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- › [Nordica](#) /
- › [Nordica The Cruise 100 Men's Alpine Ski Boots Instruction Manual](#)

## Nordica Cruise 100

# Nordica The Cruise 100 Men's Alpine Ski Boots Instruction Manual

Model: Cruise 100

## INTRODUCTION

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Welcome to the instruction manual for your new Nordica The Cruise 100 Men's Alpine Ski Boots. These boots are designed to provide comfort, confidence, and performance for all-mountain skiing. This manual will guide you through the proper setup, operation, maintenance, and troubleshooting to ensure you get the most out of your equipment. Please read these instructions carefully before using your ski boots.



Image: Side view of the Nordica The Cruise 100 ski boot, showcasing its anthracite, black, and white design.

## PRODUCT FEATURES

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The Nordica The Cruise 100 ski boots incorporate several key features designed for an optimal skiing experience:

- **High Volume Comfort Fit:** Equipped with a 104-mm last, these boots feature a streamlined, anatomical shape that maximizes control and response. The dual soft flap instep allows the boot's throat to open exceptionally wide, making them incredibly easy to put on and take off.
- **I.V.C. - Instep Volume Control:** This feature allows for quick and easy fit adjustment by reducing or increasing the height of the boot board by +/- 4mm, optimizing instep comfort and fit.
- **Adjustable Cuff Profile (ACP):** A simple system that allows you to increase the cuff volume. Double screws on the upper backside enable skiers to customize the fit, enhancing comfort and performance.
- **Easy Entry Soft Flap:** Soft plastic inserts integrated into the throat of the boot facilitate effortless entry and exit.
- **Infrared Technology:** Developed by Nordica for customizing the boots in sensitive areas, allowing for a personalized fit.



Image: Rear view of the Nordica The Cruise 100 ski boot, highlighting the Adjustable Cuff Profile (ACP) mechanism.

## SETUP AND INITIAL ADJUSTMENT

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### 1. Putting on the Boots

1. Open all buckles and the power strap.

2. Pull the tongue of the liner forward and outward to create a wide opening. The Easy Entry Soft Flap design assists in this process.
3. Slide your foot into the boot, ensuring your heel is seated firmly against the back of the liner.

## **2. Buckle Adjustment**

Start by gently closing the buckles, working from the bottom (forefoot) upwards. The buckles should be snug but not overly tight, allowing for proper circulation and comfort. Adjust as needed for a secure fit without pressure points.



Image: Front view of the Nordica The Cruise 100 ski boot, showing the buckle system.

### 3. Adjustable Cuff Profile (ACP)

The ACP allows for customization of the cuff volume to better fit your calf. Locate the double screws on the upper backside of the cuff. Loosen or tighten these screws to adjust the cuff's angle and volume. Experiment to find a setting that provides a neutral stance and minimizes fatigue.

## 4. Instep Volume Control (I.V.C.)

The I.V.C. system allows you to fine-tune the instep height. Consult a Nordica dealer or qualified boot fitter for precise adjustments to the boot board height (+/- 4mm) to optimize instep comfort and prevent pressure points.

## OPERATING YOUR SKI BOOTS

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Once your boots are properly fitted and adjusted, they are ready for use. Ensure your ski bindings are compatible and correctly adjusted by a certified technician.

### Skiing Stance and Flex

- Maintain a balanced, athletic stance with a slight forward lean.
- The Cruise 100 offers a forgiving flex, ideal for progression and all-mountain performance. Allow the boot to flex naturally with your movements.
- The power strap should be tightened to provide additional support and responsiveness, especially during aggressive skiing.



Image: Front view of a pair of Nordica The Cruise 100 ski boots, ready for use.

## MAINTENANCE

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Proper maintenance extends the life of your ski boots and ensures continued performance.

### 1. Cleaning

- After each use, wipe down the exterior of the boots with a damp cloth to remove dirt, snow, and salt.
- Ensure buckles are clean and free of debris to prevent sticking.

### 2. Drying and Storage

- Remove the liners from the shells to allow them to air dry completely. This prevents odor and mildew.
- Store boots in a cool, dry place away from direct sunlight or heat sources.
- Buckle the boots loosely (first and second buckles) during storage to help them retain their shape.

### 3. Liner Care

The liners can be hand-washed with mild soap and cold water if necessary. Allow them to air dry completely before reinserting them into the shells. Do not machine wash or tumble dry.



Image: The inner liner of the Nordica The Cruise 100 ski boot, designed for comfort and warmth.

### TROUBLESHOOTING

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Here are solutions to common issues you might encounter:

Problem	Possible Cause	Solution
Foot pain or pressure points	Boots too tight, incorrect buckle adjustment, liner packing out, instep pressure.	Loosen buckles slightly. Re-adjust I.V.C. Consider custom footbeds or professional boot fitting.
Cold feet	Boots too tight, poor circulation, inadequate socks, wet liners.	Ensure buckles are not overtightened. Use proper ski socks. Ensure liners are dry. Consider boot heaters.
Heel lift	Boots too large, insufficient buckle tension.	Ensure heel is firmly seated. Tighten ankle buckles. Consider heel wedges or professional fitting.
Difficulty getting boots on/off	Cold plastic, buckles not fully open.	Warm boots before putting on. Ensure all buckles and power strap are fully open. Use Easy Entry Soft Flap.

## SPECIFICATIONS

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Key technical specifications for the Nordica The Cruise 100 Ski Boots:

- **Model Name:** Cruise 100 Warm Durable Soft-Shell Adjustable All-Mountain Touring Ski Boots with Instep Volume Control
- **Brand:** Nordica
- **Material:** Polyurethane
- **Suggested Users:** Men's
- **Color:** Anthracite / Black / White
- **Last:** 104 mm (High Volume Comfort Fit)
- **Flex:** 100 (Approximate, indicative of performance level)
- **Instep Volume Control (I.V.C.):** +/- 4mm adjustment
- **Adjustable Cuff Profile (ACP):** Yes
- **Item Package Dimensions:** 18 x 15 x 5.3 inches
- **Package Weight:** 3.86 Kilograms
- **Part Number:** 05065002243
- **Date First Available:** August 4, 2023

## WARRANTY INFORMATION

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Your Nordica The Cruise 100 Ski Boots come with a **Limited Manufacturer Warranty**. This warranty covers defects in materials and workmanship under normal use. For specific details regarding the duration, coverage, and claim process, please refer to the warranty documentation included with your purchase or visit the official Nordica website. Keep your proof of purchase for any warranty claims.

## CUSTOMER SUPPORT

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If you have any questions, require assistance with your Nordica The Cruise 100 Ski Boots, or need to address a warranty claim, please contact Nordica customer support. You can typically find contact information (phone, email, or support portal) on the official Nordica website ([www.nordica.com](http://www.nordica.com)). When contacting support, please have your model name (Cruise 100) and part number (05065002243) available.

