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## RUIMEN D1 H1 Smart Watch Band

# RUIMEN 22mm Soft Silicone Replacement Smartwatch Bands User Manual

For D1 and H1 Smart Watches

## INTRODUCTION

This manual provides essential instructions for the installation, use, and maintenance of your RUIMEN 22mm Soft Silicone Replacement Smartwatch Bands. Please read this guide thoroughly to ensure proper handling and longevity of your product.

## SETUP

### Attaching the Watch Band

The RUIMEN 22mm Soft Silicone Replacement Smartwatch Bands are designed for easy installation without the need for additional tools. Follow these steps to attach the band to your compatible smartwatch:

1. Identify the quick-release pins on each end of the watch band.
2. Align one end of the band with the corresponding lug on your smartwatch.
3. Gently push the quick-release pin inward and slide the band into place between the watch lugs.
4. Release the pin, ensuring it securely locks into the hole on the watch lug.
5. Repeat the process for the other side of the band.



Image: Smartwatch with original band removed, showing attachment points and a new black silicone band ready for installation. This illustrates the quick-release mechanism for band replacement.

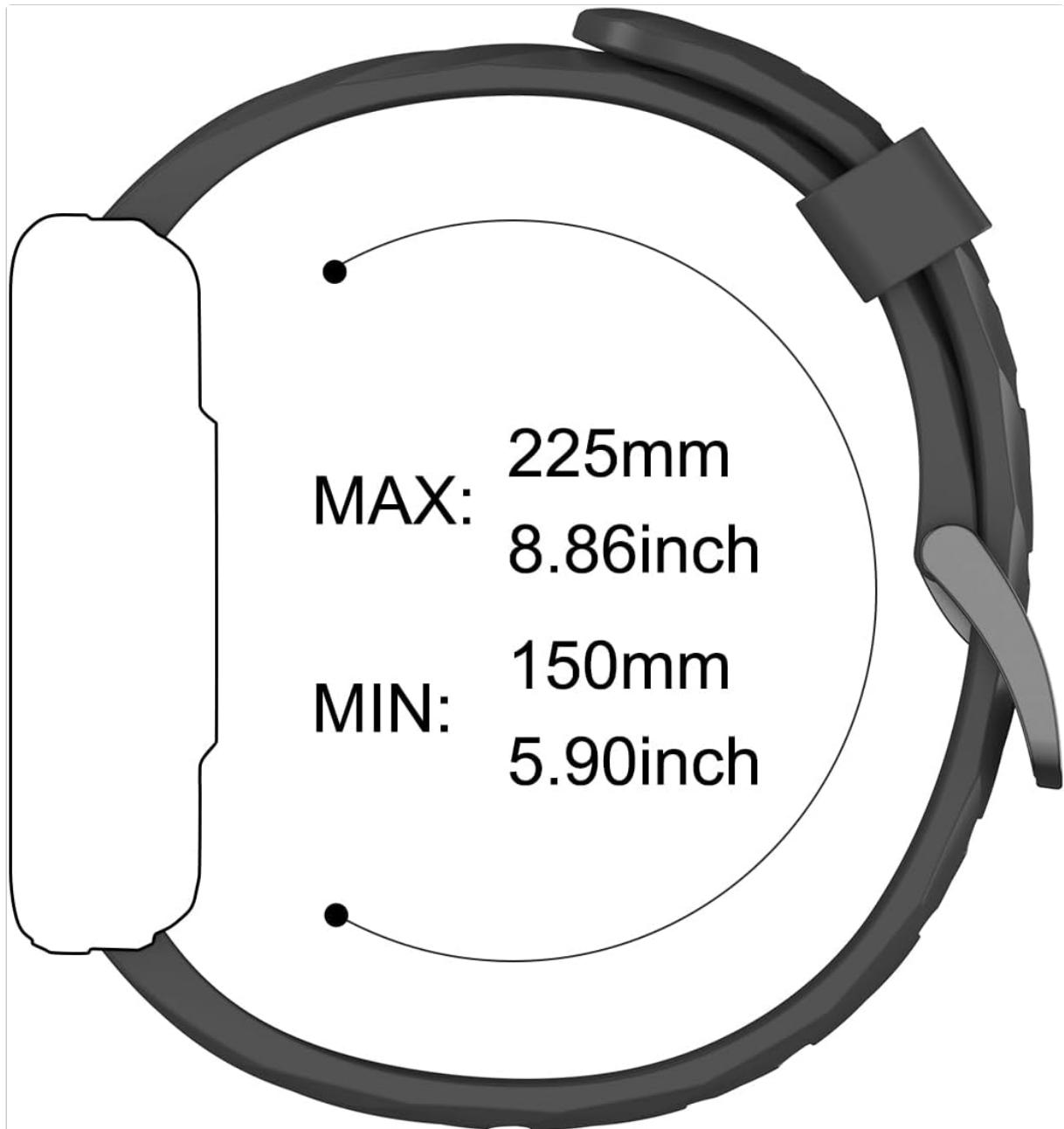


Image: Hands attaching a black silicone band to a smartwatch, demonstrating the quick-release pin mechanism. The band is being slid into the watch lug, with the pin engaged.

## Compatibility

These bands are compatible with RUIMEN Smart Watch D1, H1, and other smartwatches that utilize a 22mm width band.

## OPERATING

### Wearing the Band

Adjust the band to a comfortable fit on your wrist. The tang buckle closure ensures a secure fit. Ensure the watch is snug enough for accurate sensor readings but not overly tight to restrict circulation.



Image: A black silicone smartwatch band attached to a smartwatch, worn on a wrist. This shows the band's appearance and how it sits on the arm.

## Adjusting the Fit

The bands are adjustable to fit wrist sizes ranging from 5.9 to 9.25 inches (150 mm to 235 mm). Use the multiple holes on the band and the tang buckle to find your ideal fit.

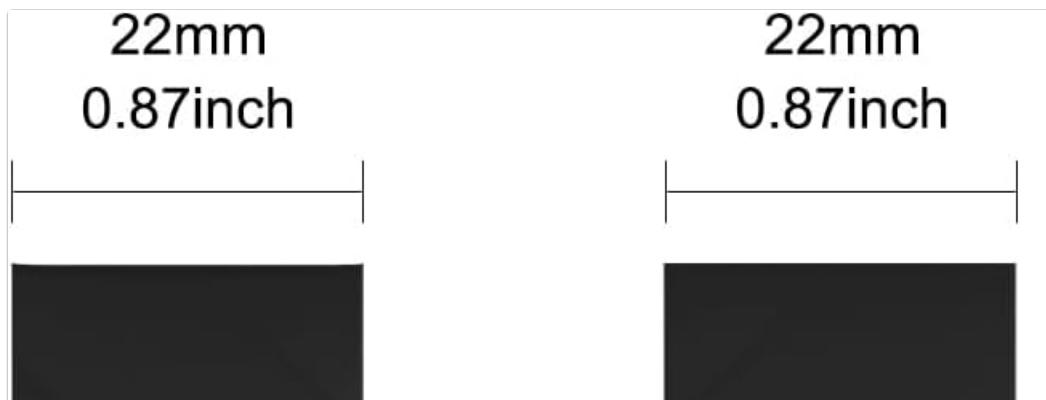




Image: Diagram illustrating the adjustable length of the smartwatch band, showing minimum (150mm / 5.90inch) and maximum (225mm / 8.86inch) wrist circumference.

## MAINTENANCE

### Cleaning

To maintain the quality and appearance of your silicone band, clean it regularly with a soft, damp cloth. For stubborn dirt, a mild soap solution can be used, followed by rinsing with clean water and thorough drying.

## Care and Durability

The bands are made from durable silicone material. Avoid exposing the band to harsh chemicals or extreme temperatures, which may affect its material integrity and color over time.

## TROUBLESHOOTING

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### Band Not Attaching Securely

- Ensure the quick-release pins are fully retracted and properly aligned with the watch lugs.
- Verify that the band width is 22mm, matching your smartwatch's lug size.

### Discomfort or Skin Irritation

- Adjust the band to a looser fit.
- Clean the band and your wrist regularly to prevent buildup of sweat or debris.
- If irritation persists, discontinue use and consult a healthcare professional.

## SPECIFICATIONS

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- **Material:** Soft Silicone
- **Band Width:** 22mm
- **Adjustable Wrist Size:** 5.9 to 9.25 inches (150 mm to 235 mm)
- **Clasp Type:** Tang Buckle
- **Compatibility:** RUIMEN D1, H1 Smart Watches, and other 22mm lug width smartwatches

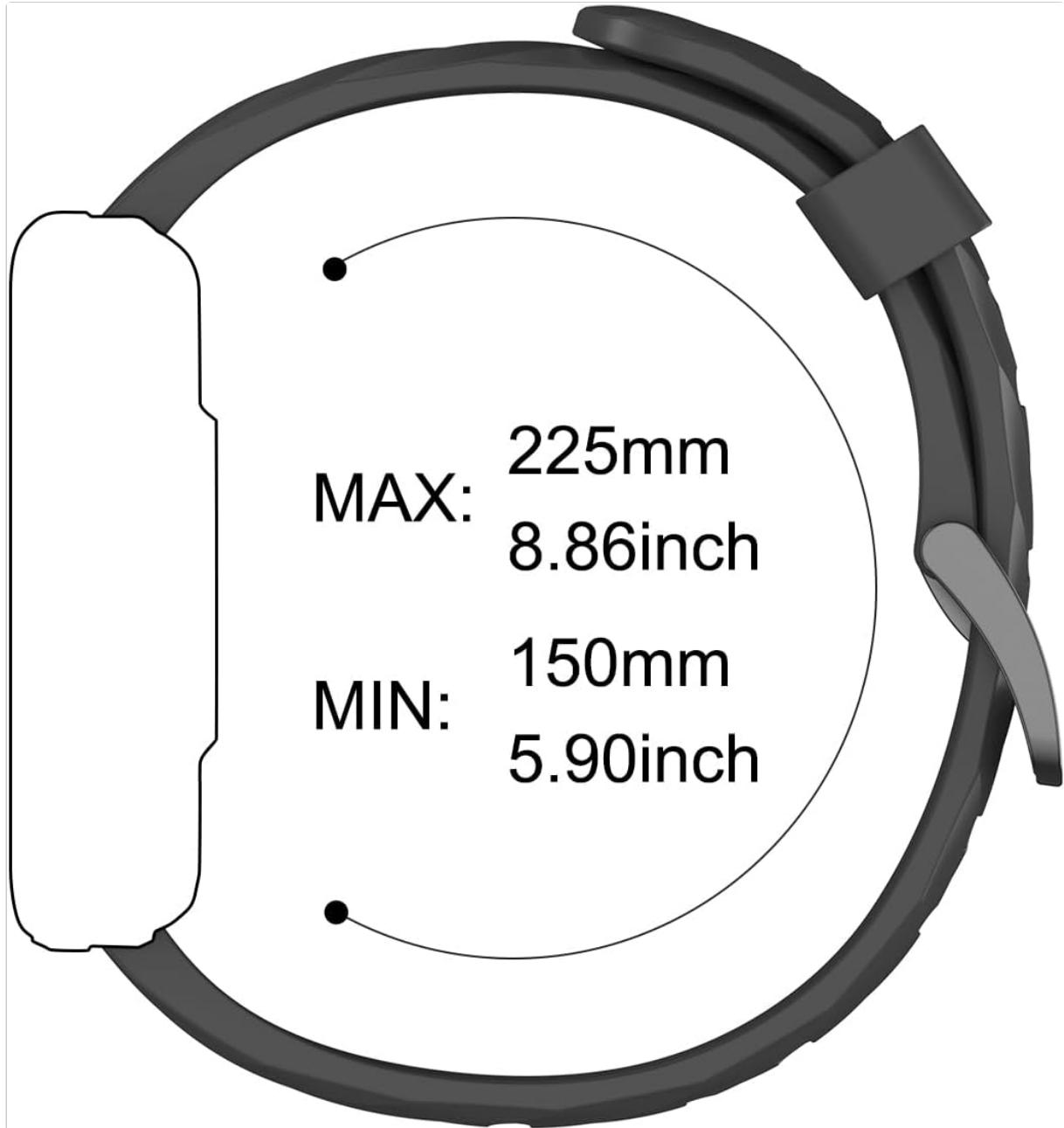


Image: Close-up of a black silicone smartwatch band, showing the 22mm width measurement. This confirms the band's standard size.

## **WARRANTY AND SUPPORT**

For warranty information or product support, please refer to the documentation included with your original smartwatch or contact RUIMEN customer service directly. Keep your purchase receipt for any warranty claims.