwatch screen showing real-time heart rate (BPM) and SpO2 readings, along with a graph illustrating heart rate trends over 24 hours.

# NOVAL DESIGNS AND EXQUISITE WORKMANSHIP

1.8inch larger display with 240\*286 HD resolution, boardless design  
The bigger screen, the better vision, much more easier to operate

★  
**ELITE**



1.8-inch borderless  
large screen



Metal body



Rotate button

FRENCH CONNECTION

Image: The rear view of the smartwatch, highlighting the optical heart rate and SpO2 sensors.

## MAINTENANCE

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### 1. Water Resistance

The French Connection Elite Smart Watch is IP67 water resistant, meaning it is protected against dust and can withstand immersion in water up to 1 meter for 30 minutes. It is suitable for daily use and light splashes.

However, it is not recommended for swimming, showering, or sauna use, as steam and hot water can affect the seals.





Image: The smartwatch shown with water droplets, illustrating its IP67 water resistance. A note advises against wearing it during showers or saunas.

## 2. Cleaning

Regularly clean your smartwatch and band with a soft, dry cloth. Avoid using harsh chemicals or abrasive materials. Ensure the charging contacts on the back of the watch are clean and dry before charging.

## TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Cannot pair with smartphone:**
  - a. Ensure Bluetooth is enabled on your phone and the watch is within range.
  - b. Restart both the watch and your smartphone.
  - c. Clear the Bluetooth cache on your phone (if applicable) and try pairing again.
  - d. Ensure the 'Da Fit' app has necessary permissions.
- **Notifications not appearing:**
  - a. Check if the watch is properly connected to the 'Da Fit' app.
  - b. Verify notification settings within the 'Da Fit' app and your phone's system settings.
  - c. Ensure the app is running in the background and not being optimized by battery-saving features.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensors regularly.

## SPECIFICATIONS

Feature	Detail
Model	FCSW07-D

Display	1.8-inch TFT, 240 x 286 Resolution
Connectivity	Bluetooth 5.1
Operating System Compatibility	Android 4.4 & above, iOS 8.0 & above
Battery Type	Lithium Polymer
Charging Time	Approx. 2.5 hours
Battery Life	2-3 days (active use), up to 7 days (standby)
Water Resistance	IP67
Special Features	Pedometer, Sleep Monitoring, Heart Rate, SpO2, Blood Pressure, Bluetooth Calling, AI Voice Assistant, 120+ Sports Modes
Product Dimensions	25.5 x 2.2 x 1.1 cm
Item Weight	200 g

## WARRANTY AND SUPPORT

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### Warranty Information

Your French Connection Elite Premium Smart Watch FCSW07-D comes with a **6-month warranty** from the date of purchase. This warranty covers manufacturing defects under normal use. Please retain your proof of purchase for warranty claims.

### Customer Support

For any technical assistance, troubleshooting, or warranty inquiries, please contact French Connection customer support through the official website or the contact information provided with your purchase documentation.